BIODIVERSITY & LIVESTOCK WELLBEING



Juan Alvez (PhD) UVM Extension, Center for Sustainable Ag. Pasture Program

Project Team (alphabetical):



Jimmy Aruzamen Research Technician (DMV)



Dr. Juan Alvez Pasture Technical Coord. Center for Sustainable Agriculture, UVM Extension



Melissa Bainbridge Ph.D. Candidate Dept. of Animal & Veterinary Sciences



Dr. John Barlow Assistant Professor Dept. of Animal & Veterinary Sciences



Guy Choiniere Choiniere Family Farm



Dr. Jana Kraft Assistant Professor Dept. of Animal & Veterinary Sciences



Emily Golf Student Dept. of Animal & Veterinary Sciences



Dr. Joe Roman Research Assistant Professor Rubenstein School of Env. & Natural Resources



UVM REACH Office of the Vice President for Research

Sponsors



Robert Mugabe Ph.D. Candidate Dept. of Animal & Veterinary Sciences





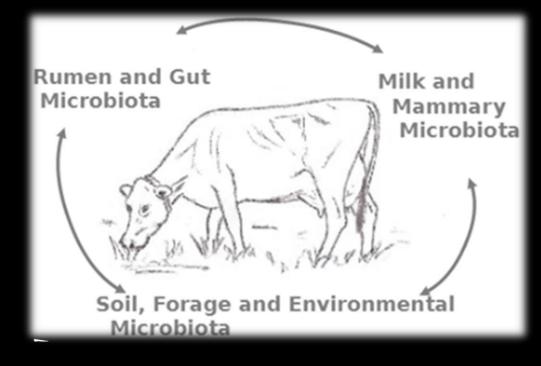


Road Map

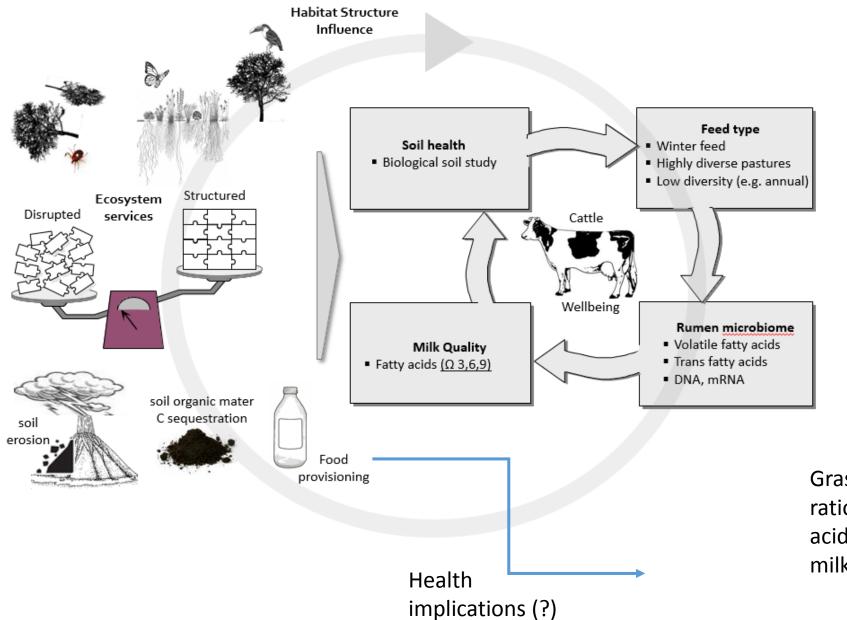
Rationale

- **o** Biodiversity crisis
- \circ Soils
- Forages
- \circ Animals

• Highgate Study



×it .



"organic milk healthier, because it has a more favorable balance of (ω -6 & ω -6) fatty acids"

Grass-fed organic milk average has ratio of (ω -6) fatty acid to (ω -3) fatty acid of 2.3, whereas conventional milk had an average ratio of 5.8.

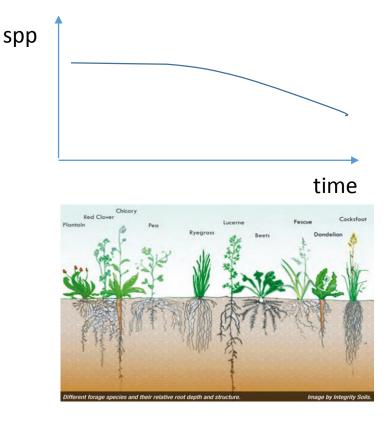
Benbrook, et al. (2013) PLoS1

Reasons for Studying Biodiversity Effects...

