High Cost of Chronic Care: What Can Policy Makers Do About It?

Eileen Girling, RN, MPH, CAMS, Vermont Blueprint for Health

Aaron French, MSN, RN, BC, Deputy Commissioner Health Services & Managed Care

This presentation will focus on the delivering care management to the top 5% utilizers. Discussion about the spend, specifics of cohort in terms of disease process, socio-economic disparities and what our nurses deliver for intervention is assisting and empowering patients in their own care.

The Yin and The Yang of Cannabis

Dr. David Rettew, Associate Professor of Psychiatry and Pediatrics; Director, Child & Adolescent Psychiatry Fellowship; Director, Pediatric Psychiatry Clinic, UVM

Dr. Gregory Holmes, Chair, Department of Neurological Sciences, UVM

The presentation will explore the science surrounding the effect of cannabis on the developing brain. Adolescence is a period of transition for brain development and there is emerging evidence that drugs such as cannabis may have more pronounced effects compared to adults. Human brain imaging studies will be reviewed in addition to experimental research in animals. Longitudinal data will also be presented that examines adult outcomes of heavy cannabis use in adolescence. Specific topics include psychosis, motivation and substance abuse.