

SC and CMHC Program Model Program of Study

| Full-time School Counseling Program 60 Credit Hours | |
|--|--|
| FALL 1ST YEAR | SPRING 1ST YEAR |
| CNSL 375 Laboratory Experience in Counseling (3) CNSL 320 Developmental Perspectives in Counseling (3) CNSL 350 Professional Issues in Counseling (3) CNSL 374 Counseling Theory and Practice (3) | CNSL 363 Counseling Practicum (3) CNSL 340 Developmental Guidance in Schools (K-12) (3) CNSL 377 Diversity & Intersectionality (3) CNSL 392 Group Counseling Experience (1) CNSL 341 Diagnosis in School Counseling (1)* CNSL 342 Assessment in School Counseling (1)* *School Counselors register for 1 variable credit |
| 12 | 12 |
| SUMMER 1ST YEAR** | |
| CNSL 394 Leadership for Transformational SC (3) CNSL 300 Research Methods in Counseling (3) | |
| 6 | |
| FALL 2ND YEAR | SPRING 2ND YEAR |
| CNSL 389 (SC) Internship in Counseling (3) CNSL 393 Advanced Group Counseling: Theory & Practice (3) CNSL 344 Modalities: Counseling Children & Adolescents (3) CNSL 388 Family and Couples (3) | CNSL 389 (SC) Internship in Counseling (3) CNSL 381 Counseling for Career & Lifestyle Development (3) CNSL 376 Addictions Counseling (3) Special Topics in School Counseling (3)+ |
| 12 | 12 |
| SUMMER 2ND YEAR** | |
| Special Topics in School Counseling (6)+ | |
| 6 | |
| TOTAL = 60 | |

*The total credit requirement for SC students has been changed to 60 credits starting with the class admitted for the 2017/2018 academic year.

** Out of state students should be aware that VTR does not apply to summer session.

+ SC students can elect to take the special topics in school counseling courses during semesters when they are available and fits the student's schedule. 9 credits of Special Topics in School Counseling are required in total.

| Full-time Clinical Mental Health Counseling Program 60 Credit Hours | |
|---|--|
| FALL 1ST YEAR | SPRING 1ST YEAR |
| CNSL 375 Laboratory Experience in Counseling (3) CNSL 320 Developmental Perspectives in Counseling (3) CNSL 350 Professional Issues in Counseling (3) CNSL 374 Counseling Theory and Practice (3) | CNSL 363 Counseling Practicum (3) CNSL 361 The Practice of Mental Health Counseling (3) CNSL 345 Diagnosis in Clinical Mental Health Counseling (3)* CNSL 377 Diversity & Intersectionality (3) CNSL 392 Group Counseling Experience (1) |
| 12 | 13 *CMHC students register for 3 credits |
| SUMMER 1ST YEAR** | |
| CNSL 300 Research Methods in Counseling (3) CNSL 387 Therapeutic Psychopharmacology for Counselors (3) | |
| 6 | |
| FALL 2ND YEAR | SPRING 2ND YEAR |
| CNSL 389 (CMHC) Internship in Counseling (3) CNSL 393 Advanced Group Counseling: Theory & Practice (3) CNSL 344 Modalities: Counseling Children & Adolescents (3) CNSL 388 Family and Couples Counseling (3) | CNSL 389 (CMHC) Internship in Counseling (3) CNSL 376 Addictions Counseling (3) CNSL 381 Counseling for Career & Lifestyle Development (3) CNSL 352 Assessment in Clinical Mental Health Counseling (3)* *CMHC students register for 3 credits |
| 12 | 12 |
| SUMMER 2nd Year** | |
| CNSL XXX Counseling Elective (5 credits) | |
| 5 | |
| TOTAL = 60 | |

