

Term	Professor	Course	Required Literature
SP22	Julie Welkowitz	EDCO389: Counseling Internship	• <i>Internship Handbook</i> (2021-2022 Academic Year). The University of Vermont, Department of Leadership and Developmental Sciences, Graduate Counseling Program.
SP22	Julie Welkowitz	EDCO363: Counseling Practicum	• UVM Counseling Program (2022). Practicum Handbook. Practicum Handbook 2022 • DeJong, P. & Berg, I. K. (2008). <i>Interviewing for Solutions</i> (Chapters 3 Skills for Not Knowing). Belmont, CA: Thomson Brooks/Cole. DeJong (2008) Skills For Not Knowing (Chapter 3) 4 • Day-Vines, N. ; Steen, S. ; Arnold, K. (2018). Getting comfortable with discomfort: Preparing counselor trainees to broach racial, ethnic, and cultural factors with clients during counseling. <i>International Journal for the Advancement of Counselling</i>, 40(2), pp.89-104. https://search-proquest-com.ezproxy.uvm.edu/docview/1983493463?rfr_id=info%3Aaxr/i%2Fsid%3Aprimo • Farook, M. W. (2018). The state of multicultural counseling competencies research. <i>Psychotherapy Bulletin</i>, 53(4), 48-58. https://societyforpsychotherapy.org/the-state-of-multicultural-counseling-competencies-research/ • Cameron, S. & Turtle-song, I (2002). Learning to write case notes using the soap format. <i>Journal of Counseling & Development</i>, 80, 286-292. Cameron & turtle-song (2002) • Perry, F. & Hornb, A. (2017). Mental health issues and counseling services in US higher education: An overview of recent research and recommended practices, <i>Higher Education Policy</i>, 30, 263–277. https://www.proquest.com/docview/1886134322/fulltextPDF/B896A8DE068649B1PQ/1?accountid=14679 • Frazier, P., Liu, Y., Meredith, L. & Nguyen-Feng, V. (2021). US college student mental health and COVID-19: Comparing pre-pandemic and pandemic timepoints. <i>Journal of American College Health</i>. https://doi-org.ezproxy.uvm.edu/10.1080/07448481.2021.1987247 • Morgan, A. (2000). <i>What is narrative therapy?</i> Adelaide, South Australia: Dulwiche Center Publications. First two chapters can be retrieved from the Dulwich Centre website: http://www.dulwichcentre.com.au/what-is-narrative-therapy.html • Combs, G. & Freedman, J. (2012). Narrative, poststructuralism, and social justice: Current practices in Narrative Therapy. <i>The Counseling Psychologist</i>, 40(7), 1033-1060. https://doi-org.ezproxy.uvm.edu/10.1177%2F0011000012460662 • BJOROY, A., Madigan, S., Nylund, D. (2015). The practice of therapeutic letter writing in Narrative Therapy. In <i>Handbook of</i>

			<i>Counseling Psychology</i> (4th edition). Thousand Oaks, CA: Sage Publications. http://therapeuticconversations.com/wp-content/uploads/2010/07/Bjoroy-Madigan-Nylund-The-Practice-of-Therapeutic-Letter-Writing-in-Narrative-Therapy-2.pdf • Best Colleges (2021) <i>College Suicide Prevention Guide</i>. https://www.bestcolleges.com/resources/suicide-prevention/
SP22	Olivia Sanders	EDCO363: Counseling Practicum	• Day-Vines, N. ; Steen, S. ; Arnold, K. (2018). Getting comfortable with discomfort: Preparing counselor trainees to broach racial, ethnic, and cultural factors with clients during counseling. <i>International Journal for the Advancement of Counselling</i>, 40(2), pp.89-104. • Retrieved from https://searchproquest.com.ezproxy.uvm.edu/docview/1983493463?rfr_id=info%3Axi%2Fsid%3Aprimo • DeJong, P. & Berg, I. K. (2008). <i>Interviewing for Solutions</i> (Chapters 3 Skills for Not Knowing). • Belmont, CA: Thomson Brooks/Cole. Retrieved from DeJong (2008) <i>Skills For Not Knowing</i> (Chapter 3) • Chavez, Vivian (August 9, 2012). <i>Cultural Humility: People, Principles and Practices</i>. • YouTube. https://www.youtube.com/watch?v=SaSHLbS1V4w • Kim, Ji-Youn (2020, October 1). 8 Ways I try to Decolonize Therapy. Itsjiyounkim.com • https://www.itsjiyounkim.com/the-blog/2020/10/1/8-ways-that-i-try-to-decolonize-therapy • Linehan, M. M. (1997). Validation and Psychotherapy. In A. Bohart & L. Greenber (Eds.), • <i>Empathy Reconsidered: New Directions in Psychotherapy</i>. Washington, DC: American Psychological Association, 353-392. • Cameron, S. & Turtle-song, I (2002). Learning to write case notes using the soap format. • <i>Journal of Counseling & Development</i>, 80, 286- 292. Retrieved from: Cameron & turtle-song (2002)
SP22	Susanne Schmidt	EDCO376: Addictions Counseling	• Mate (2010): Chapter 11 (What is Addiction?), Chapter 23 (Social Roots of Addiction)-Posted to Blackboard • American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders (5th ed.)</i>. Arlington, VA: Author (Substance-Related and Addictive Disorders, pp. 481-490)

