2019 4-H Leader Trainings

Mark your calendars! This year we are going on the road to bring an afternoon of sharing ideas, learning, and 4-H community to you! We ask that you attend one of the below trainings that is most convenient for you.

January 26— UVM Extension Office, 140 South Kennedy Drive, South Burlington, 05403
February 2—Rutland Regional Medical Center, Conference Room, 160 Allen St, Rutland, 05701
February 16—UVM Extension Office, 374 Emerson Falls Rd, Suite 1, St. Johnsbury, 05819
March 2—UVM Extension Office, 327 US Route 302, Berlin, 05641

All trainings will run from 1-4PM.
Please arrive at 12:45 to check in, enjoy light refreshments, network, & check out the resource table.

The following is a tentative schedule of the afternoon:
12:45-1:00—Check-in and light refreshments
1:00-1:30—Introductions & 4-H Pledge Activity—Hands on activities for your club
1:30-2:30—4-H Fundamentals:
   Going Back to the Basics
   Tips and Tricks to Simplify Your Life as a Leader
2:30-2:40—Break
2:40-3:10—The Brain Game: Why Your Mentorship Matters to Youth in 4-H!
3:10-3:30—Don't Get Stuck in the Web: Navigating Web Based Resources
3:30-4:00—Networking and Social Time

UVM Extension helps individuals and communities put research-based knowledge to work.
**Directions**

**UVM Extension—S. Burlington, 140 Kennedy Drive, Suite 201, South Burlington, VT 05403**
From Williston Road turn on to Kennedy and travel, approximately .7 miles and your destination will be on your right.
From Shelburne Road take I-189 toward I89/Airport (1.5 miles). Take exit toward Dorset/Airport .2 miles. Continue straight on Kennedy .8 miles and 140 Kennedy will be on your left (you will go straight, through two light systems).

**Rutland Regional Medical Center, 160 Allen Street, Rutland, VT 05701**
From Route 7 turn on Allen St (across from the Vermont State Fairgrounds), go .6 miles turn right and parking for the CVPS/Leahy Health Education Conference Center will be on your left. The entrance to the conference center is near this parking area. Look for 4-H signs to help guide you.

From I-91, take exit 21. Take a left turn on US-2 West. Go .8 miles and take a right on to the North Danville RD.
Then take your immediate right onto Emerson Falls RD. Go down Emerson Falls Rd approximately 120 ft. (river and falls on your left) to the bottom of the hill. To your right there will be a large parking lot for the UVM Extensions St. Johnsbury office and on your left another building (not our office). Park in large parking lot on your right and the entrance to the office is visible right in the front of the building.

**UVM Extension Office—Berlin, 327 US Route 302, Suite 1, Barre, VT 05641**
** If using a GPS to obtain directions to the Berlin Office, please input the city/town as Berlin, not Barre.
From Interstate 89 North or South: Take I-89 Exit 7. Merge onto VT Route 62 toward US Route 302 (1.9 miles). Take the slight right onto Berlin State Highway - the lane that indicates toward Montpelier (1.1 miles). Be in the right lane at bottom of hill, turn right onto US Route 302 East (1.3 miles). 327 US Route 302 is on the right side, just after SW Rental.

East from US, Route 2 West/VT Route 14 West: Follow US Route 2 West until the roundabout. Take the second exit of the roundabout onto US Route 302 East. Follow US Route 302 about two miles. 327 US Route 302 is on the right side, just after SW Rental.
Registration

Name: ___________________________ Club ________________________________

Email: __________________________ Phone: ________________________________

To register, please select the one date you would like to attend:

____ January 26—UVM Extension Office, 140 South Kennedy Drive, South Burlington, 05403
RSVP by January 21st to Mary Fay at mary.fay@uvm.edu or 802-651-8343 or 1-800-571-0668.
To request a disability-related accommodation to participate in this program, please contact Mary Fay at the above
contact information by January 4, 2019 so we may assist you. Snow date will be held on Sunday, January 26.

____ February 2—Rutland Regional Medical Center, Conference Room, 160 Allen St, Rutland, 05701
RSVP by January 28th to Mary Fay at mary.fay@uvm.edu or 802-651-8343 or 1-800-571-0668.
To request a disability-related accommodation to participate in this program, please contact Mary Fay at the above
contact information by January 11, 2019 so we may assist you. Snow date will be held on Sunday, February 3.

____ February 16—UVM Extension Office, 374 Emerson Falls Rd, Suite 1, St. Johnsbury, 05819
RSVP by February 11th to Mary Fay at mary.fay@uvm.edu or 802-651-8343 or 1-800-571-0668.
To request a disability-related accommodation to participate in this program, please contact Mary Fay at the above
contact information by January 25, 2019 so we may assist you. Snow date will be held on Sunday, February 17.

____ March 2—UVM Extension Office, 327 US Route 302, Berlin, 05641
RSVP by February 25th to Mary Fay at mary.fay@uvm.edu or 802-651-8343 or 1-800-571-0668.
To request a disability-related accommodation to participate in this program, please contact Mary Fay at the above
contact information by February 8, 2019 so we may assist you. Snow date will be held on Sunday, March 3.

Registrations can also be sent via USPS to:
UVM Extension
Vermont 4-H Program
140 Kennedy Drive, Suite 201
South Burlington, VT 05403
Att: Mary Fay

We look forward to seeing you!

www.uvm.edu/extension/youth