Standard Specification for
Asbestos Abatement
2018

Prepared for and by

The University of Vermont
Department of Physical Plant
Training and Compliance Office
284 East Avenue, P.O. Box 0501
Burlington, VT 05405
(802) 656-7233
Table of Contents

PART 1 General Information

1.1 Applicable Standards and Guidelines p. 03
   1.1 (A) General Requirements p. 03
   1.1 (B) Specific Requirements p. 03

1.2 Submittals and Notices p. 03
1.3 Site Security p. 04
1.4 Emergency Planning p. 05
1.5 Joint Scope Meeting p. 07

PART 2 Materials and Equipment

2.1 Materials p. 07
2.2 Equipment p. 08

PART 3 Execution

3.1 Preparation p. 11
   3.1 (A) Work Areas p. 11
   3.1 (B) Worker Decontamination Enclosure System p. 12
   3.1 (C) Waste Container Pass-Out Air-Lock p. 14
   3.1 (D) Isolation of the Work Area and Occupied Areas p. 14
   3.1 (E) Maintenance of Workplace Barriers and Enclosures p. 14
   3.1 (F) Removal of Ceiling Grid Suspension System p. 15
   3.1 (G) Prior to the Commencement of Work p. 15
   3.1 (H) Alternative Procedures p. 16

3.2 Workplace Entry and Exit Procedures p. 16
   3.2 (A) Personnel entry and exit p. 16
3.2 (B) Waste Container Pass-out Procedures p. 17
3.3 Personal Protective Equipment p. 18
  3.3 (A) Training p. 18
  3.3 (B) Respiratory Protection p. 18
  3.3 (C) Protective Clothing p. 19
3.4 Removal Procedures p. 19
3.5 Clean-up Procedures p. 20
3.6 Clearance Air Monitoring p. 21
3.7 Encapsulation Procedures p. 21
3.8 Enclosure Procedures p. 22
3.9 Disposal Procedures p. 22
3.10 Re-establishment of Work Area Systems p. 23

PART 4 Payment and Recording

4.1 Payment p. 23
4.2 Additional Job Orders p. 23
4.3 Project Closure Records p. 23

APPENDIX A Site Inspection Check List
PART 1 General Information

1.1 Applicable Standards and Guidelines

1.1 (A) General Requirements

1.1 (A) i All work under this contract shall be done in strict accordance with all applicable Federal, State and Local regulations, standards and codes governing asbestos abatement and any other trade work done in conjunction with the abatement.

1.1 (A) ii The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflicts among the requirements or with these specifications exist the most stringent requirements shall be utilized.

1.1 (A) iii Copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.1(B) shall be available at the worksite in the clean change area of the worker decontamination system.

1.1 (B) Specific Requirements

1.1 (B) i Occupational Safety and Health Administration (OSHA)

1.1 (B) i a Title 29 Code of Federal Regulations Section 1926.103 - Respiratory Protection Construction Standard

1.1 (B) i b Title 29 Code of Federal Regulations Section 1926.1101 – Asbestos for Construction Industry

1.1 (B) i c Title 29 Code of Federal Regulations Section 1910.2 - Access to Employee Exposure and Medical Records

1.1 (B) i d Title 29 Code of Federal Regulations Section 1926.59 - Hazard Communication

1.1 (B) ii Environmental Protection Agency - (EPA)

1.1 (B) ii a Title 40 Code of Federal Regulation Part 61 Subparts A and M (Revised Subpart B) - National Emission Standard for Asbestos

1.1 (B) ii b Title 40 Code of Federal Regulation Part 763 - Model Accreditation Plan for Asbestos

1.1 (B) iii Vermont Department of Health - (VDOH)

1.1 (B) iii V.S.A. Title 18, Chapter 26, Effective February 1987; Amended November 1995

1.2 Submittals and Notices

1.2 (A) The Contractor shall:

1.2 (A) i Prior To Commencement of Work (All documentation shall be submitted via e-mail or faxed to the UVM Project Monitor no later than 24 hours prior to the start of the project):

1.2 (A) i a Should abatement projects involve amounts of asbestos greater than 160 square feet, 260 linear feet or 35 cubic feet written notification shall be sent in accordance with 40 CFR Part 61.146 of subpart M, to the appropriate Federal air pollution control agency responsible for the enforcement of the National Emission Standard for Asbestos at least ten (10) working days prior to the commencement of any on-site project activity. Provide the University with a copy of the notice.

1.2 (A) i b Submit proof satisfactory to the University that required permits have been obtained.

1.2 (A) i c Submit documentation satisfactory to the University that the Contractor’s employees, including foreman, supervisors and any other company personnel or agents who may be exposed to airborne asbestos fibers or who may be responsible for any aspects of abatement activities, have received adequate training.

1.2 (A) i d Submit documentation from a physician or licensed health care professional (PLHCP) that all employees or agents who may be exposed to airborne asbestos in excess of background level have been provided with an opportunity to be medically monitored to determined whether they are physically capable of working while wearing a respirator required without suffering adverse health effects. In addition, document that personnel have received medical monitoring as required in OSHA 29 CFR 1926.1101 (m). The Contractor must be aware of and provide information to the examining physician about unusual conditions in the workplace.
environment (e.g. high temperatures, humidity, and chemical contaminants) that may impact on the employee’s ability
to perform work activities.

1.2 (A) i  With the University, inspect the premises wherein all abatement and
abatement related activities will occur and submit a statement signed by both, agreeing on building and fixture
condition prior to the commencement of work.

1.2 (A) ii  Submit documentation of respirator fit-testing for all Contractor
employees and agents who must enter the work area. The fit-testing shall be in accordance with quantitative fit-testing
procedures as detailed in OSHA 29 CFR 1926.103 and VRAC V.S.A. Title 18, Chapter 26. The Training and
Compliance will provide quantitative fit tests. Arrangements shall be made prior to the start of the project.

1.2 (A) ig  Submit documentation of current certification by the Vermont
Department of Health for all Contractor employees and agents who must enter the work area.

1.2 (A) During Abatement Activities
1.2 (A) ia  Weekly progress meetings will be scheduled at the pre-construction
/joint scope meeting so that job progress reports can be given detailing abatement activities. Reports shall include
review of progress with respect to previously established milestones and schedules, major problems and action taken,
injury reports, equipment breakdown and bulk material and air sampling results conducted by Contractor’s Air
Sampling Professional.

1.2 (A) ib  Post in the clean change area of the worker decontamination enclosure a
list containing the names of emergency personnel who may be required to assist during abatement activities.

1.2 (B) The University shall:
1.2 (B) i  Prior to Commencement of Work:
1.2 (B) ia  Notify occupants of work areas that may be disrupted by the abatement
of project dates and requirements for relocation. Arrangements must be made prior to start, for relocation of desks,
files, equipment and personal possessions to avoid unauthorized access into work area.

1.2 (B) ib  Submit to Contractor, results of pre-abatement air sampling (if
conducted) including location of samples, names of the Air Sampling Professional, equipment utilized
and method of analysis.

1.2 (B) ic  Document that University’s employees who will be required to enter the
work area during abatement have received all proper training.

1.2 (B) id  Provide to the Contractor information concerning access, shutdown and
protection requirements of certain equipment and systems in the work area.

1.2 (B) ie  Provide to Contractor a copy of campus map with work site location for
emergency planning.

1.2 (B) During Abatement:
1.2 (B) ia  Submit to the Contractor, results of bulk material analysis and air
sampling data collected during the course of the abatement. These sample results are for information only. They serve
only to monitor Contractor performance during the project and shall not release the Contractor from any responsibility
to sample for OSHA compliance.