			• SAMHSA (2020). TIPS, 42, Chapter 3 (Screening & Assessment, pp. 32-71); Appendix C (Provider forms, measures and tools, pp. 301-312). Retrieved from https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP20-0201_004.pdf • Volkow, N. D., Baler, R. D., Compton, W. M., & Weiss, S. R. (2014). Adverse health effects of marijuana use. <i>The New England Journal of Medicine</i>, 370(23), 2219–2227. doi:10.1056/NEJMr1402309 Retrieved from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4827335/ • Jones, A., Winter, V.R., Pekarek, E., Walters, J. (2018). Binge drinking and cigarette smoking among teens: Does body image play a role? <i>Children and Youth Services Review</i> (91), pp. 232-236. Retrieved from https://www-sciencedirect-com.ezproxy.uvm.edu/science/article/pii/S0190740918301890 • Arria, A. & Dupont, R. (2010). Nonmedical prescription stimulant use among college students: Why we need to do something and what we need to do. <i>Journal of Addiction Disorders</i>, 29(4): 417–426. Retrived from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2951617/ • Mate (2010): Chapters 9 (Takes One to Know One), 22 (Poor Substitutes for Love: Behavioral Addictions and Their Origins) • Grant, J. E., Potenza, M. N., Weinstein, A., & Gorelick, D. A. (2010). Introduction to behavioral addictions. <i>The American Journal of Drug and Alcohol Abuse</i>, 36(5), 233–241. doi:10.3109/00952990.2010.491884 Retrived from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3164585/ • Roberts, J., Yaya, L. & Manolis, C. (2014). The invisible addiction: Cell-phone activities and addiction among male and female college students. <i>Journal of Behavioral Addictions</i>, 3(4) p. 254+. Retrieved from https://link.gale.com/apps/doc/A459058653/HWRC?u=vol_b92b&sid=HWRC&xid=816758f6 • Mate (2010): Chapters 30 (The Internal Climate) • Naar & Safren (<i>CMH students</i>): - Chapter 1: Integrating Motivational Interviewing and CBT - Chapter 2: Building Alliance and Motivation at the Onset of Treatment - Chapter 3: Evaluation and Treatment Planning - Chapter 4 Self-Monitoring OR • Rollnick, S., Kaplan, S., Rutschman, R. (2016) (<i>SC students</i>) Part I: Overview of MI (Chapters 1-8) • Mate (2010): Chapters 31 (The Four Steps, Plus One), 32 (Sobriety and the External Milieu) • Naar & Safren (<i>for CMH students</i>) - Chapter 5 Cognitive Skills
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			- Chapter 6 Behavioral and Emotional Regulation Skills - Chapter 7: Promoting Between Session Practice and Consistent Session Attendance - Chapter 8: Maintenance OR • Rollnick, S., Kaplan, S., Rutschman, R. (2016): (<i>for SC students</i>) Part II: In Practice (Chapters 9-11) • Witkiewitz, K. Bowen, S, Douglas, H., Hsu, S. (2013). Mindfulness-based relapse prevention for substance craving. <i>Addictive Behaviors</i>, 38, pp. 1563-1571. Retrieved from: https://www.sciencedirect-com.ezproxy.uvm.edu/science/article/pii/S0306460312001335 • Man-kwong, H. (2004). Overcoming craving: The use of narrative practices in breaking drug habits. <i>The International Journal of Narrative Therapy and Community Work</i>, 1, 1-9. Retrieved from: http://dulwichcentre.com.au/articles-about-narrativetherapy/deconstructing-addiction/overcoming-craving/ • De Shazer, S. & Isebaert, L. (2008). It's a matter of choice. The problem drinking treatment program. In P. De Jong & I. K. Berg, <i>Interviewing for Solutions</i> (pp.309-312). Belmont, CA: Thomson Brooks/Cole. [Posted on blackboard]. • Gardner, P & Poole, J. (2009). One story at a time. Narrative therapy, older adults, and addictions. <i>Journal of Applied Gerontology</i>, 28 (5), 600-620. • Sobhy, M., & Cavallaro, M. (2010). Solution-focused brief counseling in schools: Theoretical perspectives and case application to an elementary school student. Retrieved from https://www.counseling.org/resources/library/VISTAS/2010-VOnline/Article_81.pdf (<i>for school counseling students</i>)
SP22	Brittany McKenna	EDCO381: Counseling for Career & Lifestyle Development	• Niles, S. G., & Harris-Bowlsbey, J. (2017). <i>Career Development Interventions in the 21st Century</i> (5th edition). Boston, MA: Pearson
SP22	Amanda Tanner	EDCO361: The Practice of Mental Health Counseling	• Gerig, M.S. (2018). <i>Clinical Mental Health Counseling: An Introduction</i>. San Diego CA: Parsons. • American Counseling Association. (2014). <i>ACA code of ethics</i>. Retrieved from https://www.counseling.org/resources/aca-code-of-ethics.pdf • American Mental Health Counselor Association. (2015). <i>AMHCA code of ethics</i>. Retrieved from: http://connections.amhca.org/HigherLogic/System/DownloadDocumentFile.ashx?DocumentFileKey=d4e10fcb-2f3c-c701-aa1d-5d0f53b8bc14