- ✓ 1. We are losing it! What is the value of it?
 - Massive extinctions (Primm et al. 1995)
 - Benefits of conserving biodiversity 100:1 (Balmford et al. 2002)
 - Dilution Effect (Bonds et all. 2012 PLOS1; Levi et. al 2012)

✓ 2. Forage diversity

- Higher productivity & C storage (*Tillman, et al. 2001*)
- Monotony: animals stop eating! (acidosis, amonia)
- Tanins (BFT 13x less Ecoli) vs. alkaloids (TF, Alf. Brome)
- ✓ 3. Soil health
 - Trophobiosis (Chaboussou)
 - Ethilene/O2 Fe3 -> Fe2 (Widdowson)
 - Biocenosis



Scope of the study: Samples and Analyses

- Hay and TMR: for quality analysis, while cows were in barn
- **Forages**: (pre & post grazing, quality, botanical composition, pasture monitoring, 3 main spp);
- Grazing behavior and activity: monitoring systems with electronic data loggers
- **Bacteriological**: (nose, hock, udder skin swabs)
- Rumen fluid: (pH, fatty acids, dna to determine microbiome)
- Feces: weekly, individual samples.
- Milk (pH, to check fatty acids from diet, other).
- Soil: one sample /paddock where cows grazed. Earthfort (OR) & Woodsend lab (ME).

3 Diets



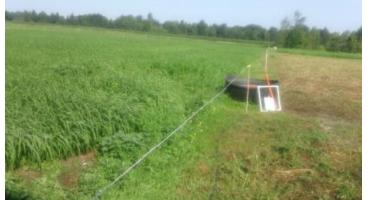
DIVERSE NE COOL SEASON PASTURES (2x, 4 wk grazings)

Section Chan

PEARL MILLET (2x, 4 wk grazings)













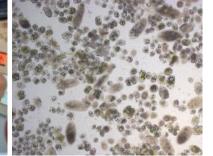








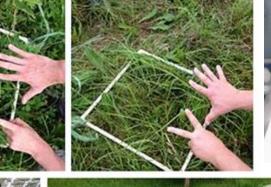
























Biological Analysis Soil

| Report prepare | d for: | | | | | | | | |
|----------------------------|--------------------------------|---------------------------|---|------------------------|--|-------------------------|------------------------------------|--|-------|
| UVM Center for | Sustainable Ag | | For interpretation of this report please contact: | | | | | | |
| Juan Alvez | | Sa | | Earthfort Labs | | | | | |
| 23 Mansfield Av | e | info@earthfort.com | | | | | | | |
| Burlington, VT (| 05401 USA | (541) 257-2612 | | | | | | | |
| | | (| | | | | | | |
| jalvez@uvm.edu | <u>u</u> | Consulting fees may apply | | | | | | | |
| Organism Biomass Data | Dry Weight | Active Bacteria (µg/g) | Total Bacteria (µg/g) | Active Fungi (µg/g) | Total Fungi (µg/g) | Hyphal Diameter (µm) | Classified by type | (# per gram or # p and identified to ge , no nematodes ide | enus. |
| Results | 0.740 | 73.8 | 785 | 7.85 | 427 | 2.85 | Bacterial Feeders | 0.72 | |
| Comments | In Good Range | Below range | Above range | Below range | In range | | Cephalobus | | 0.24 |
| Expected Low | 0.45 | 75 | 300 | 75 | 300 | | Eucephalobus Prismatolaimus | | 0.05 |
| Range High | 0.85 | 150 | 600 | 150 | 600 | | Rhabditidae | | 0.19 |
| | P | rotozoa (Number | s/q) | Total | Mycorrhizal C | olonization (%) | Fungal/Root Feeders Aphelenchus | 0.03 | 0.03 |
| | Flagellates | Amoebae | Ciliates | Nematodes #/g | ENDO | ECTO | Root Feeders Heterodora | 0.21 Cyst nematode | 0.05 |
| Results | 18733 | 62243 | 374 | 0.96 | Not Ordered | Not Ordered | Longidorus | Needle nematode | 0.03 |
| Comments | Good | Good | High | Low | | | Paratylenchus | Pin nematode | 0.13 |
| Expected Low | 10000 | 10000 | 0 | 10 | 10% | 10% | 1 | | |
| Range _{High} | 100000 | 100000 | 200 | 20 | 50% | 50% | | | |
| Organism Biomass Ratios | Total Fungi to Tot.Bacteria | Active to Total Fungi | Active to Total Bacteria | Act.Bacteria | Nitrogen Cycling Potential (lbs/ad | c) | | | |
| Results | 0.54 | 0.02 | 0.09 | 0.11 | 100-150 | | 1 | | |
| Comments | Low | Low | Low | Low | | | | | |
| Expected Low | 1 | 0.25 | 0.25 | 1 | | | 1 | | |
| Range High | 2 | 0.95 | 0.95 | 2 | | | | | |

