### 4 YEAR PLAN FOR CAREER SUCCESS

#### JUNIOR YEAR: ESTABLISH AND VERIFY A CAREER DIRECTION

*Evaluate career options through experience*

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<th>Goals for the year</th>
<th>Strategies</th>
<th>Identify Your Next Steps</th>
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| Excel in your studies and expand/ deepen academic knowledge | • Review plans for remaining academic coursework and gaining experience.  
• Work closely with faculty and advisors.  
• Identify potential graduate/professional schools and programs, if applicable.  
• Connect your major and career options. | ☐ Review CATS Report  
☐ Ask Prof. Gierzynski about potential networking contacts |
| Hone your career interests and acquire occupational skills | • Assess and prioritize abilities and interests  
• Identify preferred work settings (e.g., corporate, non-profit) as well as geographic preferences.  
• Attend career-related panels, information sessions or networking events.  
• Use Career Services for internship assistance, to explore career fields, or receive coaching.  
• Conduct informational interviews or job shadow with professionals in fields of interest.  
• Engage in experiential learning opportunities: study abroad, undergraduate research, service learning, design/capstone projects, & internships. | ☐ Prepare application for spring semester in Japan  
☐ Look at Alternative Spring Break options  
☐ Go to Fall Job Fair and learn about local marketing companies/ internships |
| Develop job search skills | • Develop a resume and cover letter that market your qualifications and submit through Catamount Job Link for review.  
• Hone your interviewing skills, & do mock interviews with Career Counselors and Big Interview.  
• Join and use the UVM Career Connection on LinkedIn to conduct informational interviews and build a professional network. (Track your contacts.) | ☐ Stop by the Hub Drop-ins to have cover letter reviewed for summer internships  
☐ Make an appointment for a mock interview |
| Winter Break | • Explore careers in a specific area by taking an online UVM Career Institute course.  
• Conduct informational interviews or job shadowing with professionals.  
• Attend UVM career networking events in Boston or NYC. | ☐ Attend career networking night in Boston  
☐ Find UVM alumni in PR on LinkedIn and ask for info interviews |
| Following Summer | • Gain career-related experience through a job, internship, research, or informational interviews.  
• Research potential graduate/professional schools and prepare for applicable examinations.  
• Research post-grad academic and service fellowships.  
• Reflect on experiences and plan for the next year. | ☐ Build network through internship at Ralph Lauren!  
☐ Start preparing for Fellowship applications |