Wilderness TREK Sea Kayaking Packing List:

Headwear:
___ 1 baseball cap or sun visor
___ 1 fleece ski hat
___ 1 headlamp (w/ extra batteries!)
___ 1 pair of sunglasses

Upper body clothing:
___ 2 polypropylene or woolen long underwear top base layer (cotton is not acceptable!)
___ 2 t-shirts (polypropylene is preferred!)
___ 1 fleece jacket (sweatshirts and other cotton items are not acceptable!)
___ 1 light nylon windbreaker jacket (this is a good anti-mosquito layer)
___ 1 waterproof rain jacket (breathable preferred, no ponchos!)

Lower body clothing:
___ 1 polypropylene or woolen long underwear bottom base layer (cotton is not acceptable!)
___ 2-3 pairs of underwear
___ 2 pair of nylon hiking shorts
___ 1 bathing suit
___ 1 pair of wool or fleece pants
___ 1 pair of waterproof rain pants (breathable preferred)

Footwear:
___ 1 pair of boat shoes (closed toe water shoes highly recommended!)
___ 1 pair of camp shoes (sneakers or sandals to keep dry)
___ 2 pairs of lightweight wool or polypropylene socks

Equipment:
___ 2 waterproof dry bags (one to store sleeping bag, the other to store clothes) *** Dry bags can be NO LARGER THAN 10” DIAMETER or they won’t fit into kayak hatch.***
___ 1 lightweight duffel bag to carry gear to launch. NO BACKPACKS (they will not fit in boats)
___ 1 sleeping bag (mummy style rated at 30 degrees or lower)
___ 1 foam sleeping pad (Ensolite, Thermarest, or Ridge Rest)
___ 2 1-liter water bottle (BPA free!)
___ 1 mug, 1 bowl, 1 spoon
___ 1 cotton bandana
___ Toiletries (toothbrush, paste, brush, sunscreen, lip balm; NO soap or shampoo)
___ 1 small pocket knife

***If you wear contact lenses you MUST ALSO bring a pair of glasses***

Optional Items: Crazy Creek chair, Camelbak, gaiters, sunglasses, camera, book, readings to share, personal journal, waterproof pack cover, Frisbee, hackysack, wool gloves or mittens!

Space is limited in kayaks. PLEASE DO NOT BRING ITEMS NOT ON THE LIST. The kayaks we use have bulkheads separating storage compartments in the bow and stern from the cockpit area to keeping water (most) from intruding. Compartments are accessed through hatches on the deck of the boat. To pack, it is best to divide gear into smaller stuff sacks better able to fill narrow bow and stern compartments. Placing all gear in one or two large dry bags does not work... they won’t fit through hatches. Items that must be kept dry (sleeping bag, clothes, camera etc.) should be placed in small to medium sized dry bags for added protection. Gear can be carried to the launch in a duffel bag. Once the gear is in the boats, duffels can be left in the van until we return.