1.3 Site Security
1.3 (A)  The work area is to be restricted only to authorized, trained, and protected
personnel. These may include the Contractor’s employees, employees of Subcontractors, University employees and representative, State and local inspectors and any other designated
individuals.

1.3 (B) Entry into the work area by unauthorized individuals shall be reported
immediately to the University by the Contractor.

1.3 (C) Two separate logs shall be maintained in the clean change room of the
worker decontamination system, one for anyone who enters the containment area and the other for
anyone who visits the job site. Each person must record name, affiliation, time in and time out for
each entry.

1.3 (D) Access to the work area shall be through a worker decontamination system.
All other means of access (doors, windows, hallways, etc.) shall be blocked or locked so as to
prevent entry to or exit from the work area. The only exceptions for this rule are the waste pass-
out airlock which shall be sealed except during the removal of containerized asbestos waste from
the work area, and emergency exits in case of fire or accident. Emergency exits shall not be locked from the inside; however, they shall be sealed with 2 layers of 6 mil polyethylene sheeting and duct tape until needed.

1.3 (E) Contractor should have control of site security during abatement operations whenever possible, in order to protect work efforts and equipment. If site is secured with lock and key, the University shall have a copy of the key and/or instant access.

1.3 (F) Contractor will have University’s assistance in notifying building occupants of impending activity and enforcement of restricted access by University’s employees.

1.3 (G) Contractor will comply with the University’s badge identification policy. S

1.4 Emergency Planning

1.4 (A) Emergency planning shall be developed prior to abatement initiation and agreed to by Contractor and University.

1.4 (B) Emergency procedures shall be in written form and prominently posted in the clean change room and equipment room of the worker decontamination system. Everyone prior to entering the work area must read and sign these procedures to acknowledge receipt and understanding of the work site layout, location of emergency exits and emergency procedures.

1.4 (C) Emergency planning shall include but is not limited to, written notification of police, fire and emergency medical personnel of planned abatement activities, work schedule and layout of the work area, particularly barriers that may affect response capabilities.

1.4 (D) Emergency planning shall include, but is not limited to, considerations of fire, explosion, toxic atmospheres, electrical hazards, slips, trips and falls, confined spaces and heat related injury. Written procedures shall be developed by the Contractor and training in procedures shall be provided to employees.

1.4 (E) Employee shall be trained in evacuation procedures in the event of workplace emergencies.

1.4 (E) i For non-life-threatening situations - employees injured or otherwise incapacitated shall decontaminate following normal procedures with assistance from fellow workers if necessary, before exiting the workplace to obtain proper medical treatment.

1.4 (E) ii For life-threatening injury or illness, worker decontamination shall take least priority after measures to stabilize the injured worker, remove them from the workplace and secure proper medical treatment.

1.4 (F) An adequate number of fire extinguishers and first aid kits shall be available both inside and outside containment.

1.4 (G) Telephone numbers of all emergency response personnel shall be prominently posted in the clean change area and equipment room and at the location of the nearest telephone.
1.5 Joint Scope Meeting

1.5 (A) The Contractor shall attend a joint scope meeting with representatives of the University at the Training and Compliance Office.

1.5 (B) The Contractor and supervisory personnel who will provide on-site direction of the abatement activities must attend.

1.5 (C) Upon notice to proceed and prior to commencement of work, the Contractor shall provide all submittals as required in Section 1.2 (Submittals and Notices) for the project. In addition the Contractor shall be prepared to provide detailed information concerning:

1.5 (C) i Preparation of the work area.

1.5 (C) ii Personal protective equipment including respiratory protection and protective clothing.

1.5 (C) iii Employees who will participate in the project, including delineation of experience, training, and assigned responsibilities during the project.

1.5 (C) iv Decontamination procedures for personnel, work area and equipment.

1.5 (C) v Abatement methods and procedures to be utilized.

1.5 (C) vi Required air monitoring procedures.

1.5 (C) vii Procedures for handling waste materials.

1.5 (C) viii Procedures for final decontamination and cleanup.

1.5 (C) ix A timeline of work and performance schedule.

1.5 (C) x Emergency procedures.

1.5 (C) xi Parking arrangements shall be compliant with the most current University of Vermont parking policy.
PART 2 Materials and Equipment

2.1 Materials

2.1 (A) General (all abatement projects)

2.1 (A) i Deliver all materials in the original packages, containers or bundles bearing the name of the manufacturer and the brand name (where applicable).

2.1 (A) ii Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Replacement materials shall be stored outside of the work area until abatement is completed.

2.1 (A) iii Damaged, deteriorating or previously used materials shall not be used and shall be removed from the work site and disposed of properly. The University representative has the authority to reject any unacceptable materials and equipment.

2.1 (A) iv Polyethylene sheeting for floor, walls, stationary objects and all other uses shall be a minimum of 6-mil thick.

2.1 (A) v Duct tape or other waterproof tape, spray glue, staples, screws or other effective procedures capable of sealing adjacent sheets of polyethylene and capable of sealing polyethylene to dissimilar finished or unfinished surfaces under both wet and dry conditions shall be utilized.

2.1 (A) vi Polyethylene sheeting utilized for worker decontamination enclosure shall be opaque white or black in color.


2.1 (A) viii Disposal drums shall be fiberboard with locking ring tops.

2.1 (A) ix Stick-on labels as per EPA and OSHA requirements (see 2.1 (a) viii) for disposal drums.

2.1 (A) x Danger signs as required by OSHA 29 CFR 1910.1001 (j) (2) (ii) and 29 CFR 1926.1101 (k).

2.1 (B) Removal

2.1(B) i Mastic Tile Adhesive Products

When removing mastic and adhesives associated with flooring systems the contractor will use abrasive or scraping methods under wet conditions. The mastic and/or adhesive shall be removed such that, when completed, there are no remaining ridges or undulations of mastic and/or adhesive and no further preparation (aside from leveling the uneven substrate) is required for the installation of new flooring.

The use of mastic solvents will be under the discretion of the University. The determination of removal method will be made and agreed upon by the University and the contractor prior to the commencement of work. If a mastic solvent is used, all traces of the chemical shall be removed to prevent problems with replacement flooring in accordance with the manufacture’s recommendation. In addition, the contractor shall apply solvents in a manner that will not allow the product to migrate from the project area. The contractor shall be responsible for damages to building components, finishes, or other University property due to the release of liquid mastic removers to area adjacent or below the project area. At project completion, the substrate shall be left in such a state as to comply with all requirements and recommendations of the manufacturer of the replacement flooring. The following mastic/adhesive removers shall be used:
When removing mastic that is asphalt based the contractor will use Sentinel® #909™ Low Odor Mastic Remover.

When removing mastic that is associated with carpet the contractor will use Sentinel ® #626 Carpet Adhesive Remover.

For neutralizing the floor after mastic has been removed the contractor will use Sentinel ® #805 ™ TSP Final Wash.

If the contractor chooses products other than what is listed above, section 2.2 (D) Substitutions must be followed.

Surfactant (wetting agent) shall be a 50/50 mixture polyethylene ether and polyoxyethylene ester, or equivalent, mixed in a proportion of 1 gallon to 5 gallons of water or as specified by manufacturer. (An equivalent surfactant shall be understood to mean a material with a surface tension of 29 dynes/cm as tested in its properly mixed concentration, using ASTM method D1331-56- “Surface and Interfacial Tension of Solutions of Surface Active Agents.” ) Where work area temperature may cause freezing of the amended water solution, the addition ethylene glycol in amounts sufficient to prevent freezing is permitted.

