



# SEEDING JUST AND SUSTAINABLE FOOD SYSTEMS

## Our global food system is in crisis.

Industrial agriculture is one of the leading causes of climate change, environmental decline and health inequity around the world.

**Agroecology** is a way to understand and design food systems to regenerate the environment, cool the planet, and provide good, healthy food for all. It is rooted in indigenous practices and ancestral knowledge, which are combined with scientific approaches to reimagine how our food systems can and should function.

Agroecology is not only about changing farming techniques, but is also about transforming policy, science, cultures, and economies to bring about more just food systems.

**The Institute for Agroecology** works *with and for* farmers, Indigenous people, social movements, and communities who are driving change in Vermont and around the world. Through research, learning, and action, we mobilize knowledge to nurture agroecology research, practice, and movements.

We are committed to co-creating more just and sustainable food systems, and know that this work must be done in collaboration with those who are most impacted.



Join us at  
[UVM Institute for Agroecology \(IFA\)](#)  
Email: [agroecology@uvm.edu](mailto:agroecology@uvm.edu)

## The IFA will support the transition towards agroecology through five strategies:



**Research:** Undertake critical, transdisciplinary, and participatory action research to uncover new ideas and strategies for redesigning food systems.



**Convene:** Bring together collaborators within and outside of academia to cross-pollinate ideas and relationships across local, national, and international networks.



**Amplify:** Develop creative communication and advocacy strategies to influence policy, narratives, hearts, and minds.



**Cultivate:** Prepare the next generation of agroecologists through undergraduate, graduate, community-based, and professional learning programs.



**Activate:** Support local economic, ecological, social, and cultural processes to grow agroecology on the ground in Vermont and around the globe.