MAKE A PLAN AND TAKE ACTION

Get to know UVM & Vermont

• Join campus clubs and organizations and volunteer.
• Get to know faculty and staff members.
• Take classes in different areas of study.
• Learn about your community—go to concerts and plays, talk with people and ask lots of questions.
• Connect with diverse groups & resources.

Discover your interests, values, and skills

• Read media, textbooks, newspapers, books, blogs, or journals related to interesting career areas.
• Develop your communication skills in and out of class.
• Identify 3 skills that will help you reach your goals, and plan how to acquire them through undergraduate research, service learning, part-time jobs and more!
• Use interest inventories to identify interests and careers.

Explore majors and careers

• Talk to advisors, faculty, career counselors or mentors about majors, study abroad & careers.
• Explore majors, courses and requirements on-line or attend Major Choice Fair/ workshops.
• Explore career options by major and plan for Pre-Health & Pre-Law pathways if interested.
• Draft a college résumé
• Log onto Catamount Job Link—UVM's database of jobs, internships and employers.
• Attend 2 Career Center workshops or programs (Resume Building, Internship Hop, Alumni Networking etc.)

Winter Break

• Talk to professionals (family, friends, acquaintances, alumni) about their work.

Following summer

• Work/volunteer/job shadow in your area of interest.

Reflect or discuss: What are you learning about yourself and the world of work this year?

UVM Career Center

www.uvm.edu/career