			- American Psychological Association (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.). Washington, DC: American Psychological Association. - Brown, M (2020) Hazards of our Helping Profession: A Practical Self-Care Model for Community Practice. <i>Social Work</i>, 65(1), 38-44, https://doi-org.ezproxy.uvm.edu/10.1093/sw/swz047 - Burkholder, D (2012) A Model of Professional Identity Expression for Mental Health Counselors. <i>Journal of Mental Health Counseling</i>, 34(4), 295-307. https://web-s-ebscohost-com.ezproxy.uvm.edu/ehost/pdfviewer/pdfviewer?vid=1&sid=5f0926c7-2b2d-4b3b-ab4c-b91ac1f372a6%40redis - Health Insurance Portability Accountability Act, Federal Drug and Alcohol Confidentiality Law, 42 CFR, § 2., Revised Rule. Retrieved on March 20, 2021 from https://www.hhs.gov/about/news/2020/07/13/fact-sheet-samhsa-42-cfr-part-2-revisedrule.html - NAADAC- The Association for Addiction Professionals. (2021). <i>NAADAC code of ethics</i>. Retrieved on March 20, 2021 from https://www.naadac.org/assets/2416/naadac_code_of_ethics_11_2021.pdf
SP22	Jessica McCloud	HDFS101/ED CO101: The Helping Relationship	- Geroski (2017) Skills for Helping Professionals - Lori Gottlieb (2019) Maybe You Should Talk to Someone - Bruce Perry (2017) The Boy Who Was Raised as a Dog
SP22	Michelle Fane-Cushing	EDCO345: Diagnosis in Counseling	- American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders</i> (5th ed.). Arlington, VA: Author - Gorenstein & Comer (2015). <i>Case studies in abnormal psychology</i>. New York: Worth Publishers. - One non-fiction memoir of your choice which describes a first person (or family) account of someone with mental health challenges. - Goodman, R. (2015). Trauma counseling and interventions: Introduction to the special issue. <i>Journal of Mental Health Counseling</i>, 37(4), 283-294. Retrieved from: Goodman (2015). Trauma counseling and interventions - Perry, B. & Szalavitz, M. (2006). <i>The Boy Who Was Raised As a Dog</i> (Chapter 6). New York: Basic Books. [posted on Blackboard] - Miller, W.M., Wolf, E.J., & Keane, T.M. (2014). Posttraumatic Stress Disorder in DSM5: New criteria and controversies. <i>Clinical Psychology Science and Practice</i>, 21, 208-220. Retrieved from Miller, Wolf & Keane (2014). PTSD in DSM-5.

