Northwest Regional Presentation Days

Saturday, April 4, 2020
Featuring: Action Exhibits, Stage Performances, Photo Exhibits, Table Top Exhibits, Posters, Sewing/Fashion Review, Technology Exhibits, Food Contest, & Maker-Tinker Exhibits

Mt Abraham Union High School
220 Airport Road, Bristol, VT 05443

The following are DUE MARCH 20th in your local Extension office:

1. **Registration form** *(see last page)*

2. Posters, Photos *(photo limit: total of 3 per member)*, Photo Based Designs, Tech Exhibits *(i.e. videos, maker/tinker exhibits)* and all Sewing entries

3. Written reflections *(or Sewing Record Book for clothing/sewing entries)* for all work submitted on March 20th *(see #2 above)*

4. 4-H Exhibit ID Cards *(as required –see below)*

For division details, evaluation criteria, & written reflection forms contact your 4-H Educator or go to: [https://www.uvm.edu/extension/youth/4-h-public-speaking-and-communications](https://www.uvm.edu/extension/youth/4-h-public-speaking-and-communications)

Teens interested in helping at Regional Day should contact their county 4-H Educator.

**NEW DIVISION:**  Smart Shopper
For details *(introductions/overviews and evaluation criteria)* see [https://www.uvm.edu/extension/youth/4-h-public-speaking-and-communications](https://www.uvm.edu/extension/youth/4-h-public-speaking-and-communications)

**NEW: 4-H EXHIBIT ID CARDS**
These cards should be completed and attached to the back of posters, table tops, photos, photo based designs, non-clothing sewing work, and maker/tinker entries and may be found at this link: [https://www.uvm.edu/sites/default/files/media/Exhibit_ID_Cards.pdf](https://www.uvm.edu/sites/default/files/media/Exhibit_ID_Cards.pdf)
Schedule for Regional Day **Saturday April 4th**

(All times are tentative and dependent upon the number of entries.)

8:00  Teen Facilitators Arrive *(Contact your county Educator if you want to be one!)*

8:30-9:00  Registration (and set up of Action, Technology, and Table Top Exhibits)

9:15  Opening Ceremony *(Evaluation of Table Top Exhibits Begins)*

9:30  Stage Presentations*

*Following Stage (for approximately one hour):*

  Viewing of displays: Action Exhibits, Table Top Exhibits, Photography, Quilt and Sewing Exhibits, Tech. Exhibits**, Posters, Photo based design, New Divisions/Challenges

  **Mandatory Fashion Revue Practice*** (Specific time will be announced)

Time will be announced: Fashion Revue, Door Prizes, Awards, and Clean-up

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* **Bring your own device to play music.** A microphone will be available.*

**Bring your own equipment and an extension cord for tech. exhibit displays.**

***If you are also participating in multiple events please make a note on your registration form so we may schedule accordingly AND remind 4-H staff at registration on April 4th.***

> **Bring your own snacks, drinks, and lunch.**

*Note: No food or drink will be allowed in the auditorium or library.*
Door Prizes:
Each club is asked to bring one small door prize (suggested value of $5 to $10.00)

Emblem use:
The 4-H emblem (clover with Hs) is a federally protected mark and only approved marks may be used. Information about acceptable emblem use may be found at this link: https://nifa.usda.gov/sites/default/files/resource/Checklist-Short-Version.pdf
Acceptable emblems to download may be found at this link: http://florida4h.org/about/emblem/clip-art/4-h-emblems/
Note: Hand drawn clovers without Hs are permitted.

Dress Code & Program Content/Expectations
Participants are expected to observe the requirements AND should use the lyric checklist (see page 5).

Teen Facilitators:
Teens are asked to assist with various tasks such as registration, welcome, setting up, etc. Interested teens should contact their county 4-H Educator. Teens should arrive at 8:00 am on April 4th.

Cloverbuds:
Cloverbuds may participate individually or with a group of Cloverbuds. They will not be evaluated but will receive a participation ribbon. Cloverbuds may not be part of a group effort that includes non-Cloverbuds. Cloverbuds cannot participate in State Day. Cloverbud posters, photos, photo based designs, tech exhibits, or sewing will be due in local 4-H offices by March 20th and should be registered (but no written reflection page is required).

Presentation Divisions:
IMPORTANT: For details of expectations and requirements for each presentation division refer to the Evaluation/Criteria Information available on-line at https://www.uvm.edu/extension/youth/4-h-public-speaking-and-communications

NOTE: Communications Contests are prior to Regional Day!
Demonstrations, Public Speaking, and Illustrated Talks will be performed and evaluated prior to Regional Day at County Extension offices (or at suitable nearby spaces). Chittenden County Contest: March 22, 4 pm at 140 Kennedy Dr., S. Burl. Members from other counties should contact their county 4-H Educator to learn the dates and details.

