NFS MINORS

NFS Minor Advisor:
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Declaration of Minor Form

Students who are interested in Minoring in NFS are welcome to complete and submit the following online Declaration of Minor form: https://www.uvm.edu/~rgweb/?Page=forms/changemjr.html

If you have questions or need additional support contact: Dr. Farryl Bertmann at fbertman@uvm.edu
Requirements: 15 Credit Hours

• Total of 15 credit hours in Nutrition and Food Sciences*
  • 9 credit hours of Core Courses
  • 6 credit hours of NFS courses numbered at/or above the 100 level
    • Exception: Independent study, field experience, and undergraduate research.

• *Food Systems Majors, the 15 credits for an NFS Minor must be beyond your major degree requirements
  • (no “double-dipping”)
Core Courses (3 courses total):

- NFS 043: Fundamentals of Nutrition
  - Summer and Spring

AND

- NFS 053*: Basic Concepts of Food
  - Spring
  - No Lab requirement
  *For Senior NFS Minors only

OR

- NFS 095: Kitchen Science
  - Spring

AND

- NFS 143: Nutrition in the Life Cycle
  (Summer and Fall)

OR

- NFS 153: Principles of Food Technology
  (Spring)
6 credits of NFS at 100 level of Higher – Spring options

- NFS 114: Human Health in the Food System
- NFS 295: Sustainable Food Purchasing: What is the Future of Food Service?
- NFS 295 Understanding Eating Disorders
NFS 100 and Higher that have additional Prerequisites, may Require Overrides and/or Instructor Permission
–Spring options

- NFS 243: Advanced Nutrition
- NFS 244: Nutrition in Health & Disease Prevention
- NFS 250: Food service Systems
- NFS 262: Community Nutrition
NFS Summer Courses for Minors

- NFS 043: Fundamentals of Nutrition
- NFS 143: Nutrition in the Life Cycle
- NFS 203: Food Microbiology
- NFS 243: Advanced Nutrition
- NFS 253: Food Regulation
Welcome to the Nutrition and Food Sciences Department!