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SP22	Miriam Stoll	EDCO352/34 Assessment in Counseling	• Hays, Danica G. (2017). <i>Assessment in Counseling (6th ed.)</i> Alexandria, VA: American Counseling Association. Can be purchased through Amazon or other textbook source.
SP22	Megan Johnson Dunston	EDCO392: Group Counseling Experience	• Shakoor, M. (2010). <i>On Becoming a Group Member</i>. Routledge: New York.
SP22	Zachary Key	EDCO363: Counseling Practicum	• UVM Counseling Program (2022). <i>Practicum Handbook</i>. Practicum Handbook 2022 • DeJong, P. & Berg, I. K. (2008). <i>Interviewing for Solutions (Chapters 3 Skills for Not Knowing)</i>. • Belmont, CA: Thomson Brooks/Cole. DeJong (2008) <i>Skills For Not Knowing (Chapter 3)</i>

			• Day-Vines, N. ; Steen, S. ; Arnold, K. (2018). Getting comfortable with discomfort: Preparing counselor trainees to broach racial, ethnic, and cultural factors with clients during counseling. <i>International Journal for the Advancement of Counselling</i>, 40(2), pp.89-104. https://search-proquest-com.ezproxy.uvm.edu/docview/1983493463?rfr_id=info%3Axi%2Fsid%3Aprimo • Cameron, S. & Turtle-song, I (2002). Learning to write case notes using the soap format. • <i>Journal of Counseling & Development</i>, 80, 286-292. Cameron & turtle-song (2002) • Frazier, P., Liu, Y., Meredith, L. & Nguyen-Feng, V. (2021). US college student mental health and COVID-19: Comparing pre-pandemic and pandemic timepoints. <i>Journal of American College Health</i>. • https://doi-org.ezproxy.uvm.edu/10.1080/07448481.2021.1987247 • Morgan, A. (2000). What is narrative therapy? Adelaide, South Australia: Dulwiche Center Publications. First two chapters can be retrieved from the Dulwich Centre website: • http://www.dulwichcentre.com.au/what-is-narrative-therapy.html • Combs, G. & Freedman, J. (2012). Narrative, poststructuralism, and social justice: Current practices in Narrative Therapy. <i>The Counseling Psychologist</i>, 40(7), 1033-1060. • https://doi-org.ezproxy.uvm.edu/10.1177%2F0011000012460662 • Best Colleges (2021) College Suicide Prevention Guide. • https://www.bestcolleges.com/resources/suicide-prevention/ • Kim, Ji-Youn (2020, October 1). 8 Ways I try to Decolonize Therapy. Itsjiyounkim.com • https://www.itsjiyounkim.com/blog/2020/10/1/8-ways-that-i-try-to-decolonize-therapy
SP22	Devon Voake	EDCO340: Developmental Guidance in the Schools	• Erford, B.T. (2015). <i>Transforming the School Counseling Profession</i>. Fifth Edition. Loyola University Maryland: Pearson. • Geroski, A.M. & Krauss, K.L. (2010). <i>Groups in Schools: Preparing, Leading, and Responding</i>. Boston: Pearson. • Shelton, L. G. (2019). <i>The Bronfenbrenner Primer: A Guide to Develcology</i>. New York: Rutledge. • Trauma informed teaching

			• Understanding Trauma informed education • Elements of effective instruction • What is differentiated instruction? • Racial Affinity Groups: Guide for School Leaders • Racial Affinity Groups: Guide for Facilitators • You will read a recent educator publication, summarize it, and draw connections between this literature and your role as a school counselor. Suggested publications are Building Equity: Policies and Practices to Empower All Learners, We Want to Do More Than Survive, Uprooting Instructional Inequity, Cultivating Genius, Disrupting Poverty, Culturally Responsive Teaching and the Brain, and Cultural Competence Now. • An important part of the school counselor role is supporting parents and caregivers on their own journeys. You will select a parenting book of your choice to read and review. Suggested titles include How to Talk so Kids Will Listen and Listen so Kids Will Talk, The Whole Brain Child, Raising Good Humans, The Yes Brain, The Teenage Brain and Parenting the New Teen in the Age of Anxiety.
SP22	Fiona Griffin	EDCO389: Counseling Internship	• <i>Internship Handbook</i> (January 2019). The University of Vermont, Department of Leadership and Developmental Sciences, The Counseling Program.
SP22	Tim Wile	EDCO389: Counseling Internship	• <i>Internship Handbook</i> (January 2019). The University of Vermont, Department of Leadership and Developmental Sciences, The Counseling Program.
SP22	Mark Nash	EDCO363: Counseling Practicum	• UVM Counseling Program (2022). Practicum Handbook. Practicum Handbook 2022 • DeJong, P. & Berg, I. K. (2008). <i>Interviewing for Solutions</i> (Chapters 3 Skills for Not Knowing). Belmont, CA: Thomson Brooks/Cole. DeJong (2008) Skills For Not Knowing (Chapter 3) • Day-Vines, N. ; Steen, S. ; Arnold, K. (2018). Getting comfortable with discomfort: Preparing counselor trainees to broach racial, ethnic, and cultural factors with clients during counseling. <i>International Journal for the Advancement of Counselling</i>, 40(2), pp.89-104. https://search-proquest-com.ezproxy.uvm.edu/docview/1983493463?rfr_id=info%3Axi%2Fsid%3Aprimo • Farook, M. W. (2018). The state of multicultural counseling competencies research. <i>Psychotherapy Bulletin</i>, 53(4), 48-58. https://societyforpsychotherapy.org/the-state-of-multicultural-counseling-competencies-research/ • Cameron, S. & Turtle-song, I (2002). Learning to write case notes using the soap format. <i>Journal of Counseling & Development</i>, 80, 286-292. Cameron & turtle-song (2002)