Fashion Revue and Clothing/Textiles Evaluation and Additional Forms:
All garments, Smart Shopper entries, sewing work, and quilts (and records or Written Reflections and, if required or additional forms) are due in your county Extension office by March 20th. 4-Hers who enter garments or smart shopper entries are expected to participate in a Fashion Review at Regional Day

Quilt Display and Non-Garment Sewing Projects: Any quilt or non-garment sewing project by a 4-Her may be exhibited at Regional Day. They are due in local extension offices on the same day as clothing. Sewing records (or a written reflection) should be submitted with sewing projects.

“On the Model” evaluation for GARMENTS AND SMART SHOPPER ENTRIES: date and details TBD. Contact your county 4-H Educator for more information.

GARMENTS SEWN BY 4-Her (for Fashion Review): must be submitted with an 8 ½ x 11 page with a photo of the garment above a narrative that tells about the 4-Her, their garment, and their sewing experiences. All typing must be in 14-point font and double spaced. This may be sent via e-mail. Pattern envelope and instruction sheets (if used), AND clothing records OR Written Reflections must be submitted with garments. An additional completed registration form found at this link is also required: https://www.uvm.edu/sites/default/files/media/4-H_Clothing_Registration_Form_Participant_Rules.pdf

SMART SHOPPER clothing records OR Written Reflections must be submitted with garments and an additional completed registration form found at this link: https://www.uvm.edu/sites/default/files/media/Smart_Shopper_Entry_Form.pdf
STATE DAY INFORMATION:

STATE DAY WILL BE HELD April 25th at the Barre Auditorium.

Contact your 4-H Educator to learn more about this State Day Event

Note: To be considered for Eastern States, an action exhibit must have a minimum of 4 participants in it during 4-H State Day. Not all four participants have to “perform” at the same time. Those with fewer than 4 participants may participate at State Day but will not be considered for Eastern States.

Note: For stage performances that are selected to go on to ESE: The number of participants at ESE may not be more than the number of participants at State Day BUT the members that go to ESE do not have to be the same as those that performed at State Day.

If you have any questions, contact your county 4-H Educator:

Martha R. Edwards Manning
4-H Educator
Franklin/Grand Isle Counties
UVM Extension
(802) 524-6501 ext. 449,
278 S. Main St. Suite #2
St. Albans, VT 05478
Martha.manning@uvm.edu

Rose Garritano
4-H Educator
Chittenden County
UVM Extension
(802) 651-8343 ext 505
140 Kennedy Dr. Suite 201
S. Burlington, VT 05403
rosemarie.garritano@uvm.edu

Martha Seifert
4-H Educator
Addison County
UVM Extension
(802) 388-4969 ext. 335,
23 Pond Lane, Suite 300
Middlebury, VT 05753
Martha.seifert@uvm.edu

If you require disability related accommodations to participate in this program, please let your county 4-H Educator know by March 13, 2020 so we may assist you (contact information is noted above).

Volunteers are needed to help evaluate 4-Her’s work and presentations (prior to Regional Day and the day of the event). Please contact your county 4-H Educator if you are willing and able to help.

Teens interested in helping at Regional Day should contact their county 4-H Educator.

UVM Extension helps individuals and communities put research-based knowledge to work.

University of Vermont Extension, and U.S. Department of Agriculture, cooperating, offer education and employment to everyone without regard to race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or familial status.

Sometimes a great sounding song is not ok for 4-H use because of what the words (lyrics) say or imply. Read your lyrics carefully before you start to practice for a 4-H presentation and use the lyrics checklist (questions below) to see if you should pick another song. If the answer to any question below is “yes” you should pick another song. Suggestion: have at least two adults review the lyrics too using the checklist to make sure you haven’t missed anything.

1. Are swear words used in the song?
2. Is any part of the song about how someone’s body looks?
3. Is any part of the song about sex or sexually suggestive?
4. Is any part of the song about drugs or alcohol?
5. Is any part of the song about risky (unsafe) behavior?
6. Is any part of the song about hurting someone?
7. Is any part of the song about fun of people?
8. Do religious references make it seem like 4-H is a faith based organization?
9. Is the answer yes to any question pick another song!

When in doubt... check with your 4-H Educator OR PICK ANOTHER SONG

Songs deemed inappropriate may make a performance ineligible for State Day or ESE.

