

# RESEARCH & EVIDENCE-BASED PRACTICE SYMPOSIUM

## Evolution of Nursing Knowledge: Evidence into Practice

Register by  
Nov. 20  
for best rate!

Hosted by Fletcher Allen Health Care,  
the Symposium will provide a forum for nurses  
in Vermont and the surrounding region  
regardless of experience in conducting nursing research  
to learn more about the evolving realm of nursing knowledge.

**Saturday, December 5, 2009**

*Fletcher Allen Health Care Davis Auditorium  
Burlington, Vermont*

**FREE Poster Session & Reception  
Friday Evening, December 4**

- ◆ Empirical Research
- ◆ Evidence-Based Practice
- ◆ Quality Improvement Projects

?? Who ??  
should  
attend



STAFF,  
STUDENTS,  
EDUCATORS,  
ADMINISTRATORS,  
& RESEARCHERS

At the Symposium, nurses will have opportunity to share empirical research, evidence-based practice, as well as quality improvement projects.

Chosen from a formal Call-for-Abstracts, twelve were selected for oral presentation on Saturday, December 5. The Symposium begins Friday evening, December 4 with a Poster Session and Reception that will launch opportunities for formal and informal dialogue during and after the Symposium.

# WELCOME



The Research and Evidence-Based Practice Symposium is the collaboration of several people's interest in providing a forum for nurses to learn more about the evolving realm of nursing knowledge. Historically, secular nursing knowledge began with Florence Nightingale's collection and analysis of scientific data to identify the best treatment modalities for patients in addition to her emphasis on the unique role of the nurse.

Currently, nursing knowledge can be generated through a variety of scientific methods. **Empirical Research** utilizes quantitative and/or qualitative methods to test hypotheses, describe nursing phenomenon and identify new nursing modalities. **Evidence-Based Practice** projects investigate current nursing actions and customs to validate their effectiveness. **Quality Improvement** projects are typically institutional processes that examine the current state of practice (for example, are call lights being answered quickly enough) and identify barriers and facilitators to achieving stated quality goals. On behalf of the planning committee, I invite you to join us for the upcoming Research and Evidence-Based Practice Research Symposium - a venue that, we hope becomes, an annual event.

Over 50 abstracts were submitted during the Call-for-Abstracts process. Friday evening's poster session, along with oral presentations on Saturday, provides great breadth and a glimpse into the generation of evidence going on in the realm of nursing. During the Symposium, there will also be opportunities to participate in learning activities at The University of Vermont Dana Medical Library.

Last, the Symposium will provide participants opportunity to reflect on the contributions of our nurse colleagues who have passed away. There will be a slide presentation to honor those nurses who are no longer with us. Please consider submitting a picture and a statement about a nurse you would like to honor when you register for the event. The registration form will provide details on how to submit.

Please join us Friday and Saturday, December 4<sup>th</sup> and 5<sup>th</sup> for this wonderful opportunity to celebrate, collaborate, and honor the profession of nursing and knowledge that is shared.

*Ann Laramee, APRN, MS  
Symposium Chair*

## KEYNOTE ADDRESS, Sandra B. Lewenson, EdD, RN, FAAN



Dr. Sandra Lewenson weaves her love of nursing history into her teaching. As a professor at Lienhard School of Nursing, Pace University, she teaches courses in nurse history, historical research methodology, educational leadership, and decision-making. She has been the recipient of the Outstanding Scholarship and Research Award from Teachers College, Columbia University, inducted into the Hall of Fame of the Alumni Association of Hunter College, and received the American Association for the History of Nursing Lavinia Dock Award for Historical Scholarship and Research in Nursing for her seminal work, *Taking Charge: Nursing, Suffrage, and Feminism in America, 1873-1920*. *Capturing Nursing History: A Guide to Historical Methods in Research and Decision-Making in Nursing: Thoughtful Approaches for Practice* received the American Journal of Nursing 2008 Book of the Year Award. Dr. Lewenson is a member of the American Academy of Nursing and Sigma Theta Tau International Honor Society.