*CMHC students register for 3 credit hours

** Out of state students should be aware that VTR does not apply to summer session

Updated 8/2022

Dual Option (CMHC Entry) Schedule of Classes

| Full-time Dual Option 76 Credit Hours (CMHC Entry) | |
|--|---|
| FALL 1ST YEAR | SPRING 1ST YEAR |
| CNSL 375 Laboratory Experience in Counseling (3) CNSL 320 Developmental Perspectives in Counseling (3) CNSL 350 Professional Issues in Counseling (3) CNSL 374 Counseling Theory and Practice (3) | CNSL 363 Counseling Practicum (3) CNSL 361 The Practice of Mental Health Counseling (3) CNSL 345 Diagnosis in Clinical Mental Health Counseling (3) CNSL 377 Diversity & Intersectionality (3) CNSL 392 Group Counseling Experience (1) |
| 12 | 13 |
| SUMMER 1ST YEAR** | |
| CNSL 300 Research Methods in Counseling (3) CNSL 387 Therapeutic Psychopharmacology for Counselors (3) Special Topics in School Counseling (3)+ | |
| 9 | |
| FALL 2ND YEAR | SPRING 2ND YEAR |
| CNSL 389 (CMHC) Internship in Counseling (3) CNSL 393 Advanced Group Counseling: Theory & Practice (3) CNSL 344 Modalities: Counseling Children & Adolescents (3) CNSL 388 Family and Couples (3) | CNSL 389 (CMHC) Internship in Counseling (3) CNSL 352 Assessment in Clinical Mental Health Counseling (3) CNSL 376 Addictions Counseling (3) CNSL 340 Developmental Guidance in Schools (K-12) (3) |
| 12 | 12 |
| SUMMER 2ND YEAR** | |
| Special Topics in School Counseling (3)+ CNSL 394 Leadership for Transformational SC (3) | |
| 6 | |
| FALL 3RD YEAR | SPRING 3RD YEAR |
| CNSL 389 (SC) Internship in Counseling (3) Special Topics in School Counseling (3)+ | CNSL 389 (SC) Internship in Counseling (3) CNSL 381 Counseling for Career & Lifestyle Development (3) Remaining Special Topics in School Counseling if needed+ |
| 6 | 6 |
| 76 | |

** out of state students be aware that VTR does not apply in summer session

+Students can elect to take the Special Topics when the classes are available, and it fits their schedule. 9 credits of special topic credits are required for students in the SC and dual programs.

Updated on 8/2022

Dual Option (SC Entry) Schedule of Classes

| Full-time Dual Option 76 Credit Hours (SC Entry) | |
|--|---|
| FALL 1ST YEAR | SPRING 1ST YEAR |
| CNSL 375 Laboratory Experience in Counseling (3) CNSL 320 Developmental Perspectives in Counseling (3) CNSL 350 Professional Issues in Counseling (3) CNSL 374 Counseling Theory and Practice (3) <div style="text-align: right; margin-top: 5px;">12</div> | CNSL 363 Counseling Practicum (3) CNSL 340 Developmental Guidance in Schools (K-12) (3) CNSL 377 Diversity & Intersectionality (3) CNSL 392 Group Counseling Experience (1) CNSL 345 Diagnosis in Clinical Mental Health Counseling (3) <div style="text-align: right; margin-top: 5px;">13</div> |
| SUMMER 1ST YEAR** CNSL 394 Leadership for Transformational SC (3) Special Topics in School Counseling (3) + <div style="text-align: right; margin-top: 5px;">6</div> | |
| FALL 2ND YEAR | SPRING 2ND YEAR |
| CNSL 389 (SC) Internship in School Counseling (3) CNSL 393 Advanced Group Counseling: Theory & Practice (3) CNSL 344 Modalities: Counseling Children & Adolescents (3) Special Topics in School Counseling (3)+ <div style="text-align: right; margin-top: 5px;">12</div> | CNSL 389 (SC) Internship in School Counseling (3) CNSL 361 The Practice of Mental Health Counseling (3) CNSL 376 Addictions Counseling (3) Special Topics in School Counseling (3)+ <div style="text-align: right; margin-top: 5px;">12</div> |
| SUMMER 2ND YEAR** CNSL 300 Research Methods in Counseling (or EDFS 209 Research and Evaluation) (3) CNSL 387 Therapeutic Psychopharmacology for Counselors (3) <div style="text-align: right; margin-top: 5px;">6</div> | |
| FALL 3RD YEAR | SPRING 3RD YEAR |
| CNSL 389 (CMHC) Internship in Counseling (3) CNSL 388 Family and Couples (3) <div style="text-align: right; margin-top: 5px;">6</div> | CNSL 389 (CMHC) Internship in Counseling (3) CNSL 381 Counseling for Career & Lifestyle Development (3) CNSL 352 Assessment in Clinical Mental Health Counseling (3) <div style="text-align: right; margin-top: 5px;">9</div> |
| 76 | |

**out of state students should be aware that VTR does not apply to summer session

+Students can elect to take the Special Topics when the classes are available, and it fits their schedule. 9 credits of special topic credits are required for students in the SC and dual programs.

