

## CURRICULUM VITAE

**RACHEL KLINE JOHNSON, PhD, MPH, RD, FAHA**  
**Robert L. Bickford, Jr. Green and Gold Professor of Nutrition**  
**Professor of Medicine**

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### EDUCATION

The Pennsylvania State University, 1988-1991  
Major: Nutrition Degree: Doctor of Philosophy  
Dissertation - The Effect of Maternal Employment on the Quality of Young Children's Diets

The University of Hawaii, 1978-1980  
Major: Public Health Nutrition Degree: Master of Public Health

The Indiana University Medical Center, 1975  
Dietetic Internship - Registered Dietitian - #403138.

The Pennsylvania State University, 1971-1974  
Major: Nutrition Emphasis: Medical Dietetics Degree: Bachelor of Science

### EMPLOYMENT

2011 – present **Robert L Bickford, Jr. Green and Gold Professor of Nutrition**  
Appointed to the Bickford Green and Gold endowed professorship in the College of Agriculture and Life Sciences, Department of Nutrition and Food Science, University of Vermont, Burlington, VT.

2005 - Present **Professor of Pediatrics**  
College of Medicine, Department of Pediatrics, University of Vermont, Burlington, VT.

2015 – 2016 **Visiting Research Scientist.**  
The University of Hawai'i Cancer Center. Honolulu, HI.

2000 - 2011 **Professor of Nutrition**  
College of Agriculture and Life Sciences, Department of Nutrition and Food Science, University of Vermont, Burlington, VT.  
Appointment includes research, teaching, advising, and service. Research interests include nutrition policy, pediatric nutrition, the use of national nutrition surveys and dietary assessment methodology.

**2009 – 2011 Associate Provost**

Provost's Office, University of Vermont, Burlington, Vermont.  
Responsible for university-wide faculty recruitment, promotion and tenure, faculty mentoring and professional development.

**2003 - 2008 Dean**

College of Agriculture and Life Sciences, University of Vermont, Burlington, VT.  
Director of the Vermont Agricultural Experiment Station, University of Vermont.  
Responsible for the administration of an approximate 25 million dollar annual budget for the College.

**2004 – 2009 Senior Nutrition Advisor *EatingWell Magazine***

Provide consultation on nutrition content for *EatingWell Magazine*, a national magazine of food and health with a circulation of approximately 600,000 paid subscribers.

**2001 - 2003 Acting Dean**

College of Agriculture and Life Sciences, University of Vermont, Burlington, VT.

**2000 - 2001 Associate Dean for Research**

College of Agriculture and Life Sciences, University of Vermont, Burlington, VT.  
Associate Director of the Vermont Agricultural Experiment Station, University of Vermont.  
Responsible for the administration of an approximate 5.5 million dollar annual research budget for the College.

**1998 - 1999 Interim Associate Dean**

College of Agriculture and Life Sciences, University of Vermont, Burlington, VT.

**1996 - 2000 Associate Professor**

Department of Nutrition and Food Sciences, University of Vermont.  
Appointment included teaching and advising, research, and service. Teaching responsibilities included Life Cycle Nutrition and Community Nutrition.

**1997-1998 Visiting Research Associate**

Dunn Clinical Nutrition Centre, Darwin College, University of Cambridge, England.

**1991- 1996 Assistant Professor**

Department of Nutritional Sciences, University of Vermont, Burlington, VT

**1983 - 1988 Director of Nutrition Services**

Shriners Hospital, Honolulu, Hawaii  
Responsible for all nutrition services for this orthopedic pediatric hospital.

**1982 - 1988 Consultant Dietitian**

Nuuanu Hale Hospital, Honolulu, Hawaii.  
Consultant for dietary department operations and nutrition care of patients in this skilled nursing facility.

**1983 - 1988 Adjunct Faculty**

University of Hawaii, Department of Food Science and Human Nutrition. 1986 - 1988

**Clinical Instructor**

University of Hawaii, School of Public Health.

**1980 - 1982 Instructor - Public Health Nutrition Program**

University of Hawaii, School of Public Health, Honolulu, Hawaii.

**1978 - 1980 Director of Dietary Services**

Kahuku Hospital, Kahuku, Hawaii.

**1978 - 1979 Nutrition Consultant**

Neighborhood Infant Development Program, Kaneohe, Hawaii. Rehabilitation program for developmentally delayed children.

**1978 Clinical Dietitian**

Tripler Army Medical Center, Honolulu, Hawaii.

**1976 - 1977 Staff Dietitian**

West Florida Hospital, Pensacola, Florida.

**PROFESSIONAL ACTIVITIES****National Academy of Sciences**

National Academy of Sciences - Institute of Medicine. Committee to Review WIC Food Packages. 2014 - 2017.

National Academy of Sciences - Institute of Medicine Panel on the Dietary Reference Intakes for the Macronutrients. Appointed by the President of the National Academy of Sciences - Institute of Medicine. 1999 - 2002.

**Federal Appointments**

White House Convening on Food Marketing to Children – invited by First Lady Michelle Obama and the Let's Move Initiative. September 18, 2013.

President's Council on Fitness, Sports and Nutrition Science Board – appointed by the President of the United States. 2011-2014.

U.S. Food and Drug Administration (FDA) - appointed by the Commissioner of FDA to the Additives and Ingredients Subcommittee - Food Advisory Committee. 2001 - 2005.

U.S. Department of Agriculture / U.S. Department of Health and Human Services Dietary Guidelines Scientific Advisory Committee - appointed by the Secretaries of USDA and DHHS and the U.S. Surgeon General. 1998 - 2000.

## **American Heart Association**

American Heart Association Nutrition Committee 2006-2016. Vice Chair 2010-2012, Chair 2102-2014, Past-Chair 2014 – 2016.

American Heart Association National Media Spokesperson 2009-present.

American Heart Association / Robert Wood Johnson Foundation / Voices for Healthy Kids. National spokesperson, 2013 - present.

American Heart Association Corporate Relations Committee 2014 - present.

Elected as a Fellow of the American Heart Association (FAHA). This distinction recognizes scientific and professional accomplishments and volunteer leadership and service to the AHA. 2012.

**Academy of Nutrition and Dietetics (AND)** - Member 1975 - present.

### **AND National Activities**

Nominating Committee – Nationally elected member 2006-2009.

Food and Nutrition Conference and Exposition Program Planning Committee 2004-2006.

Task Force to develop ADA's position on the 2005 Dietary Guidelines for Americans and the USDA Food Guide Pyramid.

Board of Directors - Nationally elected Director-At-Large 2002-2004.

Commission on Dietetic Registration - Nationally elected member of the credentialing body for ADA 1999-02. Chair - Competency Assurance Panel 2000-01, CDR Chair 2001-2002.

Council on Professional Issues - Nationally elected delegate representing research 1996-1999, Chair 1998-99.

Health Services Research Committee 1997-1999.

Task Force for federal child nutrition legislation reauthorization 1997-98.

Task Force to restructure the *Journal of the American Dietetic Association* 1997-1998.

Legislative and Public Policy Committee of the Board of Directors 1996-1997.

Champion Team for Health Care Reform 1993-96 (Co-Chair 1994-96).

Committee to write the Specialization Exam for Board Certification in Pediatric Nutrition 1993.

### **AND Pediatric Nutrition Practice Group Activities**

Grants and Awards Committee 1996-97.

Secretary 1993-96.

Scholarship Committee 1990-93 (Chair 1992-93).

### **AND State Activities**

Vermont Dietetic Association - Legislative Network Coordinator 1992-96.

Hawaii Dietetic Association -

ADA House of Delegates - Elected delegate for the state of Hawaii - 1986-88.

President-elect 1982-83, President 1983-84.

Awards Chairman 1985-86.

Community Nutrition Chair 1981-82.

## **Others**

Food Day Advisory Board – Center for Science in the Public Interest. 2010 – present.

Pennsylvania State University – Department of Nutritional Sciences. External Advisory Board Member, 2013 – 2015.

Vermont National Guard Charitable Foundation Board 2009-2012.  
Pennsylvania State University - Nutrition & Dietetics Alumni Society Advisory Board 2005-2009.  
American Medical Association Expert Committee on the Assessment, Prevention and Management of Child and Adolescent Overweight and Obesity 2005 - 2007.  
American Society for Nutrition Sciences - Member 1992 to present, nationally elected member of the Nominating Committee 2000-01.  
Center for Research on Vermont - Member 1993 to present.  
Vermont Cancer Center - Associate Member 1992 to present.  
Advisor, Penn State Student Dietetic Association 1988-90.  
Board of Directors, Hawaii Breastfeeding Resource Center - 1985-87.  
Board of Directors, Windward Children's Center - 1986-88.

