Leadership Washington Focus (LWF) is the only national leadership development experience designed exclusively for 4-H’ers entering grades 7-9 in the Fall of 2019. The program takes place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. Middle school delegates will:

⇒ Build confidence in their ability to motivate and direct others in meaningful action.
⇒ Practice effective communication with others through group discussion and public speaking.
⇒ Work with others to create and accomplish goals.
⇒ Develop an understanding of their own personal leadership style.
⇒ Exchange ideas, practice respect, and form friendships with other 4-H’ers from across the nation.
⇒ Experience hands-on learning using the historical backdrop of Washington, D.C.

**Registration Procedure:**
Register online at www.uvm.edu/extension/youth/announcements or complete the paper registration form. All registrations must be received no later than January 15, 2019 with a $500 non-refundable deposit.

Cost will be approximately $1500-$1700 and your local county 4-H Foundation may provide partial scholarships for you to participate. We also have a “Fundraising Ideas for LWF” document on our website that you should review if you plan to fundraise for this trip. The cost is approximate as there are still some expenses not yet secured (e.g., airfare) and may vary. This cost covers transportation by air from Burlington International Airport, housing at the 4-H Center, program activities and most meals. Please note: It is your responsibility to get to and from the Burlington International Airport. More information about the program can be found at http://4-h.org/parents/leadership-washington-focus/.

If you require a disability-related accommodation to participate in this program, please contact the 4-H Office at 866-260-5603 no later than January 15, 2019 so we may assist you.

**Contact:**
Lauren Traister, Teen & Leadership Program Coordinator, 1-866-260-5603 x 402 or lauren.traister@uvm.edu.

www.uvm.edu/extension/youth
REGISTRATION FORM

Register online at www.uvm.edu/extension/youth/announcements or complete this form and return with a $500 non-refundable deposit.

All registrations must be received no later than January 15, 2019.

Make checks payable to “University of Vermont.”

Legal Name (first, middle, last): __________________________________________________________________________

Address:_________________________________________________________ City/Town:_______________________________________

Zipcode:______________ County:_________________________ Phone: ___________________ Date of Birth: _________

Your Email:___________________________________________________________________________________________

Years in 4-H: ____________  Club: ________________________________________________________________________

Parent/Guardians: ____________________________________________________________________________________

Parent’s Email:_______________________________________________________________________________________

Member in good standing? ___yes ___no * Gender: ____________________ * Grade (Fall 2019):____________

T-shirt size: _____adult x-small  ____adult small  _____adult medium  _____adult large  _____adult x-large

On a separate sheet of paper please type the answers to the following questions:

(1) Why would you like to attend Leadership Washington Focus?

(2) Describe your most important leadership experience in 4-H.

(3) What are some of your future goals in 4-H?

To request a disability-related accommodation to participate in this program, please contact Lauren Traister, Teen & Leadership Program Coordinator, at 1-866-260-5603 x 402 by January 15, 2019 so that we may assist you.

________________________________                                        __________________________
Member Signature                        Date

________________________________                                        __________________________
Parent/Guardian Signature                  Date

Please return no later than January 15, 2019 with payment to:

Lauren Traister, Teen & Leadership Program Coordinator
UVM Extension, 29 Sunset Drive, #2, Morrisville, VT 05661
Check payable to “University of Vermont.”

www.uvm.edu/extension/youth