Updated on 8/2022

UVM Counseling Program
Part Time Model

Clinical Mental Health Counseling Program Sample Program of Study**

| Year 1 | |
|---|--|
| Fall Semester | Spring Semester |
| CNSL 320 Developmental Perspectives (3) | CNSL 361 Practice of Mental Health Counseling (3) |
| CNSL 350 Professional Issues in Counseling (3) | CNSL 377 Diversity & Intersectionality (3) |
| Year 2 | |
| Fall Semester | Spring Semester |
| CNSL 374 Counseling Theory & Practice (3) | CNSL 392 Group Counseling Experience (1) |
| CNSL 388 Family & Couples Counseling (3) | CNSL 381 Counseling for Career & Lifestyle Development (3) |
| | CNSL 345 Diagnosis in Clinical Mental Health Counseling (3) |
| Year 3 | |
| Fall Semester | Spring Semester |
| CNSL 344 Modalities: Counseling Children & Adolescents (3) | CNSL 363 Counseling Practicum (3)* |
| CNSL 375 Laboratory Experience in Counseling (3) | CNSL 376 Addictions Counseling (3) |
| Year 4 | |
| Fall Semester | Spring Semester |
| CNSL 389 (CMHC) Counseling Internship*(3) | CNSL 389 (CMHC) Counseling Internship (3)* |
| CNSL 393 Advanced Group Counseling: Theory & Practice (3) | CNSL 352 Assessment in Clinical Mental Health Counseling (3) |
| Summers** (these courses will be offered every summer) | |
| Summer 1 CNSL 300 Research Methods in Counseling (3) | |
| Summer 2 Electives (5 credits) | |
| Summer 3 CNSL 387 Therapeutic Psychopharmacology for Counselors (3) | |

*These courses require 20 hours of fieldwork per week that may need to be completed during daytime hours.

**out of state students should be aware that VTR does not apply to summer session.

++ A minimum of 6 credits per semester are required for federal financial aid.

Updated 8/2022

UVM Counseling Program
Part Time Model
School Counseling Program Sample Program of Study**

| Year 1 | |
|--|---|
| Fall Semester | Spring Semester |
| CNSL 320 Development Perspectives in Counseling (3) | CNSL 340 Developmental Guidance in Schools (3) |
| CNSL 350 Professional Issues in Counseling (3) | CNSL 377 Diversity & Intersectionality (3) |
| Year 2 | |
| Fall Semester | Spring Semester |
| Special Topics in School Counseling (3)+ | CNSL 342 Assessment in School Counseling (1)* |
| CNSL 374 Counseling Theory & Practice (3) | Special Topics in School Counseling (3)+ |
| | CNSL 392 Group Counseling Experience (1) |
| | CNSL 341 Diagnosis in School Counseling (1)* *school counselors register for 1 variable credit |
| Year 3 | |
| Fall Semester | Spring Semester |
| CNSL 344 Modalities: Counseling Children & Adolescents (3) | CNSL 381 Counseling for Career & Lifestyle Development (3) |
| CNSL 393 Advanced Group: Theory & Practice (3) | CNSL 376 Addictions Counseling (3) |
| Year 4 | |
| Fall Semester | Spring Semester |
| CNSL 375 Laboratory Experience in Counseling (3) | CNSL 363 Counseling Practicum (3)*** |
| CNSL 388 Family & Couples Counseling (3) | Special Topics in School Counseling (3)+ |
| Year 5 | |
| Fall Semester | Spring Semester |
| CNSL 389 (SC) Counseling Internship (3)*** | CNSL 389 (SC) Counseling Internship (3)*** |
| Summers** | |
| Summer 1 CNSL 394 Leadership for Transformational SC (3) | |
| Summer 2 CNSL 300 Research Methods in Counseling (3) | |

* School counselors register for 1 variable credit

**Out of state students should be aware that VTR does not apply to summer session

***These courses require 20 hours of weekly fieldwork that will need to be completed during school and daytime hours

+Students can elect to take the Special Topics when the classes are available, and it fits their schedule. 9 credits of special topic credits are required for students in the SC and dual programs.

++ A minimum of 6 credits per semester are required for federal financial aid.

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