

4-H MEMBER RECORD



4-H Year: October 1, 20___ to September 30, 20___

Name: _____

Club: _____

Age (as of January 1): _____ County: _____



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University of Vermont Extension, Burlington, Vermont.

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Instructions

- Complete this record book to record things you have done this 4-H year *that are not recorded in a project record book*.
- Keep your Member Record up to date.
 - *Record what you have done in your Member Record (and project records) as the year progresses not at the end of the 4-H year.*

Why Keep Records?

- A completed Member Record is one of the requirements to be a member in good standing.
- Record books help you remember what you have done and accomplished.
- Records help you plan and set goals for what you will do in the future.
- Record keeping is an important life skill that will be useful in your personal life and career.

Member in Good Standing Requirements

Being a member in good standing is required for 4-H recognition and achievement awards, to be eligible for 4-H scholarships, to serve on some 4-H boards, to participate in some Vermont 4-H events or to represent Vermont 4-H at some out of state events. Check with your 4-H Educator for details.

- Attend at least 75% of your club's business meetings.
- Attend at least 75% of the project meetings for each project you do.
- Keep and complete a Member Record and applicable project record books.

Record Book Alternatives

- Modifications to the Member Record book *and* to project record books are permissible and accommodations may be made! Different formats can be used to capture the information asked for in 4-H record books.
- Youth, parents, and/or volunteer leaders should discuss modifications with their county 4-H Educator at the start of the 4-H year or at the start of a project.
- Examples of modifications: someone scribes for a youth as they tell what they have done, a photo journal/scrapbook/power point with captions is created to record participation, a video captures participation, etc.

Leadership

List committees, boards, offices held, events attended or organized. Note: If you are doing a leadership project, please write "See Project Record Book" in the space below.

Leadership Experience/Position	Responsibility/What I Did...

Community Service

Note: If you are doing a community service project, please write "See Project Record Book" in the space below.

Date	Hours	Who I Helped / What I Did...

Presentation/Communication Skills

Remember: This is one of the requirements for a Certificate of Excellence so make sure you list any project presentations here if they are not recorded in your project record book.

Date	Type of Presentation (ex., speech, poster demonstration, tabletop)	Topic (be specific)	Event or Location of Presentation

School & Community Activities

Things I did in my school or town or with other groups (Ex.: band, sports, Scouts, FFA, drama club).

Date(s)	What I Did....

My 4-H Story

This is your chance to describe what 4-H means to you and to tell all about the activities you feel are especially important or noteworthy. Write at least a paragraph in each box or write your story on a separate piece of paper.

