



Many of you are itching for the annual ski discount information. To date, we have info only from Smuugs. We expect to receive information from Sugarbush in another week or so. We have not gotten any info from Bolton or Jay Peak as

yet, however historically we have all of these resort info by mid-October.

Keep your eyes on our <u>discount page linked here</u> and *Staffline* as more areas report in.



The Community Engagement Committee is hosting a late summer tour on campus., see below for details, no fees or registration required.

• Who the Heck is That? UVM Building Name Group Walk on 9/27/23. Meet a noon at the Davis Oval. <u>Click For Details</u>

CAMPUS NEWS



The annual President's Our Common Ground Staff Award recognizes six members (up to 12 in 2023) of the University of Vermont staff who exemplify the qualities of the University of Vermont's Our Common Ground, the statement of aspirations and shared values for the UVM Community. The President's Our Common Ground Staff Award is presented to University of Vermont staff members who have made extraordinary contributions and who have had a significant impact on our University, as demonstrated through the values expressed in Our Common Ground.

Congratulations to this years recipients

- Tammy Bender, director of the College of Nursing and Health Sciences Office of Student Service
- Francis Churchill, director of Environmental Health and Safety
- Abbey Datillio, monitoring and compliance specialist for the UVM Institutional Animal Care and Use Committee
- Jean Evans, senior staff advisor for the College of Education and Social Services Dean's Office
- Mary "Penni" French, administrative assistant Department of Computer Science
- Michael Hill, substance misuse prevention specialist Center for Health & Wellbeing
- Ann Kroll Lerner, director of Fellowships, Opportunities, and Undergraduate Research
- Julie Mueller, Human Resources department
- Issouf Ouattara, Kronos processing specialist in Payroll and Tax Services
- Jenn Papillo, associate general counsel
- Kelly Riel, Clery coordinator
- Joe Russell, Assistant Dean of Students

Click Here for additional details



Linked Here you'll find our UVM September 2023 flyer which is also posted at our units and online.

Beat the heat by trying one of the new smoothie flavors released at the UVM Dairy Bar this fall



In case you missed it, here is the <u>September News</u> from UVM Employee Wellness!



It is undeniable that health disparities and inequities exist within our local and global communities, producing negative consequences for both patients and healthcare workers leading to higher associated risks and less than optimal care outcomes.

The 2023 Health Equity Summit will showcase the exciting initiatives being developed and implemented across our local and extended communities to dismantle institutional inequities that can lead to poor health outcomes, while improving patient experience, inspiring our communities, and advancing health equity. <u>Click for details</u>



Each semester, the Office of Student & Community Relations hosts a meet-andgreet for area families in need of childcare and UVM students interested in a childcare job.

Children are welcomed and encouraged to attend!

For more information and to register **<u>Click Here</u>**.



Back and bigger than ever – Wednesday, September 20th is the UVM Bookstore's **annual fall Patio Sale**! Find UVM t-shirts, sweatshirts, and hats, as well as books, gift items, and much more all at bargain prices. Take advantage of these sweet savings and get some Catamount swag!

When: September 20, 9AM – 3:30PM Where: Patio by the Davis Center Oval



Local Motion's Lock N Learn is back! Join Local Motion for a Lock N Learn Workshop to learn some tips on how to stay safe while riding your bike on the street and in the neighborhood, how to avoid getting your bike stolen, and answers to your questions about the rules of the road. All UVM employees and students are welcome!

For showing up (and sticking around), you'll get: - FREE U-lock for your bike - FREE set of bike lights

We have two ways to attend. Virtually, on September 21, 2022 at 12pm-1pm on <u>Zoom (click here</u>) In person, on September 22, 2022 at 7:30pm - 8:30pm at the Livak Ballroom in the Davis Center. If you plan to attend in-person <u>please register in advance</u> (seats limited).



UVM Research Studies Seeking Volunteers

- Asthma Research Studies
- Evolution of lung disease ages 25 35
- LONG COVID study

COMMUNITY RESOURCES



We all deserve nourishing, culturally appropriate food that we and our families like to eat. Here is information about some of the many programs in Vermont that might be helpful for you. Many programs have changed during the pandemic, so even if you haven't been eligible in the past, it's worth taking a second look. <u>Click here</u> for our printable food resources flyer.

vhfa

Vermont Housing Finance Agency (VHFA) was established in 1974 to finance and promote affordable, safe and decent housing opportunities for low- and moderate-income Vermonters. <u>Click for more info</u>



Helps pay part of your home heating bills — whether you own your home or rent, pay for heat directly or as part of rent. <u>Click for more info</u>

TRAINING & DEVELOPMENT

Fuel Assistance



Build motivation and community to create and sustain your wellness. Join Osher Center for Integrative Health and Wellness Coaching faculty and students for a fun, experiential, and inspiring health and wellness coaching program. The 12-week, evidence-based coaching process is based on the <u>Open Source</u> <u>Wellness</u> model and will:

Provide individual coaching to support your health-related goals.

Empower you to make the changes that are important to you. Connect you with resources and community.

You will have **6 group and 6 individual coaching sessions** to help you make healthy behavioral changes that will help you thrive! This dynamic program is for UVM AND UVMMC employees and runs twice a year. <u>Click For Details</u>