It will be necessary to test the adhesion if new material is to be applied to the encapsulated substrate. Some manufacturers of replacement materials will not provide a material warranty on products applied over painted, encapsulated or otherwise coated surfaces. Without proper testing, the material may “fail” and require replacement at the University’s expense.

Replacement spray or trowel applied, thermal systems insulation, acoustical, flooring and roofing materials shall be asbestos-free and provide performance characteristics equal to or better than the original material, and should be evaluated and selected by the University prior to abatement.
2.1 (D) **Encapsulation Materials**

2.1 (D) i Encapsulation materials shall conform with the following characteristics: PENETRATING

2.1 (D) i a Encapsulants should not be solvent-based or utilize a vehicle (the liquid in which the solid parts of the encapsulant are suspended) consisting of hydrocarbons.

2.1 (D) i b Encapsulants shall not be flammable.

2.1 (D) i c Encapsulation may significantly alter the acoustical characteristics of a material, the fire rating of a material, or the bond of the material to the substrate. These factors must be considered during the abatement method selection process.

2.1 (D) i d Not all encapsulants are approved for use, confirm acceptance with the University.

2.1 (D) ii Additional materials as necessary for removal, as specified in 2.1 (B).

2.1 (E) **Enclosure Materials**

2.1 (E) i Enclosure material shall conform with the following characteristics.

2.1 (E) i a The enclosures shall be constructed of materials such that when the enclosure is completed there is limited potential for impact damage to the enclosure, no potential for fiber release and meet all applicable fire codes.

2.1 (E) i b Other [Please refer to Contract Documents for specific requirements]

2.1 (E) ii Additional materials as necessary for removal, as specified in 2.1 (A).

2.2 **Equipment**

2.2 (A) **General (all abatement projects)**

2.2 (A) i The University representative has the authority to reject any unacceptable equipment.

2.2 (A) ii A sufficient quantity of negative pressure ventilation units equipped with HEPA filtration and operated in accordance with ANSI 29.2-79 (local exhaust ventilation requirements) and EPA 560/5-83-002 Guidance for Controlling Friable Asbestos-Containing Materials in Buildings Appendix F: Recommended Specifications and Operating Procedures For the Use of Negative Pressure Systems for Asbestos Abatement shall be utilized so as to provide one workplace air change every 8 minutes.

To calculate total air flow requirement:

\[
\text{Total ft}^3 / \text{min} = \frac{\text{Vol. of work area (in ft}^3\text{)}}{8 \text{ minutes}}
\]

To Calculate the number of units needed for the abatement:

\[
\text{Number of units needed} = \frac{[\text{Total ft}^3 / \text{min.}]}{[\text{Capacity of unit in ft}^3 / \text{min.}]}\]

If air-supplied respirators are utilized estimate the volume of supplied air and add to workplace air volume when calculating ventilation requirements. For small enclosures and glove bags, a HEPA filtered vacuum system may be utilized to provide negative air pressure.

2.2 (A) iii Full facepiece Powered Air Purifying Respirators (PAPR) equipped with HEPA filters and or respirators with a higher NIOSH assigned protection factor may be used. A sufficient supply of charged replacement batteries and filters and a flow test meter shall be available in the clean change area for use with powered air purifying respirators. Air purifying
respirators with dual high-efficiency (HEPA) filters may be utilized during work area preparation activities. Respirators shall be provided that have been tested and approved by the National Institute of Occupational Safety and Health for use in asbestos contaminated atmospheres.

2.2 (A) iv Type “C” air supplied respirators in pressure demand mode with full facepieces and HEPA filtered disconnect protection must be utilized during the removal of amphiboles, or if periodic air sampling shows fiber concentrations are greater than 1.0 f/cc 8 Hour TWA. Recurrent overloaded sampling data will be considered greater than 1.0 f/cc 8 Hour TWA. Full facepiece Powered Air Purifying Respirators (PAPR) equipped with HEPA filters and or respirators with a higher NIOSH assigned protection factor may be used for inspection or repair work of less than 1 hour duration per day.

2.2 (A) v Compressed air systems shall be designed to provide air volumes and pressures to accommodate respirator manufacturer’s specifications. The compressed air systems shall have a receiver of adequate capacity to allow escape of all respirator users from contaminated areas in the event of compressor failure. Compressors must meet the requirements of OSHA 29 CFR 1910.134 (i). Compressors must have an in-line carbon monoxide monitor and periodic inspection of the carbon monoxide monitor must be evidenced. Documentation of adequacy of compressed air systems/respiratory protection system must be retained on site. This documentation will include a list of compatible components with the maximum number and type of respirators that may be used with the system. Periodic testing of compressed air shall insure that systems provide air of sufficient quality (Grade D breathing air as described in Compressed Gas Association Commodity Specifications G-7.1)

2.2 (A) vi Full body protective clothing, including head, body and foot covering (unless using footwear as described in 2.2 (a) vi consisting of material impenetrable by asbestos fibers (Tyvek® or equivalent) shall be provided to all workers and authorized visitors in sizes adequate to accommodate movement tearing.

2.2 (A) vii Additional safety equipment (e.g. hard hats meeting the requirements of ANSI Standard Z89.1-1981, eye protection meeting the requirements of ANSI Standard Z87.1-1979, safety shoes meeting the requirements of ANSI Standard Z41.1-1967, disposable PVC gloves), as necessary, shall be provided to all workers and authorized visitors.

2.2 (A) viii Non-skid footwear shall be provided to all abatement workers. Disposable clothing shall be adequately sealed to the footwear to prevent body contamination.

2.2 (B) Removal Equipment

2.2 (B) i A sufficient supply of scaffolds, ladders, lifts and hand tools (e.g. scrapers, wire cutters, brushes, utility knives, wire saws, etc.) shall be provided as needed.

2.2 (B) ii Sprayers with pumps capable of providing 500 pounds per square inch (psi) at the nozzle tip at a flow rate of 2 gallons per minute for spraying amended water.

2.2 (B) iii Rubber dustpans and rubber squeegees shall be provided for cleanup. Use of bristled brooms/brushes are prohibited.

2.2 (B) iv Brushes utilized for removing loose asbestos containing material shall have nylon or fiber bristles. Metal may be used if an adequate exposure assessment for this task is conducted.

2.2 (B) v A sufficient supply of HEPA filtered vacuum systems shall be available during cleanup. The vacuums must be designed and manufactured as a HEPA; referred to as "Sealed HEPA" or "True HEPA." The United States Department of Energy (DOE) has specific requirements for HEPA filters in DOE regulated applications. Products that claim to be "HEPA-type", "HEPA-like", or "99% HEPA" do not satisfy these requirements and may not have been tested in independent laboratories. HEPA filters, as defined by the DOE standard adopted by most American industries, remove at least 99.97% of airborne particles 0.3 micrometers (µm) in diameter. No vacuums other than True HEPA vacuums will be allowed on site.
2.2 (C) **Encapsulation Equipment**

2.2 (C) i Encapsulants shall be sprayed using airless spray equipment. Nozzle pressure should be adjustable within the 400 to 3000 psi range.

2.2 (C) ii Additional support equipment will be supplied as needed.

2.2 (C) iii The nature of the encapsulant may effect the requirements for respiratory protection. Vapors that may be given off during encapsulant application must be taken into account when selecting respirators, if types other than air supplied are used.

2.2 (D) **Substitutions**

2.2 (D) i Approval Required:

2.2 (D) i a The Contract is based on the materials, equipment and methods specified in the Contract Documents.

2.2 (D) i b The University will consider proposals for substitutions of specified materials, equipment and methods only when such proposals are accompanied by complete technical data and all relevant information required by the University to evaluate the proposed substitution.

