ADMISSION REQUIREMENTS

- Undergraduate degree from an accredited college or university
- Minimum overall GPA of 3.0
- Recommended coursework: Physiology (e.g. Human Physiology, Anatomy & Physiology, Exercise Physiology) and Statistics
- TOEFL (for international students)
- Completed UVM Graduate application

TO APPLY

College of Nursing & Health Sciences
Office of Student Services
(802) 656-3858
cnhsggrad@uvm.edu
www.uvm.edu/cnhs/rms

Contact us today to schedule a visit!
Application deadline: April 1
Degree Details

THE MASTER OF SCIENCE IN PHYSICAL ACTIVITY AND WELLNESS SCIENCE GRADUATE PROGRAM PROVIDES SPECIALIZED TRAINING IN PHYSICAL ACTIVITY PROGRAMMING FOR HEALTHY AND CLINICAL POPULATIONS IN A CITY RECOGNIZED AS ONE OF AMERICA’S HEALTHIEST PLACES TO LIVE.

Graduates of the one-year program are immediately eligible for employment in a wide variety of health care and public health settings and prepared for doctoral and professional programs in public and allied health.

PHYSICAL ACTIVITY AND WELLNESS SPECIALISTS PROVIDE PROGRAMMING AND EDUCATION FOR HEALTHY AND CLINICAL POPULATIONS IN A VARIETY OF SETTINGS AS HEALTH COACHES, CORPORATE WELLNESS COORDINATORS AND PUBLIC HEALTH PHYSICAL ACTIVITY SPECIALISTS.

EXPERIENTIAL OPPORTUNITIES

The Master of Science in Physical Activity and Wellness Science program prepares skilled physical activity and wellness practitioners through exposure to evidence-based content in the development, dissemination, and implementation of physical activity and wellness programming. No formal research or field work is required for the degree, although students may elect to pursue an internship to prepare for specialty certification. The Department of Rehabilitation and Movement Science hosts three teaching laboratories and a newly-renovated 2000 square-foot research suite equipped with state-of-the-art technology.