## **EDITOR APPOINTMENTS**

*Elevate Health* – 2016 – 2019. Editor-in-Chief. Research Digest of the President's Council on Fitness, Sports and Nutrition.

*Circulation* – 2012 – present. Associate Editor. Official publication of the American Heart Association - ranks #1 among journals in the Cardiac & Cardiovascular Systems category.

## **EDITORIAL BOARD APPOINTMENTS**

*Elevate Health* (formerly *Research Digest*) – 2012 – 2015. Associate Editor. Research publication for the President's Council on Fitness, Sports and Nutrition.

*Nutrition Today* - 1999 - present

*Nutrition Bulletin*, 2000 - present - Official publication of the British Nutrition Foundation

*The Journal of the American Dietetic Association*, 1995 - 2001 - Official publication of the American Dietetic Association.

*American Journal of Health Studies*, 1997 - Guest Editorial Review Board for special issue on nutrition and health.

## **AD HOC REVIEWER**

*British Journal of Nutrition* - Official publication of the British Nutrition Society

*British Medical Journal* - Official publication of the British Medical Society.

*Diabetes Care* - Official publication of the American Diabetes Association.

*International Journal of Obesity*

*Health Affairs* –the leading journal of health policy thought and research.

*Obesity Research* - Official publication of the North American Society for the Study of Obesity

*Pediatrics* - Official publication of the American Academy of Pediatrics

*Preventive Medicine*

*The American Journal of Clinical Nutrition* - Official publication of the American Society of Nutrition Science

*Journal of the American College of Nutrition*

*The Journal of the American Dietetic Association* - Official publication of the American Dietetic

Association

*The Journal of Child Nutrition and Management* - Official research publication of the American School Food Service Association

*The Journal of Nutrition* - Official publication of the American Institute of Nutrition

*The Journal of Nutrition Education* - Official publication of the Society for Nutrition Education

*The Journal of Pediatrics*

*Family Economics and Nutrition Review* - published by the U.S. Department of Agriculture

*The Lancet*

*Manual of Pediatric Clinical Dietetics* - published by the American Dietetic Association, 1997.

## **SCIENTIFIC REVIEW PANELS**

USDA/WIC Center for Collaborative Research on WIC Nutrition Education Innovations. Grant Review Panel Member 2014.

National Institutes of Health Study Section - Improving diet and physical activity assessment, Member 2005 and 2006, Chair 2007 and 2008.

Dairy Management Incorporated/ National Dairy Council Nutrition Research Scientific Advisory Committee – 2006-2014, Chair 2007 and 2009.

USDA Agriculture Research Service – Nutrition Research Program, 2006.

USDA Agricultural Research Service National Program Panel - Nutrition Monitoring and Food Composition, 2003.

National Technical Advisory Committee, Dairy Management Incorporated, 1999-2001.

USDA Food Assistance and Nutrition Research Program, 1999, 2000.

USDA Small Business Innovation Research Competitive Research Grants, 1995.

Vermont Cancer Center - pilot project awards 1996, 1997.

## **HONORS, AWARDS, SCHOLASTIC FELLOWSHIPS AND SCHOLARSHIPS**

Awarded the distinction of Fellow of the American Heart Association (FAHA) – 2012.

Invited Commencement speaker, The University of Vermont December 15, 2012.

Outstanding Alumni Award - Nutrition and Dietetics Alumni Society, Pennsylvania State University, 2004.

University Scholar - The University of Vermont 2003.

American Dietetic Association Foundation Award for Excellence in Dietetic Research 2001.

Outstanding Dietitian of the Year - Vermont Dietetic Association 2001.

ADA 1998 Huddleson Award - best paper published in the *Journal of the American Dietetic Association* during 1997.

The University of Vermont College of Agriculture & Life Sciences Bickford Scholar Award 1998.

The University of Vermont College of Agriculture & Life Sciences Joseph E. Carrigan Award for Excellence in Undergraduate Teaching 1995.

The Pennsylvania State University Alumni Society College of Health and Human Development Emerging Professional Award 1994.

Golden Key National Honor Society Honorary Member 1994.

ADA Pediatric Nutrition Practice Group Published Research Award 1993.

ADA Recognition of Service Award 1993, 94, 95, 96, 97.

Kraft General Foods Fellowship 1990-91.

Penn State College of Health and Human Development Grace Henderson Award 1990.

ADA Glenda Bible Scholarship 1990-91.

General Foods Fund Fellowship 1989-90.

Kraft Fellowship in Nutrition Education 1988-89.  
ADA Diamond Crystal Corporate Donor Scholarship 1988-89.  
Hawaii Dietetic Association Carey D. Miller Scholarship 1988-90.  
Hawaii Recognized Young Dietitian of the Year 1984.  
Honor societies - Phi Upsilon Omicron, Phi Kappa Phi, Scrolls. Graduated from the  
Pennsylvania State University with High Distinction, 1974.

## PEER-REVIEWED PUBLICATIONS

1. **Johnson RK.** The role of field training in public health nutrition education. *The Community Nutritionist*. 1982; 2:34-37.
2. Easches J, **Johnson RK\***, Huff J. Nutrition education in childbirth classes. *J Nutr Ed* 1983; 15:100.
3. **Johnson RK**, Maeda M. Establishing outpatient nutrition services for children with cerebral palsy. *J Amer Diet Assoc* 1989; 89:1504-1505.
4. **Johnson RK**, Ferrara M. Estimating stature from knee height in persons with cerebral palsy; an evaluation of predictive equations. *J Amer Diet Assoc* 1991; 91:1283-1284.
5. **Johnson RK**, Smiciklas-Wright H, Crouter A. The effect of maternal employment on the quality of young children's diets - the CSFII experience. *J Amer Diet Assoc* 1992; 92:213-214.
6. **Johnson RK.** Dietary intake of young children in America compared to recommendations. *J Cardiopulmonary Rehabilitation*. 1992; 12:92-93.  
Ferrang A, **Johnson RK\***, Ferrara M. Anthropometric and dietary assessment of adults with cerebral palsy. *J Amer Diet Assoc* 1992; 92:1083-1086.
7. **Johnson RK**, Smiciklas-Wright H, Crouter A, Willitts F. Maternal employment and the quality of young children's diets - empirical evidence from the 1987-88 Nationwide Food Consumption Survey. *Pediatrics* 1992; 90:245-249.
8. **Johnson RK**, Crouter A, Smiciklas-Wright H. Maternal employment, family food consumption patterns, and child nutrition: A review of the literature. *J Nutr Ed* 1993; 25:130-133.
10. **Johnson RK**, Johnson D, Wang M, Smiciklas-Wright H, Guthrie H. Characterizing nutrient intakes of adolescents by sociodemographic variables. *J of Adolescent Health*, 1994; 15:149-154.
11. **Johnson RK**, Johnson D, Harvey J, Wang M. Dietary quality of the noon-time meal among a large sample of U.S. adolescents. *School Food Service Research Review*, 1994; 18(1):2-7.
12. **Johnson RK**, Guthrie H, Smiciklas-Wright H, Wang M. Characterizing nutrient intakes of children by sociodemographic variables. *Public Health Reports*, 1994; 109(3):414-420.
13. **Johnson RK**, Goran M, Poehlman E. Correlates of over- and underreporting of energy intake in healthy older men and women. *Amer J Clin Nutr*, 1994; 59(6):1286-1290.
14. Kaskoun MC, **Johnson RK\***, Goran M. Comparison of energy intake by semi-quantitative food frequency questionnaire with total energy expenditure by doubly labeled water in young children. *Am J Clin Nutr*, 1994; 60:43-47.
15. **Johnson RK**, Tonore M, Gallagher FA. Medical nutrition therapy and health care reform - strategies of the American Dietetic Association. *Perspectives in Applied Nutrition*, 1994; 2:3-9.
16. Goran MI, Kaskoun M, **Johnson RK.** Determinants of resting energy expenditure in young children. *J Pediatrics*, 1994; 125(3):362-367.