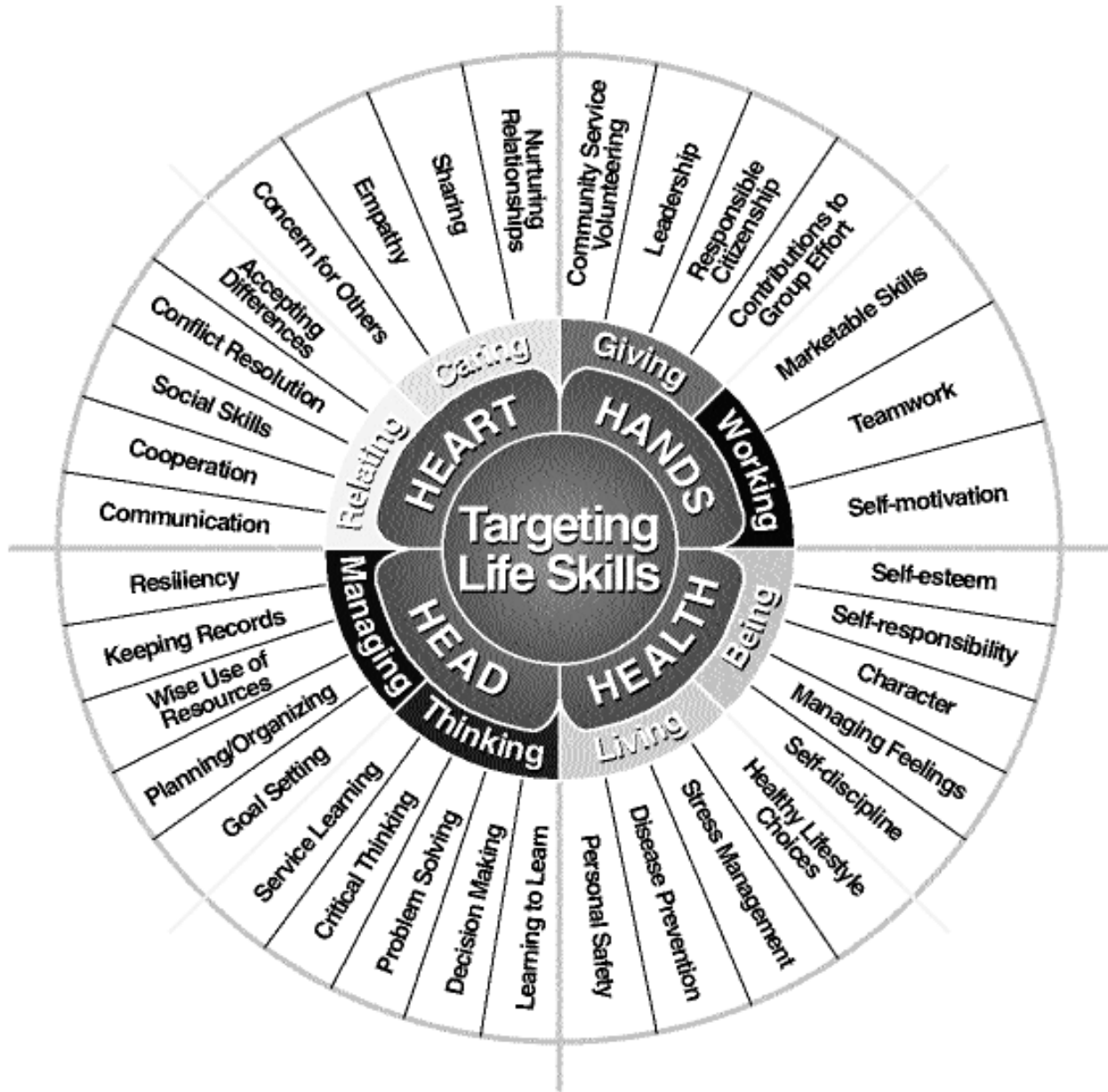
My favorite parts of 4-H this year were....

Some things I would like to do better, improve upon, or do more of next year are...

I learned or improved the following skills through my participation in 4-H this year....

