



Guidelines for Registering in the ClinicalTrials.gov Registry

What Is ClinicalTrials.gov? Do I Need to Register My Clinical Trial? What Is the Definition of a Clinical Trial for Registration Purposes? Who is Responsible for Registering the Trial? How is a Trial Registered? When Are Registration Updates Required? Do Adverse Events Need to Be Posted? Do Basic Trial Results Need to be Posted? What Are the Consequences of Not Registering a Trial? What Is the Specific Wording Required in the UVM/UVM Medical Center Consent Form? Whom Do I Contact with Questions? References and Regulations

What Is ClinicalTrials.gov?

- <u>ClinicalTrials.gov</u> is a publicly available registry and <u>results database</u> of federally and privately supported clinical trials conducted in the United States and around the world.
- The purpose of ClinicalTrials.gov is to disclose to the public key information about clinical trials that are currently available or that have been conducted.
- ClinicalTrials.gov captures significant summary protocol information before and during the trial as well as and summary results and adverse event information of a completed trial.
- Federal laws and regulations as well as editors of prominent medical journals require registration
 of a clinical trial, as described below.
- The Web site is maintained by the National Library of Medicine and the National Institutes of Health.

Do I Need to Register My Clinical Trial?

Yes, if, as described below, your clinical trial

- meets the definition of clinical trial and
- you meet the requirements of the responsible person for registering the trial.

What Is the Definition of a Clinical Trial for Registration Purposes?

Three similar definitions of a "clinical trial" are provided below. If your study meets any one of these definitions, the trial should be registered.

The FDA (Food and Drug Administration) requires registration for "<u>applicable clinical</u> <u>trials</u>" defined as follows:

• For any trials of drugs and biologics: controlled clinical investigations, other than Phase I investigations, of a product subject to FDA regulation.

• For trials of biomedical devices: controlled trials with health outcomes of devices subject to FDA regulation, other than small feasibility studies, and pediatric post-market surveillance.

The ICMJE (International Committee of Medical Journal Editors) definition of a <u>clinical trial</u> includes:

• Any research study that prospectively assigns human participants or groups of humans to one or more health-related interventions to evaluate the effects on health outcomes.

The NIH defines a <u>clinical trial</u> as

• A research study in which one or more human subjects are prospectively assigned to one or more interventions (which may include placebo or other control) to evaluate the effects of those interventions on health-related biomedical or behavioral outcomes.

Who is Responsible for Registering the Trial?

By law, the "responsible party" must register a clinical trial. The responsible party is defined as:

- The *sponsor* of the clinical trial
 - OR
- The *principal investigator* (PI) of the clinical trial if so designated by a sponsor, grantee, contractor, or awardee. For *investigator-initiated* clinical trials, the PI must register the trial since the PI is responsible for conducting the trial, has access to and control over the data, has the right to publish the results of the trial, and has all of the information necessary to complete the registration.
- For **investigator-initiated clinical trials**, whether or not there is industry funding or, in fact, if there is no funding, the PI is considered the sponsor and is responsible for registering the clinical trial.
- For those studies that involve an application for *an Investigational New Drug (IND)* or *Investigational Device Exemption (IDE)*, the responsible party may be someone other than the PI. If the PI receives NIH or other government funding for a trial, particularly those that do not include an IND or IDE application, the PI is the responsible party. To ensure that any extramurally funded trial is properly registered, the PI should contact the sponsor for clarification.
- For *clinical trials that are being performed at multiple institutions,* the lead sponsor should take responsibility for registering the trial. If the PI is not the lead sponsor, he or she should work with the other investigators and sponsors to ensure that the trial is registered only once for the entire project.

When and How Does a UVM/ UVM Medical Center PI Register a Trial?

When do I register my clinical trial?

You must register a trial before any subjects are enrolled. *The FDA requires you to register no later than 21 days after the first subject is enrolled;* **however,** *the ICMJE requires registration* <u>before the first subject is enrolled</u>. To avoid publication restrictions imposed by the ICMJE, register your trial before enrolling the first subject. You may expect each registration to take approximately 1 to 2 hours.

What are the Steps for Registering?

Clinical trials are registered on <u>ClinicalTrials.gov</u> via a web-based data entry system called the Protocol Registration System (PRS). As a PRS user you are responsible for ensuring that the information you provide on your trial is correct, complete, readily understood by the public, and updated in a timely manner.

Obtain an Individual User Account: Go to https://clinicaltrials.gov/ct2/apply-account-individ?indivAccount=true

The following information is provided to assist you in completion of the application:

Accept the terms and conditions in the first box.

