

Master of Science in Physical Activity and Wellness Science (PAWS) Curriculum Options

One-Year Curriculum

Fall		Spring	
EXSC 6020 Evidence-based Practice in Physical Activity	3	EXSC 6500 Physiological Aspects of Physical Activity and Chronic Disease	3
EXSC 6030 Physical Activity and Chronic Disease Epidemiology	3	EXSC 6065 Activity in the Underserved	3
EXSC 6450 Exercise Assessment and Prescription	3	EXSC 6680 Physical Activity and Wellness Program Design	3
EXSC 6540 Physical Activity & Wellness Promotion	3	EXSC 6700 Physical Activity and Wellness: Communication & Evaluation	3
EXSC 6600 Physical Activity, Weight Management, and Energy Balance	3	Elective Graduate Course	3
Total Credits:	15	Total Credits:	15

Two-Year Curriculum

Year 1

Fall		Spring	
EXSC 6020 Evidence-based Practice in Physical Activity	3	EXSC 6500 Physiological Aspects of Physical Activity and Chronic Disease	3
EXSC 6030 Physical Activity and Chronic Disease Epidemiology	3	EXSC 6065 Activity in the Underserved	3
EXSC 6450 Exercise Assessment and Prescription	3		
Total Credits:	9	Total Credits:	6

Year 2

Fall		Spring	
EXSC 6540 Physical Activity & Wellness Promotion	3	EXSC 6680 Physical Activity and Wellness Program Design	3
EXSC 6600 Physical Activity, Weight Management, and Energy Balance	3	EXSC 6700 Physical Activity and Wellness: Communication & Evaluation	3
		Elective Graduate Course	3
Total Credits:	6	Total Credits:	9