17. Goran MI, Poehlman ET, **Johnson RK**. Energy requirements across the life span: new findings based on measurement of total energy expenditure with doubly labeled water. *Nutrition Research*, 1995; 15(1):115-150.
18. Harvey-Berino J, Lamoureux C, **Johnson RK**. Motivations for the use of dietary supplements in a college population. *Med Exer Nutr Health*, 1995; 4:178-184.
19. Goran MI, Kaskoun M, **Johnson RK**, Martinez C, Kelly B, Hood V. Energy expenditure and body fat distribution in Mohawk children. *Pediatrics*, 1995; 1:179-186.
20. Bizzarro M, Gardner A, Putz M, **Johnson RK**. Mission Nutrition. *J Nutr Ed*, 1995; 27:157D.
21. Goran MI, Carpenter WH, McGloin A, **Johnson RK**, Hardin JM, Weinsier RL. Energy expenditure in children of lean and obese parents. *Am J Physiology*, 1995; 267:E917-E924.
22. Moe JK, **Johnson RK\***, Kolodinsky J. The impact of conditions associated with maternal employment on the diet quality of young children. *J Consumer Studies and Home Economics*, 1995; 19:219-233..
23. Edelman R, **Johnson RK**, Coulston A. Securing the inclusion of medical nutrition therapy in the managed care environment. *J Amer Diet Assoc*, 1995;95:1100-1102.
24. **Johnson RK**, Coulston A. Medicare: reimbursement rules, impediments, and opportunities for dietitians. *J Am Diet Assoc*, 1995;95:1378-1380.
25. Hildreth HG, **Johnson RK\***. The doubly labeled water technique and its role in the determination of energy requirements throughout the life cycle. *Nutrition Today*, 1995; 30:254-260.
26. **Johnson RK**, Goran MI, Ferrara MS, Poehlman ET. Athetosis increases resting metabolic rate in adults with cerebral palsy. *J Amer Diet Assoc*, 1996;96:145-148.
27. Goran MI, Driscoll P, **Johnson RK**, Nagy TR, Hunter G. Cross-calibration of body composition techniques against dual energy x-ray absorptiometry in young children. *Am J Clin Nutr*, 1996; 63:299-305.
28. **Johnson RK**, Wang MQ, Smith MJ, Connolly G. The effect of parental smoking on the quality of low-income children's diets. *Pediatrics*, 1996; 97:312-317.
29. Nguyen VT, **Johnson RK**, Goran MI. Fat intake in children of lean and obese parents. *Am J Clin Nutr*, 1996; 63:507-513.
30. **Johnson RK**, Driscoll P, Goran MI. Comparison of the multiple-pass 24-hour recall method with total energy expenditure by doubly labeled water in young children. *J Amer Diet Assoc*, 1996; 96:1140-1144.
31. Smith MJ, **Johnson RK\***, Wang MQ. The association between smoking and the diet and health attitudes, awareness, and knowledge of low-income parents. *Family Economics and Nutrition Review*, 1997; 10:16-25.
32. Cryan J, **Johnson RK\***. Should the current recommendations for energy intake in infants and young children be lowered? *Nutrition Today*, 1997; 32:69-74.
33. **Johnson RK**, Hildreth HG, Contompasis SH, Goran MI. Total energy expenditure in adults with cerebral palsy as assessed by doubly labeled water. *J Amer Diet Assoc*, 1997; 97:966-970.
34. Goran MI, Nagy TR, Hunger G, **Johnson RK**. Physical activity related energy expenditure and fat mass in young children. *Int J Obesity*, 1997; 21:171-178.
35. Hildreth HG, **Johnson RK\***, Contompasis SH, Goran MI. Body composition in adults with cerebral palsy by dual-energy x-ray absorptiometry, bioelectrical impedance, and skinfold anthropometry as compared with the oxygen-18 isotope dilution technique. *Am J Clin Nutr*, 1997;66(6):1436-1442.



36. Ross SJ, Poehlman ET, **Johnson RK**, Ades PA. Body fat distribution predicts cardiac risk factors in older female coronary patients. *J Cardiopulmonary Rehab*, 1997; 17:419-427.
37. Goran MI, Shewchuk R, Bower BA, Nagy TR, Carpenter WH, **Johnson RK**. Longitudinal changes in fatness in white children: no effect of childhood energy expenditure. *Am J Clin Nutr*, 67:309-316; 1998.
38. **Johnson RK**, Wang MQ. Decrease fat, increase calcium: a mixed nutrition message for school-aged children? *Am J of Health Studies*, 13:174-179; 1998.
39. Goran MI, Gower BA, Nagy TR, **Johnson RK**. Developmental changes in energy expenditure and physical activity in children: evidence for a decline in physical activity in girls before puberty. *Pediatrics*, 101:887-891; 1998.
40. **Johnson RK**, Soultanakis RP, Matthews DW. Literacy and body fatness are associated with underreporting of energy intake in U.S. low-income women using the multiple-pass 24-hour recall: a doubly labeled water study. *J Amer Diet Assoc*, 98:1136-1140; 1998.
41. **Johnson RK**, Russ J, Goran MI. Physical activity related energy expenditure in children by doubly labeled water as compared with the Caltrac accelerometer. *Int J Obesity*, 22 (11):1046-1052; 1998.
42. **Johnson RK**, Panely C, Wang MQ. The association between noon-time beverage consumption and the diet quality of school-aged children. *J of Child Nutr and Management*, 2:95-100; 1998.
43. Moe JK, Holland M, **Johnson RK**. Breastfeeding practices of infants with Rubinstein-Taybi Syndrome. *J Human Lactation*, 14(4):311-315; 1998.
44. Goran MI, Nagy TR, Gower BA, Mazariegos M, Solomons N, Hood V, **Johnson RK**. Influence of sex, seasonality, ethnicity, and geographic location on the components of total energy expenditure in young children: implications for energy requirements. *Am J Clin Nutr*, 68:675-682; 1998.
45. **Johnson RK**, Nicklas T. Dietary Guidance for Healthy Children, the position of the American Dietetic Association. *J Amer Diet Assoc*, 99:93-101; 1999.
46. **Johnson RK**. The Lewin Group study - What does it tell us and why does it matter? *J Amer Diet Assoc* 1999; 99:426-427.
47. Dezenberg CV, Nagy TR, Gower BA, **Johnson RK**, Goran MI. Predicting body composition from anthropometry in pre-adolescent children. *Int J Obes Relat Metab Disord* 1999; 23(3):253-259.
48. **Johnson RK**. What are people *really* eating and why does it matter? *Nutr Today* 2000; 35(2):40-46.
49. Tran KM, **Johnson RK\***, Soultanakis RP, Matthews DE. In-person versus telephone administered multiple-pass 24-hour recalls in women; validation with doubly labeled water. *J Amer Diet Assoc* 2000; 100:777-780,783.
50. **Johnson RK**. Can children follow a fat-modified diet and have adequate nutrient intakes essential for optimal growth and development? *J Pediatrics* 2000; 136:143-145.
51. **Johnson RK**, Kennedy E. The 2000 Dietary Guidelines for Americans: What are the changes and why were they made? *J Amer Diet Assoc* 2000; 100:769-774.
52. **Johnson RK**. Changing eating and physical activity patterns of U.S. children. *Proc Nutr Soc* 2000; 59(2):295-301.
53. **Johnson RK**. The year 2000 Dietary Guidelines for Americans - foundation of U.S. nutrition policy. *Nutr Bulletin*, 2000; 25:241-248.
54. Fray C, **Johnson RK\***. Physical activity for children - what are the U.S. recommendations? *Nutr Bulletin*, 2000; 25:329-334.