Sponsor information

Organization Name, Address, Contact, Phone, and Email

If your study is managed by Sponsored Projects Administration (SPA), or UVM funded, please use the UVM information below. This will be the office that will be contacted by regulators in situations where you are not compliant with registration or reporting requirements.

University of Vermont 217 Waterman Building 85 South Prospect Street Burlington, VT 05405 USA

Sponsored Projects Administration (802) 656-3360 spa@uvm.edu

 If your study is managed by Office of Clinical Trials Research (OCTR), or UVM Medical Center funded, please use the UVM MC information below. This will be the office that will be contacted by regulators in situations where you are not compliant with registration or reporting requirements.

The University of Vermont Medical Center 111 Colchester Ave Burlington, VT 05401 USA

Office of Clinical Trials Research (802) 656-8990 clinicaltrials@med.uvm.edu

Investigator Information

Investigator Name, Phone, Email

- Enter **YOUR** information, not the PI, unless you are the PI of the study.
- For the Affiliation field, leave blank (this assumes the investigator is affiliated with UVM/UVM MC, which is the sponsor for this purpose).

Regulatory Authority and Address

 if your study involves an investigational drug, device or biologic, list the United States Food and Drug Administration.

United States Food and Drug Administration 5600 Fishers Lane Rockville, MD 20857

 If your study does not involve an investigational drug, device or biologic, list the UVM Institutional Review Board.

Research Protections Office 213 Waterman Building 85 South Prospect St Burlington, VT 05405 USA

- When finished select "Submit Application" at the bottom of the application page.
- Within approximately 24 hours you will receive an email from ClinialTrials.gov Registration which gives you a user name and password and instructs you to login and change your password as soon as possible. The email will also provide the PRS web site address for the registration process.
- <u>Create a Protocol Record</u>^{*}: A trial is registered in the system by creating a "protocol record."
 Click on the *Create* link under *Protocol Records* on the Main Menu and fill in a series of data entry screens. Clicking on the various fields will allow you to access instructions for that field. If you still have questions, <u>mailto:register@clinicaltrials.gov</u>

*The initial protocol record must be created by the Responsible Party. After that it may be delegated to another person.

- **Review the Protocol Record:** After filing in the last data entry screen, the *Edit Protocol* screen will appear. Review the information for accuracy and completely and address any ERRORS, ALERTS, WARNINGS, or NOTES in the protocol record. If you fail to do so, you cannot complete the registration process.
- Mark the Protocol Record as Complete: If you fail to mark your record as complete, it will not be approved and released for publication and your trial will not be properly registered.
- Keep your Protocol Record Up-To-Date: An affirmative verification or update of the data in the protocol records that have not been closed or terminated is required every six months. Failing to login to the PRS and confirm or update your record(s) every six months, regardless of whether there has been a change to the trial or not, may result in a loss of funding and/or the inability to publish the results of a trial in an ICMJE associated journal.

IMPORTANT NOTE: You will receive a reminder e-mail notification from clinicaltrials.gov once every six months to update your study information.

Suggestions for Completing Certain Items:

- Using an electronic version of your protocol materials allows you to copy and paste information into the requested data fields.
- **Source Information:** It will be helpful to have the protocol, the informed consent document, the IRB application and the IRB approval letter on hand.

- Unique protocol ID: Use a combination of letters and numbers
- **IND/IDE Number:** If an IND or IDE is involved, you will need to enter the serial number. Refer to the IND/IDE letter from the FDA
- **Record Verification Date:** The date of the most recent IRB approval. This date alerts the public as to whether the information is being kept current, particularly with reference to recruiting status and contact information.
- Study Start Date: Use date enrollment began--not date of IRB approval.
- Last Follow-up Date: Actual date that the last subject was examined or treated or anticipated date when expected last follow-up will occur.

Helpful Hints:

- Smart forms. The PRS data entry forms are "smart". This means that some fields will appear (or not) depending upon your answers to other questions.
- Optional elements. A symbol indicates whether each data element is optional or required.
- Special characters, formatting tips. See the PRS User's Guide for formatting and special character information. For example: ≤ or ±
- One or multiple sessions. You do not need to complete the registration in one sitting.
- Downloading a copy of the record. Section 5.1 of the PRS User's Guide describes how to download a RTF file of your record. This can then be imported into Microsoft Word (or another word processing program) which is very useful for editing and sharing a record with co- workers.
- HIGHLY RECOMMENDED: Review what you have entered before you submit the record. Section 5.1 of the PRS User's Guide describes several different ways to check your record. The PRS Protocol Review Criteria document is also useful.

When Are Registration Updates Required?

