

Coverage of the Most Common Tobacco Withdrawal Scales<sup>a,b</sup>

Symptoms <sup>c</sup>	Diagnostic Criteria			CWS	Withdrawal Scales					
	MNWS	DSM-V	ICD-10		MPSS	SJWS	SCS	WSW	POMS	SS
<u>DSM/ICD Symptoms</u>										
Anger	X	X	X	X	X	O	X	X	X	X
Anxiety	X	X	X	X		X	X	X	X	X
Cough	O		X							
Craving	X		X	X	X	X	X	X		X
Depression	X	X	X	X	X		X	X	X	
Difficulty concentrating	X	X	X	X	X	O	X	X	X	X
Fatigue	O		X			O				
Hunger	X	X	X	X	X	X	X	X		
Impatience	X	X		X						
Insomnia	X	X	X	X			X	X		
Malaise			X							
Mouth Ulcers	O		X				X			
Restlessness	X	X	X		X		X			X
<u>Other Symptoms</u>										
Diarrhea							X			
Dizzy							X			
Drowsiness increased						X				
Headache							X			
Nausea	O									
Pain in limb							X			
Palpitation						X	X			
Sore throat	O									
Sweating							X			
Tremor						X				
Tingling sensation							X			
Weight concern							X			

<sup>a</sup> CWS = Cigarette Withdrawal Scale, DSM = Diagnostic and Statistical Manual, ICD = International Classification of Diseases, MNWS = Minnesota Withdrawal Scale, MPSS = Mood and Physical Symptoms Scale, POMS = Profile of Mood States, SCS = Smoker Complaint Scale, SJWS = Shiffman Jarvik Withdrawal Scale, SS = Shiffman Scale, WSWS = Wisconsin Smoking Withdrawal Scale

<sup>b</sup> X = Symptom or item in factor; O = symptom for further study or item not included in factors

<sup>c</sup> Or following synonyms: anger = annoyed, impatient, irritable, frustrated, hostile, nervous; anxiety = nervous, not at ease, not calm, not content, panic, tense; craving = bothered by desire, desire, like a cig now, like to hold cig, miss cigs, need cigs, not find cig unpleasant, not refuse cig now, think of cigs, want cigs ; depression = discouraged, hopeless, low morale, mood fluctuates, not content, not happy, not optimistic, not upbeat, sad, worried, anxious; difficulty concentrating = confusion, disoriented, hard to focus, not thinking clearly, spacey; dizzy = lightheaded, dreaming increased = nightmares; drowsiness = not alert, not sharp, not wide awake, sleepy, slowed down; fatigue = tired; mouth ulcers = canker sores; palpitations = fluttery feelings in chest, tachycardia; hunger = appetite increased, eating more, food is appealing, think about food, want to snack, weight concern, weight gain; insomnia = awakening at night; difficulty sleeping, not restful sleep, not satisfied with sleep, trouble falling asleep, trouble sleeping; malaise = weakness