



# Vermont 4-H Afterschool

## 4-H Afterschool

### WHAT IS 4-H AFTERSCHOOL?

4-H Afterschool is a nationwide initiative that has been answering the need for positive youth development during after-school hours since 2002. In Vermont, University of Vermont 4-H has increased the quality and availability of after-school programs in Vermont communities by:

- Creating learning opportunities suitable for any after-school setting.
- Delivering enriching, hands-on curricula.
- Training staff and volunteers to work more effectively with youth.

Vermont 4-H Afterschool comes in many shapes and sizes, from academic enrichment to entrepreneurial and computer clubs. Programs respond to distinct local needs while helping youth reach new levels of social, emotional, physical, and academic success through experiential learning.

### PROGRAM FEATURES:

#### “Learning By Doing” Curricula

4-H Afterschool fosters a unique combination of fun and learning that helps youth develop lifelong skills, such as leadership, critical thinking and teamwork.



4-H Afterschool offers a wealth of research-based, ready-to-use curricula, reinforcing important education milestones, on a wide array of topics, including:

- Communication and expressive arts
- Consumer and family sciences
- Environmental and earth science
- Plants and animals
- Science and technology
- Leadership

#### Building Teams Through Training

Vermont 4-H Afterschool trains after-school providers in child development, discipline and support, health and nutrition, how to recruit and train staff and volunteers, how to involve parents and other community members, and how to market after-school programs to youth.

#### Accomplishing Great Things Together

Nationally, 4-H Afterschool is a collaborative effort of the Cooperative Extension System —state land-grant universities; state and county governments; and the Cooperative State Research, Education, and Extension Service, United States Department of Agriculture — and National 4-H Council.

4-H Afterschool and the JC Penney Afterschool Fund partnered in 2002 to expand and promote 4-H's involvement in after-school programs for youth in communities across America.

In Vermont, the partnership is built on a foundation of collaboration between the University of Vermont, University of Vermont Extension 4-H, state and county 4-H Foundations, and other afterschool partner organizations such as the Vermont Department of Public Education, the Boys & Girls Clubs of America, and the Vermont Out-of-School-Time Network.