55. Fisher JO, **Johnson RK**, Lindquist C, Birch LL, Goran MI. Influence of body composition on the accuracy of reported energy intake in children. *Obesity Research*, 2000; 8(8):597-603.
56. **Johnson RK**, Panely C, Wang MQ. Associations between the milk mothers drink and the milk consumed by their school-aged children. *Fam Econ Nutr Rev*, 2001; 13:27-36.
57. McKenzie DC, **Johnson RK\***. Healthy People 2010: What is the nutrition message for women? *Nutr Bulletin*, 2001; 26:241-246.
58. **Johnson RK**, Frary C. Choose beverages and foods to moderate your intake of sugars: The 2000 Dietary Guidelines for Americans – What’s all the fuss about? *J Nutr*, 2001; 131:2766S-2771S.
59. Coulston AM, **Johnson RK**. Sugar and Sugars: Myths & Realities. *J Amer Diet Assoc* 2002; 102:351-353.
60. **Johnson RK**, Frary C, Wang MQ. The impact of flavored milk on total milk intake and the diet quality of U.S. school-aged children. *J Amer Diet Assoc*, 2002; 102:853-856.
61. McKenzie DC, **Johnson RK\***, Harvey-Berino J, Gold BC. The impact of interviewer body mass index on underreporting of energy intake in overweight and obese women. *Obesity Research* 2002; 10:471-477.
62. Kramer JL, Dwyer J, Hoelscher DM, Nicklas T, **Johnson RK**, Schulz GK. Fostering healthy food consumption in schools: Focusing on the challenges of competitive foods. *J Amer Diet Assoc* 2002; 102:1228-1233.
63. Friedman A, **Johnson RK\***. Doubly labeled water: new advances and applications for the practitioner. *Nutr Today* 2002; 37:243-249.
64. **Johnson RK**. Dietary intake - how do we measure what people are *really* eating? *Obesity Research* 2002; 10:63S-68S.
65. Murphy S, **Johnson RK**. The scientific basis of recent U.S. guidance on sugars intake. *Am J Clin Nutr* 2003; 78:827S-833S.
66. Frary CD, **Johnson RK\***, Wang MQ. Children=s choices of food and beverages high in added sugars impact their diet quality. *J Adol Health* 2004; 34:56-63.
67. Nicklas T, **Johnson RK**. Dietary Guidance for Healthy Children, the updated position of the American Dietetic Association. *J Amer Diet Assoc* 2004; 104:660-677.
68. **Johnson RK\***, Frary C. Dietary Reference Intakes for energy and physical activity. *Nutritional Sciences* 2004; 7:235-240.
69. Frary C, **Johnson RK\***, Wang MQ. Food sources and intakes of caffeine in the diets of Americans. *J Amer Diet Assoc* 2005; 105:110-113.
70. Yon BA, **Johnson RK\***. US and Canadian Dietary Reference Intakes (DRIs) for the macronutrients, energy and physical activity. *Nutrition Bulletin*, 2005; 30:176-181.
71. **Johnson RK**, Friedman AB, Harvey-Berino J, Gold EC, McKenzie D. Participation in a behavioral weight loss program worsens the prevalence and severity of underreporting among obese and overweight women. *J Amer Diet Assoc*, 2005; 105:1948-1951.
72. Yon B, **Johnson RK\***, Harvey-Berino J, Gold EC. The use of a personal digital assistant (PDA) for dietary self-monitoring does not impact the validity of self-reports of energy intake. *J Amer Diet Assoc* 2006; 106:1256-1259.
73. Savage L, **Johnson RK\***, Restaurant labeling – will it make a difference? *Nutrition Bulletin*, 2006; 31 (4):332-337.
74. Yon BA, **Johnson RK\***, Harvey-Berino J, Gold EC. Using a personal digital assistant (PDA) for dietary self-monitoring as part of a weight loss program. *J Behavioral Medicine* 2007; 30:165-175.

75. Kolodinsky J, **Johnson RK**, Harvey Berino J, Berlin L, Reynolds T. Knowledge of current dietary guidelines and food choice of college students: better eaters have higher knowledge of dietary guidance. *J Amer Diet Assoc* 2007;107:1409-1413.
76. Davis MM, Gance-Cleveland B, Hassink S, **Johnson RK**, Paradis G, Resnicow K. Recommendations for prevention of childhood obesity. *Pediatrics* 2007;1209:S229-253. Barlow S and the Expert Committee. Expert Committee recommendations regarding the prevention, assessment, and treatment of child and adolescent overweight and obesity: summary report. *Pediatrics* 2007;120:S164-192.
77. Murphy MM, Douglass JS, **Johnson RK**, Spence LA. Drinking flavored or plain milk is positively associated with nutrient intake and is not associated with adverse effects on weight status in U.S. children and adolescents. *J Amer Diet Assoc* 2008;108:631-639.
78. Jones KE, **Johnson RK\***, Harvey-Berino JR. Is losing sleep making us obese? *Nutrition Bulletin*, 2008; 33 (4):272-278.
79. **Johnson RK\***, Appel LJ, Brands M, Howard BV, Lefevre M, Lustig RH, Sacks F, Steffen LM, Wylie-Rosett J and on behalf of the American Heart Association Nutrition Committee of the council on Nutrition, Physical Activity, and Metabolism and the Council on Epidemiology and Prevention. Dietary sugars intake and cardiovascular health: a scientific statement from the American Heart Association. *Circulation* published online Aug 24, 2009: DOI: 10.1161/CIRCULATIONAHA.109.192627.
80. Shea B, Harvey-Berino J, **Johnson RK**. Watching television: how does it influence the dietary quality of children? *Nutrition Bulletin*, 2010; 35(2): 165-171.
81. Jones KE, **Johnson RK\***, Otten J, Harvey-Berino J. Removing the bedroom television set: A possible method for decreasing television viewing time in overweight and obese adults. *Behavior Modification*, 2010; 34 (4):290-298.
82. **Johnson RK\***, Yon BA. Weighing in on added sugars and health. *J Amer Diet Assoc*, 2010; 110: 1296-1299.
83. Van Horn L, **Johnson RK**, Flickinger BD, Vafiadis DK, Yin-Piazza S. Translation and implementation of added sugars consumption recommendations. *Circulation* published online November 8, 2010: DOI: 10.1161/CIRC.0b013e3181ffdc0.
84. Yon BA, **Johnson RK\***, Stickle TR. School children accept lower-calorie flavored milk; a plate waste study. *J Acad Nutr Diet*, 2012; 112: 132-136.
85. **Johnson RK**, Yon BA. Turning the tide on Americans' added sugars consumption. *Nutr Today*, 2012;47:93-95.
86. Gardner C, Wylie-Rosett J, Gidding S, Steffen L, **Johnson RK**, Reader D, Lichtenstein A. Nonnutritive Sweeteners: Current Use and Health Perspectives - A Scientific Statement from the American Heart Association and the American Diabetes Association. *Circulation*, 2012 doi:10.1161/CIR.0b013e31825c42ee.
87. Taylor JT, **Johnson RK\***. The school day just got healthier. President's Council on Fitness, Sports and Nutrition. [http://www.fitness.gov/blog-posts/the\\_school\\_day\\_just\\_got\\_healthier.html](http://www.fitness.gov/blog-posts/the_school_day_just_got_healthier.html) November 2012.
88. **Johnson RK**. Children gain less weight and accumulate less fat when sugar-free, non-caloric beverages are substituted for sugar-sweetened beverages. *British Med J - Evid Based Med ebmed-2012-101137 Published Online First: 19 January 2013*.
89. Taylor JT, **Johnson RK\***. Farm to school as a strategy to increase children's fruit and vegetable consumption: research and recommendations. *Nutrition Bulletin*, 2013, 38: 70-79.

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\* EatingWell magazine is a nationally distributed consumer magazine of food and health with a readership of approximately 1.2 million.

### ***EatingWell , Yahoo! Shine and Huffington Post Blogs***

1. Is this super "healthy" donut a good idea? Or are we just tricking the kids? January, 2011. [http://www.eatingwell.com/blogs/health/\\_this-super-healthy-doughnut-good-idea-just-tricking-kids](http://www.eatingwell.com/blogs/health/_this-super-healthy-doughnut-good-idea-just-tricking-kids)
2. An insider's take on Walmart's healthy food initiative. February, 2011. [http://www.eatingwell.com/blogs/food\\_news/\\_insiders-walmarts-healthy-food-initiative](http://www.eatingwell.com/blogs/food_news/_insiders-walmarts-healthy-food-initiative)
3. Is posting calorie counts on restaurant menus enough to make us healthier? March 2011. [http://www.eatingwell.com/blogs/health/\\_posting-calorie-counts-restaurant-menus-enough-healthier](http://www.eatingwell.com/blogs/health/_posting-calorie-counts-restaurant-menus-enough-healthier)
4. Why Jamie Oliver's battle against chocolate milk may be the wrong one. April 2011. [http://www.eatingwell.com/blogs/food\\_news/\\_jamie-olivers-battle-against-chocolate-milk-may-wrong-one](http://www.eatingwell.com/blogs/food_news/_jamie-olivers-battle-against-chocolate-milk-may-wrong-one)
5. Is soda spiking your blood pressure? May 2011. [http://www.eatingwell.com/nutrition\\_health/blood\\_pressure/soda\\_and\\_health\\_is\\_soda\\_bad\\_for\\_my\\_blood\\_pressure](http://www.eatingwell.com/nutrition_health/blood_pressure/soda_and_health_is_soda_bad_for_my_blood_pressure)
6. How many calories do you really burn when you exercise? You'd be surprised. July 2011. <http://shine.yahoo.com/channel/health/how-many-calories-do-you-really-burn-when-you-exercise-youd-be-surprised-2508801/>
7. Do you really need to cut back on salt? September, 2011. [http://www.eatingwell.com/blogs/health\\_blog/do\\_you\\_really\\_need\\_to\\_cut\\_back\\_on\\_salt](http://www.eatingwell.com/blogs/health_blog/do_you_really_need_to_cut_back_on_salt)

8. 5 'healthy kids' foods that aren't, October 2011.  
[http://www.eatingwell.com/blogs/health/\\_5-healthy-kids-foods-arent](http://www.eatingwell.com/blogs/health/_5-healthy-kids-foods-arent)
9. 6 surprising sources of sugar, January 2012.  
[http://www.huffingtonpost.com/eatingwell/added-sugar\\_b\\_1219609.html](http://www.huffingtonpost.com/eatingwell/added-sugar_b_1219609.html)

\* *Yahoo! Shine* is an online site targeted to women and provides information and advice from experts on a variety of topics including health, nutrition and food.

