

KISMET FARM Rochester, VT

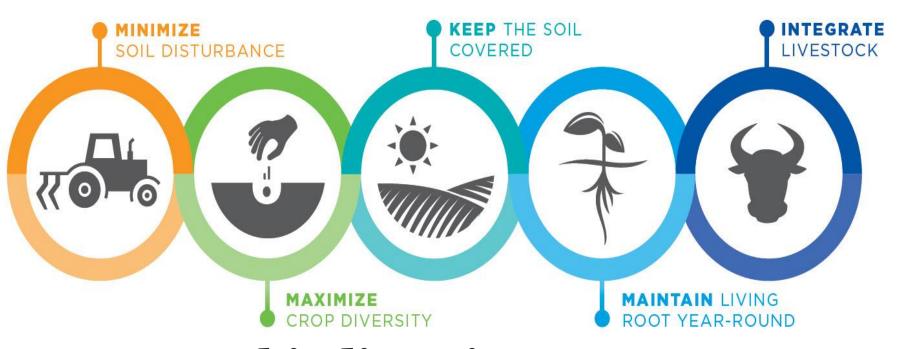
- Certified Organic Hemp
- Diversified
- Permaculture
 - **Korean Natural Farming**
- **Soil Food Web-Living Soils**
- Regenerative Agriculture





5 Core Principles of

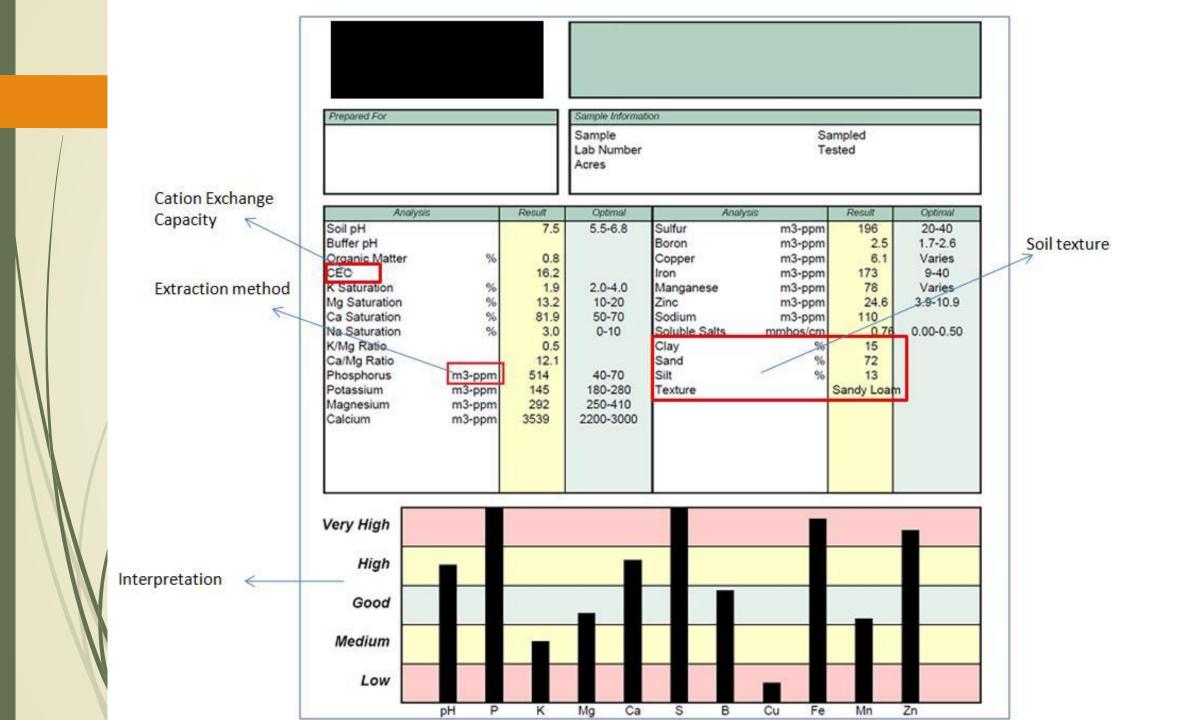
REGENERATIVE AGRICULTURE



Increase biodiversity
Enrich soils
Improve watersheds
Provide ecosystem services
Reverse global climate change

