

NFS 044: Survey of the Field
CRN 90020
Section A

Time: Mondays 3:30-4:20
Location: 108 Terrill

Instructor: "Dr. Todd" Pritchard
Office: 352 Marsh Life Sciences
Phone: 656-0135
Email: Todd.Pritchard@uvm.edu

Office Hours: By appointment. Email me with 3 or 4 times you can meet and we will find a time which works for both of us

Teaching Assistant: Not Applicable

Course Credits: 1 hour

Prerequisites: Not Applicable

General Education: This course does NOT fulfill a D1, D2 or SU requirement.

Duplicate Course(s): None

Course Description: Introduction to the professional field and career opportunities in dietetics, nutrition and food science.

Course Format: The course will consist in part of lectures and presentations from guest speakers.

Grading:

Academic Plan	40 points	Attendance	30 points
Grade Prediction/Result	5 points	Weekly Goals	50 points
Presentation Write Ups	75 points		

Grading Scale

Percent Score	Grade
93-100	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
70-72	C-
67-69	D+
63-66	D
60-62	D-
<60	F

Learning Objectives:

- To expose students to professionals in the fields of nutrition, food sciences and dietetics.
- To provide insight into the academic background and experience required by professionals.
- To help students explore their own career goals through determination of personal skills and abilities, completion of an academic plan, and completion of professional self-assessment.
- To begin the process of student portfolio development.

Required Materials: There is no assigned book for this course. Students are expected to come to class and take notes on presentations.

Attendance Policy:

- Attendance to all classes is required.
- An attendance sheet will be passed around each class period. It is your responsibility to sign the sheet, if an authentic signature does not appear on the sheet by the end of the class period, that student is counted as absent. **There are no exceptions.**
- I will expect you to be present at a minimum of 10 class meetings. This allows you to miss two classes with no penalty. Attendance is worth 30 points of your grade.

Blackboard: The course utilizes Blackboard for students to gain access to most, but not all of the materials.

Assessment: Students will be assessed based on the assignments noted above. These include attendance, submittal of reviews, and development of a valid 4 year academic plan, grade goals as well as weekly goal setting and review.

Course Evaluation: All students are expected to complete an evaluation of the course at its conclusion. The evaluations will be anonymous and confidential, and the information gained, including constructive criticisms, will be used to improve the course.

Course Schedule: The approximate schedule of lectures, as well as exact exam dates and attendance dates, are posted on the Blackboard page for the class. You will find them under the Schedule of Lectures tab.

University Supplied Statement on Alcohol and Cannabis in the Academic Environment:

As a faculty member, I want you to get the most you can out of this course. You play a crucial role in your education and in your readiness to learn and fully engage with the course material. It is important to note that alcohol and cannabis have no place in an academic environment. They can seriously impair your ability to learn and retain information not only in the moment you may be using, but up to 48 hours or more afterwards. In addition, alcohol and cannabis can:

- *Cause issues with attention, memory and concentration*
- *Negatively impact the quality of how information is processed and ultimately stored*
- *Affect sleep patterns, which interferes with long-term memory formation*

It is my expectation that you will do everything you can to optimize your learning and to fully participate in this course.

LATE POLICY

Assignments are expected to be complete and are to be turned in at the time of the class meeting. Failure to turn them in at this time will result in them being considered late and subject to loss of points.

If you have more than one page you will be required to have stapled the sheets together in the upper left corner. If you pass in materials that are not stapled together I will not grade them (thereby resulting in a "0" score for that assignment). I WILL NOT have a stapler with me. You are responsible for stapling your materials together.

Assignments turned in 1 day late will be marked down 1 point; those turned in 2 days late will be marked down 2 points. No assignments will be accepted or graded if handed in more than 2 days after the due date. Any late assignments should be brought directly to my office (352 Marsh Life Sciences Building). If I am not in my office slide them under my office door.

CLASS CONDUCT

- This class has many speakers from the professional world. These individuals have volunteered their time to share experiences with you, please treat them in a respectful manner.
- All class participants are expected to refrain from the use cell phones in the classroom.
- In case of a campus emergency, the instructor will be notified via the classroom computer or cell phone, and the instructor will notify students of the emergency.
- Computers are allowed for note taking in class, however, if you choose to use a computer, please do not look at social media sites or other non-class related sites as this may distract other students. Any student not following the above guidelines will be asked to leave the classroom.
- As classroom doors are limited and as entering and leaving disrupt other students and class flow, please take care of personal needs prior to class unless it is an emergency.