| UVM Center fo | r Sustainable Ag | Report Sent: 6/5/2014 | | | | |
|-------------------|------------------------------|---|--|--|--|--|
| Juan Alvez | | Sample#: 01-118763 S | | | | |
| 23 Mansfield A | ve | Unique ID: Cool | | | | |
| Burlington, VT | 05401 USA | Plant: Pasture | | | | |
| | | Invoice Number: 11197 | | | | |
| jalvez@uvm.ee | du | Sample Received: 5/29/2014 | | | | |
| Dry Weight: | Within normal moisture le | vels. | | | | |
| Active Bacteria: | Bacterial activity low, food | ls may be required. | | | | |
| Total Bacteria: | Excellent bacterial biomas | 55. | | | | |
| Active Fungi: | Fungal activity low, foods | may be required. | | | | |
| Total Fungi: | Good fungal biomass. | | | | | |
| Hyphal Diameter: | Good balance of fungi. | | | | | |
| Protozoa: | Nutrients are being cycleo | d and made available to plants in good rates. | | | | |
| Total Nematodes: | Low numbers, low diversi | ty, root feeders present. | | | | |
| Mycorrhizal Col.: | | | | | | |
| TF/TB: | Too bacterial for some pa | sture grasses | | | | |
| AF/TF: | Low fungal activity, foods | may be required. | | | | |
| AB/TB: | Low bacterial activity, foo | ds may be required. | | | | |
| AF/AB: | Bacterial dominated, beca | oming more bacterial. | | | | |
| | | | | | | |

Interpretation Comments:

Actinobacteria Biomass = 9.29 ug/g Farily good fungal diversity; hyphal diameter 1.5 to 5um.



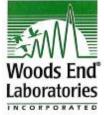
Biological Analysis Soil

| Report prepare UVM Center for Juan Alvez 23 Mansfield Av Burlington, VT jalvez@uvm.ed Organism | Sustainable Ag 'e 05401 USA | Sar Unic Invoice No | ue ID: Mill Plant: Pasture umber: 11197 ceived: 5/29/2014 | 34 Submission:(| 01-023883 Total Fungi | Hyphal | Earthfort Labs info@earthfort.com (541) 257-2612 Consul | of this report please on ting fees may apply (# per gram or # pel | |
|--|-----------------------------------|---------------------------|--|-------------------|--|------------------|--|---|----------------------|
| Biomass Data | Dry Weight | (µg/g) | (µg/g) | (µg/g) | (µg/g) | Diameter (µm) | Classified by type | and identified to gen , no nematodes ident | us. |
| Results | 0.770 | 68.7 | 597 | 10.4 | 465 | 2.9 | Bacterial Feeders | 3.62 | |
| Comments | In Good Range | Below range | In range | Below range | In range | | Cephalobus | | 1.14 |
| Expected Low | 0.45 | 75 | 300 | 75 | 300 | | Diploscapter Eucephalobus | | 0.40 |
| Range High | 0.85 | 150 | 600 | 150 | 600 | | Monhystrella | | 0.07 |
| | D | otozoo (Numbor | | Total | Muserrhizel C | alonization (0/) | Panagrolaimus | | 0.13 |
| | Flagellates | otozoa (Number Amoebae | ciliates | Nematodes #/g | ENDO | ECTO | Rhabditidae Zeldia | | 1.61 |
| | riagenates | Amoebae | Ollates | Nernatoues mg | LINDO | LOIO | Fungal Feeders | 0.07 | 0.07 |
| Results | 5981 | 36007 | 359 | 4.22 | Not Ordered | Not Ordered | Discolaimus | | 0.07 |
| Comments | Low | Good | High | Low | | | Fungal/Root Feeders Aphelenchus | 0.20 | 0.07 |
| Expected Low | 10000 | 10000 | 0 | 10 | 10% | 10% | Ditvlenchus | Stem & Bulb nematode | 0.07 |
| Dango | 100000 | 100000 | 200 | 20 | 50% | 50% | Filenchus | | 0.07 |
| Range High | | | | | 50% | 5076 | Root Feeders | 0.33 | |
| Organism Biomass Ratios | Total Fungi to Tot.Bacteria | Active to Total Fungi | Active to Total Bacteria | Act.Bacteria | Nitrogen Cycling Potential (Ibs/ad | :) | Paratylenchus Pratylenchus Xiphinema | Pin nematode Lesion nematode Dagger nematode | 0.20 0.07 0.07 |
| Results | 0.78 | 0.02 | 0.12 | 0.15 | 100-150 | | | | |
| Comments | Low | Low | Low | Low | | | | | |
| Expected Low | 1 | 0.25 | 0.25 | 1 | | | | | |
| Range High | 2 | 0.95 | 0.95 | 2 | | | | | |

| UVM Center to Juan Alvez 23 Mansfield A | r Sustainable Ag | Report Sent: 6/5/2014 Sample#: 01-118764 |
|---|------------------------------|---|
| | | Unique ID: Mill |
| Burlington, VT | 05401 USA | Plant: Pasture |
| | | Invoice Number: 11197 |
| jalvez@uvm.ee | | Sample Received: 5/29/2014 |
| Dry Weight: | Within normal moisture le | vels. |
| Active Bacteria: | Bacterial activity low, food | ls may be required. |
| Total Bacteria: | Good bacterial biomass. | |
| Active Fungi: | Fungal activity low, foods | may be required. |
| Total Fungi: | Good fungal biomass. | |
| Hyphal Diameter: | Good balance of fungi. | |
| Protozoa: | Lacking species diversity. | |
| Total Nematodes: | Low numbers, good diver | sity, root feeders present. |
| Mycorrhizal Col.: | | |
| TF/TB: | Too bacterial for some pa | sture grasses |
| AF/TF: | Low fungal activity, foods | may be required. |
| AB/TB: | Low bacterial activity, foor | ds may be required. |
| AF/AB: | Bacterial dominated, beco | oming more bacterial. |
| | | |

Interpretation Comments:

Actinobacteria Biomass = 8.93 ug/g Farily good fungal diversity; hyphal diameter 1.5 to 5.5um.