Life Skill Summary

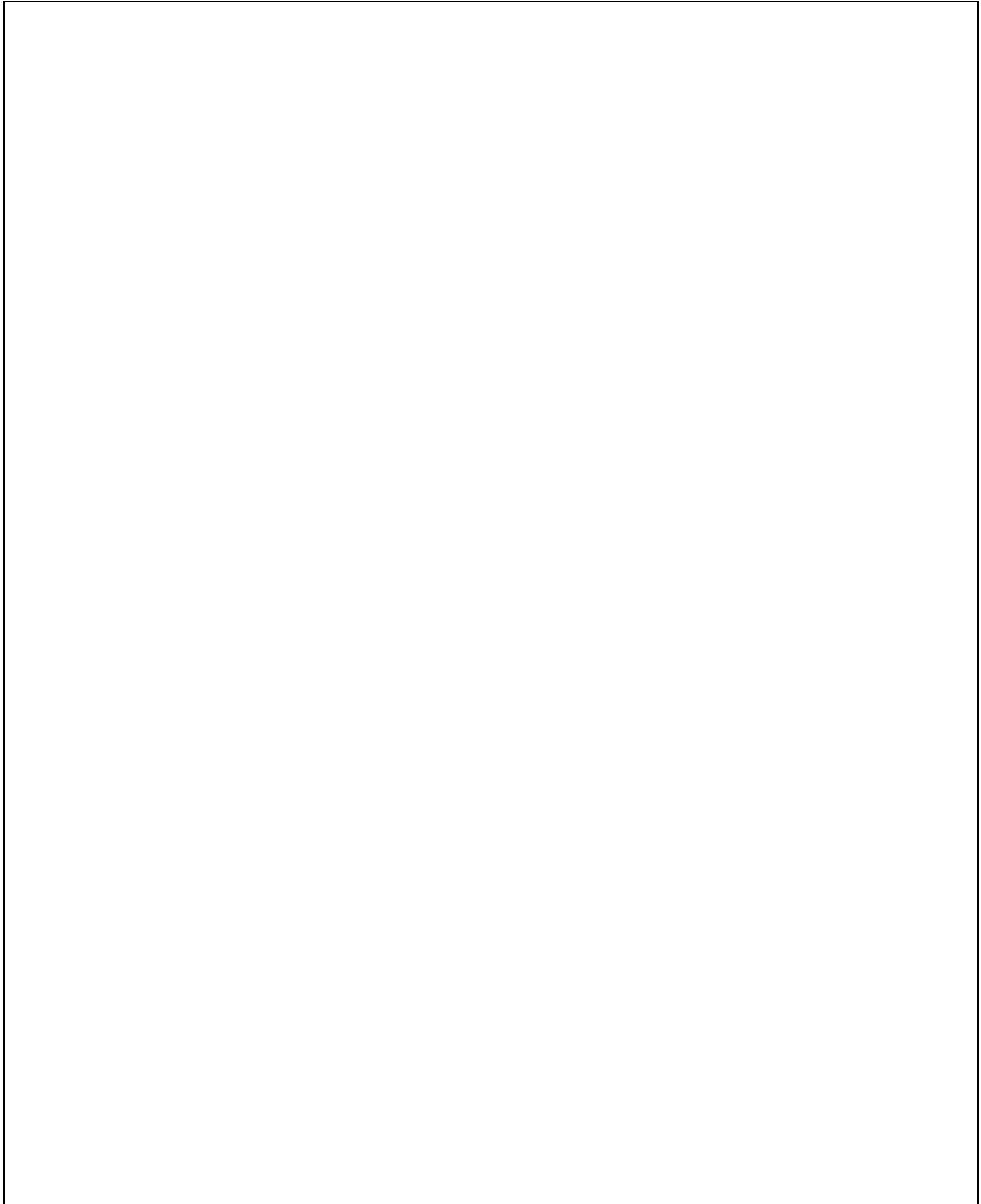
Mark the 3-5 life skills that you learned, practiced, developed or mastered in 4-H this year.



Targeting Life Skills Model by Iowa State University

4-H Memories

Paste pictures of you, your club, drawings, newspaper clippings, letters, awards, or anything related to you and your club this 4-H year. Add additional pages if needed.

A large, empty rectangular box with a thin black border, intended for pasting photos, drawings, or other memories related to the 4-H year.

VERMONT 4-H ACHIEVEMENT APPLICATION

Member Name: _____ Years in 4-H: _____ Club: _____

I certify that I am a member in good standing (I have attended at least 75% of my club's business meetings, and at least 75% of my club's applicable project meetings. I have kept a member record and project record book(s).) **and request recognition as indicated below.**



Signed: _____ (member signature)

For each project, complete the first four columns and check the level of recognition you deserve:

Project(s)	Hours Completed This Year	Project Record Completed?	Total Years in Project	Certificate of Participation *	Certificate of Excellence *	Medal *	Certificate of Continued Achievement *	Leader Recommendation	Educator Approval
	Minimum 6-8 hours	Check = "Yes"	List # of years	<ul style="list-style-type: none"> Project Record completed Spent 6 - 8 hours minimum 	<ul style="list-style-type: none"> Project Record completed Spent more than minimum 6-8 hours Project Presentation outside club level 	<p>Limited to 3 per 4-H member per year</p> <ul style="list-style-type: none"> Meets requirements for Cert. of Excellence and: Participated in project area beyond club level Previous Certificate of Excellence rec'd in project Minimum 2 yrs. in project with educational growth 	<ul style="list-style-type: none"> For medal-level achievement after medal received 	Initials	Initials
List Projects Completed This Year:									

* See 4-H Award System and Rules for complete details on how to receive recognition for each level.