## HONOR A NURSE MEMORIAL

The Symposium will provide participants opportunity to reflect on the contributions of our nurse colleagues who have passed away. There will be a slide presentation to honor those nurses who are no longer with us at Friday evening's reception and again on Saturday. Please consider submitting a picture and a statement about a nurse you would like to honor. Pictures submitted in electronic (jpg) format are preferred, along with a short statement (75 words or less) sent to Julie Basol ([JNB@gmavt.net](mailto:JNB@gmavt.net)). See registration form.

**For more information contact Julie Basol, Symposium Coordinator Ph: 802.425.3936**

**UPDATES:** Possible updates to the program and logistics leading up to the Symposium will be posted at:

[www.UVM.edu/~kappatau](http://www.UVM.edu/~kappatau)

# FRIDAY EVENING POSTER SESSION & RECEPTION

FRIDAY, DECEMBER 4

5:00-6:30PM McClure Lobby, Fletcher Allen Health Care 6:00-8:00PM Robert Hull Fleming Museum

## POSTER SESSION

Join us Friday evening for the Poster Session as we showcase a wide variety of empirical research, evidence-based practice, as well as quality improvement projects. Posters will be on display throughout the Symposium.

Friendly competition will keep the poster session lively throughout the Symposium. Attendees will have opportunity to vote for the Best Symposium Poster. Beginning Friday evening, participants will have opportunity to vote for the best poster. At day's end on Saturday, top posters will be announced.



[www.FlemingMuseum.org](http://www.FlemingMuseum.org)

## RECEPTION

Just a short walk from Fletcher Allen is the Robert Hull Fleming Museum - a cultural prize at The University of Vermont. At the reception, an on-going slide presentation will honor those nurses who have passed away. Throughout the evening, as well as on Saturday, attendees will have opportunity to reflect on their contributions to the nursing profession.

Please consider submitting a picture and short statement about a nurse you would like to honor. See following page and registration form for details.

## PLANNING COMMITTEE

- ◆ Ann Laramee, APRN, BC Program Chair  
*Clinical Nurse Specialist, Cardiology*  
Fletcher Allen Health Care
- ◆ Marcia Bosek, DNSc, RN  
*Associate Professor, Department of Nursing*  
*College of Nursing & Health Sciences*  
University of Vermont
- ◆ David G. Curry, PhD, APRN  
*Associate Professor of Nursing*  
SUNY Plattsburgh  
*President*  
Gamma Delta Chapter of Sigma Theta Tau International
- ◆ Pat Donehower, MSN, RN  
*Vice President for Clinical Services*  
Visiting Nurse Association  
of Chittenden and Grand Isle Counties
- ◆ Julie Jones, RN, MS  
*Subject Matter Expert*  
*Patient Flow Clinical Design Team, PRISM Project*  
Fletcher Allen Health Care  
*President*  
Kappa Tau Chapter of Sigma Theta Tau International
- ◆ Annie Parker, MSN, RN-BC, CRRN  
*Nurse Educator*  
Fletcher Allen Health Care
- ◆ Dorothy Perron, RN  
*Endoscopy*  
Fletcher Allen Health Care
- ◆ Hollie Shaner-McRae, DNP, RN, FAAN  
*Coordinator, Professional Nursing Practice*  
Fletcher Allen Health Care

## SPONSORS:

- Fletcher Allen Health Care  
*Nursing Education & Research*  
*James M. Jeffords Institute for Quality and Operational Effectiveness*
- Sigma Theta Tau International Nursing Honor Society  
*Kappa Tau and Gamma Delta Chapters*
- The University of Vermont Department of Nursing
- Vermont State Nurses Association Foundation
- Visiting Nurse Association of Chittenden and Grand Isle Counties



# SYMPOSIUM AT A GLANCE

## FRIDAY, DECEMBER 4

4:00-5:30pm REGISTRATION, MCCLURE LOBBY, FLETCHER ALLEN  
5:00-6:30pm POSTER SESSION, MCCLURE LOBBY  
6:00-8:00pm RECEPTION, ROBERT HULL FLEMING MUSEUM

10:15-10:45am CONCURRENT SESSIONS - A  
10:45-11:15am CONCURRENT SESSIONS - B  
11:15-11:45am CONCURRENT SESSIONS - C  
11:45-12:15pm CONCURRENT SESSIONS - D

