

**UVM Real Food Working Group**  
October 19, 2018 | 3:15-4:45 PM | Davis 403

Facilitator: Taran

Notetaker: Betsy

**Introductions and Warm Up**

1. Name, pronouns, affiliation (5 mins)
  1. Taran, Ariane, Armand, Lauren, Mackenzie, Eva, Nell, Betsy, Devon, Matt Myers, Andre
2. Reflect on and share our passion for this work (15 min)
  1. Mackenzie: visited a farm recently, saw their operation, felt inspired
  2. Armand: Used to living and eating local, and the more I work in food service and the more I become connected to this work
  3. Marissa: the more I talk to chefs, the more excited I become
  4. Matt: father became self sufficient in an old farmhouse/lived very sustainably. Connected to food and lifestyle
- a. Matt's introduction (5 min)
  1. I worked with student groups before in every kind of capacity (director of counseling, dean): Johnson State University. Has had the education to be a high school counselor, but prefers to be
  2. It would be an honor to work with this group--as an interim until the end of June 30
  3. Eva: What do you want to do after June 30;
    - a. Interested in moving to Toronto. I have 3 daughters who have recently graduated and moved. Looking for a new project, my work has been historically project-based.
  4. Armand: What program did you set up in India?
    - a. Ladaki, City in the mountains (similar to Nepal). Honors curriculum for 16 VT high school students. I taught Ladak history and spent one day to go to the woods. Helped to facilitate the logistics of the time throughout the country.

**Calculator Update (5 min)**

2. 2.1 RF Standards (Marissa)
  - a. Green--hitting the gold standard; yellow--will still count towards our real food percentage but not ideal; red--does not count
  - b. Thanks to Laura, who is the Real Food Calculator Intern, who is in the math department and has an interest in Nutrition. She went through line by line to see what is different in each category. Certain certifications are a bit jargon-y and likely will not impact the work that we do.
  - c. Baked good and beverage companies must gross 50 mil. a year or less. This will have an impact on what we do. Vermont Bread co. may not fit into this category.

- d. Fair Trade Certified is no longer going to count (or as a yellow category). This is most of our coffee and tea
- e. Ecologically sound: not sure if there was much of a change for us here; Most of our ecologically sound is USDA organic
- f. Humane: American certified humane is no longer qualified as a greenlight. AWA is the new gold standard--we don't have any that are AWA certified but some that are moving in that direction such as Black River Produce.
  - i. Springer Mountain Chicken
- g. Laura and Marissa are still sifting through this information, feel free to reach out to Marissa. If you are interested in specific certification information, there is a lot of resources online
  - i. ASPCA has a Humane guide
- h. We were not accepted for the Kendall Foundation Grant; Can reapply next year
- i. Armand: This seems to be a bit unrealistic with Vermont's scale
- j. Marissa: open herd to closed herd practices
- k. Nell: interested in the price points of openherd to closed herd practices
- l. Marissa: this falls back into our post 2020, do we want to look at another measuring tool
- m. One a positive note: we were ranked third in the country for the Princeton Review

#### **Charter Review Activity (20 min)**

Passed for the sake of time

#### **RFWG Action Team Project Plan 2018-2019 Review (5 min)**

- n. Brainstorm session → Action Team (Betsy)

#### **Action Team Breakout (35 mins)**

- o. Pick your point person, set a time to meet, add changes to the action team Matrix (Taran)
- p. Marissa: Do we have permission to
  - 1. Reach out to other Real Food Working Groups
    - a. Is there a level of tension between working groups and national after this update
    - b. This would be related to internal and external policy
    - c. External policy (Nell and Eva) were more interested in chatting with Farmers
    - d. What was the process of picking 2.1?
  - 2. Doing a cost analysis of implementing 2.1
    - a. More precisely with Fair Trade
    - b. Nell: reach out to PJC, 1/3 of work is related to fair trade
- ii. 2.1
  - 1. Feels a little elitist
  - 2. Not entirely feasible with the work that is happening in Vermont

### **Closing and next steps (10 mins)**

q. 'I liked' and 'how abouts' (everyone!)

3. I like having break out groups

a. Friday meetings at 3:15 and 2 hour meetings

b. Armand!

4. How about

a. Stricter sticking to the schedule

b. OK with an extra 15 minutes

c. Having time to share breakout findings to the whole group

### **Parking Lot:**

- Farmers getting certified and how difficult that is for them
  - Project ideas for Kendall Grant to build up farmer certifications
- Further conversations
- Send questions to Dominique at the calculator regarding the standard updates

## **RFWG Members**

### **Students**

- Taran Wise (co-chair)
- Betsy McGavisk (co-chair)
- Bridget Dorsey
- Lauren Berkley
- Alyssa Mamuszka
- Nell Carpenter
- Mackenzie Bolas
- Ariane Goldsmith
- Andre Paul
- Eva Kinnebrew
- Laura Jennings (Calculator Intern)
- Ann Chiarenzelli (Dining Fellow)

### **Administration/Staff**

- Matt Myers

### **Dining**

- Marissa Watson
- Annie Rowell
- Brandon Williams
- Armand Lundie

### **Faculty**

- Sylvia Geiger

### **In-Depth Agenda, 10.19.18, Davis 403**

1. Introduce everyone and share name, pronoun, affiliation (5 min)
2. Reflect on and share our passion for this work (15 min)
  - a. Individually reflect on a time in your life that in some way shape your passion for this work
  - b. Turn to someone sitting next to you and share your reflection with your partner
  - c. Return to the larger group and we will hear a sample with your sharing (popcorn)
    - i. Let's hear something you learned or something you said about the source of your passion
3. Taran and Betsy introduce concept of 'parking lot' (2 min)
4. Listen to Matt's introduction as an advisor and pose any questions that we may have (5 min)
5. Examine recent changes in calculator guidelines and consider how this is relevant to the work of the group and pose any of our questions (5 min)
6. Critically review the charge/scope of activities of the RFWG as outlined by the Charter (20 min)
  - a. Read the scope and activities of the RFWG; We do not have a specific mission within the RFWG Charter--perhaps this is something we ought to consider moving forward
  - b. Put a star by those that connect with your passions to the work of RFWG and share with someone other than the initial share
  - c. Circle areas for clarification of scope of work and we will hear a sample in the whole group
7. Review and share our questions about the RFWG Action Team Matrix 2018-2019 (and 2017-2018) (40 min)
  - a. Betsy and Taran introduce the rest of the meeting: at this point we are going to shift to working within action teams. The matrix will be displayed on projector screen and there will be some copies in the room. Members will determine at least one team in which they would like to participate.
  - b. Go to that table connected with action team and do these tasks:
    - i. Review the listed projects
    - ii. Add or change as you see fit
    - iii. Brainstorm goals for the projects
    - iv. Pick a point person
    - v. Set a time to meet
    - vi. Betsy and Taran take pictures of, the point person keeps the copy (or add changes into the google document)
    - vii. The AT will be contacted within a week to discuss clarifications and changes
    - viii. Have one to two meetings between now and November's meeting
      1. Consider projects and goals of the action teams
8. Closing and next steps
  - a. 'I liked' and 'how abouts' (5 min)
    - i. What did you like about the facilitation and the content? What would you like to see for our next meeting?
  - b. Date of next meeting (1 min)
    - i. Friday, November 9 tentatively 3:15
    - ii. In our update email, we will include the doodle poll again
  - c. Upcoming events (1 min)
    - i. Taking Root Symposium Oct. 28 (Sunday)
      1. Applications and scholarships are still being accepted