Updates within 30 days are required for most data elements including:

- Individual site status and overall recruitment status data elements
- Primary completion date data element
- For a complete list of when certain changes must be updated please refer to the table here

Other changes or updates to the record must be made at last every **12 months**.

Do Adverse Events Need to be Posted?

As of September 27, 2009 posting of adverse events is mandatory. Adverse Event posting is required for trials of FDA-approved drugs and biologics. The following *must* be reported:

- Serious adverse events and
- Other (non-serious) adverse events that exceed a frequency threshold of five percent in any arm of the trial

IMPORTANT NOTE: These reporting requirements are different from the UVM/UVM Medical Center reporting requirements. Reference <u>Policies & Procedures</u> for details.

Do Basic Trial Results Need to be Posted?

- As of September 2008, posting basic study results is required within **12 months** after primary endpoint completion date.
- Basic results posting is required for trials of FDA-approved drugs and devices.

Exceptions:

- Trials involving FDA-regulated products and whose results will be used very soon for seeking FDA approval, licensure, or clearance can request a delay for up to two additional years. This will rarely apply to anything except industry-initiated trials.
- Secondary outcome measures or additional adverse event information that is not collected by the primary completion date: Though the primary measures must still be reported by the one-year deadline, these additional measures may be reported as follows:
 - Secondary outcomes: One year after the date on which the final subject is examined or receives an intervention for the purposes of final collection of data for the secondary outcome measure
 - Adverse events: One year after the date of data collection for the additional adverse event information
- Extensions for good cause: The PI may request an extension of the deadline, prior to the date on which the results reporting would otherwise be due.
- Waiver of results reporting for privacy or national security reasons

What Must Be Reported?

- As of January 21, 2019, under the <u>Revised Common Rule (45 CFR Part 46)</u>, one version of the consent form used to enroll participants must be posted on a publicly available Federal website. The form must be posted after recruitment closes, and no later than 60 days after the last study visit. Only the final version is needed. There is no requirement to post all consent form versions.
- Results are reported by completing four topic-specific modules.
- Almost all information must be entered in tabular format.
- Results cannot be reported by uploading publications.
- The PRS system provides numerous helpful documents and templates for each of the four results modules. The templates are especially useful, because they assist researchers in identifying and organizing the information needed by the PRS system.

General Documents and Links

- <u>PRS Help: Results Modules</u>. For each of the four modules, this PRS document provides a description, resources, data elements, examples, and data entry tips.
- <u>PRS Results Data Element Definitions</u>. This PRS documents provides definitions for each of the results data elements, and indicates whether each element is optional.
- <u>PRS Review Criteria for Results</u> describes the criteria used by the PRS system to assess completeness and consistency of results.

What are the Consequences of *Not* Registering a Trial?

There are penalties for responsible parties who fail to register clinical trials, keep the information up to date, or submit false or misleading information.

- Civil monetary penalties are allowed under FDA regulations.
- For federally-funded trials, the penalties could include withholding or recovery of grant funds.
- The inability to publish the results of a trial in an ICMJE associated journal.

What is the Specific Wording Required in the UVM/ UVM Medical Center Consent Form?

In the UVM/UVM Medical Center consent form in the section "What About Confidentiality" include the following wording:

"Clinical Trials Registration

A description of this clinical trial will be available on http://www.ClinicalTrials.gov, as required by U.S. Law. This Web site will not include information that can identify you. At most, the Web site will include a summary of the results. You can search this Web site at any time."

Does the registration posting need review by the IRB or the Research Protections Office?

No. While it is true that ClinicalTrials.gov was initially established as a place where potential subjects and others could obtain information about clinical trials, the primary intent of registration is to ensure that research results can be published in scientific journals. Registration is performed by completing a template, and there is little, if any, room for creativity. The IRB does not review the postings.

Whom Do I Contact with Questions?

If you have questions, contact 656-9404/9407 Research.Navigator@med.uvm.edu

References and Regulations

Clinical Trials.gov

- <u>ClinialTrials.gov registry</u>
- <u>Clinical Trials.gov Protocol Registration System</u>
- <u>Clinical Trials.gov Fact Sheet</u>
- ACT Checklist

Food and Drug Administration

- Food and Drug Administration Amendments Act (FDAAA) of 2007
- Food and Drug Administration Modernization Act (FDAMA) of 1997
- FDAAA Public Law 110-85, Title VIII, Section 801

International Committee of Medical Journal Editors website

ICMJE Initiative

National Institutes of Health

- <u>NIH Guide Notice NOT-OD-08-014</u>
- <u>NIH Guide Notice NOT-OD-10-007</u>
- <u>NIH Clinical Trials Definition</u>