## SATURDAY, DECEMBER 5

7:30-9:00am REGISTRATION  
& CONTINENTAL BREAKFAST  
DAVIS AUDITORIUM LOBBY, FLETCHER ALLEN  
8:00-on-going POSTER EXHIBITION, MCCLURE LOBBY  
8:45-9:00am WELCOME, SANDRA L DALTON, RN, MS  
9:00-10:00am KEYNOTE ADDRESS:  
Sandra B. Lewenson, EdD, RN, FAAN  
10:00-10:15am MORNING BREAK

12:15-1:30pm LUNCH  
1:30-2:00pm CONCURRENT SESSIONS, TUTORIALS - E  
2:00-2:30pm CONCURRENT SESSIONS, TUTORIALS - F  
2:30-2:45pm AFTERNOON BREAK  
2:45-3:15pm CONCURRENT SESSIONS, TUTORIALS - G  
3:15-3:45pm CONCURRENT SESSIONS, TUTORIALS - H  
3:45-4:00pm CAPSTONE ADDRESS:  
Sandra B. Lewenson, EdD, RN, FAAN

# ABOUT THE TUTORIALS

Saturday afternoon's Tutorials will take place in the Dana Medical Library presented by Angie Chapple-Sokol.

### **E-2: Googling can be Good for You**

*Find websites with high quality information that is pertinent to you professional or personal needs.*

### **F2: PubMed Searching** *An introduction to a wealth of nursing information that can be found on PubMed.*

### **G2: Finding the Evidence** *Learn about resources that can help you answer clinical questions.*

### **H2: Endnote: Software to Build Bibliographies**

*Researchers will save time using this software that helps organize references and builds bibliographies for you.*

# LOGISTICS & CONTINUING EDUCATION

## Fletcher Allen Health Care Burlington, Vermont

### **SYMPOSIUM SITE, ACCOMMODATIONS:**

The Research & Evidence-Based Practice Symposium will be held at Fletcher Allen Health Care **Friday Evening, December 4** and all day **Saturday, December 5**. Attendees needing overnight accommodations the night of Friday, December 4 may contact the Sheraton Hotel Burlington at:

**1-800-325-3535**

Conveniently located near Fletcher Allen, the Sheraton offers a reduced overnight rate of **\$98**. In order to receive the reduced rate, you must call to reserve your overnight room by **Thursday, November 19**. Indicate that you are requesting the FAHC rate.

### **DIRECTIONS TO THE CONFERENCE:**

Take Exit 14W just off Interstate 89. Just after the Sheraton Hotel, take a right onto East Avenue. At the first traffic light, turn left, then take your first right. The parking garage is just up the street on the right hand side. Attendees will receive free parking vouchers at the Symposium.

### **CONTINUING EDUCATION:**

An application has been submitted to the Vermont State Nurses Association, Inc. Please contact Julie Basol, Symposium Coordinator for more information about contact hours:

[JNB@gmavt.net](mailto:JNB@gmavt.net) | 802.425.3936

# REGISTRATION FEE

### **REGISTRATION:**

The early registration fee of **\$75** includes admission to the Friday evening Poster Session and Reception, Saturday's Symposium, continental breakfast, lunch, and materials.

### **PAYMENT:**

Please return the completed registration form with a check made payable to Kappa Tau by **Friday, November 20**. Mail your payment and form to:

Research Symposium

741 Hand Road North Ferrisburgh, VT 05473

For more information contact: Julie Basol, Symposium Coordinator 802.425.3936 [JNB@gmavt.net](mailto:JNB@gmavt.net)

# SYMPOSIUM SCHEDULE

## FRIDAY, DECEMBER 4

- 4:00-5:30pm REGISTRATION, McCLURE LOBBY  
5:00-6:30pm POSTER SESSION, McCLURE LOBBY  
6:00-8:00pm RECEPTION, ROBERT HULL FLEMING MUSEUM

## SATURDAY, DECEMBER 5

- 7:30-9:00am REGISTRATION  
DAVIS AUDITORIUM, FLETCHER ALLEN HEALTH CARE  
8:00-on-going POSTER EXHIBITION, McCLURE LOBBY  
8:45-9:00am WELCOMING REMARKS  
SANDRA L. DALTON, RN, MS  
*Senior Vice President, Patient Care Services*  
*Chief Nursing Officer*  
Fletcher Allen Health Care  
9:00-10:00am KEYNOTE ADDRESS:  
History as Evidence: Evolution of Nursing Knowledge  
Sandra B. Lewenson, EdD, RN, FAAN