### Editor reviewed blogs and op-eds

1. Sodium Swap – Week 1. 3-Week Sodium Swap Challenge Begins Today.  
<http://blog.heart.org/3-week-sodium-swap-challenge-begins-today/>, January 11, 2013.
2. Sodium Swap – Week 2. Skipping the Soda. <http://blog.heart.org/sodium-swap-week-2-skipping-the-soda/>, January 16, 2013.
3. Sodium Swap – Week 3. Dining out on a low sodium diet. <http://blog.heart.org/dining-out-on-a-low-sodium-diet/>, January 23, 2013.
4. Sodium Swap – Week 4. Look out for hidden sodium in processed foods.  
<http://blog.heart.org/look-out-for-hidden-sodium-in-processed-foods/>, January 30, 2013.
5. Taxing Sugary Drinks: A win-win for public health and the farm economy?  
<http://learn.uvm.edu/foodsystemsblog/2014/12/03/taxing-sugary-drinks-a-win-win-for-public-health-and-the-farm-economy/>. December 4, 2014.
6. Iarrapino A, Johnson RK, Zuk T. Taxing sugary drinks – A win-win for public health and the farm economy. <http://learn.uvm.edu/foodsystemsblog/2014/12/04/taxing-sugary-drinks-a-win-win-for-public-health-and-the-farm-economy/>. December 12, 2014.
7. Johnson RK. Santa Fe New Mexican. Bottled water sales bans don't make sense.  
[http://www.santafenewmexican.com/opinion/my\\_view/looking-in-bottled-water-sales-bans-don-t-make-sense/article\\_6d5c8e66-d03a-500e-996c-724c02b03323.html](http://www.santafenewmexican.com/opinion/my_view/looking-in-bottled-water-sales-bans-don-t-make-sense/article_6d5c8e66-d03a-500e-996c-724c02b03323.html), July 13, 2015.
8. Johnson RK. Congress Blog - The Hill. Bottled water sales bans don't make sense.  
<http://thehill.com/blogs/congress-blog/healthcare/247946-bottled-water-sales-ban-in-americas-national-parks-makes-no>, July 15, 2015.

### Vermont Public Radio Commentaries\*

1. **Johnson RK.** "Very Vermont Food", December 31, 2004.
2. **Johnson RK.** "Portion Shock", May 23, 2005.
3. **Johnson RK.** "Shake the Salt," August 1, 2005.
4. **Johnson RK.** "The Whole-Grain Truth", October 5, 2005.
5. **Johnson RK.** "Ivory Tower Eating", November 21, 2005.
6. **Johnson RK.** "Call of the Night Kitchen", January 31, 2006.
7. **Johnson RK.** "Chocolate-Could it be just what the doctor ordered?", February 14, 2006.
8. **Johnson RK.** "At the Plate", March 27, 2006.
9. **Johnson RK.** "Beyond the Headlines with low fat eating", June 1, 2006.
10. **Johnson RK.** "Small Steps". August 3, 2006.
11. **Johnson RK.** "Eating in the Safe Zone", September 1, 2006.
12. **Johnson RK.** "Downsizing American with 100 calorie snacks", October 24, 2006.
13. **Johnson RK.** "Eat, Drink and be Merry", December 19, 2006.
14. **Johnson RK.** "Good Things Come in Threes – Omega Threes", February 19, 2007.
15. **Johnson RK.** "Label Mania", May 15, 2007.

16. **Johnson RK.** "The New D Debate", July 2, 2007.
17. **Johnson RK.** "Eating to Beat the Odds", September 4, 2007.
18. **Johnson RK.** "Beyond the Numbers", November 26, 2007.
19. **Johnson RK.** "Inflammatory Foods", February 11, 2008.
20. **Johnson RK.** "Can't Sleep?", April 23, 2008.
21. **Johnson RK.** "Health Food or Candy?", July 11, 2008.

\* These commentaries were aired on Vermont Public Radio, Vermont's statewide public radio network.

#### FUNDED GRANTS

1. Penn State University Interdisciplinary Grant. Normative Data for Selected Parameters for Health and Physical Fitness for People with Cerebral Palsy. Co-Investigator, 1989-90, \$5,000.
2. United States Olympic Committee and the United States Cerebral Palsy Athletic Association. Nutritional Assessment of Elite Athletes with Cerebral Palsy. Principal Investigator, 1991, \$800.
3. ADA Pediatric Nutrition Practice Group Research Grant. The Effect of Maternal Employment on the Quality of Young Children's Diets. Principal Investigator, 1990-91, \$2,000.
4. Phi Upsilon Omicron Alumni Research Grant. The Effect of Maternal Employment on the Quality of Young Children's Diets. Principal Investigator, 1990-91, \$3,000.
5. University of Vermont - University Committee on Research and Scholarship Grant. Assessment of the state of Vermont school children's physical fitness and nutritional habits. Co-investigator, 1992-93, \$3,500.
6. Association for Women in Science. Iron Nutriture in Elite Female Athletes with Cerebral Palsy. Co-investigator, 1992, \$3,000.
7. University of Vermont - University Committee on Research and Scholarship. Energy Expenditure, Energy Intake, and Body Composition in Adults with Cerebral Palsy, Principal Investigator, 1992-93, \$3,860.
8. University of Vermont - United States Department of Agriculture HATCH grant. The Impact of Conditions Associated with Maternal Employment on the Diet Quality of Young Children, Principal Investigator, 1993-1995, \$28,600.
9. United States Department of Agriculture, National Research Initiative Competitive Grants Program. The Effect of Parental Smoking on the Quality of Low-Income Children's Diets. Principal Investigator, 1993-1994, \$41,081.
10. United States Department of Agriculture, National Research Initiative Competitive Grants Program. Energy Requirements in Young Children. University of Vermont Principal Investigator for a multi-center study. 1994-1995, \$60,000.
11. National Institutes of Health, Sims Obesity Nutrition Research Center, pilot and feasibility project. Role of Energy Expenditure in the Development of Obesity in Mohawk Children, Co-investigator, 1994-1995, \$12,057.
12. National Institutes of Health, Sims Obesity Nutrition Research Center, pilot and feasibility project. Diet Composition and the Development of Childhood Obesity. Principal Investigator, 1994-1995, \$11,087.

13. National Institutes of Health. Energy Expenditure during the Development of Childhood Obesity. Co-investigator, 1994-1996, subcontract with University of Alabama \$41,940. American Diabetes Association. The Role of Energy Expenditure in the Development of Obesity in Children. University of Vermont Principal Investigator for a multi-center study. 1994-1995, \$40,000.
15. National Institutes of Health, Sims Obesity Nutrition Research Center, pilot and feasibility project. Intra-abdominal Fat and Physical Activity in Children. Principal Investigator, 1995-96, \$40,310.
16. United Cerebral Palsy Associations. Energy Requirements in Adults with Cerebral Palsy. Principal Investigator, 1993-1995, \$99,003.
17. University of Vermont - United States Department of Agriculture HATCH grant. The effect of milk and total fat intake on the diet quality of U.S. school children. Principal Investigator, 1995-1998, \$26,600.
18. Dairy Management Incorporated, Competitive Research Program. The effect of milk and total fat intake on the diet quality of U.S. school children. Principal Investigator, 1996-1997, \$42,000.
19. Department of Health and Human Services, Public Health Service, Maternal and Child Health Bureau. Vermont Interdisciplinary Leadership Education for Health Professionals Program. Co-Investigator (15% time), 1995-1998, \$900,000.
20. United States Department of Agriculture, Food and Consumer Service. Validation of the multiple-pass 24-hour recall method using total energy expenditure by doubly labeled water in low income women. Principal Investigator, 1996-1998, \$107,732.
21. University of Vermont - United States Department of Agriculture HATCH grant. Predictors of milk consumption in U.S. school-aged children: Evidence from USDA nationwide food consumption surveys. Principal Investigator, 1997-2000, \$51,985.
22. National Institutes of Health. Energy Expenditure during the Development of Childhood Obesity. Co-investigator, 1997-1999, subcontract with University of Alabama \$14,061.
23. Dairy Management Incorporated, Competitive Research Program. Effect of flavored milk on the quality of children's diets. Principal Investigator, 1999-2001, \$73,130.
24. Northeast Dairy Foods Research Center. The impact of added sugars on U.S. children's diets. Principal Investigator, 2000-2001, \$49,172.
25. University of Vermont - United States Department of Agriculture HATCH grant. Added sugars in U.S. children's diets: Evidence from USDA nationwide food consumption surveys. Principal Investigator, 2001-2003, \$60,000.
26. United States Department of Agriculture, National Research Initiative Competitive Grants Program. The impact of interviewer body mass index on underreporting of energy intake in obese women. Principal Investigator, 2000-2002, \$93,000.
27. Northeast Dairy Foods Research Center. Caffeine intake of U.S. children. Principal investigator, 2001-2003, \$35,296.  
Northeast Dairy Foods Research Center. The association between beverage consumption and childhood obesity. Principal investigator, 2004-2006, \$50,000.
28. United States Department of Agriculture, National Research Initiative Competitive Grants Program. Providing Nutrition Information at the Point of Sale in a Dining Service Environment. Co-Investigator, 2005-2007, \$230,000.
29. State of Vermont and Anonymous Donors. Agricultural Innovations Initiative. Principal Investigator, 2007-2009, \$420,000.
30. WK Kellogg Foundation. Food Systems Leadership Institute. Principal investigator, 2005-2010, \$100,000.

