



Update Orange & Washington Counties

March 20th, 2008

An exciting moment is about to happen~ **Super Saturday!** Many youth look forward to sharing something they have prepared and/or created. It is much easier to make something in the privacy of your own home; a quilt, a poster, a photograph, or to give a presentation in front of your family/ friends in your living room than it is to share it in public. 4-H is all about sharing something with others at the club, county, state and national levels.

When you take steps out of a private setting and shares something in a public setting, one has a much greater chance to develop self-confidence and master what or one has learned. 4-H leaders understand the profound importance of going from a private activity to a public one. On **April 12th** our 4-H youth will have an opportunity to share something in public. Thank you leaders, volunteers, family and friends for being with us on April 12th at **Barre Town School for Super Saturday!!!**



Friday Night 3/21 : Hippology at Berlin Elementary. Registration at 6pm Start 6:30pm. Horse Leaders: Please bring your Super Saturday Registration form s if you wish. *The club leaders are doing something really fun and educational: Each club is creating a n Hippology station. This is another example of youth sharing what they*

TEEN CONGRESS SCHOLARSHIP S for Orange & Washington Counties are now available on our website : http://www.uvm.edu/~uvmext/programs/4h/scholarships/downloads/orange_washington_tc_scholarship08.pdf



Our deepest sympathy goes out to Joan Starck and her family after the s daughter, Jeanne-U 8 # former 4-H horse leader and current Washington County 4-H Foundation member. Her daughter Gigi was an avid horse enthusiast.

Welcome **Kathleen Guinness** of Waits River Valley School in East Corinth. We look forward to sharing our 4-H afterschool opportunities with you and your school at your open house on April 30th.

Check out the March edition of Clover Corner News, www.4hblogs.org/ccn.



Morgan Wadkins , who was critically injured in a car accident received a check for \$130 dollars from the 4-H Kalaidoscope Club to help her with family expenses thank you for helping Morgan!

Three New Horse Resources: by Hallie McEnvoy (Vermont, 4-H supporter, writer, horse enthusiast) **1) Horse Showing for Beginners:** Lyon Press **2) Horse Show Judging for Beginners:** **3) Genuine Risk** (the story about the 1980 Kentucky Derby winner). Google Amazon.com/books and you'll easily find these books.

MASSACHUSETTS 4-H BLUE RIBBON CALF SALE March 29, 2008 Big E Noon
Workshops at 10 am. On-line www.blueribboncalfsale.com 5% discount for 4-H youth ages 8-18 years. Seven breeds of dairy show heifers - 60 heifers to sell

Spread the word - the 11th annual Becoming An Outdoor Family Camping Weekend is coming up on May 30, 31 and June 1, 2008 at Stillwater State Park in Groton, VT! This year will feature 57 workshops to choose from with 18 being brand new or enhanced workshops!

Download the complete brochure at

<http://www.uvm.edu/~uvmext/programs/4h/youth/downloads/outdoorfamily2008.pdf>

For more information or to get your name on the mailing please contact Lisa Muzzey at (802)885-8386 or (800)278-5471 ~ lisa.muzzey@uvm.edu or Gail Makuch at (802)257-7967 or (800) 278-5480 ~

Gail.Makuch@uvm.edu

Science, Engineering and Technology : Lift Off (Level 2: Aerospace)

Parents remember that much of the fun that your son or daughter comes from is their enthusiasm? Reach for the stars! This curriculum will be able to help you and more there are a lot of things you can find this curriculum at www.uvm.edu/~uvmext/programs/4h/youth/downloads/outdoorfamily2008.pdf

Q: What is Isaac Newton's first law of motion?

A: Any object that is still will stay still. Any object that is moving will stay moving unless it is acted on by an unbalanced force.

Q: How does a plane lift off?

A: When air passes over the wing, the top of the wing is curved and this creates a low pressure. Air moves very quickly over the top of the wing. Under the wing, it moves slower and this creates a high pressure. When a low pressure interacts with a high pressure it creates Lift Off!

Q: True or False: The Space Shuttle flies only right side up?

A: False: When the Space Shuttle orbits the earth, it flies in many positions. Sometimes it flies upside down other times right side up.

Q: Did Ancient peoples know about rotary wings (like you would find on a helicopter?)

A: Yes. In 320 AD a Chinese Man, Ko Hung wrote about a flying top that used spinning feather blades!

Q: Name & define the 4 forces of flight

A: 1: Lift: Upward force created by airflow as it passes over the wing

2: Weight (or gravity): (Opposite of lift): caused the object to be pulled downward.

3: Thrust: (Opposite of Drag) force that moves an object through the air.

4: Drag: (Opposite of Thrust) Limits the speed of an object.

*** Super Saturday Update ~ April 12***

Thank you leaders for updating me on youth participation. Deadlines for all entries has been extended to Wednesday March 26, 2008 All Posters due at the Berlin Office by March 26th.

Skills and connect with other youth in a safe, positive and

****IMPORTANT**** Be Sure to visit our website to review the criteria for all communication venues ie. Stage, poster, Action Exhibit, Demo, etc. If you need more help please call me at my office. Web LINK

www.uvm.edu/~uvmext/4hyouth/

Emcees: Kate Harrington and Willa Neal

4-H Pledge? _____

Concessions: Earn dollars??? Would any club like to provide concessions? [Otherwise, please plan on bringing your bag lunch.] _____

Special Public Speaking Presentation: Emily Harding/MacKenzie Ferguson on Teen Congress.

New: Fashion Exhibit: Morgan Conant

Stage Presentations: Topsham Pony Pals

Action Exhibit : Partridge Hill Horse Lovers,

Red Clover Club Working with Wool

Middle Branch? (cooking?)



Morgan Conant of the Middle Branch Club shows her excellent dairy record. Morgan will be participating in our fashion show.

