International Internships: Tips and Resources

Finding an internship abroad can be a challenging task! This informational packet is designed to help you get started in your search. The more research you do, the better informed you will be of your options. Keep in mind that many times you have to arrange your own housing. Some internships also require you to have some knowledge of the language in your country while others require a language course to be taken while interning abroad. Good luck with your search!

For accommodations, please call (802) 656.3450 or email Career.Services@uvm.edu in advance.
Different Types of International Internships

- Paid Internships: Your employer pays you a salary to work abroad. However, these are extremely hard to come by and you may be required to pay for housing and necessities.
- Unpaid Internships: You are not being paid for your work—it is considered voluntary. If not going through a specific program you may have to pay a lot more to set up living arrangements.

*It is strongly recommended to pursue your internship through a program because oftentimes you can find a package deal on flights and housing. Some programs also offer weekend trips throughout your stay.*

Financial Aid

- If trying to use your internship for credit at UVM, you must visit the Office of International Education to determine credits. You should submit the “Study Abroad Approval Form” to Financial Aid to see if your expenses can be covered.
- Your financial aid will vary from case to case due to the expense of the internship. UVM may or may not offer financial aid to you.
- The financial aid website (www.uvm.edu/financialaid) offers more information if you click on the Study Abroad link on the right hand side of the main page.
- Some scholarships may also be available to you.

Visas

- Some countries do not require a visa if you are staying for 90 days or less but check with projectvisa.com or eurovisa.info for exact details on the country you will be interning in.
- If you do need a visa, you can apply through the country’s embassy or consulate if they have one located in the United States. Many times it is easier to just apply online. Projectvisa.com allows you to search the country you are looking to intern in and will tell you where the big embassies or consulates are located; they also provide a link to apply online.
Best Websites to Visit

• University of Michigan:
  http://www.internationalcenter.umich.edu.swt/work/

• International Opportunities Program: University of California Irvine
  http://www.cie.uci.edu/prospective/iopother/intern.shtml
  Gives descriptions of all the programs UC Irvine offers and provides links to work programs abroad.

• Michigan State University:
  http://www.isp.msu.edu/InternationalInternships
  Features resource for international internships, including the Directory of International Internships
  http://globaledge.msu.edu/international-internships/

• Transitions Abroad:
  http://www.transitionsabroad.com/listings/work/internships/articles/internationalinternships.shtml
  Lists the types of international internships abroad, and describes numerous international work programs and how to go about applying for them.

• About:
  http://internships.about.com/od/internationalinternships/
  Gives numerous links to programs and offers information on the requirements for interning abroad and the steps you should take.

• Clemson University:
  http://career.clemson.edu/students/internships/international.php
  Gives steps to interning abroad as well as outlines information concerning visas and financial aid. This site offers great resources on how to find the internship that’s right for you.

• Global Experiences:
  http://globalexperiences.com/internships/
  Summer and semester/year internship programs listed. Some have a language program included, and offer options for receiving course credit.

• CDS:
  http://www.cdsintl.org/
  Internship programs listed in Germany, Spain, and Argentina.

• Department of State:
  http://careers.state.gov/students/ug_students.html
Internships listed at Embassies and Consulates worldwide. Also explains how to apply to the Fasell Fellowship Program.

• Intern Abroad:
  http://www.internabroad.com/search.cfm
  This site allows you to search for internships in your country of choice.

• World Endeavors:
  http://www.worldendeavors.com/Intern.cfm
  This site lists internships offered in Brazil, Ecuador, Italy, Spain, Nepal, Thailand, Australia, Chile, China, India, Ireland, Costa Rica, and England.

• Study Abroad Internship Listings:
  http://studyabroad.com
  This site allows you to search numerous countries for internships, ranging from Angola to Sweden.

Books Available on International Internships in the Career Services Library:

• Work Abroad: The Complete Guide to Finding a Job Overseas
  Chapters 2 and 4 give information on international internships and list numerous websites to visit.

• Teaching English Abroad
  This book gives background, qualifications, and countries that are looking for English teachers.

• How to Get a Job in Europe
  Chapter 9 provides information on internships, volunteering, summer and temporary jobs. Book includes listings of jobs and internships by country.

There are also many other books located in the Career Services Library. This is just a sample list to get you started. Remember, the more you research, the more informed you will become!

If you need further accommodations, please feel free to contact Career Services at: 656-3450 or visit our website at www.uvm.edu/~career
Individual International Service Learning Internships: Where do I Start the Process?

1. Schedule appointment in Career Services to explore international internship opportunities.

2. Identify options using various Career Library and web resources, create resume and apply for internships, contacting employers or programs directly.

3. Once accepted by internship employer or program, apply for Service Learning Internship class, EDSS 239, on line at www.uvm.edu/career.

4. Complete Service Learning Internship Learning Contract, signed by student, (recognizing the academic components of the program), the employer (recognizing the college level learning and supervision components of the internship) and the student’s academic advisor (verifying that these Education credits make sense in terms of the student’s overall degree plan).

5. Meet with International Education advisor, Linda Damon, to review health, safety and support issues, and participate in on-line Information Session.

6. International Ed will issue Study Abroad Approval Form. This will put student in system for search and International SOS program (emergency international assistance program for students). This requires signatures from faculty instructor, academic advisor, department chair and Academic Dean.

7. Get signed permission of instructor to register for EDSS 239.

8. If you are receiving Financial Aid, and are enrolled for 12 credits, you may want to check in with Financial Aid to see if any resources are available to you.

9. Leave for an amazing experience!!