2.2 (D) i c Substituted materials, equipment or methods shall not be used unless such substitutions have been specifically approved by the University.

2.2 (D) ii “Or Equal”

2.2 (D) ii a Where the phrases “or equal” or “or equal as approved by the University” occur in the Contract Documents, substituted materials, equipment or methods must be approved by the University.

2.2 (D) ii b The decision of the University shall be final.

2.2 (D) iii Separate Substitute Bids:

Bidders may, if they wish, submit completely separate bids using materials and methods other than those described in the Contract Documents, provided that all substitutions are clearly identified and described, and that the bid in all other respects is in accordance with the provisions of the Contract Documents.

2.2 (D) iv Availability of Specified Items:

2.2 (D) iv a Verify prior to bidding/proposal that all specified items will be available in time for installation during orderly and timely progress of the work.

2.2 (D) iv b In the event that specified items will not be available for use during the timely progress of the work, notify the University at the earliest opportunity prior to the submittal of bids.

2.2 (D) iv c Costs of delays because of non-availability of specified items, when such delays could have been avoided by the Contractor, will be back-charged as necessary and shall not be borne by the University.
PART 3  Execution

3.1  Preparation

3.1 (A) Work Areas

3.1 (A) i  The Contractor shall post danger signs which meet the specifications of OSHA 29 CFR 1926.1101 and VRAC, V.S.A. Title 18, Chapter 26 as amended November 1995, Section 2.3.2 (h) at any location and approaches to a location where airborne concentrations of asbestos may exceed ambient background levels. Signs shall be posted at a distance sufficiently far enough away from the work area to permit an employee to read the sign and take the necessary protective measures to avoid exposure. Additional signs may need to be posted following construction of workplace enclosure barriers. The Contractor is responsible for providing signage in any language other than English which may be the employees’ primary language.

3.1 (A) ii  Shut down and lock out of all heating, cooling and air conditioning system (HVAC) components that are in, supply or pass through the work area must be completed. In the event that components and systems cannot be shut down appropriate permit waivers shall be approved and additional engineering controls shall be implemented. (Note: Interiors of exiting duct work may require operations before the ductwork is sealed off or during the final cleaning phase prior to reengagement of the system. Appropriate equipment and control measures shall be utilized to prevent contamination of building spaces during this operation. Adequate cleaning of ductwork may sometimes be accomplished by drawing high volumes of air through the system using HEPA negative air filtration units.) Investigate the work area and agree on pre-abatement conditions with the University. Seal all intake and exhaust vents in the work area with duct tape and 6-mil polyethylene. Also, seal any seams in the system components that pass through the work area. Remove all HVAC system components that pass through the work area. Remove all HVAC system filters and place in labeled 6-mil polyethylene bags for preparation and eventual disposal as asbestos contaminated waste.

3.1 (A) iii  The University will shut down and lock out electric power to all work areas. The Contractor will provide temporary power panel and lighting equivalent to a minimum of 20 foot candles/square foot. Safe installation (including ground faulting) of temporary power sources and equipment by compliance with all applicable electrical code requirements and OSHA requirements for temporary electrical systems shall be insured. University in-house electricians will perform all hook-ups; coordination of this will be through the University of Vermont, Training and Compliance Office. Use of other power sources is prohibited.

3.1 (A) iv  The University shall designate sanitary facilities for abatement personnel outside of the enclosed work area.

3.1 (A) v  The University will provide water and hose bibb connection(s) for construction purposes. It shall be the responsibility of the Contractor to connect to the existing University system, and to disconnect water on a daily basis at the end of each work day.

3.1 (A) vi  The Contractor shall pre-clean all movable objects within the work area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the work area and carefully stored in an uncontaminated location designated by the University. (Carpeting, drapes, clothing, upholstered furniture and other fabric items may be disposed of as asbestos contaminated waste or cleaned as asbestos contaminated items utilizing HEPA vacuum techniques and off-premises steam cleaning. Since adequate cleaning of severely contaminated fabric is difficult, the University will carefully consider this option on a case by case basis.)

3.1 (A) vii  The Contractor shall pre-clean all fixed objects in the work area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination
significant. Also pay particular attention to wall, floor and ceiling penetrations behind fixed items. After pre-cleaning, the Contractor and the University will inspect the area. The University must agree that pre-cleaning is complete. Fixed objects must be enclosed in 6-mil polyethylene sheeting and sealed securely in place with duct tape.

3.1 (A) viii The Contractor shall pre-clean all surfaces in the work area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use methods or equipment that would raise dust such as dry sweeping or vacuums unequipped with HEPA filters. Do not disturb asbestos containing materials during the pre-cleaning phase.

3.1 (A) ix The Contractor shall seal off all windows, doorways, elevator openings, corridor entrances, drains, ducts, grills, grates, diffusers, skylights, electrical boxes, electrical connectors and any other openings between the work area and uncontaminated areas outside of the work area, including the outside of the building, tunnels and crawl spaces, with 6-mil polyethylene sheeting and duct tape. Hard barriers may be required as specified in Section 3.1 (D) - Isolating Work Area from Occupied Areas infra.

3.1 (A) x The Contractor shall cover floors in the work area with polyethylene sheeting.

3.1 (A) x a Floors shall be covered with a minimum of two layers of 6-mil polyethylene sheeting. Floors requiring special protection shall hereby be specified. (Carpeting, hardwood flooring and tile floors may be damaged by water, ladder feet, scaffold wheels, etc.; therefore additional layers of protection such as plywood, canvas dropcloths, rubber membrane, or extra plastic sheeting may be required by the University.) Additional layers of sheeting may be utilized as drop cloths to aid in cleanup of bulk materials.

3.1 (A) x b Polyethylene sheeting shall be sized to minimize seams. If the area requires seabed sheeting, layers shall staggered to reduce the potential for water to penetrate the flooring material. A distance of at least 6 feet between seams is sufficient. **Do not locate any seams at wall/floor joints.**

3.1 (A) x c Floor sheeting shall extend at least 12 inches up the side walls of the work area.

3.1 (A) x d Sheeting shall be installed so as to prevent slippage between successive layers of material. Vinyl sheeting may be used for improved traction on floors.

3.1 (A) x e Polyethylene sheeting must be independently laid so that one layer may be removed while leaving the other intact.

3.1 (A) xi The Contractor shall cover walls in the work area with polyethylene sheeting.

3.1 (A) xi a Walls shall be covered with two layers of 6-mil polyethylene sheeting.

3.1 (A) xi b Polyethylene sheeting shall be sized to minimize seams. Seams shall be staggered and separated by a distance of at least 6 feet.

3.1 (A) xi c Wall sheeting shall overlap floor sheeting by at least 12 inches beyond the wall/floor joint to provide a better seal against water damage and to support negative pressure.

3.1 (A) xi d Wall sheeting shall be secured adequately to prevent it from detaching from the walls. Additional supports and attachments will be required when negative pressure ventilation systems are utilized.

3.1 (A) xi e Prior to installing polyethylene wall sheeting, an adequate frame utilizing wood strapping, staples and tape will be constructed in order to ensure the wall sheeting will remain intact for the duration of the project. Spray glue usage shall be minimized and shall not be used as the primary support.

3.1 (A) xii When removing mastic and adhesives associated with flooring systems utilizing mastic solvents, the contractor shall install a splash barrier made of 6 mil polyethylene sheeting 3 to 5 feet up the wall by spot taping. Tape shall be used so as to minimize tape damage. It is recommended the contractor use a low residue polyethylene or vinyl tape in lieu of duct tape for splash barrier installation. Masking tape can be used on surfaces where material can be damaged. (ie: sheetrock). Splash barriers shall be removed prior to the visual and clearance air monitoring.