Innovative Soil Testing since 1975

290 Belgrade Road P.O. Box 297 Mount Vernon, ME 04352 207 293 2457 for more information: lab@woodsend.org

Other

Avail-N

II Nitrate

n Amino

| For. | | | | | F | | | 00.40 | |
|---|-----------------------------------|--|----------------|---------|----------|-----------------------------|----------------------|---------------|------------|
| tion Alien | | | | 8 | Lab ID: | 9136.0 | Acct No: | 2849 | |
| Juan Alvez UVM - Extension | | | | | Sample: | | Soil: M | 1-2 | |
| 23 Mansfield Ave | | | | | Sample | Received | 11/3/2014 | | QAQC: |
| Burlington, VT | | 05452 | | | | | 11/24/2014 | i | CB |
| builington, vi | | | 1 | í í | 1 | | Hay-Unimp | | |
| | | | | 8 | | | | | |
| Tested Factors | Symbol | UNITS | Level Found | Rating | | Test Inter | pretations | | Rating |
| Total Soluble N | Grg-N + NOD-N - MH4-N | ppm § | 29.8 | ML | | Soil Heal | | 26.2 | н |
| Nitrate-N fraction | NO ₃ -N | ppm | 10.6 | M | | (updated 1) | 0-15-2014} | LUIL | 11 - St. 1 |
| Water Extract Org. C | Carg | C-ppm | 252 | M | | Soluble 0 | N Ratio | 8.5 | ML |
| SLAN Amino-N | NH ₂ -N | N-ppm | 198 | м | | | | 0.0 | |
| | | | | | | Solvita CO2 | -Burst ppm | 30.3 | L |
| Phosphate (P') | P | lb/a | 107 | VH | | Microbial | ly Active | | |
| Potassium | K+ | lb/a | 384 | н | · · · · | Carbon- | Second Second Second | 12% | L |
| Calcium | Ca++ | lb/a | 1724 | MH | 1 | Micro Ag | gregate | 001 | 100 |
| Iron | Fe++ | ppm | 80 | ML | | Stat | | 9% | VL |
| Aluminum | AI 3+ | ppm | 180 | L | | | - | | - |
| Availability Factors | 10.0 | - FP-55 | | | | | | | 26 J |
| Nitrogen (N-min+Avail) | | lb/a | 67 | M | Solu | ble Nitrogen | i ib/a | Nitrog | n Sources |
| Phosphorus P2O5 | | lb/a | 247 | VH | | ET | | - | 10 |
| Potassium K ₂ O | | lb/a | 461 | н | 25 | | | | |
| | | | | | 1000 | | | 1000 | |
| Indicator Factors | | | | | | 60 | | 100 | |
| P-Saturation | | P/(AI + Fe) | 20.7 | н | | | Soluble N | | 198 |
| Fe+Al (acidity indicate | JT) | ppm | 260 | L | | | | 1 | |
| Calcium Saturation | | Ca/(Fe+Al) | 3.32 | VH | | Nitrati | e-N fraction | | |
| Nutrient Calculation | s, Value | as \$/acre av | vailable | | | | | | |
| N + P ₂ O ₅ + K ₂ O | / acre | \$ 317 | an many | | Extra | ctable Cation: | 5. IV | ficrobially A | |
| Nutrient Requirement | nts | Nitrogen | Phosphate | Potash | | | Ca++ | Carbon | |
| Hay-Unimproved | Ibs/acre | none | none | none | 26% | | II K+ | | 3 |
| | | 50 | 25 | 25 | 10 | STREET | # M8++ | | 121 |
| assumed total nutrient require | | None | | | 118 | Left Mar | m Na+ | - | |
| Limestone Requirement | | STOCKED AND IN | | | | | mind7 | | Total |
| Limestone Requirement | ecomme | | | | | | Alett | | |
| Limestone Requirement USDA Cover Crop R >Bas | ecomme ed on Soil H | lealth Score of: | | | 65 | | Alett | - | Respir |
| Limestone Requirement USDA Cover Crop R | ecomme ed on Soil H | | | | 65 | | # Alt++ | | Respi |
| Limestone Requirement USDA Cover Crop R >Bas Mix Recommended: | ecomme ed on Soil H nmended | lealth Score of: 100% Gras | | | 65 | | a Alere | | Respi |
| Limestone Requirement USDA Cover Crop R >Bas Mix Recommended: Fall Cover Crop Recom | ecomme ed on Soil H nmended | lealth Score of: 100% Gras | | МН | 6% | | 6.98 | M | Respir |
| Limestone Requirement USDA Cover Crop R >Bas Mix Recommended: Fall Cover Crop Recon Optional Tests (included | ecomme ed on Soil H nmended | lealth Score of: 100% Gras un Soll Test) | iS | MH H | 65 | er | | мок | Respir |