From the DRESS CODE & PROGRAM CONTENT/EXPECTATIONS FOR UNIVERSITY OF VERMONT 4-H EVENTS:

Program Content/presentation – Lyrics, costumes, signs, dialogue and other program content should support the positive ideals of the 4-H program. 4-H prides itself on helping young people develop skills for success in life; for example: conflict resolution, solving problems by peaceful methods, modeling respect for all groups of people, and appreciating differences. With this in mind, all activities at University of Vermont 4-H events…….

1. Will discourage the use/display of any items or activities which promote violence. Firearms, archery supplies and other related equipment are permissible when used in an educational context by trained Shooting Sports enthusiasts in a forum which promotes safety.
2. will not promote violence;
3. will not include sexually explicit material or foul language;
4. and will not be degrading to any population
# Registration for Northwest 4-H Regional Day

This form, posters, sewing projects, photos, photo design, and tech. projects along with forms as listed in the chart below are due in your local 4-H office by: **March 20, 2020.** Don’t forget 4-H Exhibit ID Cards if required (see page 1). If you require disability related accommodations to participate in this program, please let your 4-H Educator know by **March 13, 2020** by calling 1-800-571-0668 or emailing Martha.manning@uvm.edu or rosemarie.garritano@uvm.edu or martha.seifert@uvm.edu

<table>
<thead>
<tr>
<th>Name:</th>
<th>Age as of Jan. 1st of current 4-H year:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hometown:</td>
<td>Club:</td>
</tr>
<tr>
<td>E-mail Address:</td>
<td>County:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Check what you are entering</th>
<th>Category</th>
<th>Forms to Include</th>
<th>Title (if applicable)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COMMUNICATIONS:</strong> circle which one(s):</td>
<td>Video Technology</td>
<td>WR*</td>
<td></td>
</tr>
<tr>
<td>Public Speaking</td>
<td><strong>NOTE:</strong> Chittenden County Communications Contest March 22, 4 pm. Members from all other counties should contact their 4-H Educator for contest information.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Illustrated Talk</td>
<td>4-H Promotional Video</td>
<td>WR*</td>
<td></td>
</tr>
<tr>
<td>Team Demonstration</td>
<td>Poster (Individual only!)</td>
<td>WR*</td>
<td></td>
</tr>
<tr>
<td>Tabloquote Exhibit (Individual)</td>
<td><strong>NOTE:</strong> Bring WR to event!</td>
<td>Need electricity? Yes No</td>
<td></td>
</tr>
<tr>
<td>Fun with Food Challenge</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maker/Tinker Exhibit</td>
<td>Maker Tinker Challenge</td>
<td>WR*</td>
<td></td>
</tr>
<tr>
<td>Photo Based Design</td>
<td>Photography</td>
<td>WR*</td>
<td>A “before” photo must also be submitted.</td>
</tr>
<tr>
<td>Clothing/Fashion</td>
<td><strong>NOTE:</strong> Members must also submit pattern envelope and instructions (if used) and an 8 1/2 x 11 sheet with a photo of their garment above a 14pt font narrative for the fashion review. Additional Registration Form also required- see page 3 for details. Check those that apply: If eligible I will attend: ___ State Day ___ Eastern States</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clothing/Fashion</td>
<td>Non-Clothing Sewing Project/Quilt</td>
<td><strong>NOTE:</strong> Members should also submit instructions if used.</td>
<td></td>
</tr>
<tr>
<td><strong>NEW:</strong> Smart Shopper</td>
<td></td>
<td>Additional Registration Form also required- see page 3 for details. Check those that apply: If eligible I will attend: ___ State Day ___ Eastern States</td>
<td></td>
</tr>
<tr>
<td>Individual Stage Presentation</td>
<td>Circle one:</td>
<td>skit, dance, singing, instrumental, other:</td>
<td></td>
</tr>
<tr>
<td><strong>GROUP WORK</strong></td>
<td>Club or Group Work- only one person needs to register for the group.</td>
<td>For club/group entries please list the names of all participants on the back of this form.</td>
<td></td>
</tr>
<tr>
<td>Action Exhibit</td>
<td></td>
<td>Need electricity? Yes No</td>
<td></td>
</tr>
<tr>
<td>Group Stage Presentation</td>
<td></td>
<td>Circle one: skit, dance, singing, instrumental, other:</td>
<td></td>
</tr>
<tr>
<td>Club/Group Table Top</td>
<td><strong>NOTE:</strong> Bring WR to event!</td>
<td>Need electricity? Yes No</td>
<td></td>
</tr>
</tbody>
</table>

*WR (Written Reflection) means you must submit your completed Written Reflection for these categories with your registration **RB means you may submit your completed sewing record book (instead of a Written Reflection).