

*Crime Prevention &
Personal Safety*

***BASIC
TIPS***



When you're walking...

- ***Body language counts!***
Walk with confidence.
Show that you are aware
and in control.
- Whenever possible, ***walk
with at least one other
person.***



When you're walking...

- ***Use well lit, well traveled routes.*** Consider using public transportation after dark.
- Consider carrying a small, readily available, high-intensity ***flash light and/or cell phone.***
- If a follower persists, head toward a well lit, occupied area and use a ***Blue Light*** to call the police or ***Dial 911.***

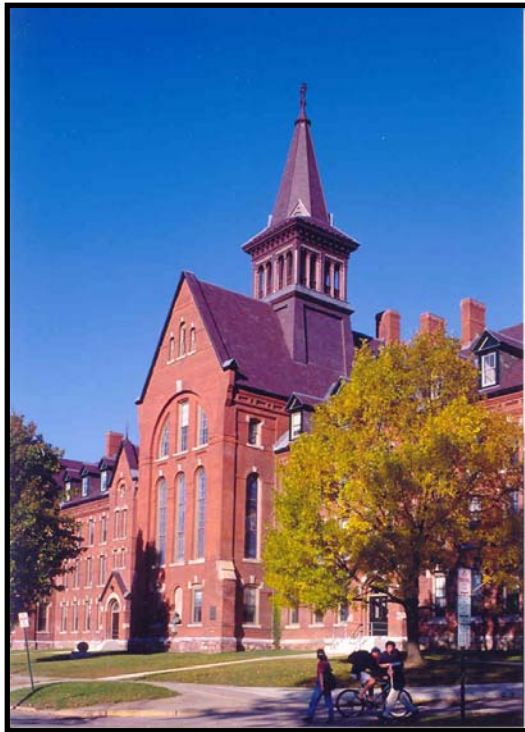


When you park...

- Park in an area that will be **well lit** when you return.
- **Lock your car.** Lock valuables in the trunk or hide them from view.
- Don't get in your car until you have **checked the inside**, especially the back seat.
- Before driving, **lock your doors** and put on your **seatbelt**.



At Work...



- ***Be aware of your environment.*** Report unusual or suspicious circumstances to the police.
- If you must work alone before or after normal business hours, ***secure your work area*** and ***tell someone where you are.***
- ***Re-secure propped doors*** on-campus. Report repeated offenses to Police Services at 6-3473.
- ***Report defective lighting, locks or phones*** to [Service Operations](#) at 6-2560.



Personal Safety on Dates



- ***Maintain sobriety.*** Watch the drug & alcohol use of dates. Intoxication can bring out the worst.
- ***Watch your drinks!*** "date rape drugs" such as Rohypnol, are real. They incapacitate and create amnesia.
- ***Communicate clearly with dates.***
- ***Listen to your "gut feeling."***
- ***Avoid pairing off with someone at a party to be alone in a room.***
- ***Avoid anyone who doesn't respect your caution, and your limits.***



If you are...

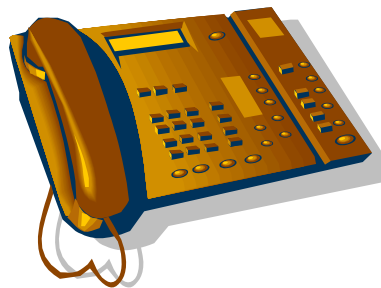
A survivor of sexual or physical abuse, the following resources are available for you.

- [UVM Victim's Advocate](#) (6-7892)
- [UVM Student Health/Medical Clinic](#) (6-3350)
- [UVM Counseling Center](#) (6-3340)
- [UVM Police Services](#) (6-3473) or [Chittenden Unit for Special Investigations](#) (652-6800)

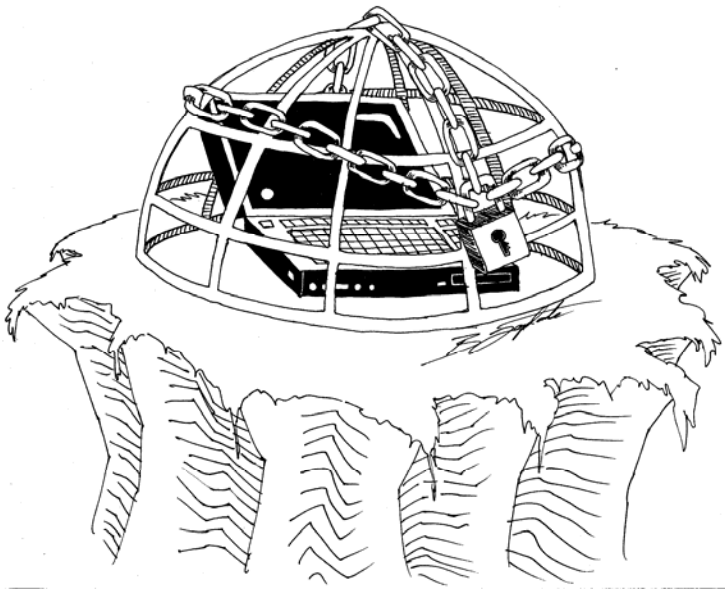


Bias Incidents

- View protocol and reports of bias incidents on campus.
- Report on-line or via phone (6-3473).



Your Valuables...



- **Never leave your room unlocked and unoccupied:** A thief with a target in mind only needs minutes to accomplish his or her task.
- **Record the serial number of each piece of equipment:** visit Police Services' [property registration page](#) for this free, on-line service.



Your Computer...



- **Buy a locking device:** The [University Bookstore](#) and [Police Services](#) offers locking devices for laptops and desktops.
- **Consider tracking software:** available through the [bookstore](#) or Police Services [web page](#).



Report Crime...

On-line

or

656-TIPS



For more information...



www.uvm.edu/police