SOIL HEALTH TOOL PREMIUM TEST

US * Soil Health Test Traits All nutrients in Soil Health Tool Extract (H3A), "Effective CEC = H3A extr. Al+Ce+Mg+K+Na; optional SOM by LOI @360°C Methods: Soil Health Tool, USDA-ARS Temple TX; Soil Test Procedures for the NE USA Bulletin #493, Univ of DE; VT Aluminum Index



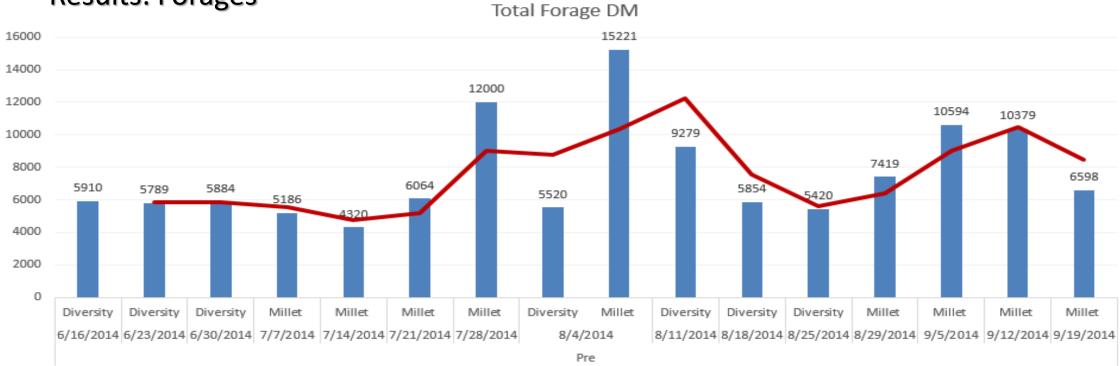
Innovative Soil Testing since 1975

290 Belgrade Road P.O. Box 297 Mount Vernon, ME 04352 207 293 2457 for more information: lab@woodsend.org

| | | | 1000 | | | IUM TE | | | |
|--|--|--|---|----------|----------|----------------------------|--------------|---------------|-----------------|
| For: | | enonneu v | war 03D/ | ANDA | ISA EXUA | ction weth | 100 | | |
| POI, | | | | | Lab ID: | 9136.1 | Acct No: | 2849 | |
| Juan Alvez | | | 12 | 36 - C | | | | | |
| UVM - Extension | | | | | Sample: | | Soil: Bn S | side R | |
| 23 Mansfield Ave | | | | | Samo | le Received | 11/3/2014 | | QAQC: |
| Burlington, VT | | 05452 | | | | | 11/24/2014 | 1 | |
| Durini Gront, V 1 | | DUTIOL | | | | Contraction and the second | Hay-Unimp | | |
| | | | 10000000 | | - | | | | |
| Tested Factors | Symbol | UNITS | Level Found | Rating | | Test Inter | pretations | | Rating |
| Total Soluble N | Org-N + NO3-N + NH4-N | ppm § | 28.2 | ML | | Soil Hea | Ith Score | 29.0 | н |
| Nitrate-N fraction | NO ₃ -N | ppm | 6.8 | L | | (updated 1 | 0-15-2014) | 22.9 | 1 M |
| Water Extract Org. C | Corg | C-ppm | 268 | м | | Soluble (| N Ratio | 9.5 | ML |
| SLAN Amino-N | NH ₂ -N | N-ppm | 198 | M | | opinio s | | 2.0 | 033323 |
| | | | | | | Solvita CO2 | -Burst ppm | 34.7 | L |
| Phosphate (P') | P | lb/a | 74 | н | | Microbia | lly Active | 13% | 1 |
| Potassium | K+ | lb/a | 215 | MH | | Carbon | "MAC" | 13.40 | |
| Calcium | Ca++ | lb/a | 841 | L | | Micro Ag | gregate | 31% | MH |
| Iron | Fe++ | ppm | 90 | ML | | Stat | pility | 51.70 | WIT |
| Aluminum | AI 3+ | ppm | 244 | M | | | | | |
| Availability Factors | | | | | Sol | ble Nitrogen | lb/a | Nitroe | en Sources (ppr |
| Nitrogen (N-min+Avail) | | lb/a | 64 | M | | | | | 7 |
| Phosphorus P ₂ O ₅ | | lb/a | 169 | н | 1 | and the second second | | 1 | 21 |
| Potassium K ₂ O | | lb/a | 259 | MH | | | | | |
| Indicator Factors | | | | | | | | 1955 | |
| P-Saturation | | P/(Al + Fe) | 11.0 | н | | 56 | 0000000 | 1 | 198 |
| Fe+Al (acidity indicat | 00 | ppm | 334 | Ľ. | | Total. | Soluble N | | 100 |
| Calcium Saturation | 01) | Ca/(Fe+Al) | 1.26 | MH | | Nitrat | e-N fraction | - | |
| Nutrient Calculation | is, Value a | | and the second se | 2 | | | | | |
| N + P ₂ O ₅ + K ₂ O | / acre | \$ 204 | | | Đ | tractable Cati | ons M | Acrobially A | |
| Nutrient Requireme | nts | Nitrogen | Phosphate | Potash | | | Ca++ | Carbo | n |
| in a stantent requireme | lbs/acre | rione | none | none | 1 | | K+ | | Q |
| Hay-Unimproved | No. of Contract of Contract | 50 | 25 | 25 | 4765 | 314 | #Mg++ | | |
| Hay-Unimproved (assumed total nutrient require | | | - | | 1.00 | | II Na+ | 87% | |
| Hay-Unimproved (assumed total nutrient require Limestone Requirement | lbs/acre | None | | | | | # Inde | | Total |
| Hay-Unimproved (assumed total nutrient require Limestone Requirement USDA Cover Crop F | t Ibs/acre Recommen | ndations | | 111 | | | | | |