3.1 (B) Worker Decontamination Enclosure Systems

3.1 (B) i Worker decontamination enclosure systems shall be provided at each location where workers will enter or exit the contained work area. This system may be
constructed in additional space outside the work area and accessible from it; if the layout is appropriate. The space may be enclosed in polyethylene sheeting and be used for the storage of equipment or as office space. If layout is not appropriate, enclosure systems may be housed in a structure constructed out of metal, wood or plastic support as appropriate.

3.1 (B) ii Plans for construction, including materials and layout, shall be submitted as drawings and approved in writing by the University prior to the commencement of work. Worker decontamination enclosure systems constructed at the worksite shall utilize opaque white, black polyethylene sheeting or other acceptable materials which maintain privacy. If a portable, pre-fabricated unit is to be used, a detailed description of it must be submitted for the University’s approval. Plans must include a floor plan in accordance with Section 3.1 (B) iii infra, displaying dimensions, material, size, thickness, plumbing and electrical utilities.

3.1 (B) iii The worker decontamination enclosure system shall consist of, at a minimum, a clean room, a shower, and an equipment (dirty) room, each separated from the other and from the work area by 3 ft. deep airlocks.

3.1 (B) iv Entry to and exit from all airlocks and decontamination enclosure system chambers shall be through curtained doorways consisting of two sheets of overlapping polyethylene sheeting. One sheet shall be secured at the top and left side, the other sheet at the top and right side. Both sheets shall have weights attached to the bottom to insure that they hang straight and maintain a seal over the doorway when not in use. Doorway designs, which provide equivalent protection and are acceptable to the University, may be utilized.

3.1 (B) v Access between any two chambers in the decontamination enclosure system shall be through the airlock, at least 3 feet in depth, which separates each curtained doorway. Pathways from clean to contaminated areas and from contaminated to clean areas shall be clearly marked.

3.1 (B) vi The clean room shall be large enough to accommodate the work crew. The clean room shall be a minimum of six (6) feet in height. A minimum of thirty-two (32) square feet of floor space shall be provided for every six (6) full shift abatement workers. As the work crew is increased, an additional 3 feet of floor space shall be added for each additional full shift worker. Hooks for hanging clothes shall be provided. The University will not be held responsible for lost or stolen property. Lockers may be provided for valuables; however, workers may be requested to secure their property off the worksite. Storage space for respirators shall also be provided in this area. Clean work clothes, clean disposable clothing, replacement filters for respirators, towels and other necessary items shall be provided in adequate supply at this area. A door which can be locked shall be used to permit access into the clean room from outside the work area. Heat, electricity and lights shall be provided, as necessary for comfort. This space shall be kept clean and orderly. The clean room shall not be used for storage of tools, equipment or materials. It shall not be used for office space.

3.1 (B) vii The shower room shall contain one shower per every six abatement workers. Each showerhead shall be supplied with hot and cold water adjustable at the tap. The shower enclosure shall be constructed to ensure against leakage of any kind. An adequate supply of soap, shampoo and towels shall be supplied by the Contractor and made available at all times. Shower water shall be drained, collected and filtered through a system with at least 5 micron particle size collection capability. (Note: A system containing a series of several filters with progressively smaller pore sizes is recommended to avoid rapid clogging of the filtration system by large particles.)

3.1 (B) viii The equipment (dirty) room shall be used for storage of equipment and tools at the end of a shift after they have been decontaminated using a HEPA filtered vacuum and/or wet cleaning techniques as appropriate. Replacement filters (in sealed containers until used) for HEPA vacuums, negative air filtration units (NAFU), extra tools, containers of surfactant and other materials and equipment that may be required during the abatement may also be stored here
as needed. A labeled 6-mil polyethylene bag for collection of disposable clothing shall be located in this room. Contaminated footwear (e.g. rubber boots, other reusable footwear) shall be stored in this area. Workers shall wear rubber boots with steel shank and toe or comparable.

3.1 (C) Waste Loadout Air-Lock and Emergency Exits

3.1 (C) i The waste loadout air-lock shall be constructed at a location away from the worker decontamination enclosure system. Whenever possible, it shall be located where there is direct access from the work area to the outside of the building.

3.1 (C) ii The waste loadout system shall consist of an air-lock, a container staging area, and another air-lock which leads outside the work area (3 stages).

3.1 (C) iii The waste loadout air-lock shall be constructed in equivalent fashion to the worker decontamination enclosure system using equivalent materials and air-lock and curtain doorway designs.

3.1 (C) iv This waste loadout system shall not be used to enter or exit the work area.

3.1 (C) v Emergency exits shall be established and clearly marked with duct tape arrows or other effective designations to permit them to be easily seen from anywhere within the work area. Exits shall be secured to prevent access from uncontaminated areas and still permit use in an emergency. These exits shall be properly sealed with polyethylene sheeting, which can be cut to permit egress if necessary. These exits may be the worker decontamination enclosure, the waste loadout air-lock and/or other alternative exits satisfactory to fire officials and the University.

3.1 (D) Isolation of the Work Area from Occupied Areas of the Building

3.1 (D) i The contaminated work area shall be separated from uncontaminated, occupied areas of the building by the construction of air tight barriers.

3.1 (D) ii Walls shall be constructed of wood or metal framing to support barriers in all openings larger than 4’ x 8’.

3.1 (D) iii A sheathing material (e.g. plywood, drywall) of at least 3/8” thickness shall be applied to the work area side of the barrier.

3.1 (D) iv The inside of the partition shall be covered with a double layer of 6-mil polyethylene sheeting with staggered joints and sealed in place.

3.1 (E) Maintenance of Workplace Barriers and Worker Decontamination Enclosure Systems

3.1 (E) i Following completion of the construction of all polyethylene barriers and decontamination system enclosures, the University may require Contractor to allow overnight settling to insure that barriers will remain intact and secured to walls and fixtures before beginning actual abatement activities.

3.1 (E) ii All polyethylene barriers inside the workplace, in the worker decontamination enclosure system, in the waste loadout system and at partitions constructed to isolate the work area from occupied areas shall be inspected at least twice daily, prior to the start of each day’s abatement activities and following the completion of the day’s abatement activities. Document inspections and observations in the daily project log.

3.1 (E) iii Damage and defects in the enclosure system are to be repaired immediately upon discovery.

3.1 (E) iv Smoke tubes shall be used to test the effectiveness of the barrier system when directed by the University.

3.1 (E) v At any time during the abatement activities, after barriers have been erected, if visible material is observed outside of the work area or if damage occurs to the barriers, work shall immediately stop. Repairs are to be made to the barriers, and debris/residue cleaned up using appropriate HEPA vacuuming and wet methods.
3.1 (E) vi  If air samples collected outside of the work area during abatement activities indicate airborne fiber concentrations greater than 0.01 f/cc or pre-measured background levels (whichever is lower), work shall immediately stop for inspection and repair of barriers. Cleanup of surfaces outside of the work area using HEPA vacuums or wet cleaning techniques may be necessary.

3.1 (E) vii  Install and initiate operation of Negative Air Filtration Units (NAFU) as needed to provide one air change in the work area every 8 minutes. (See Section 2.2 (A) i supra) Openings shall be made airtight with duct tape and/or caulking. If more than one unit is installed, they should be turned on one at a time, checking the integrity of wall barriers for secure attachment and need for additional reinforcement. Insure that adequate power supply is available to satisfy the requirements of the ventilating units. NAFUs shall be exhausted to the outside of the building. They shall not be exhausted into occupied areas of the building. Twelve inch extension ducts shall be used to reach from the work area to the outside when required. Careful installation and daily inspections shall be done to insure that the ducts do not release fibers into uncontaminated building areas.