### 10:15-10:45AM Concurrent Sessions - A

- A-1:** SCENARIO-BASED ORIENTATION: LEARNING FROM THE PAST TO CREATE OUR FUTURE (EBP)  
Beverly Partington, MS, RN  
*Nurse Educator*  
Fletcher Allen Health Care  
Julie Tryhorne, RN, OCN  
*Inpatient Hematology/Oncology Nurse Educator*  
Fletcher Allen Health Care  
**A-2:** WHEN TO REFER PATIENTS TO PALLIATIVE CARE: TRIGGERS, TRAPS, AND TIMELY REFERRAL (RESEARCH)  
Christina Melvin, MS, PHCNS, BC  
*Clinical Assistant Professor, Department of Nursing*  
University of Vermont

### 10:45-11:15AM Concurrent Sessions - B

- B-1:** EVIDENCE-BASED PRECEPTOR DEVELOPMENT (EBP)  
Susan A. Boyer, MEd, RN, FAHCEP  
*Executive Director*  
Vermont Nurses in Partnership, Inc.  
Rick Watters, PhD  
*Clinical Associate Professor of Nursing*  
Vanderbilt University School of Nursing  
Patricia Winstead-Fry, RN, PhD  
*Consultant, self-employed*  
**B-2:** CONTINUOUS PASSIVE MOTION TIMING: AN EVIDENCE-BASED PRACTICE PROJECT (RESEARCH)  
Alicia L. Emaish, RN  
*Clinical Nurse Coordinator*  
Southwestern Vermont Medical Center  
Jean Cody, MS, RN  
*CNS, Magnet Coordinator*  
Southwestern Vermont Medical Center

### 11:15-11:45AM Concurrent Sessions - C

- C-1:** DOMESTIC VIOLENCE SCREENING BY NURSES IN THE PRIMARY CARE SETTING (EBP)  
Karen Hetzel, PhD, PMHCNS-BC  
*Associate Professor, School of Nursing*  
Rhode Island College

- C-2:** EVIDENCE-BASED PRACTICE COMMITTEE MODELING EVIDENCE BASED PRACTICE: SEQUENTIAL COMPRESSION DEVICES (EBP)  
Ann Laramee, APRN, BC  
*Clinical Nurse Specialist, Fletcher Allen Health Care*  
Linda Gruppi, RN, MSN  
*Quality Improvement Consultant*  
Fletcher Allen Health Care  
Martha Jo Hebert, BSN  
*Care Coordinator, Fletcher Allen Health Care*  
Hollie Shaner-McRae, DNP, RN, FAAN  
*Coordinator, Professional Nursing Practice*  
Fletcher Allen Health Care

### 11:45AM-12:15PM Concurrent Sessions - D

- D-1:** ELDER RURAL VERMONT WOMEN: THE MEANING OF HOME (RESEARCH)  
Brenda Hamel-Bissell, EdD, APRN  
*Professor, Department of Nursing*  
University of Vermont  
**D-2:** EVALUATING THE EFFECTIVENESS OF A LIVING KIDNEY DONOR ADVOCATE PROGRAM: A QUALITY IMPROVEMENT PROJECT (QI)  
Marcia Bosek, DNSc, RN  
*Associate Professor, Department of Nursing*  
University of Vermont  
Maureen Ducharme, MSN, RN  
*Manager, Office of Patient and Family Advocacy*  
Fletcher Allen Health Care  
Isabelle Sargeant, RN  
*Director, Renal and Transplant and Respiratory Care*  
Fletcher Allen Health Care

### 1:30-2:00PM Concurrent Sessions - E

- E-1:** CORPOREALITY AND ITS AFFECTS ON HEALTH CARE PROVIDERS (QI)  
Ron Ceppetelli, MSW, LICSW, PsyD (c)  
*Doctoral Candidate, self-employed*  
**E-2:** GOOGLING CAN BE GOOD FOR YOU (TUTORIAL)

### 2:00-2:30PM Concurrent Sessions - F

- F-1:** LIMITED HEALTH LITERACY AND HOSPITALIZED PATIENTS (RESEARCH)  
Nancy Morris, PhD  
*Associate Professor, University of Vermont*  
*Adult Nurse Practitioner, Fletcher Allen Health Care*  
**F-2:** PUBMED SEARCHING (TUTORIAL)

