Disinfectant Use Guidance During COVID-19

Disinfectants are pesticides & should only be used as directed by the label.

Be safe disinfecting your home

- **Never** mix different disinfectant products together. For example, mixing bleach with acids (such as vinegar) or ammonia releases **life-threatening toxic fumes**.
- **Never** use disinfectants on your skin or inside your body. Instead, wash skin with soap and water; you can also use hand sanitizer on your hands.
- **Never** wash fruits and vegetables with soap, sanitizers, or disinfectants as this could also result in **poisoning**. Wash produce only in clean water.

Follow CDC guidelines


Beware of fraudulent claims

- Use of unregistered disinfectants claiming to protect against the virus is **illegal**. The efficacy and safety of these products is unsubstantiated.
- **Only use products designated by the EPA**. Check list frequently for changes. [epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2](https://epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2)

Visit [uvm.edu/extension/psep](http://uvm.edu/extension/psep) for more information.

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