

UVM COUNSELING PROGRAM

Practicum/Internship Field Site Information Form

SITE INFORMATION

Name of Agency/School: Essex Pediatrics

Physical Address: 89 Main Street, Essex Junction VT 05477

Website: Essex Pediatrics

Phone Number: (802) 879-6556

Fax Number: N/A

Type of School: ☐ Elementary
☐ Middle
☐ Secondary
☐ Public or ☐ Private

Type of Agency: ☐ Community Counseling
☐ College Counseling
☐ Alcohol/Drug Counseling
☒ Integrated Health/MH
☐ Other: **Enter information**

Contact Person: Catherine Burns, PHD, Licensed Psychologist Doctorate

Phone Number: (802) 922-1612

Email Address: cath.burns@synchronsaic.com

Email inquiries are preferred. Thank you.

PRACTICUM/INTERNSHIP EXPERIENCE INFORMATION

For K-12 school sites only, are you available to host a student for (check all that apply):

☐ Practicum (approx. 4-5 hrs per week, Spring only) ☐ Internship (approx. 20-24 hrs/week across year)*

**Note: For clinical mental health sites, it will be assumed that this form is being completed as an internship site*

Please check the following population(s) that your organization serves:

☒ Children ☒ Adolescents ☒ College Age ☒ Adults ☒ Other (please specify): We work with adults when they are the parents or caregivers

Responsibilities of practicum/internship student:

(Briefly list expectations and responsibilities of practicum/internship student and please identify any unique client population(s) you serve – i.e., trauma, substance abuse, etc.)

- Practicum students will be asked to participate in a variety of activities that promote mental health and wellness to include, but not limited to, individual supports, group supports, and community activities.
- Internship students will may be asked to perform the activities above in addition to providing individual and group counseling, and consultation services to parents and caregivers.
- Both will be asked to function as part of an interdisciplinary team that works collaboratively to support children, youth, and their family's mental health and wellness goals.
- Interns and practicum students will be working with children, youth and families who present for care at Essex Pediatrics (~9000 children served) with a very wide variety of mental health and substance use conditions. Our mental health team is composed of licensed professionals in psychology, social work, licensed alcohol and drug counselors, and clinical mental health counselors. All providers are independent and work collaboratively with the medical team. We also work closely with a nutrition team and home visitors. We currently host students from other institutions of higher education and view them as integral parts of our team.

This is a unique opportunity for people who are interested in learning how to apply evidence based approaches in creative ways.

Please check which of the following activities the practicum/internship student would participate in and indicate a percentage:

**Note: Individual counseling and a minimum of 20 hours of group counseling are required for all internship sites.*

- | | | |
|--|--|--|
| <input checked="" type="checkbox"/> Individual Counseling: I – 50%, P – 5% | <input type="checkbox"/> Classroom Guidance/Instruction: Enter % | <input checked="" type="checkbox"/> Assessment: I - 15 % |
| <input checked="" type="checkbox"/> Group Counseling: I – 5%, P – 0% | <input checked="" type="checkbox"/> Workshop(s) Facilitation: I - 5%, P – 5% | <input checked="" type="checkbox"/> Intake: I - 15 % |
| <input checked="" type="checkbox"/> Family/Couples Counseling: Variable % | <input checked="" type="checkbox"/> Consultation: I - 10% | <input checked="" type="checkbox"/> Case Management: P – 15% |
- ☐ Other (*please specify & include percentage*): I = internship, P = Practicum, Percentages listed above are estimate with the final allocation determined by the student's experience and interests, as well as by the needs presenting during the internship or practicum experience.

SITE SUPERVISOR INFORMATION

Name of Site Supervisor(s): **Catherine E. Burns, Ph.D**

Graduate Degree(s) and Licenses Held: **Licensed Psychologist Doctorate - Vermont**

Position Title: **Psychologist**

Field Discipline (CMH, SW, Psychologist, SC, SAP): **Psychologist**

Years in Field Post Licensure: **20 years as a licensed psychologist, was a school psychologist prior to this**

Note: *We have other licensed clinicians on site who may participate in supervision depending upon the student's interests.*

APPLICATION INFORMATION

Internship Application Deadline: **1/30/22, but will make a decision on a "rolling" basis**

Internship Application Materials Required: ☒ Cover Letter ☒ Resume ☐ Site Application
☐ Other: **Click or tap here to enter text.**

Open House/Information Session? ☒ Yes ☐ No

If yes, please provide more information: *We are happy to meet with interested students who pass an initial screen for fit to provide more information.*

Site Is Available for the Following Semester(s): ☒ Fall ☒ Spring ☒ Summer

Internship Site Provides Compensation/Stipend: ☐ Yes ☐ No ☒ Possibly

Other Relevant Application Information: We are an integrated setting where we are growing our mental health services in close collaboration with the doctors. We are only interested in applicants who are strong students and who are interested in working collaboratively with a growing team. Accepted interns will need to be on the roster of non-licensed psychotherapists with the Office of Professional Regulation prior to starting.

Where (to whom) to submit materials: Catherine E. Burns, Ph.D. at cath.burns@synchronsaic.com

FORM COMPLETED BY

Name: Catherine E. Burns

For office use only:

Date received/updated by the UVM Counseling Program 12/1/2021