HOW TO KEEP QUALITY HIGH & COSTS LOW

- Soil testing
- Microbe Herding Compost and Teas
- Fermented Plants (fertilizer and IPM)
- Cover cropping
- No till
- Carbon Farming



The Soil Food Web Arthropods Shredders **Nematodes Root-feeders** Arthropods Predators **Birds Nematodes** Fungal- and bacterial-feeders Fungi Mycorrhizal fungi **Nematodes** Saprophytic fungi **Plants Predators Shoots and** Protozoa Organic Amoebae, flagellates, Matter and ciliates Waste, residue and **Animals** metabolites from **Bacteria** plants, animals and microbes.

First trophic level: Photosynthesizers

Second trophic level:

Decomposers Mutualists Pathogens, Parasites Root-feeders Third trophic level:

Shredders Predators Grazers Fourth trophic level:

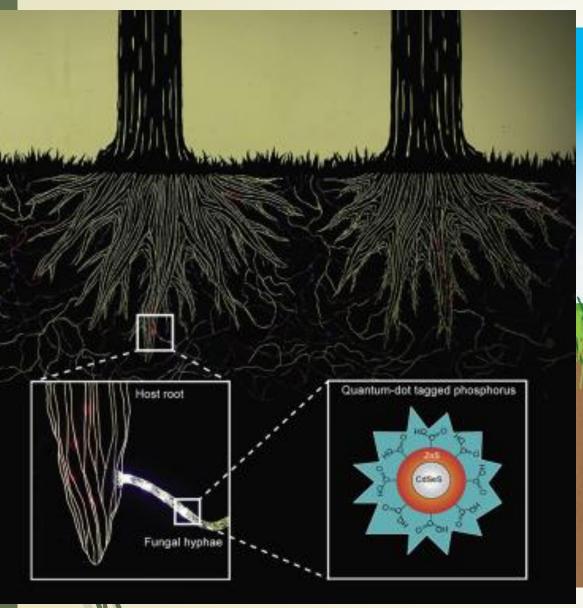
Higher level predators

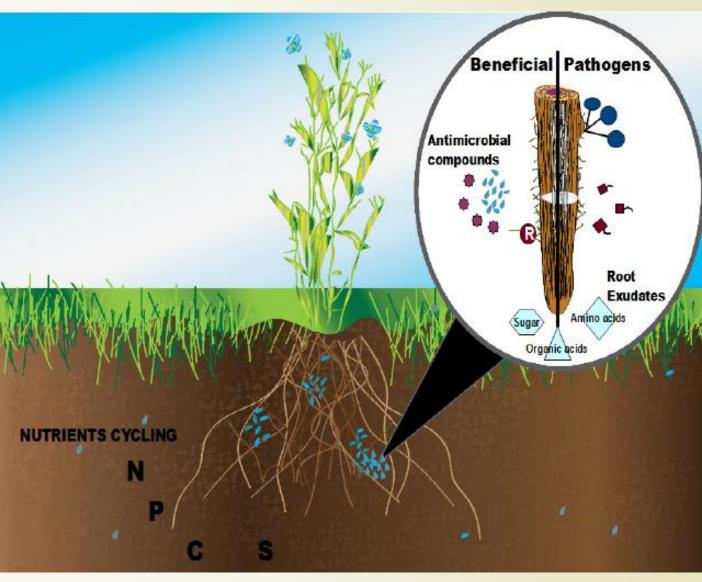
Fifth and higher trophic levels:

Higher level predators























4 A system of design that provides all of the needs for humanity in a way that benefits the environment 77



