



TO BE AN ALLY

TO PEOPLE WHO ARE LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER OR QUESTIONING

1. Post this affirming card somewhere visible.

2. Sign up for and attend an ally training.*

3. Educate yourself: Listen to LGBTQ people. Read books about LGBTQA

topics. Go to LGBTQA events. Take a Sexuality and Gender Identity

Studies course.*

4. Confront homophobic and transphobic comments and actions, like jokes, name calling, and graffiti.

5. Respect trans people's chosen genders, and use their

preferred names and pronouns.

6. Don't assume people's sexual orientations or gender identities.

7. Get involved: Speak out against bigotry. Volunteer with an LGBTQA organization. Join Free To Be, Linemen, Hearts not

Parts, Family Time, or QPOC.



*For more information visit www.uvm.edu/~lgbtqa



TO BE AN ALLY

TO PEOPLE WHO ARE LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER OR QUESTIONING

1. Post this affirming card somewhere visible.

2. Sign up for and attend an ally training.*

3. Educate yourself: Listen to LGBTQ people. Read books about LGBTQA

topics. Go to LGBTQA events. Take a Sexuality and Gender Identity

Studies course.*

4. Confront homophobic and transphobic comments and actions, like jokes, name calling, and graffiti.

5. Respect trans people's chosen genders, and use their

preferred names and pronouns.

6. Don't assume people's sexual orientations or gender identities.

7. Get involved: Speak out against bigotry. Volunteer with an LGBTQA organization. Join Free To Be, Linemen, Hearts not

Parts, Family Time, or QPOC.



*For more information visit www.uvm.edu/~lgbtqa