RELIGIOUS HOLIDAYS

- The official policy for excused absences is: Students have the right to practice the religion of their choice. Each semester students should submit in writing to their instructors by the end of the second full week of classes their documented religious holiday schedule for the semester. Faculty must permit students who miss work for the purpose of religious observance to make up this work.

CLASS CODE

- All class participants are expected to adhere to the academic honesty policies of the University of Vermont. Additionally, the University prohibits discrimination and unlawful harassment. Please see the University Of Vermont Code Of Academic Integrity on UVM's website.
- Offences against the Code of Academic Integrity are deemed serious and insult the integrity of the entire academic community. Any suspected deliberate violations of this code are taken very seriously and will be forwarded to the Center for Student Ethics & Standards for further investigation.

GRADE GOALS PREDICTION SHEET(S)

- You will be supplied with an excel file on Blackboard which you will fill out at the beginning of the semester. The form is set to automatically calculate your semester GPA. It must be completed properly to obtain a grade for the assignment. (2 points)
- You will be required to fill the sheet out again and turn it in on the last day the course meets for the fall semester. This time you will fill in the expected grades based on how you have done in your courses to that point. It must be completed properly to obtain a grade for the assignment. (3 points)

ACADEMIC PLAN

- Each student will complete an individualized academic plan for all the course work (including general distribution requirements, the nutrition and food science core, major requirements and electives) which the student intends to take while at the University of Vermont, leading to a degree in either dietetics or nutrition and food sciences. This will include a minimum of 120 credits.
- The Academic Plan will be **typed** providing the **MAJOR** the student intends to complete (Dietetics or Nutrition and Food Sciences), your advisers name, each semester and year with courses to be taken and assigned credits and total credits for each semester, and total credits for the academic program. Students with transfer credits must provide a listing of all courses to be counted in the academic plan that were taken at another institution.
- This plan is worth 40 points of your final grade. This will include up to 5 points for your initial plan and up to an additional 35 points for your corrected/finalized plan.
- NOTE: There are a significant number of students who are juniors or seniors. As such they have less to plan out for their academic plans so they will also include the following as part of the 35 points towards the academic plan: a Resume and a two to three page paper (12 pt, 1 inch all around margins, no more than double spaced) that discusses their academic career/activities which have brought you to this point in your career. This should include reflections on what was most helpful for you as well as what pitfalls you encountered during your journey. (5 points finalized academic plan, 10 points resume, 20 points paper.)

WEEKLY GOALS: PROFESSIONAL AND PERSONAL

- You will be required to identify one unique professional goal for the week and one

personal goal for the week. (i.e. "unique" means it cannot be a similar goal you have identified in a previous write up). For each goal you will reflect on the goal including if you made the goal, what helped you reach the goal, if you failed to reach the goal why did you fail and what are you going to do to fulfil the goal and anything else that is pertinent. This write up should be a minimum of one and a half page (1 inch border, 12 point font).

- You will also include at the end of your write up what your goals are for the upcoming week. For example, if for the week beginning September 11th I said my personal goal was to commute to work by bike a minimum of 4 days this week and that my professional goal was to write five new questions for an exam in my Food Microbiology course I would turn in my write up on September 18th and would include in that write up that my goals for the week of September 18th would be to eat fresh vegetables at each evening meal (personal goal) and meet with my teaching assistants to review the upcoming requirements for supplies (professional goal).
- I will grade a total of 10 such weekly goal evaluations. (50 points of grade)

WEEKLY PRESENTATION REVIEW

You will be required to turn in a write up each week for the previous week's presentation/presenter. Your write up should include at least the following:

- Date
- Topic
- Speaker
- Personal notes on speaker's presentation and information
- One page typed (12 pt, 1" all around) personal reflection about the information presented

I will grade a total of 10 such weekly presentation reviews. (75 points of grade)

Note: There are 12 weeks of presentations. This allows you to miss two presentations throughout the semester without being penalized. Missed presentations can be for personal reasons, illness, athletic events, anatomy and physiology exams, religious holidays etc. Please do not ask to be excused for more than two presentations as I will not entertain such requests.

EXTRA CREDIT:

Completed skills, abilities, and interests worksheets and career selection handouts noting careers best associated with your skills and abilities. (**2PTS**)

Out of Class EC: You may do one (1) of the following for another 2 pts of extra credit:

- Perform 5 hours of community service
- Donate blood

If you do any of the out of class extra credit you must send me an email of when you did it. All such emails are due no later than Monday December 3 at 4:20 pm. That is the only way you will receive these points of extra credit.