

## Role of Cover Crops in Nutrient Cycling and Soil Health





Sustainable Agriculture Research & Education



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### **Overview**

- Soil organic matter role in nutrient cycling
- Pools of soil organic matter
- Cover crop role in nutrient cycling
  - Nitrogen retention
  - Nitrogen supply
- Nitrogen contributions from soil organic matter



### Soil Organic Matter (SOM) improves soil health by directly influencing other soil components





# Healthy soil has structure and can support life

#### SOM Role in Nutrient Cycling

- Soil Particle Aggregation
  - Water Flow/Absorbance
  - Support Organisms
  - Root Growth
- Nutrients and Carbon Supply
- Chelates
- Cation Exchange Capacity
  - Clays = 50-150 meq/100 g
  - Humus ≥ 200 meq/100 g



Low SOM Poor Structure High SOM Good Structure



## Soil animal photos from bio@biois.com

Scanning electron micrographs from www.micropedology.uni-bremen.de

## **Soil Organic Matter Pools**

## • Labile SOM - 5-20% of SOM

- Simple compounds
- Principal energy source
- Changes rapidly

## • Stable SOM - 60-90% of SOM

- Stable structure, adsorbed to clay, protected in aggregates
- Changes slowly











# Build Healthy Soil by diversifying SOM inputs





## Soil Organic Matter and Cover Crops

Cover crops can add 1 to 5 tons organic matter/acre/yr Leads to significant increases in %OM over time





# Plant certain types of cover crops based on your goals



#### <u>Grasses</u>

Annual ryegrass: nitrogen scavenger, erosion prevention, weed suppression



#### <u>Legumes</u>

Crimson clover: nitrogen source, erosion prevention



Photos: Edwin Remsberg

#### <u>Brassicas</u>

Forage radish: erosion prevention, weed suppression, soil compaction reduction



# Legume Crops



- Fix and Supply Nitrogen
  - Root nodules
  - Plant available form
- Low C:N
  - ~3.5 to 4% N before flowering
  - ~3 to 3.5 % N after flowering
- Prior to N demanding crop
- Low biomass production
- Inoculate seeds



## Brassica Crops (broadleaves)



Photo: Edwin Remsberg and USDA-SARE

- Deep taproots
   Biodrilling
- Radish and Canola respond to high N soils
- Scavenge N
   Produce less biomass
- Winterkilled or planted in early spring
  - $\circ$  NO<sub>3</sub> leaching
  - Good in mixes



## **Cereal Crops/Grasses**



- Fibrous Roots
- High C:N
  - ~ 2 to 3 % N before flowering
  - ~1.5 to 2.5 % N after flowering
- Nitrogen Retention

   Control NO<sub>3</sub> leaching
- A lot of above ground biomass
- Between Summer Annuals
   Corn Cover Soybean



## **Species Characteristics Affect N Retention**



# Cover crop species usually have a tradeoff between N supply and N retention



Cover crop biomass carbon:nitrogen ratio influences N supply



#### C:N ratio of cover crop residues regulates N supply vs. N tie up



#### Corn Yield Declined with Increasing C:N Ratio of Cover Crop



#### Across sites and cover crop treatments, N retention and supply were controlled by interrelated factors





#### Key Takeaways for Nitrogen Management with Cover Crop Mixtures

#### To prevent nitrate leaching:

- For every 3 ppm soil nitrate-N at cover crop planting, add 10 %pts to the seeding rate of winter-hardy grasses
- Fill in remaining seeding rate to 100% with legumes or other species of interest



#### **Example** 12 ppm nitrate-N = 40% winter-hardy grass seeding rate

#### To maintaining N supply to next crop:

- Non-legumes decrease N supply, but this can be offset by high soil organic matter
- To achieve high levels of both N retention and N supply, maintain low fall soil nitrate levels and/or increase SOM levels



### Graphical Decision Support Tool: CC & SOM Credited N-Recommendation

- Developed a tool based on trials through PA
- Calculates:
  - N contribution from CCs and SOM based on site-specific measurements
  - Adjusted fertilizer recommendation to achieve yield potential
- Fall GDD at cover crop planting
- Spring GDD at cover crop termination

Soil Organic Matter (%)	
2.7	2.7
Fall Soil Nitrate-N (ppm)	
20	20
Fall Growing Degree Days (degree F, base 32)	
580 580	
Spring Growing Degree Days (degree F, base 32)	
1020	1



## Calculating CC-credited N-rates

- 35 lbs N applied as manure
  - Determined from testing and availability factors
- 69 lbs N/ac minus 35 lbs manure-N = 34 lbs N/ac

22



![](_page_22_Picture_5.jpeg)

## **Nitrogen Rate Comparisons**

## In Corn Silage (following Rye CC)

- 22 T/ac Yield Potential
  - Agronomy Guide 100 lbs N / ac
  - $_{\circ}~$  CC Tool 34 lbs N / ac
  - PSNT 83, 54, & 0 lbs N / ac

## In Corn Grain

- 160 Bu/ac Yield Potential
  - CC Tool 0 lbs N / ac
  - PSNT 90 lbs N / ac
- All N applied as 30% UAN on July 6<sup>th</sup>

![](_page_23_Picture_11.jpeg)

## **Evaluation**

- To evaluate corn N sufficiency throughout the season:
  - Ear leaves were sampled at tasseling (VT) to determine N concentrations.
  - Late-season corn-stalk nitrate testing was conducted at ½ milkline stage.
  - Corn silage and grain yields were measured.
- Means comparisons using PROC Mixed
  - Treatment as fixed effect, Block as Random Effect

![](_page_24_Picture_7.jpeg)

## **Corn Silage Results**

## Corn Silage Yield

![](_page_25_Figure_2.jpeg)

![](_page_25_Picture_3.jpeg)

## **Corn Silage Results**

![](_page_26_Figure_1.jpeg)

![](_page_26_Picture_2.jpeg)

## **Corn Silage Results**

#### Late Season Corn Stalk Nitrate

![](_page_27_Figure_2.jpeg)

![](_page_27_Picture_3.jpeg)

## **Corn Grain Results**

![](_page_28_Figure_1.jpeg)

![](_page_28_Picture_2.jpeg)

## **Corn Grain Results**

#### Ear Leaf-N Concentration at VT

![](_page_29_Figure_2.jpeg)

![](_page_29_Picture_3.jpeg)

## **Corn Grain Results**

![](_page_30_Figure_1.jpeg)

![](_page_30_Picture_2.jpeg)

## Conclusions

- CC Tool recommended N fertilizer rate was sufficient to meet the needs of a no-till corn silage and corn grain crops
- The CC Tool recommended N rate was lower than both the Agronomy Guide recommendation and the PSNT recommendation,
  - Highlights need/opportunity to credit the N contribution of cover crops and soil organic matter.

![](_page_31_Picture_4.jpeg)

## Summary

- SOM is important in improving both physical and biochemical aspects of nutrient cycling
- Cover crop management strategies depend on goals and should be tailored to site specific conditions
- N retention and supply determined largely by cover crop C:N, soil fall NO<sub>3</sub>- supply, and SOM
- SOM and cover crop residue contributions need to be considered for effective nutrient management

![](_page_32_Picture_5.jpeg)

## Thank You Kristy Borrelli kab617@psu.edu

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