### 2:45-3:15PM Concurrent Sessions - G

- G-1:** VERMONT NURSES IN EXCELLENT HEALTH (RESEARCH)  
Mary Val Palumbo, DNP, APRN  
*Director, Office of Nursing Workforce*  
*Assoc. Professor, College of Nursing & Health Sciences*  
University of Vermont  
Betty Rambur, PhD, RN  
*Professor, College of Nursing & Health Sciences*  
University of Vermont  
**G-2:** FINDING THE EVIDENCE (TUTORIAL)

### 3:15-3:45PM Concurrent Sessions - H

- H-1:** ROUTINE VITAL SIGNS: THE ULTIMATE TRADITION (EBP)  
Christine Malmgreen, RN, BC, MA, MS  
*Associate Director for Professional Practice*  
Lienhard School of Nursing, Pace University  
Lillie M. Shortridge-Baggett, EdD, RN-FNP, FAAN  
*Associate Director for Professional Practice*  
Lienhard School of Nursing, Pace University  
**H-2:** ENDNOTE: SOFTWARE TO BUILD BIBLIOGRAPHIES (TUTORIAL)

Register by  
**Friday, November 20**  
 for the best rate.

# REGISTRATION FORM

REGISTRATION, PAYMENT: Complete the registration form below or download another at :

[www.uvm.edu/~kappatau](http://www.uvm.edu/~kappatau)

Return your completed registration form with a check made payable to: **Kappa Tau Honor Society**

Mail your registration and payment to:

**Research Symposium**  
**741 Hand Road No. Ferrisburgh, VT 05473**

For more information: Julie Basol, Symposium Coordinator JNB Marketing, LLC

Ph: 802.425.3936 | Fax: 802.425.5507 [JNB@gmavt.net](mailto:JNB@gmavt.net)

Date of Registration: \_\_\_\_\_

Name/Credentials: \_\_\_\_\_

Position Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

## SESSION SELECTION

Please circle the sessions you plan to attend. Your selections are not binding but will help us in planning.

Concurrent Sessions:

A 1 2   B 1 2   C 1 2

D 1 2   E 1 2

F 1 2   G 1 2

If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

Check # \_\_\_\_\_

Registration Fee	Early Bird prior to 11/20	Registration Fee after 11/20	Registration On Site Fee
Symposium Registration (Friday Evening & Saturday)	<input type="checkbox"/> \$75	<input type="checkbox"/> \$95	<input type="checkbox"/> \$100
Friday Poster Session & Reception (Evening Only)	<input type="checkbox"/> Free		

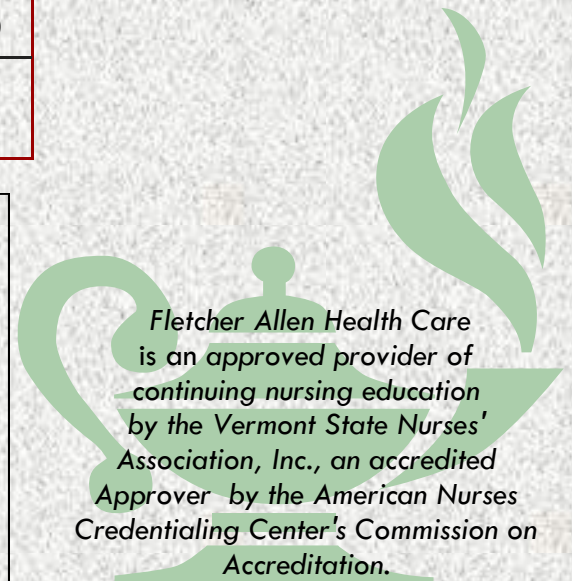
### Nurse to be honored (see page 4):

Send picture/statement along with registration.

Name of honoree, credentials: \_\_\_\_\_

Nurse to be honored, photo and (75 word) statement sent electronically on \_\_\_\_\_ (date).

For assistance with submitting a photo/statement, contact Julie Basol 802.425.3936 [JNB@gmavt.net](mailto:JNB@gmavt.net)



Fletcher Allen Health Care is an approved provider of continuing nursing education by the Vermont State Nurses' Association, Inc., an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation.