

\$10 PCP/\$20 Specialist co-payment, \$250 co-payment Inpatient/\$100 Outpatient Pharmacy: \$100 deductible, \$5 co-payment/\$20 co-payment/\$40 co-payment

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.bcbsvt.com/vhp_cert. For general definitions of common terms, such as allowed amount, balance billing, co-insurance, co-payment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call (800) 255-4550 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 individual / \$0 family preferred provider. \$500 individual / \$1,000 family non-preferred provider. Co-insurance and co-payments do not apply to the deductible. Preferred services do not apply to the non-preferred deductible.	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . Your <u>plan</u> year: 01/01/2024 through 12/31/2024.
Are there services covered before you meet your deductible?	Yes, non-preferred preventive mammography screenings and prescription drugs	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>co-payment</u> or <u>co-insurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	Yes. \$100 individual / \$300 family <u>durable medical</u> <u>equipment</u> and supplies <u>deductible</u> . \$100 individual / \$300 family prescription drug <u>deductible</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,500 individual / \$5,000 family preferred provider. \$2,500 individual / \$5,000 family non-preferred provider. The out-of-pocket for preferred and non-preferred providers is separate. Prescription drugs: \$1,300 individual / \$2,600 family.	The <u>out-of-pocket limit</u> is the most you could pay in a <u>plan</u> year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own out-of-pocket limits until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit ?	Premiums, <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.bluecrossvt.org/find-doctor or call (800) 255-4550 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). For certain emergency services and/or services at an in-network hospital or surgical center (as explained below), the maximum amount you may pay is the plan's in network cost-sharing amount. In these circumstances, the providers cannot balance bill you. Check with your provider before you get services.

*Deductible applies to these services.

SNO/BPN: 1027048/ Coverage Period Begins: 01/01/2024

Coverage For: University of Vermont Plan Type: POS



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Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All <u>co-payment</u> and <u>co-insurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	ı Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
	Primary care visit to treat an injury or illness	\$10 <u>co-payment</u> per visit for <u>primary care physician</u> ; no charge for mental health / substance abuse	30% <u>co-insurance</u> * for <u>primary care physician</u> ; no charge for mental health / substance abuse	Some services require <u>prior approval</u> . For clarification on mental health services visit www.bluecrossvt.org/members/coverage.	
	Specialist visit	\$20 <u>co-payment</u> per visit	30% <u>co-insurance</u> *	Some services require <u>prior approval</u> .	
If you visit a health care provider's office or clinic	Other practitioner office visit	\$20 <u>co-payment</u> per visit for acupuncture, chiropractic care, nutritional counseling, outpatient physical, speech, and occupational therapy	30% co-insurance* for acupuncture, outpatient physical, speech, and occupational therapy; chiropractic care and nutritional counseling not covered	Some services require <u>prior approval</u> .	
	Preventive care/Screening/ Immunization	No charge	30% <u>co-insurance</u> *	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. For clarification on <u>preventive services</u> visit www.bluecrossvt.org/members/coverage.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge for office-based and outpatient hospital	30% <u>co-insurance</u> * for office-based and outpatient hospital	Some services require <u>prior approval</u> .	
	Imaging (CT/PET scans, MRIs)	No charge	30% co-insurance*	Most services require <u>prior approval</u> .	

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you is the in-network cost-sharing amount.

What You Will Pay Common **Services You May Need Preferred Provider** Non-Preferred Provider Limitations, Exceptions & Other **Medical Event** (You will pay the most) **Important Information** (You will pay the least) Generic drugs \$100 deductible, then \$5 co-Up to a 30-day supply / 90-day supply for most Not covered payment / \$15 co-payment prescription drugs. Some prescriptions require If you need drugs to treat prior approval. vour illness or condition. Preferred brand drugs \$100 deductible, then \$20 co- Not covered Up to a 30-day supply / 90-day supply for most More information about payment / \$60 co-payment prescription drugs. Some prescriptions require prescription drug coverage is prior approval. at www.bluecrossyt.org/ \$100 deductible, then \$40 co- Not covered Up to a 30-day supply / 90-day supply for most Non-preferred brand drugs pharmacies-medications. payment / \$120 co-payment prescription drugs. Some prescriptions require This plan follows the prior approval. National Performance Up to a 30-day supply / 90-day supply for most Wellness drugs Wellness prescription drugs Not covered Formulary (NPF). prescription drugs. Some prescriptions require process the same as any other prescription. prior approval. Some services require prior approval. If you Facility fee (e.g., ambulatory \$100 co-payment per visit 30% co-insurance* surgery center) see an out-of-network provider at an innetwork facility, the most the provider may bill you is the in-network cost-sharing amount. If you have outpatient Some services require prior approval. If you surgery Physician/surgeon fees No charge 30% co-insurance* see an out-of-network provider at an innetwork facility, the most the provider may bill

*Deductible applies to these services.

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Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period Begins: 01/01/2024

Coverage For: University of Vermont Plan Type: POS

		What You	Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
	Emergency room care	\$50 <u>co-payment</u> per visit for facility services; no charge for <u>physician services</u>	\$50 <u>co-payment</u> per visit for facility services; no charge for <u>physician services</u>	Must meet emergency criteria. <u>Co-payment</u> waived if admitted. If you have an <u>emergency medical condition</u> , and get <u>emergency services</u> from an <u>out-of-network provider</u> or facility, the maximum you may pay is the standard innetwork <u>cost-sharing</u> amount and you cannot be balance billed.	
If you need immediate medical attention	Emergency medical transportation	\$50 <u>co-payment</u> per member per day	\$50 <u>co-payment</u> per member per day	Must meet emergency criteria. If you have an emergency medical condition, and get emergency services from an out-of-network provider or facility, the maximum you may pay is the standard in-network cost-sharing amount and you cannot be balance billed.	
	<u>Urgent care</u>	\$20 <u>co-payment</u> per visit	\$20 <u>co-payment</u> per visit	Applies to <u>urgent care</u> facilities. If you have an <u>emergency medical condition</u> , and get <u>emergency services</u> from an <u>out-of-network provider</u> or facility, the maximum you may pay is the standard in-network <u>cost-sharing</u> amount and you cannot be balance billed.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 <u>co-payment</u> per admission (limited to three <u>co-payments</u> per family)	30% co-insurance*	Out-of-state inpatient care requires <u>prior approval</u> . If you receive care from an <u>out-of-network provider</u> at an in-network hospital or ambulatory surgical center, the most the <u>provider</u> may bill you is the in-network <u>cost-sharing</u> amount and the <u>provider</u> cannot balance bill you.	
	Physician/surgeon fees	No charge	30% co-insurance*	Some services require <u>prior approval</u> . If you receive care from an <u>out-of-network provider</u> at an in-network hospital or ambulatory surgical center, the most the <u>provider</u> may bill you is the in-network <u>cost-sharing</u> amount and the <u>provider</u> cannot balance bill you.	
If you need mental health,	Outpatient services	No charge	30% co-insurance*	Some services require <u>prior approval</u> .	
behavioral health, or substance abuse services	Inpatient services	No charge	30% co-insurance*	Includes facility and physician fees. Requires prior approval.	

^{*}Deductible applies to these services.

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Coverage Period Begins: 01/01/2024

S & What You Pay for Covered Services

Coverage For: University of Vermont Plan Type: POS

What You Will Pay

		What You	Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
If you are pregnant	Office Visits	\$10 <u>co-payment</u> (one <u>co-payment</u> covers all maternity office visits by one <u>network provider</u>)	30% co-insurance*	Cost sharing does not apply for preventive services. Depending on the type of services, a co-payment may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.). For a list of services visit www.bluecrossvt.org/members/coverage.	
	Childbirth/delivery professional services	No charge	30% <u>co-insurance</u> *	Out-of-state inpatient care requires <u>prior</u> <u>approval</u> .	
	Childbirth/delivery facility services	\$250 <u>co-payment</u> per admission (limited to three <u>co-payments</u> per family)	30% <u>co-insurance</u> *	Out-of-state inpatient care requires <u>prior</u> <u>approval</u> .	
	Home health care	No charge <u>home health care</u> ; \$20 <u>co-payment</u> per visit private duty nursing	30% <u>co-insurance</u> *	Home infusion therapy requires <u>prior approval</u> .	
	Rehabilitation services	\$250 <u>co-payment</u> per visit (limited to three <u>co-payments</u> per family); no charge cardiac / pulmonary services	Not covered	Inpatient <u>rehabilitation services</u> require <u>prior approval</u> .	
If you need help recovering or have other special health needs	Habilitation services	\$250 <u>co-payment</u> per admission (limited to three <u>co-payments</u> per family)	Not covered	Requires <u>prior approval</u> .	
	Skilled nursing care (facility)	\$250 <u>co-payment</u> per admission (limited to three <u>co-payments</u> per family)	Not covered	Requires <u>prior approval</u> .	
	Durable medical equipment (including supplies)	\$100 individual/\$300 family deductible, then 20% coinsurance	Not covered	May require <u>prior approval</u> .	
	<u>Hospice</u>	No charge	30% <u>co-insurance</u> *	None	

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		What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
If your child needs dental or eye care	Eye exam	\$20 <u>co-payment</u> per child exam; \$20 <u>co-payment</u> per adult exam	We pay up to our allowed price less your \$20 co-payment	One routine exam per calendar year.
	Glasses	Not covered	Not covered	None
	Dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery (except with prior approval for Dental care (child and adult) reconstruction)
- Long-term care
- Routine foot care (except for treatment of diabetes)
- Hearing aids
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Acupuncture (covered up to 12 visits per plan year)

• Routine eye care (one routine eye exam per child

and adult member per calendar year)

Infertility Medications

- Bariatric surgery
- Non-emergency care when traveling outside the U.S. (www.bluecrossyt.org/members/coverage)
- Chiropractic Care (requires prior approval after 12 visits)
- Private-duty nursing (covered up to 14 hours per plan year)

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Coverage Period Begins: 01/01/2024

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or www.dol.gov/ebsa/healthreform, or the Department of Health and Human Services at (877) 267-2323 x61565 or www.cciio.cms.gov. You may also contact the plan at (800) 247-2583. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call (800) 318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: (800) 255-4550.

Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes plans, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium</u> tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium</u> tax credit to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Template Name: MedGroup-2-Network-012023



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Pharmacy: \$100 deductible, \$5 co-payment/\$20 co-payment/\$40 co-payment

Coverage Examples

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>co-payments</u> and <u>co-insurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

pay under unferent fleatin plans	. 1 16036 1101	e tilese coverage examples are based o	il Sell-Olliy CC	verage.	
Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)	are and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The plan's overall deductible Specialist co-payment Hospital (facility) co-payment Other co-payment This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia) 	\$0 \$20 \$250 \$250	 The plan's overall deductible Specialist co-payment Hospital (facility) co-payment Other co-payment This EXAMPLE event includes services like: Primary care physician office visits (including education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter) 	\$0 \$20 \$250 \$250	 The plan's overall deductible Specialist co-payment Hospital (facility) co-payment Other co-payment This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy) 	\$0 \$20 \$250 \$250
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles*	\$10	Deductibles*	\$200	Deductibles*	\$110
Co-payments	\$260	Co-payments	\$500	Co-payments	\$230
Co-insurance	\$0	Co-insurance	\$140	Co-insurance	\$30
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$50	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$320	The total Joe would pay is	\$860	The total Mia would pay is	\$370

The plan would be responsible for the other costs of these EXAMPLE covered services.

The prescription drug <u>out-of-pocket limit</u> might not be included in the above Coverage Examples.

*Note: This plan has other deductibles for specific services included in the coverage example. See "Are there other deductible for specific services?" row above.

Custom Summary Name:

Coverage Period Begins: 01/01/2024

Coverage For: University of Vermont Plan Type: POS

NOTICE: Discrimination is Against the Law

Blue Cross and Blue Shield of Vermont (BCBSVT) and its affiliate The Vermont Health Plan (TVHP) comply with applicable federal and state civil rights laws and do not discriminate, exclude people or treat them differently on the basis of race, color, national origin, age, disability, gender identity or sex.

BCBSVT provides free aids and services to people with disabilities to communicate effectively with us. We provide, for example, qualified sign language interpreters and written information in other formats (e.g., large print, audio or accessible electronic format).

BCBSVT provides free language services to people whose primary language is not English. We provide, for example, qualified interpreters and information written in other languages.

If you need these services, please call (800) 247-2583. If you would like to file a grievance because you believe that BCBSVT has failed to provide services or discriminated on the basis of race, color, national origin, age, disability, gender identity or sex, contact:

Civil Rights Coordinator Blue Cross and Blue Shield of Vermont PO Box 186 Montpelier, VT 05601 (802) 371-3394 TDD/TTY: (800) 535-2227 civilrightscoordinator@bcbsvt.com

You can file a grievance by mail, or email at the contacts above. If you need assistance, our civil rights coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal. hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019 (800) 537-7697 (TDD)

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

For free language-assistance services, call (800) 247-2583.

Para servicios gratuitos de للحصول على خدمات المساعدة asistencia con el idioma, اللغوية المجانية، اتصل على الرقم .(800) 247-2583

Kostenlose fremdsprachliche Unterstützung erhalten Sie unter (800) 247-2583.

llame al (800) 247-2583.

Pour obtenir des services d'assistance linguistique gratuits, appelez le (800) 247-2583.

ITALIAN

Per i servizi gratuiti di assistenza linguistica, chiamare il numero (800) 247-2583.

無料の通訳サービスの ご利用は、(800) 247-2583 までお電話ください。

नि:शल्क भाषा सहायता सेवाहरूका लागि, (800) 247-2583 मा कल गर्नुहोस्।

PORTUGUESE

Para serviços gratuitos de assistência linguística, ligue para o (800) 247-2583.

Чтобы получить бесплатные услуги переводчика, позвоните по телефону (800) 247-2583.

SERBO-CROATIAN (SERBIAN)

Za besplatnu uslugu prevođenja, pozovite na broj (800) 247-2583.

สำหรับการให้บริการความ ช่วยเหลือด้านภาษาฟรี โทร (800) 247-2583

TAGALOG

Para sa libreng mga serbisyo ng tulong pangwika, tumawag sa (800) 247-2583.

VIETNAMESE

Để biết các dịch vu hỗ trơ ngôn ngữ miễn phí, hãy goi số (800) 247-2583.

CHINESE

如需免費語言協 助服務,請致電 (800) 247-2583 °

CUSHITE (OROMO)

Tajaajila gargaarsa afaan hiikuu kaffaltii malee argachuuf (800) 247-2583 bilbilaa.