3.1 (E) viii  Once constructed and reinforced as necessary, with negative air filtration units in operation as required, test enclosure for leakage utilizing smoke tubes. Repair or reconstruct as needed.

3.1 (E) ix  Clearly identify and maintain emergency and fire exits from the work area.

3.1 (E) x  Remove, clean and enclose in polyethylene ceiling-mounted objects such as lights and other items that interfere with the abatement process and were not previously cleaned and sealed off. Utilize localized spraying of amended water and/or HEPA vacuums to reduce fiber dispersal during the removal of these fixtures.

3.1 (F) Removal of Ceiling Grid Suspension System

After isolation of work area as described in previous sections and initiation of negative air filtration units (NAFU), remove ceiling tiles within the work area. If panels are to be reused, vacuum them with a HEPA filtered vacuum and damp sponge and wrap the cleaned tiles in 6-mil polyethylene sheeting and seal with tape; store them as designated by the University. If tiles are to be discarded it is not necessary to clean them, but wrap in a similar manner and, in the waste container pass-out airlock, prepare for disposal.

3.1 (F) i  Where suspended ceiling t-grid components must be removed to perform the abatement, HEPA vacuum and wet sponge each piece after removal from hangers. Wrap clean grid piece in 6-mil polyethylene sheeting and seal with duct tape. Store as designated by the University or in waste staging area if slated for disposal.

3.1 (F) ii  When removal of ceiling grid suspension system is not necessary for accessibility to the asbestos containing materials (ACM), leave the system in place and clean properly following completion of abatement.

3.1 (G) Prior to the Commencement of Work

Commencement of work shall not occur until:

3.1 (G) i  Enclosure systems have been constructed and tested.

3.1 (G) ii  Negative Air Filtration Units (NAFU) and enclosure systems are functioning adequately.

3.1 (G) iii  All pre-abatement submissions, notification, posting and permits have been provided and are satisfactory to the University (See Section 1.2 supra).

3.1 (G) iv  All equipment for abatement, clean-up and disposal are available.

3.1 (G) v  All worker training, medical and fit test certificates are on site.

3.1 (G) vi  Contractor receives written permission from the University to commence abatement.

3.1 (H) Alternative Procedures
3.1 (H) i Procedures described in this specification are to be utilized at all times.

3.1 (H) ii If specified procedures cannot be utilized, a request must be made in writing to the University providing details of the problem encountered and recommended alternatives.

3.1 (H) iii Alternative procedures shall provide equivalent or greater protection than procedures which they replace.

3.1 (H) iv Alternative procedures must be approved in writing by the University prior to implementation.

3.2 Workplace Entry and Exit Procedures

3.2 (A) Personnel entry and exit

3.2 (A) i All workers and authorized personnel shall enter the work area through the worker decontamination enclosure system.

3.2 (A) ii All personnel who enter the work area must sign the entry log, located in the clean room, upon entry and exit.

3.2 (A) iii All personnel, before entering the work area, shall read and be familiar with all posted regulations, personal protection requirements (including workplace entry and exit procedures) and emergency procedures. A sign-off sheet shall be used to acknowledge that these have been reviewed and understood by all personnel prior to entry.

3.2 (A) iv All personnel shall proceed first to the clean room, remove street clothing and don respiratory protection deemed adequate for the job conditions, launderable and/or disposable coveralls, and head and foot coverings. Hard hats, eye protection and gloves shall also be utilized if required. Clean respirators and protective clothing shall be provided and utilized by each person for each separate entry into the work area.

3.2 (A) v Personnel wearing designated personal protective equipment shall proceed from the clean room through the shower and equipment room to the main work area.

3.2 (A) vi Before leaving the work area all personnel shall remove gross contamination from the outside of respirators and protective clothing by brushing and/or wet wiping procedures. Small HEPA vacuums with brushing attachments may be used for this purpose; larger machines may tear the suits. Each person shall clean the soles of protective footwear (a small children’s wading pool next to the equipment room works well) prior to entering the equipment (dirty) room.

3.2 (A) vii Protective equipment except respirators is to be removed in the equipment (dirty) room. Deposit disposable (and launderable if applicable) clothing into appropriately labeled containers for disposal and/or laundering.

3.2 (A) viii Reuseable contaminated footwear shall be stored in the equipment room when not in use in the work area, and disposed of as contaminated waste upon completion of abatement. Rubber boots may be decontaminated at the completion of the abatement for reuse.

3.2 (A) ix Prior to the removal of respirators, personnel shall proceed to the shower area, clean the outside of the respirators and the exposed face area under running water, then shower and shampoo to remove residual asbestos contamination. Various types of respirators will require slight modifications to these procedures. An airline respirator with HEPA filtered disconnect protection may be disconnected in the equipment room and worn into the shower. A powered air-purifying respirator facepiece will have to be disconnected from the filter/power pack assembly, which is not waterproof, upon entering the shower. A dual cartridge negative pressure respirator may be worn into the shower. Cartridges must be replaced for each new entry into the work area.

3.2 (A) x After showering and drying off, proceed to the clean room.
3.2 (A) xi These procedures shall be posted in the clean room along with the Utilization of a Decontamination Unit in accordance with V.S.A. Title 18, Chapter 26, Effective February 1987; Amended November 1995.

3.2 (B) Waste Container Pass-out Procedures

3.2 (B) i Asbestos contaminated waste that has been containerized shall be transported out of the work area through the waste container pass-out airlock or through the worker decontamination enclosure if a separate airlock has not been constructed.

3.2 (B) ii Waste pass-out procedures shall utilize two teams of workers, an “inside” team and an “outside” team.

3.2 (B) iii The inside team wearing appropriate protective clothing and respirators for inside the work area shall clean the outside, including bottoms, of properly labeled containers (bags, drums, or wrapped components) using HEPA vacuums and wet wiping techniques. No worker from the inside team shall leave the contaminated area through this airlock.

3.2 (B) iv Add water to bags until there is approximately 1 quart of free standing water. Disposal bags should be collapsed by evacuating the air from the bag with a HEPA vacuum in the work area or enclosure. Once collapsed, twist the bag to form a neck and wrap it tight with duct tape. Fold neck of bag over to form a loop, then again wrap duct tape around neck and loop (Gooseneck Tie).

3.2 (B) v The outside team, wearing disposable clothing over their street clothing and appropriately assigned respirators, shall enter the airlock from outside the work area, enclose the drums or bags in clean, labeled, 6-mil polyethylene bags; the bags shall then be vacuumed and sealed as described in Section 3.2 (B) iv supra. No worker from the outside team shall enter the contaminated work area through this air-lock.

3.2 (B) vi The exit from this airlock shall be secured to prevent unauthorized entry.

3.2 (B) vii All waste shall be tagged with tags issued by the University and placed in a University approved vehicle for transportation to the temporary storage facility. All waste should be labeled as required by federal, state and local regulations. Federal regulations requiring labeling of waste include OSHA regulations 29 CFR 1910.1200, 1910.1001 and 1926.1101, EPA's NESHAP regulation 40 CFR 61.150, and the Department of Transportation's Hazardous Materials Regulations 49 CFR 171 and 180. ACM packaging, with some exceptions, must meet general DOT and EPA requirements and be protective, marked and labeled. An adequate number of Contractor’s personnel shall accompany University personnel to the temporary storage facility for unloading of waste.