| Hay-Unimproved (assumed total nutrient require Limestone Requirement USDA Cover Crop F >Bar | t Ibs/acre Recomment sed on Soil H | ndations ealth Score of | | 414.3 | 24 | 5% | ■ Al+++ | | Respired |
| Hay-Unimproved (assumed total nutrient require Limestone Requirement USDA Cover Crop F >Ba: Mix Recommended | t Ibs/acre Recomment sed on Soil H | ndations | | | 2% | 5% 10% | ■ Al+++ | ~ | Respired |
| Hay-Unimproved (assumed total nutrient require Limestone Requirement USDA Cover Crop F >Bar Mix Recommended Fall Cover Crop Record | t Ibs/acre Recommen sed on Soil H mmended | ndations ealth Score of 100% Gras | | | 28 | 5N 10N | ■ Al+++ | | Respired |
| Hay-Unimproved (assumed total nutrient require Unestone Requirement USDA Cover Crop F >Ba: Mix Recommended Fall Cover Crop Recor Optional Tests (included | t Ibs/acre Recommen sed on Soil H mmended | ndations ealth Score of 100% Gras m Soil Test) | 15 | Mu | | | | MI | Respired |
| Hay-Unimproved (assumed total nutrient require USDA Cover Crop F >Ba: Mix Recommende Fail Cover Crop Recor Optional Tests (included Soil Organic Matter | t Ibs/acre Recommen sed on Soil H mmended | ndations ealth Score of 100% Gras m Soil Test) LOI % | 5.1 | MH | pH in Wa | ter | 6.75 | ML | Respired |
| Hay-Unimproved (assumed total nutrient require Unestone Requirement USDA Cover Crop F >Ba: Mix Recommended Fall Cover Crop Recor Optional Tests (included | t Ibs/acre Recommen sed on Soil H mmended | ndations ealth Score of 100% Gras m Soil Test) | 15 | MH MH | | ter im (lb/a) | | ML OK H | Respired |

USDA Climate Zone Used for this report: 4b Ratings: VL=Very Low, Very High * Soil Health Test Traits All nutrients in Soil Health Tool Extract (H3A), **Effective CEC = H3A extr. Al+Ca+Mg+K+Na; optional SOM by LOI @360° C Methods: Soil Health Tool, USDA-ARS Temple TX; Soil Test Procedures for the NE USA Bulletin #493, Univ of DE; VT Aluminum Index

Results: Forages



Millet DM (ave): 8,531 Kg/ha (7,618 lbs/A)

Diverse DM (ave): 6,227 Kg/ha (5,561 lbs/A)

| Botanical Composition | | | | | | | | | |
|--|------------------------------|---------------------------|--|--|--|--|--|--|--|
| Grasses (67.3%) | Forbs (10.8%) | Legumes (14.8%) | | | | | | | |
| Orchard grass, Timothy, Ryegrass, June grass, Meadow | Platain, Dandelion, Burdock, | White clover, Red clover, | | | | | | | |
| fescue, Brome grass, Bent grass, Quackgrass, Kentucky Blue grass and Millet (treatment monoculture) | Milkweed, Bull Thistle | Common Vetch. | | | | | | | |

Pasture and soil biology between Diverse and Millet

- Excellent overall pasture forage production and management
- Soils were covered (D, p<0.01)
- Adequate manure and trampling (D, p<0.01)
- Adequate moisture distribution (D, p<0.01)
- Grazed at mature stage (D, p=0.05)
- More earthworms and insects (D, but n/s)

Diverse NE cool season forage soils were not different than Millet soils

Monoculture vs. a Diverse Pasture on Milk Fatty Acids

M. Bainbridge, J. Barlow, J. Roman, J. Alvez, and J. Kraft



Media report health benefits of milk fatty acids

The Washington Post

Scientists have found another reason we should be drinking more whole milk

By Peter Whoriskey October 29

The New York Times

December 9, 2013

More Helpful Fatty Acids Found in Organic Milk

By KENNETH CHANG

Whole milk from organic dairies contains far more of some of the fatty acids that contribute to a healthy heart than conventional milk, scientists are reporting.

