

Tuesday, 10:30 a.m. – 12:00 noon  
 Carrigan Wing Conference Room

The purpose of MSD Journal Club is to begin preparation for practicing as a RDN. The students will be introduced to core principles of professional practice (ethics, cultural sensitivity, interprofessional/team effort); develop basic skills through application of the nutrition care process; develop an appreciation for system thinking and problem solving; and learn how the RDN can practice through the lens of a sustainable food system.

Class #	ONL or F2F	Module	Goal(s)	Outcomes/Objectives	ONL/F2F Activity	Ongoing Assignments
1 09/03	F2F	Team Science	Learn the basics of team dynamics & how personality styles influence team process	1. Identify your personality style (PSI). Complete this before 1 <sup>st</sup> class. (Distribute during orientation) 2. Describe the impact their PSI will have on group dynamics 3. Reflect on the value of including team science in their professional preparation	1. Think/pair/share re: personality styles in the cohort & how to work effectively as a team 2. Establish team rules	
2 09/10	ONL	Sustainable Food Systems	Appreciate how nutrition professionals can participate in a sustainable	1. Describe how all tiers of the food system connect to assure sustainability 2. Identify	Create a visual depiction of sectors of the food system represented at	

			food system	professional practice opportunities for RDNs in a sustainable food system 3. Illustrate the sectors of the food system that are represented at the Burlington Farmer's Market	the Farmer's Market & through which lens they experienced it	
3 09/17	F2F	Healthy Eating Patterns	Develop working knowledge of 2 evidence-based eating patterns that promote health	1. Summarize the core principles of the DASH and Mediterranean food patterns 2. Identify differences between the DASH and Mediterranean patterns 3. Discuss challenges & barriers to adherence to the food patterns in VT	1. Complete self-evaluation of adherence to Med pattern (MEDAS score) 2. Discuss: which pattern to use with clients & why you selected it	
4 09/24	ONL	Professional Development & Practice Guidance	Understand existing tools that are designed to guide professional RDN practice	1. Summarize the difference(s) between the Scope of Practice, Standards of Practice (SOP) & Standards of Professional	1. Post written reflection on BB: what does all of this mean for you as a practitioner? 2. Complete CDR PDP Step 1	

				<p>Performance (SOPP) for registered dietitian nutritionists</p> <p>2. Explain the relevance of the Scope, SOP and SOPP to professional practice</p> <p>3. Compare the practice competency expectations between competent, proficient &amp; expert practitioners for one focus area of practice (student choice)</p>	<p>3. Submit to Amy (post on BB)</p>	
5 10/01	F2F	Nutrition Care Process	Strengthen application of the ADIME model across all areas of professional practice	<p>1. Define each step of the Nutrition Care Process</p> <p>2. Write an ADIME note on the case study client</p>	Complete Case Study #1: General Nutritional Assessment	
6 10/08	ONL	Healthy Eating & a Sustainable Food System	Consider the balance between healthy food patterns & sustainability	<p>1. Define sustainability</p> <p>2. Discuss environmental impact of healthy food pattern</p> <p>3. Design a healthy food pattern that</p>	On-line discussion based on posted reflections related to the articles	

				supports the principles of a sustainable food system		
7 10/15	F2F	Systems Approach to Improving Health	Understand the value of the socio-ecological model when planning sustainable community health interventions	<ol style="list-style-type: none"> <li>1. Explain the principles of the socio-ecological model</li> <li>2. Describe the factors that contributed to the success of the North Karelia heart health intervention</li> <li>3. Identify how the RDN can participate in/contribute to an intervention at each level of the SE-model</li> </ol>	Brainstorm a community intervention designed to reduce incidence of food insecurity among homeless youth that incorporates all levels of the SE-model with a focus on the role of the RDN	
8 10/22	ONL	Cultural Awareness/Sensitivity/Responsiveness	Recognize the impact of individual cultural awareness on cultural sensitivity & competence	To be determined	TBD	
9 10/29	F2F	Ethics	Apply ethical principles across all areas of	1. Describe the core principles of the Academy of Nutrition	Class discussion related to ethical professional	

			professional practice	& Dietetics (AND) Code of Ethics 2. Justify answers to a sample ethics-related case scenario 3. Provide examples of violations of the UVM Code of Academic Integrity	practice & decision-making	
10 11/05	ONL	Interprofessional Practice	Learn how to function as a member of an interprofessional team	1. List the four core IPEC competencies 2. Provide examples of the RDN role on interprofessional practice teams (all areas of practice) 3. Integrate the IPEC core competencies and ACEND CDRN competencies	Create a visual depiction of the ACEND & IPEC competencies (how they are similar/different, where they overlap, etc)	
11 11/12	F2F	Chronic Disease Burden	Apply principles of MNT to type 2 diabetes in an older man	1. Summarize the MNT basics for type 2 diabetes (with co-morbidity of HTN)	Complete Case Study #13: Type 2 Diabetes in an Elderly Man	Need link to: Diabetes Standards of Care 2019
12 11/19	ONL	Food Insecurity & Access to Food	Increase awareness of the federal food & nutrition assistance programs	1. Identify the factors that contribute to food insecurity 2. Describe the eligibility criteria for and benefits	Students will be assigned one F&N assistance program that they will review and prepare for 10-	

			designed to alleviate food insecurity	provided by federal food and nutrition assistance programs designed to improve access to food 3. Discuss the limitations of federal food and nutrition assistance programs 4. Summarize the role of RDNs in alleviating food insecurity	minute presentation to classmates during the final class meeting	
11/26		No class meeting				
13 12/03	F2F	Wrap-up; What did we learn: Presentations?	Student presentations about the food & nutrition assistance programs	Summarize the strengths & limitations of at least 5 federal food & nutrition assistance programs		

Notes:

- 1) DPD Mentoring: Wednesday, Sept 11, 2:20 p.m. (~10-15 minutes); Aiken 110
- 2) IPE module + orientation: Friday, Sept 13
- 3) Preceptor Meeting: Meet & Greet; Wednesday, November 06
- 4) Mrs. Kim IPE virtual care planning clinics: Nov 04 – 07; Nov 11 – 14
- 5) Weekly journal article discussion facilitators