3.2 (B) viii The on-site supervisor and/or on-site Project Monitor will sign the Waste Shipment Record.
3.3 Personal Protective Equipment (PPE)

3.3 (A) Training

3.3 (A) i Prior to commencement of abatement activities, all personnel who will be required to enter the work area or handle containerized asbestos containing materials must have received adequate training in accordance with Title 40 Code of Federal Regulation Part 763 - Model Accreditation Plan for Asbestos and V.S.A. Title 18, Chapter 26, Effective February 1987; Amended November 1995.

3.3 (A) ii Special on-site training on equipment and procedures unique to this job site shall be performed as required.

3.3 (A) iii Training in emergency response and evacuation procedures shall be provided and documented.

3.3 (B) Respiratory Protection

3.3 (B) i All respiratory protection shall be provided to workers in accordance with the submitted written respiratory protection program, which includes all items in OSHA 29 CFR 1910.134 (c) (1-9). This program shall be posted in the clean room of the worker decontamination enclosure system.

3.3 (B) ii Each worker shall be provided with a respirator which is marked with a waterproof personal name label.

3.3 (B) iii Respirators shall be selected that meet the following level of protection requirements in accordance with OSHA 29 CFR 1926.1101:

Implementation Suggestions:
The use of engineering controls such as negative pressure ventilation units and HEPA vacuums, and good work practices such as the wetting of asbestos containing material prior to abatement, misting the work area to help the fibers settle, removal in small sections, and the use of glovebags and proper clean-up and containerization, all help to reduce airborne fiber levels in the work area. A properly designed air monitoring program, implemented by a qualified air sampling professional (Asbestos Project Monitor or Supervisor) and certified analytical laboratory, may support the use of respiratory protective devices that provide a lower factor of protection to the workers than air supplied respirators for abatement activities. Safety problems associated with the use of airline systems and time and financial constraints may be reduced through the use of alternative types of respiratory protection. It is imperative, however, that adequate air monitoring of fiber levels and a well designed respiratory protection program in accordance with 29 CFR 1910.134 be implemented. Key points of the respirator program include proper selection of respirator type and size, training of personnel in the proper inspection, donning, use, cleaning, and maintenance procedures for the respirator selected including their use limitations, and a good fitting and fit testing program to provide proper protection. Single-use disposable respirators are not acceptable for the use of handling asbestos at the University.

3.3 (B) iv Fit testing.

3.3 (b) iv a Workers must perform positive and negative user seal checks each time a respirator is put on. Powered air-purifying respirators shall be tested for adequate flow as specified by the manufacturer.

3.3 (B) iv b Workers shall be given a quantitative fit test in accordance with procedures detailed in the OSHA 29 CFR 1910.134, Appendix A, Fit Test Procedures.

3.3 (B) iv c Documentation of respirator fit test must be provided to the University.

3.3 (B) v Bearded workers shall not be permitted to enter the work area wearing a tight fitting respirator.

3.3 (B) vi Hooded or loose fitting respirators may not be used for Class I work.

3.3 (C) Protective Clothing
3.3 (C) i  Disposable clothing including head, foot and full body protection shall be provided in sufficient quantities and adequate sizes for all workers and authorized visitors.

3.3 (C) ii  Launderable clothing, if required, shall be provided in sufficient quantities and adequate sizes for all workers and authorized visitors.

3.3 (C) iii  Hard hats, protective eye-wear, gloves, rubber boots and/or other footwear shall be provided as required for workers and authorized visitors.

3.4  Removal Procedures

3.4 (A)  Clean and isolate the work area in accordance with Section 3.1 supra.

3.4 (B)  When the asbestos containing material is disturbed, wet with an amended water solution using equipment capable of providing a fine spray mist in order to reduce airborne fiber concentrations. Saturate the material to the substrate, however, do not allow excessive water to accumulate in the work area. Keep all removed material wet enough to prevent fiber release until it can be containerized for disposal. If work area temperatures are below 32°F/0°C and amended water is subject to freezing, procedures in Section 3.1(b) i supra must be utilized. Maintain a high humidity in the work area by misting or spraying to assist in fiber settling and to reduce airborne concentrations. Wetting procedures are not equally effective on all types of asbestos containing material but shall be used in all cases.

3.4 (C)  Saturated asbestos containing material shall be removed in manageable sections. Removed material should be containerized before moving on to work in a new location. Surrounding areas shall be periodically sprayed and maintained in a wet condition until visible material is cleaned.

3.4 (D)  Material removed from building structures or components shall be removed as intact sections or components whenever possible and carefully lowered into a container; material must not be dropped or thrown to the floor. For materials at a height greater than 15 feet above the floor, a dust-tight chute shall be constructed to transport the material to a container on the floor, or the material may be containerized at elevated levels using scaffold and carefully lowered to the ground by mechanical means.

3.4 (E)  Containers (e.g. 6-mil polyethylene bags or fiber drums) shall be sealed when full. Double bag process will occur as outlined in Section 3.2 (b) supra. If fiber drums are used, they may need to be enclosed with a 6-mil polyethylene bag.

3.4 (F)  Large components removed intact may be wrapped in 2 layers of 6-mil polyethylene sheeting, secured with tape and properly labeled for transportation.

3.4 (G)  Asbestos containing waste with sharp-edged components (e.g. nails, screw, metal lath, tin sheeting) will tear the polyethylene bags and sheeting and shall be placed into grain bags, fiber drums, or cardboard boxes before wrapping or bagging.

3.4 (H)  After completion of all stripping work, surfaces from which asbestos containing materials have been removed shall be wet brushed and sponged or cleaned by some equivalent method to remove all visible residue.

3.4 (I) Clean-up shall proceed in accordance with Section 3.5 infra.

3.5  Clean-up Procedures

3.5 (A)  Remove and containerize all visible accumulations of asbestos containing material and asbestos contaminated debris utilizing hand tools made of rubber or plastic. Special care shall be taken to minimize damage to floor sheeting.
3.5 (B) Starting from the opposite end of the decontamination enclosure in the work area, working from high to low, far to near, wet clean all surfaces in the work area using rags, mops and sponges.

3.5 (C) The on-site supervisor and the University representative will carry out the first visual inspection of the work area. All surfaces shall be free from any visual debris. The University representative and the on-site supervisor must agree that the area is deemed visually clean.

3.5 (D) Remove the outer layer of polyethylene sheeting from walls and floors. Windows, doors, HVAC system vents, all other critical barriers and one layer of floor polyethylene shall remain sealed. The negative air filtration units shall remain in place and running.

3.5 (E) Starting from the opposite end of the decontamination enclosure system, working from high to low, far to near, wet clean all surfaces in the work area using rags, mops and sponges.

3.5 (F) The second visual inspection of the work area will be carried out by the on-site supervisor and the University representative. All surfaces shall be free from any visual debris. The University representative and the on-site supervisor must agree that the area has been deemed visually clean.

3.5 (G) Remove the last layer of polyethylene sheeting from the floors. Windows, doors, HVAC system vents and all other critical barriers shall remain sealed. The negative air filtration units shall remain in place and running.

3.5 (H) Starting from the opposite end of the decontamination enclosure system, working from high to low, far to near, wet clean all surfaces in the work area using rags, mops and sponges.

3.5 (I) The on-site supervisor and the University representative will carry out the final visual inspection of the work area. All surfaces shall be free from any visual debris. After the area has been deemed visually clean, the University representative and the on-site supervisor shall sign the Final Visual Inspection Report. However, if any accumulation of residue is observed, it will be assumed to be asbestos and the cleaning cycle will be repeated.

3.5 (J) The work area shall be cleaned until it is in compliance with the Vermont Regulations for Asbestos Control, V.S.A. Title 18, Chapter 26 effective February 1987; Amended November 1995 Section 2.3.2 (s) and with any other criteria agreed upon by the Contractor and the University prior to initiation of abatement activities. Additional cleaning cycles shall be provided, as necessary, at no cost to the University until these have been met.

