**Biohazardous Agent Reference Document (BARD) and**

**Information for Healthcare Providers in the Event of an Exposure**

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| The BARD is an additional guidance tool. It is not a substitute for a risk assessment, biosafety training, lab-specific training, SOP as required by the IBC or a formal [IBC master protocol registration](https://www.uvm.edu/rpo/biosafety-oversight). This document must be readily available in the laboratory, and it is the responsibility of the Laboratory Supervisor or Principal Investigator to ensure that all personnel have read and understood the information. The BARD is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Please bring this IBC-approved BARD with you to the UVMMC Emergency Department if there has been an exposure and someone requires medical assistance.  INSTRUCTIONS for BARD Preparation   1. Complete the blue Information for Healthcare Providers section. 2. Review the standard information contained in the green section of this document. 3. Add/revise information that is specific to your work in the laboratory (such as strain-specific information). Please be sure that the track changes function is turned on to indicate any changes that you make. 4. Submit the BARD along with your IBC master protocol registration or amendment. 5. Once approved by the IBC, all personnel must review this BARD. The PI will attest during the submission of the registration or amendment to add new personnel that each lab member has read and understands the material. | |
| **Information for Healthcare Providers**  Dear Healthcare Provider,  This individual works in a UVM research laboratory and has been exposed to a pathogen or toxin. Information about the materials this person may have been exposed to is listed below. You may also find useful additional information in subsequent pages of this reference document. | |
| **Pathogen Name:** | House Dust Mite extract (HDM) |
| **Pathogen/Toxin Classification:** |  |
| **List All Strains Used in the Laboratory:** |  |
| **List Resistant Genes Known to be Encoded:** |  |
| **Modes of Transmission *(mucous membranes, needle stick, inhalation)*:** | Inhalation, injection, dermal exposure, mucous membrane contact |
| **Known Medical Precautions and Treatment** | |

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| **Prophylaxis** | None available |
| **Vaccines** | None available |
| **Treatment and/or Post-exposure Intervention** | None available, supportive treatment only, move to clean air |
| **Surveillance** | Monitor for symptoms |
| **Additional Medical Precautions (immunosuppression, pregnancy, allergies)** | Individuals with allergies to dust mites or asthma triggered by dust mite allergies are at risk |

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| **Health Hazards** | |
| **Host Range** | Humans, other mammalian species |
| **Signs and Symptoms** | Sneezing, runny nose, itchy red or watery eyes, itchy nose mouth or throat, nasal congestion, sinus irritation, itchy skin, postnasal drip (a flow of mucus from behind your nose into your throat), or cough.  Asthma triggered by a dust mite allergy may also cause: Difficulty breathing, chest tightness or pain, a whistling or wheezing sound when breathing out, trouble sleeping caused by shortness of breath, coughing or wheezing |
| **Infectious Dose** | unknown |
| **Incubation Period** | n/a |
| **Exposure Procedures** | |
| **Mucous membranes** | Flush eyes, mouth or nose for 15 minutes at eyewash station, seek medical attention. |
| **Other exposures** | Wash area with soap and water for 15 minutes, seek medical attention |
| **Medical Follow-Up** | Contact UVMMC Infectious Disease Dept. directly at **(802) 847-2700** for immediate assistance. Bring this document with you if seeking medical care. |
| **Reporting** | Report all exposures or near misses to:   1. Your immediate Supervisor 2. SOS at 802-656-2560 and ask to have the EH&S team paged 3. Risk Management: <https://www.uvm.edu/riskmanagement/incident-claim-reporting-procedures> |
| **Laboratory Hazards** | |
| **Laboratory Acquired Infections** | Individuals with allergies to dust mites or asthma triggered by dust mite allergies are at risk |
| **Sources** | Individuals with allergies to dust mites or asthma triggered by dust mite allergies are at risk |
| **Characteristics** | |
| **Morphology** | Allergen derived from the body segments and/or fecal pellets of house dust mites |
| **Strain Specific Characteristics** | One of the major triggers for people with allergies or asthma |
| **Containment Requirements** | |
| **BSL - 1** |  |
| **BSL - 2** |  |
| **ABSL - 1** | Administration of the agent to an animal model, may be housed at ABSL-1 post-exposure |
| **ABSL - 2** |  |
| **Aerosol generating activities** | Centrifugation, homogenizing, vortexing or stirring, pipetting, pouring liquids, filling or expelling syringes |
| **Primary containment device (BSC)** | Use a biosafety cabinet for any procedures that have the potential to generate aerosols |
| **Personal Protective Equipment (PPE)** | |
| ***Minimum PPE Requirements*** | Nitrile gloves, lab coat, appropriate eye/face protection. Wash hands after removing gloves. |
| ***Additional Precautions***  ***(Risk assessment dependent)*** |  |
| **Viability** | |
| **Disinfection** | Steam autoclaving |
| **Inactivation** | Stable at room temperature and normal pressures |
| **Survival Outside Host** |  |
| **Spill Clean-Up Procedures** | |
| **Small Spill** | Notify others working in the lab. Allow aerosols to settle. Don appropriate PPE. Cover area of the spill with paper towels and apply approved disinfectant, working from the perimeter towards the center. Allow 30 minutes of contact time before clean up and disposal. Dispose in double biowaste bags and biobox. |
| **Large Spill** | **Inside of a lab:** Call UVM Service Operations at 656-2560 and ask to speak to a dispatcher. Ask them to page Risk Management and Safety.  **Outside of the lab:** Pull the nearest fire alarm and evacuate the building. Wait out front of the building for emergency responders to arrive. |
| **References** | |
| **American Lung Association** | <https://www.lung.org/clean-air/at-home/indoor-air-pollutants/dust-mites> |
| **Mayo Clinic** | <https://www.mayoclinic.org/diseases-conditions/dust-mites/symptoms-causes/syc-20352173> |
| **Asthma and Allergy Foundation of America** | <https://www.aafa.org/dust-mite-allergy/> |