THE HUFFINGTON POST

Got (Organic Whole) Milk? New Study Says It's Healthier

Posted: 12/18/2013 12:55 pm EST Updated: 02/17/2014 5:59 am EST

But a <u>new study</u>, led by Washington State University researcher Dr. Charles Benbrook, examined nearly 400 samples of organic and conventional milk over an 18-month period, and found that organic milk contained significantly more healthy omega-3 fatty acids than conventional milk. The researchers also found that whole milk was even higher in omega-3 fatty acids than low fat or fat free versions.

High omega-3 and CLA contents are advertised on products from grass-fed cows









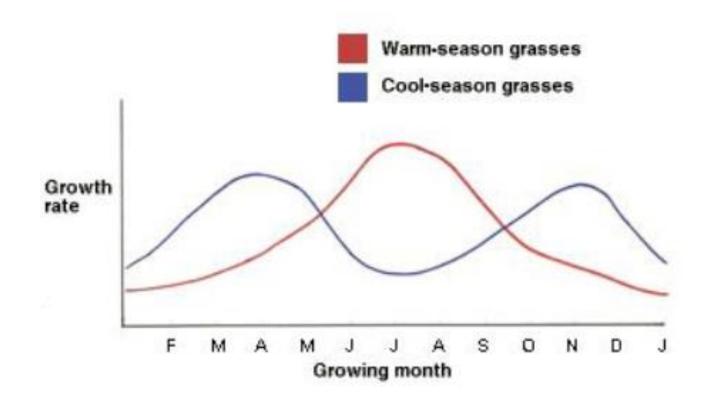
Desired milk fat composition changes

- Increase Polyunsaturated Fatty Acids (PUFA)
 - Particularly the omega-3 fatty acid **α**-linolenic acid (ALA)
- Increase Conjugated linoleic acids (CLA)
- <u>Decrease</u> Saturated fatty acids (SFA)

Ruminants must ingest PUFA for CLA and omega-3 fatty acids to be secreted in milk (CLA are derived from 18:2 and 18:3)



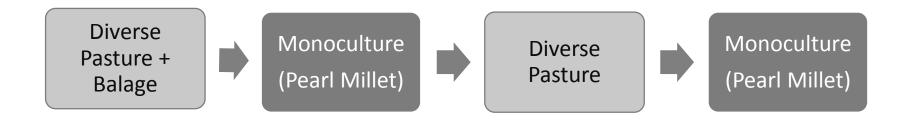
Grazing warm season annuals could produce more forage during hot months



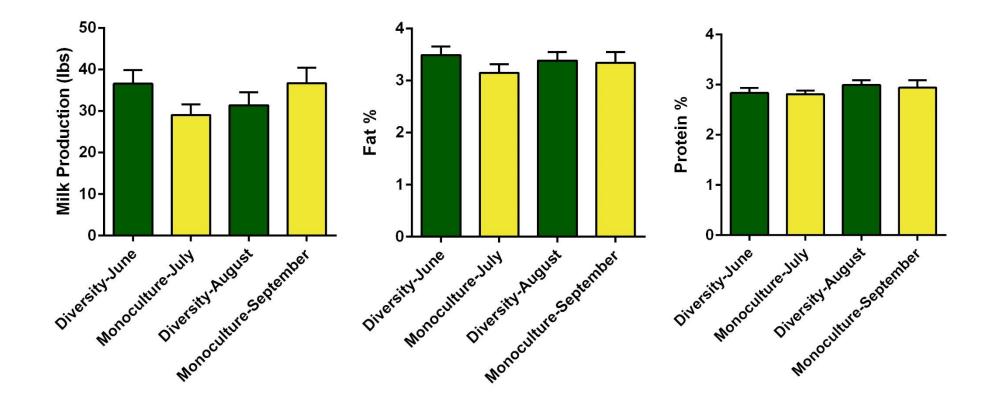
Study Design







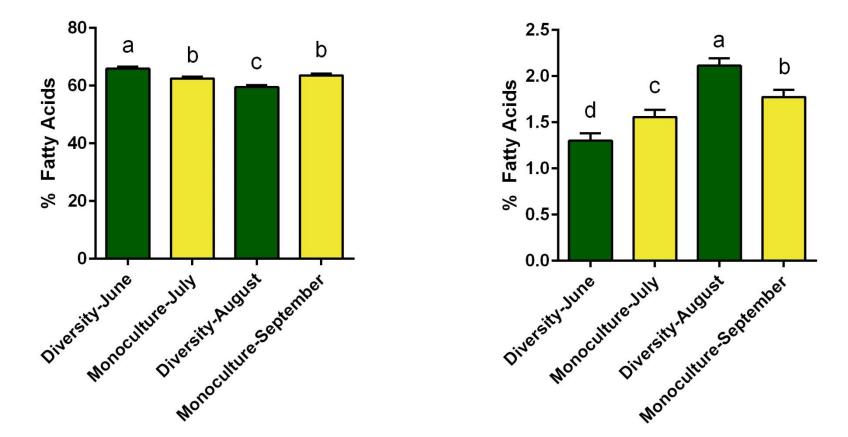
There is no difference in milk production, fat %, or protein % between the two pasture types



