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Abstract

Soldiers returning from serving overseas often have difficulty readjusting to civilian life. Reports have shown many negative physical and psychological affects in individuals coming home after fighting in a war, however, Veteran Affairs (VA) providers and primary care physicians are overlooking many of their symptoms. Veteran's returning with poor mental and physical health are also faced with additional challenges when seeking care. These issues include inadequate location and availability of services, refusal by insurance companies to cover treatment, and soldier's fear of seeking services due to certain stigmas. By collecting data from surveys sent to war veterans from Iraq and Afghanistan, this research will provide first hand accounts and opinions on the current policies in place that assist with the transition back to civilian life and how these policies can be improved in order to ensure the well-being of veterans.