Demonstration : NEW: Autumn Wing, Riley Lewis, Danya Nadel, Gus Wing Jocelyn Hewitt,

Poster s: Baily Wing, Kate Bascom Amanda Howe? 10 Youth from the 4-H Busy Bodies, Topsham Pony Pals, New: 4-5 youth from 4H Kaleidoscope

4-H Poster Theme? Choose one or create your own : Pastures of Plenty, Love my Cow , Sheep, Horse, Dog etc.) Fun on the Farm, My Carbon Hoofprint, Taking the Next Step

For good poster examples check out: http://extension.unh.edu/4h/4H_Pubs/PostTFS.pdf.

Photos : NEW: Chelsea Martin

Table Top: Strafford 4-H Club-What things are made of? Topsham Pony Pals

****Reminder**** Each youth or groups of youth will need to provide written answers to the 3 questions: Why did I choose this project? How did I prepare? and What did I Learn? For Stage, Action Exhibit, Demos and public speaking youth will also need to provide the answers ORALLY.

Arts and Crafts Table: Paper Flowers/Ruth Gramolini & Friends, 4-H Busy Bodies Stringing Colored noodles and making play dough.

4-6 volunteers to manage, direct and engage youth at our arts and crafts table:

1) Jen Lussier 2) Wendy DeRose 3) Christa Ordway

4 _____ 5 _____ 6 _____

Workshops:

Judy Branch is back with another Workshop-maybe on leadership ??

Volunteer of the Year Awards Presented by 4-H Foundation Reps from Orange and Washington Counties.

Evaluators: (an x next to your name means you have confirmed that you will join us as an evaluator.) About 4 more are needed. more evaluators are needed: _____ Ruth Gramolini, _____ Joan Bott, _____ Arlene Conant Pat Lahaise _____ Judy Fowler? _____ Emily Comstock? Lorrie Churchill

Brief meeting with Pat Lahaise on evaluation will take place prior to opening the event.

Ongoing Reminders & Notices

Send me your club news AND PHOTOS anytime email works well but I also enjoy receiving the monthly club report in the mail. This is a great way for the club secretaries to connect with the 4-H educator.

Wanted: Join in the Fun: Male or Female chaperone needed for Teen Congress 1 or 2 nights. Fun and educational events; great meals and friendly youth! UVM Campus: June 25th, 26th.

Wanted: Used 16ft stock trailer. Contact Cheryl Brown 802254-2606

4-H Game Day: 2nd weekend in August. Brown Farm wants to host a fun, game day. They are located near Brattleboro and want to connect with other clubs for a day of fun. Interested? Contact Cheryl Brown 802254-2606

New 4-H Club in Barre: The 4-H Busy Bodies . Current club members are ages 5 -11. for more info contact Jen Lussier at 479-9304. Great Club!

Orange County Master Archer, Bob Goodrich has 4 openings in his 4-H Archery Club based in Randolph. You can contact Bob at rwgoodrich@comcast.net

Club Work

Thank you everyone for taking a few minutes to send in your new member and volunteer forms. Forms are always needed at your earliest convenience. Sometimes the most challenging thing to do is to fill something out and send it in.

Leadership Opportunities~ Orange County

Representation needed: 2 adults and 2 youth for State Horse and State Dairy Councils. Two adults and two youth can serve as voting members. Please Contact me for more info. **There are two openings for youth to serve on the Orange County 4-H Foundation**

Community Service encourages each member to participate in 6-8 hours of community service during the 4-H year. Earn a community service award by keeping a record book of your yearly service activities. Share with me your community service project.

References

Two Essential Horse Books for Quiz and Hippology:

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Set of two \$7.50. Link: 4hmall.org

4-H Curricula www.4-Hmall.org. Looking for project Ideas? **More than 180 curriculum products, many produced by the National 4-H Cooperative Curriculum System, Inc. (4-HCCS) currently are available in the National 4-H Curriculum 2007 Product Catalog. New curriculum titles will be added. Visit this site often for updated National 4-H Curriculum information including new titles. Purchase curricula by accessing the online order form here.**

Get your free copy of the 4-H Source Book and you will find all kinds of 4-H products ex. club kits, a banner & flags with the 4-H Pledge etc. Link: 4hstuff@4hcouncil.edu.

Health Insurance: All clubs should take out club health insurance at the beginning of the 4-H year through American Income Life. Here is the link. <http://www.americanincomelife.com/4h2.htm>

4H Calendar Dates 2008

March 21st: Central Region 4H Hippology ~ Berlin Elementary Winter Hippology Project:

April 12th: SUPER SATURDAY Regional Day: Barre Town Middle/Elementary School

May 4th: 4H Gardening Workshops/Seeds Berlin Elementary

May 17th: Dairy Judging Townshend

May 31st: 4H State Day Barre Auditorium:

May 30, 31 and June 1, 2008 Annual Becoming An Outdoor Family Camping Weekend at Stillwater State Park in Groton, VT!

June 14th Lamoille County 4-H/Open Youth Horse at the Saddle Up Stables in Johnson.

June 15th Trailblazers Open 4H Horse Show East Hill Farm.

June 26th 29th Tunbridge Horse Clinic

June 25-27 Teen Congress 4H Horse Communication (The Board Arrives June 25)

July 10-13: VT State 4H Horse Show

July 11-13: Washington County Fair and Field Days.

July 20-22 4H Shooting Sports Amboree

August 14: 4H Garden Exhibit Barre 7 U

August 24: Washington County Open Horse Show Tay Farm

September 11th: Tunbridge Ice Cream Scoop at the Tunbridge Fair

September 13: 4H Garden Exhibit Agway

September 29th: 4H Garden Banquet and Auction/ Rotary Club