

December 19, 2023



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## STAFF COUNCIL NEWS

The next meeting will be held on **Thursday, 1/4/24 from 12:05-1:30**

All members of the UVM community are welcome.

The meeting is offered in-person and via [Teams](#) at the Davis Center - Chittenden Bank room.

Meeting agendas, minutes, and video recordings are also available [on our website](#).

### HOLIDAY BAZAAR & FOOD DRIVE



The annual Holiday Bazaar was a great success. With over 1100 visitors, over \$600 earned at the raffle and bake sale table, along with the vendor table fees, the Social Committee will be able to continue offering many discounts and subsidies to the events you have all come to love and enjoy like fair tickets, Smuggs Daycation, Lake Monsters and so many more. Be proud that you also contributed over 300 pounds of non-perishable food items that have been split between Feeding Chittenden and Rally Cat's Cupboard.

A huge thank you you to all of our over two dozen volunteers that helped run the event this year as well as so many campus partners. Transpiration & Parking Services, UVM Police Services, Davis Center Events staff, Sodexo, UVM Bookstore, UVM Print & Mail, CatCard office, Non-Credit Registration office, this event can not happen without all of your support, flexibility and engagement.



The application period for Q3 is now open .

**All non-represented staff are eligible to apply.**

[Eligibility, Information, & Application \(PDF\)](#)  
[Rubric \(PDF\)](#)  
[Flyer \(PDF\)](#)

**Q3 Deadline is January 31st!**



**Athletic Event Discounts**

Staff Council, in coordination with UVM Athletics is pleased to offer a limited number of discounted tickets to Men's and Women's Basketball and Hockey.

- 1/13/24, 6pm Women's Hockey - Save \$4 (Just 9 remaining at this price)**
- 2/17/24, 4pm Women's Basketball save \$4**

[Click here](#) to place your order direct via UVM Athletics, password, STAFF. Act quick as these discounted tickets are limited in number.

## CAMPUS NEWS



**Support**

The holidays are here and with them come joy, anticipation, excitement and yes, stress and anxiety. Global regional and local events do not pause for holidays, at times making the ability to give and receive joy difficult.

In addition to your own community support systems, Staffline would like to amplify the many ways by which you can reach out not only now but at any time you find you are in need.

"Almost everything will work again if you unplug it for a few minutes, including you." — Anne Lamott

- [UVM DEI Cultural Resource Guide](#)
- [Campus Recreation facilities and programs for staff](#)
- [Employee Wellness Local Fitness & Nutrition Discounts](#)
- [Mental Health Training and Consultation Interest Form](#)
- [Staff Emergency Loan Fund](#)
- [CATcard Privileges Full Howe Library Access](#)
- [Fletcher Free Library Full Access](#)
- [UVM Interfaith Center Programs](#)
- [Employee Assistance Program \(EAP\)](#)
- [Additional variety of resources](#)

There are likely many more. The hope is this offers you a place to find many in one location. If you are aware of other UVM or local affiliation resources, let us know so we can inform the whole UVM Community.



**UVM Research Studies Seeking Volunteers**

- [Dengue Fever Study](#)
- [Asthma Research Studies](#)
- [Evolution of lung disease ages 25 - 35](#)
- [LONG COVID study](#)

## COMMUNITY RESOURCES



**Vermont Farm To Family**

Helps you buy fresh fruits, vegetables & herbs at participating farmers markets and farm stands. [Link For Details](#)



**The Champlain Housing Trust** A Community Land Trust that supports the people of Northwest Vermont and strengthens their communities through the development and stewardship of permanently affordable homes and related community assets. [Link For Details](#)



**Non-Emergency Medical Transportation (NEMT)**

Medicaid provides transportation to appointments for covered services to members who don't have access to their own transportation. [Link For Details](#)

## TRAINING & DEVELOPMENT



**Employee Health & Wellness Coaching**

Build motivation and community to create and sustain your wellness. Join Osher Center for Integrative Health and Wellness Coaching faculty and students for a fun, experiential, and inspiring health and wellness coaching program. The 12-week, evidence-based coaching process is based on the [Open Source Wellness](#) model and will:

- Provide individual coaching to support your health-related goals.
- Empower you to make the changes that are important to you.
- Connect you with resources and community.

You will have **6 group and 6 individual coaching sessions** to help you make healthy behavioral changes that will help you thrive! This dynamic program is for UVM AND UVMCMC employees and runs twice a year. [Click for details](#).



[Events](#) [-Get Involved](#) [-Agendas & Minutes](#) [-CatSafe APP](#)



**Staff Council - serving as a voice and advocate for all staff at UVM since 1971**

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Hours: In-Person M, T, W 8:30 AM - 4:00 PM, Remote Th, Fri 8:30AM - 4PM  
[www.uvm.edu/staffcouncil](http://www.uvm.edu/staffcouncil)