			- Perry, F. & Hornb, A. (2017). Mental health issues and counseling services in US higher education: An overview of recent research and recommended practices, <i>Higher Education Policy</i>, 30, 263–277. https://www.proquest.com/docview/1886134322/fulltextPDF/B896A8DE068649B1PQ/1?accountid=14679 - Frazier, P., Liu, Y., Meredith, L. & Nguyen-Feng, V. (2021). US college student mental health and COVID-19: Comparing pre-pandemic and pandemic timepoints. <i>Journal of American College Health</i>. https://doi-org.ezproxy.uvm.edu/10.1080/07448481.2021.1987247 - Morgan, A. (2000). <i>What is narrative therapy?</i> Adelaide, South Australia: Dulwiche Center Publications. First two chapters can be retrieved from the Dulwich Centre website: http://www.dulwichcentre.com.au/what-is-narrative-therapy.html - Combs, G. & Freedman, J. (2012). Narrative, poststructuralism, and social justice: Current practices in Narrative Therapy. <i>The Counseling Psychologist</i>, 40(7), 1033-1060. https://doi-org.ezproxy.uvm.edu/10.1177%2F0011000012460662 - Bjoroy, A., Madigan, S., Nylund, D. (2015). The practice of therapeutic letter writing in Narrative Therapy. In <i>Handbook of Counseling Psychology</i> (4th edition). Thousand Oaks, CA: Sage Publications. http://therapeuticconversations.com/wp-content/uploads/2010/07/Bjoroy-Madigan-Nylund-The-Practice-of-Therapeutic-Letter-Writing-in-Narrative-Therapy-2.pdf - Best Colleges (2021) <i>College Suicide Prevention Guide</i>. https://www.bestcolleges.com/resources/suicide-prevention/
SP22	Mark Nash	EDCO363: Counseling Practicum	- UVM Counseling Program (2022). Practicum Handbook. Practicum Handbook 2022 - DeJong, P. & Berg, I. K. (2008). <i>Interviewing for Solutions</i> (Chapters 3 Skills for Not Knowing). Belmont, CA: Thomson Brooks/Cole. <u>DeJong (2008) Skills For Not Knowing (Chapter 3)</u> - Day-Vines, N. ; Steen, S. ; Arnold, K. (2018). Getting comfortable with discomfort: Preparing counselor trainees to broach racial, ethnic, and cultural factors with clients during counseling. <i>International Journal for the Advancement of Counselling</i>, 40(2), pp.89-104. https://search-proquest-com.ezproxy.uvm.edu/docview/1983493463?rfr_id=info%3Axi%2Fsid%3Aprimio - Farook, M. W. (2018). The state of multicultural counseling competencies research. <i>Psychotherapy Bulletin</i>, 53(4), 48-58. https://societyforpsychotherapy.org/the-state-of-multicultural-counseling-competencies-research/

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SP 22	Lance Smith	EDCO 377 Diversity and Intersectionality in Counseling	• Baynton, D. C. (2013). Disability and the justification of inequality in American history. <i>The disability studies reader</i>, 17(33), 33-57. • Burke, T., & Brown, B. (2021). <i>You Are Your Best Thing: Vulnerability, Shame Resilience, and the Black Experience</i>. NY: Random House. • French, B. H., Lewis, J. A., Mosley, D. V., Adames, H. Y., Chavez-Dueñas, N. Y., Chen, G. A., & Neville, H. A. (2020). Toward a Psychological Framework of Radical Healing in Communities of Color. <i>The Counseling Psychologist</i>, 48(1), 14–46. https://doi.org/10.1177/0011000019843506 • Johnson, A.G. (2018). <i>Privilege, power and difference</i>, 3rd. Boston: McGraw.

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