

## **Book Group: “Creating Self-Regulated Learners: Strategies to Strengthen Students' Self-Awareness and Learning Skills”**

Tuesday, October 18 2016

@ 12:00 PM- 1:00 PM

**This book group meets a total of 3 times: 12pm -1pm on Oct 18, Nov. 1, and Nov. 15, 2016.**

Join us to explore strategies to strengthen your students' abilities to become self-regulated learners. Self-regulated students are active in their own learning process- using metacognitive, motivational, and behavioral strategies to achieve success.

In “Creating Self-Regulated Learners,” author Linda Nilson discusses specific teaching strategies to help students develop their own skills for learning. The skills discussed in this book can be incorporated in any course to help promote student engagement, comprehension and critical thinking.

This book group is facilitated by Holly Parker from the CTL and Sharon Ultsch, a lecturer in the Global Gateway Program.

All participants receive a copy of the book.

### **Event details:**

- Contact: Holly Buckland Parker; Holly.Parker@uvm.edu, 802-656-1124
- Facilitated by: Sharon Ultsch, Education
- Location: Bailey/Howe Library Room 303

To Register:

<https://www.uvm.edu/ctl/apps/ctlcal/?c=events&m=elink&id=1377>