31. Dairy Research Institute. Children's acceptance of reformulated flavored milks. Principal Investigator, 2009-2011, \$211,000.  
Northeast Dairy Research Center. Children's acceptance of fat-free, lower calorie flavored milks. Principal Investigator, 2010 – 2011, \$20,000.
32. North Carolina State University. Food Systems Leadership Institute. Principal Investigator for UVM, 2010-2011, \$25,000.
33. Dairy Research Institute. Children's acceptance of reformulated flavored milks (continuation). Principal Investigator, 2011-2014, \$377,000.
34. Vermont Agricultural Experiment Station/ United States Department of Agriculture. Assessing school children's fruit and vegetable intake: a feasibility study. Principal Investigator, 2011-2013, \$24,914.
35. American Heart Association - Metropolitan Life Foundation. American Heart Association Teaching Garden Program. Principal Investigator, 2012 – 2013. \$45,000.
36. Robert Wood Johnson Foundation – American Heart Association Vermont Affiliate. Implementing a sugar sweetened beverage tax in Vermont. Consultant, 2012 – 2013. \$72,000.
37. University of Vermont Office of Undergraduate Research. The impact of changes in beverage options on calorie and added sugars consumption on a college campus. Co-PI, 2013. \$3,650.
38. American Heart Association. American Heart Association Teaching Garden Program – continuation. Principal Investigator, 2013 – 2015. \$65,000.
39. Vermont Agricultural Experiment Station/United States Department of Agriculture. Web-based training in digital imaging to measure fruit and vegetable consumption in schools. Principal Investigator, 2013 - 2016. \$41,854.
40. Robert Wood Johnson Foundation. Implementing a sugar-sweetened beverage tax in Vermont. Consultant, 2014-2015. \$249,000.

## **GRADUATE STUDENTS SUPERVISED**

Johnson, Deborah. Characterizing nutrient intakes of adolescents by sociodemographic variables and source of noon-time meals, 1991-92.

Moe, Jillian K. The impact of conditions associated with maternal employment on the diet quality of young children, 1992-94.

Smith, Melissa. The effect of smoking on the diet and health knowledge and attitudes of low-income parents, 1993-95.

Hildreth, Heidi. Body composition of adults with cerebral palsy, 1993-95.

Cryan, Janet. Nutrition preferences, behaviors and knowledge of Vermont school children, 1994-1996.

Russ, Jennifer. Validation of the Caltrac to measure energy expended in physical activity in young children, 1995-1997.

Panely, Celeste. The influence of maternal milk intake on the milk intake of U.S. school-age Children, 1996-1998.



Tran, Kay. In-person versus telephone administered multiple-pass 24-hour recalls: validation with doubly labeled water, 1996-99.

McKenzie, Debra. The impact of interviewer BMI on underreporting in overweight and obese Women, 1999-2001.

Frery, Carol. The impact of added sugars on the quality of U.S. children's diets, 1999-2001.

Friedman, Amy. Participation in a behavioral weight loss program worsens the severity and Prevalence of underreporting among obese and overweight women, 2001-2003.

Yon, Bethany. The efficacy and validity of the use of personal digital assistants for self-monitoring of dietary intake among overweight and obese women, 2003- 2005.

Savage, Lucy. The impact of calorie labels on consumer buying behavior in a university dining hall, 2005 – 2007.

Jones, Katie. Screen time and childhood obesity, 2007 - 2009.

Yon, Bethany. Children's acceptance of reformulated flavored milks, 2008 – 2012.

Taylor, Jennifer. The development of a feasible, reliable and valid measure of school children's fruit and vegetable consumption. 2011 – 2013.

Amin, Sarah. The application of valid and feasible dietary assessment methods to evaluate the impact of policy and behavioral interventions on children's fruit and vegetable consumption. 2012 – 2015.

Eriksen, Harley. The development of an aggregate waste measure of school children's fruit and vegetable consumption. 2014 – present.

## **LEGISLATIVE TESTIMONY**

**United States Senate.** Testified by invitation to the U.S. Senate Agriculture, Nutrition and Forestry Committee Hearing on Senate Bill S. 1614 "The Better Nutrition and Health for Children Act of 1993". May 16, 1994.

## **INVITED RESEARCH PRESENTATIONS**

### **1988**

Children with Special Needs. Hawaii Dietetic Association Conference, April.

### **1991**

Maternal Employment, Family Food Consumption Patterns, and Child Nutrition and Update on the Effect of Various Dietary Components on Plasma Lipids, Lipoproteins, and Coronary Heart Disease. Hawaii Dietetic Association Spring Conference.

Nutrition for the Athlete with Cerebral Palsy. United States Cerebral Palsy Athletic Association, training camp for elite athletes, Ball State University, Muncie, Indiana, July.

### **1992**

Nutrition for the Elite Athlete with Cerebral Palsy. United States Cerebral Palsy Athletic

Association, training camp for elite athletes, Ball State University, Muncie, Indiana, July.  
Implementing a Survey of Nutrition Preferences, Behavior, and Knowledge among School-aged Children. Vermont Association for Health, Physical Education, Recreation, and Dance, Annual conference, October.

Dietary Quality of the Noon-Time Meal Among a Large Sample of U.S. Adolescents. Vermont Home Economics Association, Regional meeting, November.

### **1993**

Nutrition Preferences, Behaviors, and Knowledge of Vermont School Children. Vermont Association for Health, Physical Education, Recreation, and Dance, Annual conference, October.

Physiological Determinants of Energy Intake Misreporting in Healthy Older Men and Women. The University of Vermont, Department of Medicine, Sims Obesity/Nutrition Research Center, May.

### **1994**

The Effect of Parental Smoking on the Quality of Low-Income Children's Diets. The University of Vermont, Department of Medicine, Sims Obesity/Nutrition Research Center, April.

The Association Between Parental Smoking and the Diet Quality of Low-Income Children. Pennsylvania State University, Graduate Program in Nutrition Colloquium, October.

### **1995**

Comparison of the multiple-pass 24-hour recall method with total energy expenditure by doubly labeled water in young children. USDA Beltsville Human Nutrition Research Center Seminar Series. Beltsville, MD, October.

### **1996**

Body composition measurement in people with cerebral palsy. Children with Special Health Care Needs, Vermont State Department of Health, December.

### **1997**

Does dietary fat reduction adversely affect the nutritional adequacy of U.S. children?

Presented to the following:

Seminars in Investigative Medicine, the Clinical Research Center of the Department of Medicine, the University of Vermont, March.

Vermont Dietetic Association, Spring conference, Quechee VT, May.

Rhode Island Nutrition Council, Providence, RI, June.

Fat intake of U.S. children - evidence from nationwide surveys. American Society for Nutritional Sciences, conference titled: The Role of Dietary Fat in Child Nutrition and Development, Bethesda, MD, September.

Dietary intake underestimation - what are people really eating? Dunn Nutrition Centre, University of Cambridge, UK, December.

### **1998**

Dietary reference intakes (DRIs) for calcium replace the RDAs with an emphasis on optimal health. American Overseas Dietetic Association, Heidelberg, Germany, March.

Higher literacy scores minimize energy intake underreporting in U.S. low-income women.

Third International Conference on Dietary Assessment Methods, Arnhem, the Netherlands, May.

The impact of underreporting on conclusions about diet and health. Dunn Nutrition Centre, University of Cambridge, UK, June.

Accuracy of estimates of energy intake using the multiple-pass 24-hour recall method in young children and adult women. British Nutrition Society, University of Surrey, Guildford, UK, July.

In-person vs. telephone collection of dietary data in children and women. What we eat in

America - Research and results. USDA Food Surveys Research Group. Rockville, MD, September.

Do we need separate Dietary Guidelines for children? USDA/DHHS Dietary Guidelines Advisory Committee public meeting. Washington, DC. September.

