NFS MINORS

NFS Minor Advisor:
Dr. Farryl Bertmann, PhD, RDN, CD
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253 MLS Carrigan Wing

Declaration of Minor Form

Students who are interested in Minoring in NFS are welcome to complete and submit the following online Declaration of Minor form: https://www.uvm.edu/~rgweb/?Page=forms/changemjr.html

If you have questions or need additional support contact:
Dr. Farryl Bertmann at fbertman@uvm.edu
Requirements: 15 Credit Hours

- Total of 15 credit hours in Nutrition and Food Sciences*
  - 9 credit hours of Core Courses
  - 6 credit hours of NFS courses numbered at/or above the 100 level
    - Exception: Independent study, field experience, and undergraduate research.
  - *Food Systems Majors, the 15 credits for an NFS Minor must be beyond your major degree requirements (no "double-dipping")

Core Courses:

- NFS 043: Fundamentals of Nutrition
  - Summer and Spring
  - NFS 053: Basic Concepts of Food
    - Spring
  - NFS 143: Nutrition in the Life Cycle (Summer and Fall) OR NFS 153: Principles of Food Technology (Spring)
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<th>6 credits of NFS at 100 level of Higher – Fall options</th>
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<tr>
<td>• NFS 113: Food Policy and Politics</td>
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<td>• NFS 163 Sports Nutrition</td>
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<td>• NFS 295: Sustainable Food Purchasing: What is the Future of Food Service?</td>
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<th>NFS 100 and Higher that have additional Prerequisites, may Require Overrides and/or Instructor Permission– Fall options</th>
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<tr>
<td>• NFS 183: Biochem for Life &amp; Health Sci</td>
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<td>• NFS 203 Food Microbiology</td>
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<td>• NFS 205 Functional Foods: Prncpl &amp; Tech</td>
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<td>• NFS 223 Nutrition Educ &amp; Counseling</td>
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<td>• NFS 253 Food Regulation</td>
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<td>• NFS 260 Diet and Disease</td>
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NFS Summer Courses for Minors

- NFS 043: Fundamentals of Nutrition
  - Online – 1st session
- NFS 143: Nutrition in the Life Cycle
  - Online – 1st session
- NFS 185: D2: Food and Culture
  - May 22- June 16
- NFS 203/NFS 213: Food Microbiology
  - May 22- June 16
- NFS 243: Advanced Nutrition
  - Online - 1st 8 weeks
- NFS 253: Food Regulation
  - Online – 2nd 4 weeks

Welcome to the Nutrition and Food Sciences Department!