

**Requirements**

HLTH 099	Motivational Interviewing for the Integrative Health and Wellness Coach	3
HLTH 199	Integrative Health and Wellness Coaching Skills Lab	3
HLTH 299	Integrative Health and Wellness Coaching Practicum	2
HLTH 098	Restore, Rejuvenate, Energize	1
One course from the following:		
CSD 299	Autism Spectrum Disorders: Issues in Assessment and Intervention	3
COMU 122	Family Wellness Coaching	3

View the UVM Course Directory for descriptions and availability. This certificate is available to students in all majors.