Do we need a Dietary Guideline for sugar? USDA/DHHS Dietary Guidelines Advisory Committee public meeting. Washington DC. September.

### **1999**

Nutrition for the toddler through early school age and Recommendations for the 21<sup>st</sup> Century: The new DRIs. Department of Pediatrics, University of Alabama, Birmingham, AL, February.

Dietary guidance for healthy children. The Anna De Planter Bowes Award Lecture, The Pennsylvania Dietetic Association, Lancaster, Pennsylvania, May 4.

What are people *really* eating and why does it matter? The Vermont Association of Family and Consumer Sciences Spring Conference, Woodstock, Vermont. May 7.

Simple validated tools to measure diet in medical practice. The North American Association for the Study of Obesity, Warrenton, Virginia, June 11-13.

Growing up with good nutrition: a focus on the first two decades. Nutrition Society Irish Section. Dublin, Ireland. September 2.

What are people *really* eating - insights from doubly labeled water studies. The American Dietetic Association, Atlanta, GA. October 21.

### **2000**

The Year 2000 Dietary Guidelines for Americans. Chicago Nutrition Association, Chicago, IL. January.

Nutrition for the toddler through early school age and Recommendations for the 21<sup>st</sup> Century; The new DRIs. Department of Pediatrics, University of Alabama, Birmingham, AL, February.

U.S. children's changing beverage consumption patterns - impact on diet quality. How to Grow a Healthy child Conference, The Pennsylvania State University, State College, PA, March 2000.

The Year 2000 Dietary Guidelines for Americans - What are the changes and why were they made? Brigham Young University, Provo, UT, June 12.

The Year 2000 Dietary Guidelines for Americans - Foundation of U.S. nutrition policy. International Congress of Dietetics, Edinburgh, Scotland, July 25.

### **2001**

Nutrition for the toddler through early school age and Recommendations for the 21<sup>st</sup> Century; The new DRIs. Department of Pediatrics, University of Alabama, Birmingham, AL, February, 2001.

Carbohydrate - friend or foe? American Society for Nutrition Sciences, Orlando, FL, April 2001.

Dietary Guidelines 2000 - implications for children's diets. Connecticut Dietetic Association, May 2001.

Validity of Dietary Intake Methodology. United States Department of Agriculture, Economic Research Service, Washington DC, September 10, 2001.

Dietary Guidelines – What's Next? National Dairy Council, Rosemont, IL. October 2, 2001.

### **2002**

Making changes in the school environment - milk in school nutrition programs. Calcium Summit II, Washington DC, January, 2002.

New DRIs and Dietary Guidelines: How they relate to children and Tracking and trends in childhood nutrition. Department of Pediatrics, University of Alabama, Birmingham, AL,

February 25, 2002.  
Childhood obesity - An American epidemic.  
Connecticut Association of Pediatric Physician Assistants, Danbury, CT, March 11, 2002.  
New Hampshire School Nutrition Institute, July 10, 2002.  
Role model Moms - making a difference. National Dairy Council. New York City, NY, March 18, 2002.  
What should American children eat to be healthy? Georgia School Food Service Association, Jekyll Island, GA. April 11, 2002.  
Should sugar be carried on a food composition database? 26<sup>th</sup> National Nutrient Databank Conference, Pennington Biomedical Research Center, Baton Rouge, LA, June 6, 2002.  
The need for biomarkers to assess the validity of dietary intake methods. Baylor College of Medicine, Department of Pediatrics, Houston, TX. November 7, 2002.  
Childhood obesity - an American epidemic. USDA Food and Nutrition Service Northeast Regional Conference, Boston, MA. December 5, 2002.

### **2003**

Dietary reference intakes for the macronutrients - what do dietitians need to know?  
American Overseas Dietetic Association, Porto Fino, Italy, April 5, 2003.  
Vermont Dietetic Association, Stowe, VT, May 16, 2003.  
Childhood obesity - a generation cut short  
Obesity and Physical Activity Conference, New Hampshire Department of Health and Human Services, Concord, NH, April 30, 2003.  
Dartmouth Medical School, Sugar Hill, NH, May 7, 2003.  
New Jersey Dietetic Association, Whippany, NJ, May 13, 2003.  
New York State Action for Healthy Kids Summit, Albany NY, May 20, 2003.  
Georgia Dietetic Association, Atlanta, GA, June 2, 2003.  
Nutrient Density of U.S. Children and Adolescent Diets: The Reality and the Goal. American College of Nutrition, Nashville, TN. October 10, 2003.

### **2004**

Dietary Guidance for Healthy Children: The Dangers of a Supersized Childhood. Utah Dietetic Association, Salt Lake City, UT, April 8, 2004.  
Changes in the USDA Food Guide Pyramid and the Dietary Guidelines for Americans. New York Dietetic Association, Sarasota, NY, May 7, 2004.  
United States and Canada Dietary Reference Intakes. Korean Nutrition Society, Seoul, South Korea, May 2004.  
Dietary Reference Intakes for energy, physical activity, protein, and amino acids. Ewha Woman's University Department of Food and Nutritional Sciences, Seoul, South Korea, May 2004.  
What are people *really* eating and why does it matter? Underreporting of food intake impacts nutrition research. Seoul National University College of Medicine and School of Public Health. Seoul, South Korea, May 2004.  
Childhood obesity: the dangers of a supersized childhood<sup>®</sup>. New Hampshire School Nurses Conference, Manchester, NH, August 2004.  
Guidelines for the Next Generation: Proposed Changes in the Dietary Guidelines for Americans and the USDA Food Guide Pyramid. Grand Rounds – Children's Hospital of Buffalo, University of Buffalo, Buffalo, NY, August 2004.  
Guidelines for the Next Generation: The impact of the DRIs, USDA Food Guide Pyramid, and the Dietary Guidelines for Americans on School Nutrition. Georgia Department of Education, Athens, GA, October 2004.  
School nutrition and childhood obesity. New Jersey School Food Service Association,

Trenton, NJ November 2004.

Childhood obesity: the dangers of a supersized childhood. Grand Rounds - Syracuse College of Medicine, University of Syracuse, Syracuse, NY, November 2004.

#### **2005**

Re-engineering the British Diet. Association for the Study of Obesity symposium. Kennedy Lecture Theatre, Institute of Child Health, London, February 2005.

Underreporting of food consumption in dietary surveys. Food Standards Agency for the United Kingdom, London, February 2005.

Soft drinks - fueling the obesity epidemic?

New Jersey Academy of Pediatrics annual meeting. Newark, NY, June 2005.

Rhode Island Hospital Grand Rounds. Providence, RI, September 30, 2005.

Use of the Energy and Protein DRIs in Pediatrics. The American Dietetic Association Annual Food and Nutrition Conference and Exposition. St. Louis, MO, October 23, 2005.

#### **2006**

Macronutrients and Obesity - The Big Debate. Obesity, Lifestyle, and Cardiovascular Disease Symposium, American Heart Association Councils on Nutrition, Physical Activity and Metabolism. Washington DC, January 18, 2006.

Soft drinks - fueling the obesity epidemic? St. Barnabas Hospital, Bronx, NY, March 3, 2006.

American Medical Association recommendations for the prevention of childhood obesity.

American Dietetic Association Food and Nutrition Conference and Exhibition, Honolulu, HI September 11, 2006.

Making changes in the school environment: Recommendations for the Prevention of Childhood Obesity. Genesee Dietetic Association, Rochester, NY, October 3, 2006.

Prevention of Childhood Obesity – What are the recommendations? Rochester Academy of Medicine, Rochester, NY, October 4, 2006.

#### **2007**

Child Nutrition Research Update. School Nutrition Association, Chicago, IL, July 14, 2007.

Childhood obesity and flavored milk – facts vs. speculation. The American Dietetic Association Annual Food and Nutrition Conference and Exposition. Philadelphia, PA, September 28, 2007.

#### **2008**

New DRIs and Dietary Guidelines: How they relate to children, Department of Pediatrics, University of Alabama, Birmingham, AL, February 25, 2008.

Public health strategies to reduce obesity, Albert Einstein College of Medicine, New York, NY, April 1, 2008.

Prevention of Childhood Obesity – What are the AMA recommendations? Grand Rounds – Children's Hospital of Buffalo, University of Buffalo, Buffalo, NY, August 15, 2008.

#### **2009**

Child Nutrition Research Update. American Dietetic Association, Food and Nutrition Conference and Exhibition, Denver, CO, October 19, 2009.

Global Health Leaders Forum. Invited speaker; Rudd Center for Food Policy and Obesity, Yale University, New Haven, CT, November 23, 2009.

#### **2010**

Overweight and Underfed. American Academy of Pediatrics, New York Chapter, New York, NY. January 28, 2010.

Curbing Your Sugars Intake for Heart Health. Go Red for Women Forum, American Heart Association, Burlington, VT. February 18, 2010.

Childhood Obesity. Newsweek's Executive Forum with President William Clinton and the First Lady, Michelle Obama. Washington, DC. March 17, 2010.

American Heart Association Recommendations for Added Sugars and Cardiovascular Health.

Vermont Dietetic Association, Burlington, VT, April 29, 2010.  
Front-of-Package Food Labeling, Harvard School of Public Health, June 11, 2010.  
The Impact of Reducing or Eliminating School Children's Access to Flavored Milk.  
School Nutrition Association Annual meeting, Dallas, TX. July 12, 2010  
Society for Nutrition Education Annual meeting, Reno, NV, July 26, 2010.  
Children's acceptance of reformulated, lower calorie flavored milks – Rudd Center for Food Policy and Obesity, Yale University, New Haven, CT, October 4, 2010.  
American Heart Association Recommendations for Added Sugars and Cardiovascular Health.  
American Dietetic Association Annual Food and Nutrition Conference and Exhibition, Boston MA, November 2010.  
Added Sugars and Health, Genesee Dietetic Association, Rochester, NY, December 14, 2010.

#### **2011**

Childhood obesity and flavored milk – does it fit? STELA Dairy Research Centre of Laval University, Montreal, Quebec, Canada. March 9, 2011.  
Childhood nutrition and sugars in the diet. Plenary lecture, Coordinated School Health Institute and Growing Healthy Kids, Lexington KY. June 30, 2011.  
Child Nutrition and Added Sugars - How do they fit? Arizona School Nutrition Association, Keynote Lecture. September 24, 2011.  
2011 Symposium Dairy Farmers of Canada. Childhood obesity and flavoured milk – does it fit? Four city tour - Edmonton (November 1), Toronto (November 2), Montreal (November 3) and Moncton (November 4), 2011.

#### **2012**

Are all beverages created equal? Webinar, American Dairy Association and Dairy Council, Inc., January 5, 2012.  
Weighing in on Added Sugars and Health - How do they fit?"New York Academy of Nutrition and Dietetics, Albany, NY. May 4, 2012.  
Childhood obesity and flavoured milk – does it fit? British Columbia Dairy Association, Montreal, Canada. May 9, 2012.  
Consumption of foods that meet the American Heart Association Heart Check Program is associated with better diet quality and lower cardiovascular disease risk. Human Nutrition Research Center, University of Cambridge, Cambridge, England. May 24, 2012.  
Our Children's Calcium Quandary - Dietary Solutions to Boost Intake. International Congress on Nutrition and Dietetics, Sydney, Australia. September 5, 2012.  
Consumption of foods that meet the American Heart Association Heart Check Program is associated with better diet quality and lower cardiovascular disease risk. University of Vermont College of Medicine Vascular Medicine Conference. September 21, 2012.  
Weighing in on Added Sugars and Health – How do they fit? Memphis District Dietetic Association, Memphis, TN. October 2, 2012.  
The American Heart Association position on added sugars and cardiovascular health. The American Heart Association Board of Directors, Dallas, TX. October 24, 2012.  
Non-nutritive Sweeteners and Fructose: The Science Behind the Spin. American Heart Association Scientific Sessions. November 4, 2012.  
Making Change – Is it worth a penny an ounce? Center for Rural Studies Food Systems Research Collaborative, the University of Vermont. Burlington, VT. November 28, 2012.

#### **2013**

Harmful or Healthy? The Bittersweet Truth About Sugar. International Dairy Foods Association Dairy Forum 2013. Orlando, FL. January 29, 2013.  
Rethink Your Drink. Go Red for Women, American Heart Association. Burlington, VT. February 14, 2013.

Sugar-sweetened Beverage Tax – the Health, Economic and Policy Debate in Vermont. Webinar, UVM Food Systems, February 25, 2013.  
Weighing in on Added Sugars and Health – How do they fit? Webinar, Southeast United Dairy Industry Association. February 27, 2013.  
American Heart Association’s Life’s Simple 7 and the Heart Check Program. Women’s Health Conference. College of Medicine, University of Vermont. Burlington, VT. May 9, 2013.  
White House Convening on Food Marketing to Children, the First Lady’s Let’s Move Campaign. The White House, Washington DC. September 18, 2013.  
Sweet Solutions: The Latest on Sweetener Innovations. National Association of Flavor and Food Ingredients. Longboat Key, FL. October 25, 2013.  
New Scientific Advances that Support Food-Based Dietary Recommendations. American Heart Association Scientific Sessions. November 17, 2013.

#### **2014**

No Sugars Added: How to reduce health risks and keep life sweet.. University of Vermont Community Medical School. Burlington, VT. October 7, 2014.  
Front-of-Package Criteria Validated: A Tool to Help Shape Shopping. Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition. Atlanta, GA. October 19, 2014.  
Sugars and Health. American Heart Association/Robert Wood Johnson Foundation Voices for Healthy Kids. Webinar. October 29, 2014.

#### **2015 -**

The role of flavored milk in children’s diets. Health Canada. Ottawa, Canada. January 16, 2015.  
Sugary drinks and health. American Heart Association/Robert Wood Johnson Foundation Voices for Health Kids. Webinar. April 7, 2015.  
The unintended consequences of a healthy beverage requirement and bottled water ban on a university campus. International Dairy Foods Association. Denver, CO. May 13, 2015.  
American Heart Association Scientific Sessions. Controversies in Nutrition - Non-Nutritive Sweeteners - Beneficial or Not? Orlando, FL. November 9, 2015.  
What are children eating at school lunch? University of Hawai’i Cancer Center, Cancer Epidemiology Seminar Series. November 19, 2015.

### **SERVICE TO THE UNIVERSITY OF VERMONT**

#### **Department of Nutrition and Food Sciences**

United Way representative - 1991-94 (appointed)  
Curriculum Committee - 1998  
Chair Search Committee for Dietetics faculty member – 2013-14

#### **College of Agriculture and Life Sciences (CAL S)**

Honors Committee - 1992-94 (elected)  
Scholarship Committee - 1992-96 (appointed)  
Nominating Committee - 1994-95 (appointed)  
Committee to review the performance of the Nutritional Sciences Department Chair (appointed by the CALS Dean) - 1996  
HATCH Research Committee - 1994-97, Chair 1996 and 1997  
Search Committee for the position of CALS Financial Manager 1999 (appointed by the CALS Dean)  
Commencement Speaker, May 2013. Invited by the CALS Dean Thomas Vogelmann.

## University

University Athletic Council - member, 1996 - 2001 (appointed by the University President)

Committee to review the performance of the Dean of the College of Agriculture and Life Sciences (appointed by the University Provost) - 1996

University Search Committee for the position of Dean of Allied Health Sciences (appointed by the University Provost) - 1996.

University Search Committee for the position of Vice Provost of Academic Affairs 1999 (appointed by the University Provost)

University Restructure Task Forces - Biology, Division of the Environment and Life Sciences, and MMG, 2001-present (appointed by the University Provost).

University Search Committee for the position of Vice President of Research and Dean of the Graduate School 2002 - 2003. (selected by the University Deans and appointment by the Provost).

Co-Chair of Search Committee for the position of Dean of the College of Education and Social Services - 2004-2005 (appointed by the University Provost).

University Search Committee for the position of Vice President of Development 2005-2006 (appointed by the University President).

Vice-Chair of Search Committee for the position of Dean of the College of Medicine – 2006-2007 (appointed by the University President).

University Strategic Planning Council – 2006-2008 (appointed by the University President).

Provost's Liaison to the University of Vermont Transdisciplinary Research Initiative 2009-11 (appointed by the University Provost).

Committee to review the performance of the Dean of UVM Extension. Chair, 2012 (appointed by the University Provost).

Continuing Education Board of Advisors – 2011 – 2013 (appointed by the Dean of Continuing Education).

Member Transdisciplinary Research Initiative Food Systems Steering Committee. 2011 – 2013 (appointed by the University Provost).

Faculty Advisor. Real Food Challenge Working Group. 2012-2013.

University of Vermont Commencement Speaker, December 15, 2012. Invited by the University President Thomas Sullivan.

Vice-Chair of Search Committee for the position of Provost and Executive Vice President – 2013 (appointed by the University President).

Member UVM Food Systems Faculty Steering Committee 2012 – present.

Chair, UVM Food Systems Faculty Membership Committee 2014 – present.

Committee to select University of Vermont University Scholars, appointed by the Dean of the UVM Graduate College – 2015.

Search Committee for the Interim Dean of the College of Arts and Sciences – 2015 (appointed by the University President).

University of Vermont Foundation Gift Acceptance Committee, appointed by the University President – 2014 – present.