CLA are highest in milk when cows graze exclusively on a diverse pasture

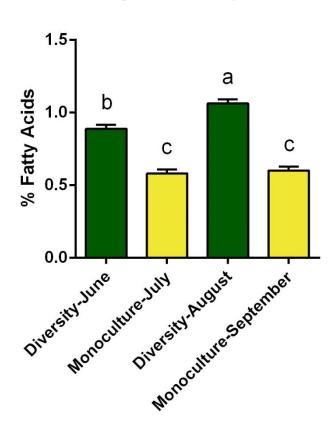
SFA





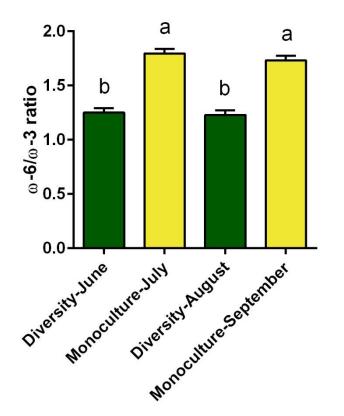
Means without a common letter differ significantly.

Omega-3 fatty acids in milk are higher when cows graze a diverse pasture vs. a monoculture of pearl millet



Omega-3 fatty acids





Means without a common letter differ significantly.

Take home message

- Grazing a pearl millet monoculture vs. diverse pasture had no effect on milk production, or milk fat and protein percentages.
- The content of omega-3 fatty acids and CLA was highest when grazing only a diverse pasture (no supplemental balage).
- Future research is looking into the rumen microbes and their effects on the fatty acid profile of milk.

Questions?



Activity monitoring for pasture-based dairy cattle

- Optimizing lying time is important to ensure
 - Good welfare and cow comfort
 - Good production
- Optimizing rumination time is important to ensure
 - Rumen health
 - Good production

Visual observation is the "gold standard"

Time consuming Labor intensive

Continuous electronic monitoring systems offer alternatives



Grazing activity (via Hobo accelerometers)

1. Assess <u>lying time and frequency</u> using accelerometers as a potential proxy for grazing activity to estimate forage intakes, grazing behavior and rumen health.

2. demonstrate how real-time monitoring of grazing behavior and forage intakes allow farmers' to optimize forage utilization, rumen activity, and milk composition.



Activity and rumination monitoring

Wireless sensor and radiofrequency devices on identification tags

- Activity monitors for animal movement/behavior

Accelerometers

- Cow comfort assessments influence of housing
- Estrus / heat detection
- Health status metritis detection; mastitis detection before clinical signs
- Rumination monitors

Microphone and vibration recording

Some commercially available systems

 Hobo Pendant G Accelerometers

(research applications)

 Heatime (SCR) Accelerometers and sound recorders

(commercially available)









Check with any major AI stud service or milking systems company

Source - http://extension.psu.edu/animals/dairy/news/2015/choosing-an-activity-system-for-your-dairy

Methods:

• 8 cows fitted with Hobo data loggers for 5 x 14 day periods from June to September while grazing 2 different pasture types





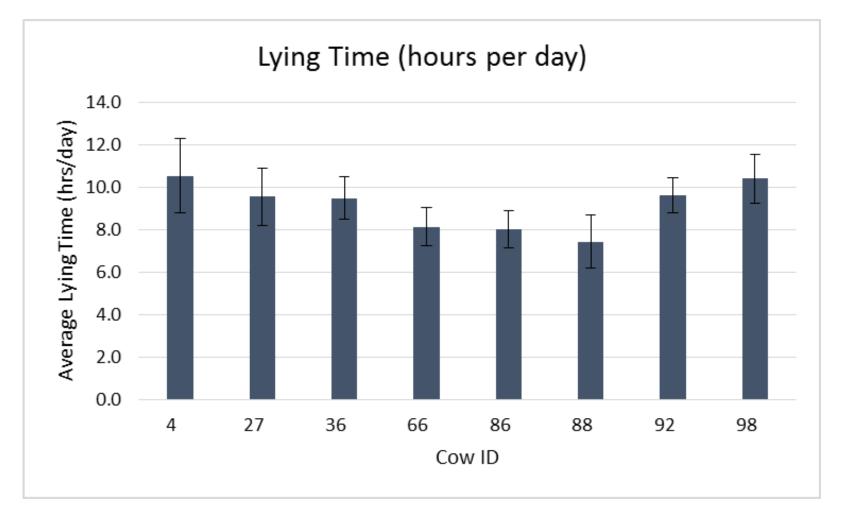
Results:

Average lying time 9.2 hrs per day

No effect of pasture type on lying time

Differences among cows in lying time

Higher producing cows had longer average lying times



Discussion or Questions





Acknowledgements:

NESARE Grant UVM REACH Grant