

EDC0 375: Suicide Assessment Exercise

Student's (as counselor) Name: _____ Date: _____

Observer: _____ Instructor: _____

Rating Scale (Note: ratings based on expectations for first exposure to these ideas/role play scenario)

1 - Does not meet standard; 2- Meets standard; 3 - Exceeds standard

Skill or Task to be Evaluated	Rating/Comments
Demonstrated appropriate level of caring and empathy during assessment.	1....2....3 = <input type="checkbox"/>
Demonstration of confidence by asking directly and clearly questions related to suicide.	1....2....3 = <input type="checkbox"/>
Explored the strength of the client's intent	1....2....3 = <input type="checkbox"/>
Asked client if they had a plan	1....2....3 = <input type="checkbox"/>
Asked client if they had the means to complete the plan	1....2....3 = <input type="checkbox"/>
Explored client's ability to access dangerous means	1....2....3 = <input type="checkbox"/>
Asked client if they experienced previous attempts	1....2....3 = <input type="checkbox"/>
Explored future orientation	1....2....3 = <input type="checkbox"/>
Explored client support systems, strengths, etc.	
Provided psychoeducation about suicide, sadness, depression, and/or related issues	
Reviewed/assessed for other important risk factors	
Reviewed the necessity to breach confidentiality	
Discussed need to consult with supervisor or other clinician and/or family members or loved ones	

Client left with plan/ strategies for managing immediate challenges (who to go to, contract, affect management)	
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Additional comments: