

*Adopted from the Vermont Department of Health Guidelines

EFFECTIVE DATE: APRIL 15, 2021



The University of Vermont

DO I NEED TO QUARANTINE?

AFFILIATION: ON-CAMPUS STUDENT 	GENERAL GUIDANCE 	I HAD COVID-19 	I AM VACCINATED 
 <p>I am a close contact and was exposed to someone with COVID-19.</p>	<p>Yes. UVM's Student Health Services will contact you to coordinate your move into quarantine housing.</p>	<p>No. You will not need to quarantine if:</p> <ul style="list-style-type: none"> You have met the criteria to <u>end isolation</u>, and Not more than 3 months have passed since symptoms first started or since your first positive test, if you didn't have symptoms, and You have not had any COVID-19 symptoms since the new exposure. <p>All three of the above criteria must be met. If not, then you will need to quarantine.</p>	<p>No. You will not need to quarantine if it has been at least 14 days since you received your final vaccine dose.</p>
 <p>I am traveling or returning to Vermont from out-of-state for a non-essential purpose.</p>	<p>Per <u>UVM's Green & Gold Promise</u>, students are required to: "Limit all travel out of state and within Vermont unless essential." If you choose to travel for non-essential purposes, you are in violation of the Green & Gold Promise and are subject to sanctions. At this time, exceptions are not being made to UVM's travel requirements even for students who have recovered from COVID-19 or have completed a full cycle of the COVID-19 vaccine.</p>		
	<p>Yes. Vermont requires that anyone traveling out of state must be tested within 3 days of their return to the state. If you travel for non-essential purposes, you will be required to quarantine until you have received a negative test result.</p>	<p>No. You will not need to quarantine or get tested outside of the current testing protocol as long as you have met the three criteria listed above under close contact quarantine requirements.</p>	<p>No. If you choose to travel, you will not be required to quarantine or get tested outside of the current testing protocol if it has been at least 14 days since you received your final vaccine dose.</p>

- Quarantine means staying in your room in quarantine housing and away from other people for 14 days
- You may end quarantine early with a negative PCR test on or after day 7, if you don't have any symptoms. You should continue to monitor yourself for symptoms for the full 14 days.
- Examples of essential travel include: for your own personal safety, to receive health care treatment, for childcare purposes, or to work or to attend classes. Going home to visit family is not an essential purpose.
- If you are a student who also works in a health care setting, your employer may require you to quarantine according to CDC guidance.
- This guidance will be updated as circumstances change. It remains in effect until further notice.
- See CHWB information for students at <https://www.uvm.edu/health/covid19> and direct questions to uvm.strong@uvm.edu.