3.5 (K) Following the satisfactory completion of clearance air monitoring and encapsulation, remaining barriers may be removed and properly disposed of. A final visual inspection by the University shall insure that no contamination remains in the work area. Unsatisfactory conditions may require additional cleaning and air monitoring. (See section 3.10 infra - Re-establishment of the Work Area).

3.6 Clearance Air Monitoring

3.6 (A) Following the completion of clean-up operations, the Contractor shall notify the University that areas are ready for clearance air monitoring.

3.6 (B) The University shall then arrange for an independent Asbestos Project Monitor to sample the air in the work area for airborne fiber concentrations according to Vermont Regulations for Asbestos Control, V.S.A. Title 18, Chapter 26 Effective February 1987; Amended November 1995 Sections 2.3.2 (q), (r), (s), (t), (u) and (v) and ASTM 1368.
3.6 (C) The air sampling shall be conducted using NIOSH Standard Analytical 7400A, as available. Air volumes shall be sufficient to provide reliable results down to a concentration of 0.010 fibers per cubic centimeter (f/cc) of air or lower.

3.6 (D) Air samples will be taken to clear the abatement area in accordance with the Vermont Regulations for Asbestos Control, V.S.A. Title 18, Chapter 26 Effective February 1987; Amended November 1995 Sections 2.4.2 (t), unless otherwise noted in the Contract Documents.

3.7 Encapsulation Procedures

3.7 (A) Clean and isolate the work area in accordance with Section 3.1 supra.

3.7 (B) Repair damaged and missing areas of existing sprayed materials with a non-asbestos containing substitute. Materials must adhere adequately to existing surfaces and provide an adequate base for application of encapsulating agents. Filler material shall be applied in accordance with manufacturer’s recommended specifications.

3.7 (C) Remove loose or hanging asbestos containing materials in accordance with the requirements of Section 3.4 supra.

3.7 (D) Bridging-type encapsulants:
   3.7 (D) i Apply bridging-type encapsulants to provide 1/8 of an inch minimum dry film thickness over sprayed asbestos surfaces.
   3.7 (D) ii When using a bridging-type encapsulant use a different color for each coat. Use purple for final coat.

3.7 (E) Penetrating-type encapsulants:
   3.7 (E) i Apply penetrating-type encapsulant that has been pre-approved by the University.
   3.7 (E) ii Apply penetrating-type encapsulant after final air clearance. All surfaces shall have an even coat prior to tear down.
   3.7 (E) iii Encapsulant shall be dry prior to the Re-establishment of Work Area and Systems as described in Section 3.10 infra.

3.7 (F) Apply encapsulants using airless spray equipment (See Section 2.2 (C) supra).

3.7 (G) Clean-up shall be in accordance with Section 3.5 supra.

3.7 (H) Encapsulated asbestos containing materials shall be designated appropriately with labels and signs in order to warn building maintenance personnel in the event that they are required to disturb the materials.

3.8 Enclosure Procedures

3.8 (A) Clean and isolate the work area in accordance with Section 3.1 supra.

3.8 (B) Spray areas that will be disturbed during the installation of hangers or other support/framing materials for the enclosure with water containing surfactant. Keep these areas damp to reduce airborne fiber concentrations.

3.8 (C) Remove loose or hanging asbestos containing materials in accordance with the requirements of Section 4.4 supra.

3.8 (D) After installation of hangers and other fixing devices and before installation of enclosure, repair damaged areas of fireproofing/thermal system insulation as required using a non-asbestos containing replacement material. Prepare surfaces and apply replacement material in accordance with manufacturer’s recommendations.
3.8 (E) Enclosure shall be constructed with the minimum of 5/8 inch fire code sheetrock and steel framing. Before sheetrock is put in place, a silicone chalking will be applied to the frame to insure a permanent air-tight seal.

3.8 (E) i Use hand tools equipped with HEPA filtered local exhaust ventilation to drill, cut into or otherwise disturb asbestos containing materials during the installation of support systems for the enclosures.

3.8 (E) ii Use materials that are impact resistant and that will provide an air-tight barrier once construction is complete.

3.8 (E) iii Lower or move utilities as necessary and reinstall in a manner which permits proper utilization and does not disturb the integrity of the enclosures. Utility maintenance should not require the enclosure to be opened or disturbed.

3.8 (F) Enclosed asbestos containing materials shall be designated appropriately with signs and/or labels in order to warn building maintenance personnel in the event that they are required to disturb the enclosure.

3.9 Disposal Procedures

3.9 (A) General
As work progresses, to prevent exceeding available storage capacity on site, sealed and labeled containers of asbestos containing waste shall be removed and transported to the University’s temporary storage facility at Centennial Field or Fort Ethan Allen.

3.9 (B) Transportation to Temporary Facility

3.9 (B) i Once drums, bags and wrapped components have been removed from the work area, they shall be tagged, with labels supplied by the University, and loaded into the University’s approved truck for transportation.

3.9 (B) ii An adequate number of Contractor’s personnel shall accompany University personnel to the temporary storage facility for unloading of waste.

3.9 (B) iii When moving containers, utilize hand trucks, carts and proper lifting techniques to avoid bodily injuries.

3.9 (B) iv Containers shall be placed in the University vehicle with care. Large components shall be secured to prevent shifting and tipping. Do not throw containers into the truck cargo area.

3.9 (B) v University will have the truck properly labeled for loading and unloading.

3.9 (B) vi Site Supervisor for the Contractor and/or UVM’s on-site Project Monitor will sign the Waste Shipment Record as the generator.

3.10 Re-establishment of Work Area and Systems

3.10 (A) Re-establishment of the work area shall only occur following the completion of clean-up procedures and after clearance air monitoring has been performed and documented to the satisfaction of the University.

3.10 (B) At the discretion of the Contractor, mandatory requirements for personal protective equipment may be waived for the removal of all barriers.

3.10 (C) Polyethylene barriers shall be removed from all critical areas at this time and disposed of as asbestos contaminated waste.

3.10 (D) Relocate objects that were removed to temporary locations back to their original positions.

3.10 (E) Repair all areas of damage that occurred as a result of abatement activities including but not limited to tape and adhesive damage.
PART 4       Payment and Recording

4.1 Payment
The University and the Contractor will agree upon a payment schedule at the Pre-
construction meeting. Ten percent of the contract price (10%) will be retained until project closure
records are received.

4.2 Additional Job Orders
All add and deducts from the original price agreement will be recorded on a
Additional Job Order Form and approved by the on-site supervisor and UVM’s Project Monitor.

4.3 Project Closure Records
In order for the University to complete its files and release the retainer, the
Contractor shall submit the following information as the project's closure records within 30 days
of final clearance.

4.3 (A) All notifications, permits, licenses and other documentation related to all phases
of the project.
4.3 (B) All qualification certificates, licenses, accreditation documents, medical
monitoring documents, and fit test forms of Contractor and Contractor's employees who
participated in the project.
4.3 (C) Written respiratory protection program.
4.3 (D) Safety Data sheets of all hazardous materials/ substances used during the project.
4.3 (E) Strip chart recordings of the negative pressure differential maintained throughout
the duration of the project. Down loaded information is accepted. (if applicable)
4.3 (F) Sign-in/Sign-out logs for abatement work area and entrance to/exit to containment.
4.3 (G) Correspondence relating to any site visits by the Vermont Department of Health
(if applicable).
4.2 (H) Daily written supervisor logs.
4.2 (I) Personal air monitoring data, analytical lab and analyst certificates.