**Health and Society Major and Minor Requirements**

Below are the requirements for a Health and Society major, followed by those for the minor.

Health & Society Major (B.A.)

Thirty-three credits, as follows:

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| Three core introductory courses: |
| HSCI 021 | Intro to Public Health | 3 |
| HSOC/SOC 054 | Health Care in America | 3 |
| HSOC/ANTH 089 | Global Health, Development, Diversity | 3 |
| One 100-level methods course: | 3-4 |
| SOC 100 | Fundamentals of Social Research |
| STAT 111 | Elements of Statistics |
| STAT 141 | Basic Statistical Methods |
| **One or two 100-level College of Arts and Sciences (CAS) courses:** | **3-6** |
| ANTH 172/GSWS 165 | D2: Gender, Sex, Race, and the Body |
| ANTH 173/HSOC 103/ HSCI 103 | D2: Foundations of Global Health |
| ANTH 174/SOC 155 | D2:SL: Culture, Health, Healing |
| ANTH 189 | D2: Aging in Cross-Cultural Perspective |
| PHIL 144 | Philosophical Problems in Medicine |
| SOC 120 | Aging in Modern Society |
| SOC/ GSWS 140 | Gender, Sexualities, Medicine |
| SOC 157 | QR: Population Health Research |
| **Up to one 100-level non-CAS course:** | **0-3** |
| EDHE 146 | Personal Health |
| ENVS/HLTH/NR 107 | SU: Human Health & Environment |
| ENVS 181 | D1: Environmental Justice |
| HLTH 105 | D2: Cultural Health Care |
| HLTH 155 | D1: Racism & Health Disparities |
| HSCI 102 | Epidemics-Dynamics of Infectious Diseases |
| HSCI 130 | Health Promotion |
| HSCI 160 | Health Communication |
| NFS 114/FS 103 | Human Health in Food Systems |
| NFS 143 | Nutrition and the Lifecycle |
| **One or two 200-level CAS courses. Of their 200-level courses, students are encouraged to take one methods course.** | 3-6 |
| ANTH/BIOL 241 | Human Diversity & Evolution |
| ANTH 288 | Anthropology of Global Health |
| PSYS/CRES 276 | Cross-Cultural Psychology |
| PSYS 279 | Health Psychology |
| SOC 223/GSWS 250 | Sociology of Reproduction |
| SOC 224 | Health Care and Aging |
| SOC 254 | Sociology of Health & Medicine |
| CAS Methods Courses: |
| ANTH/BIOL 242 | Research Methods in Human Diversity |
| ANTH 288 | Anthro Research Global Health |
| ANTH 290 | Meth of Ethnographic Field Wrk |
| GEOG 202 | Research Methods |
| GEOG 287 | Spatial Analysis |
| POLS 230 | VT Legislative Research Service |
| SOC 274 | Qualitative Research Methods |
| SOC 275 | Methods of Data Analysis in Social Research |
| **Up to one 200-level non-CAS course. Of their 200-level courses, students are encouraged to take one methods course.** | **0-3** |
| CSD/EDSP 274 | D2: Culture of Disability |
| NFS 244 | Nutrition, Health & Disease Prev. |
| Non-CAS Methods Courses: |
| CDAE 250 | Applied Research Methods |
| EDFS 209 | Introduction to Research Methods |
| HLTH 250 | Community Participatory Rsch |
| HSCI 240 | Project Planning and Evaluation |
| STAT 200 | QR: Medical Biostatistics/Epidemiology |
| Nine additional credits drawn from the list of HSOC electives posted each semester, at least 3 credits of which must be taken at the 100-level or above. May include any of the courses listed above that have not already been counted toward your degree (with the exception of the 100-level methods course for which only one will be counted) and/or any courses listed as HSOC elective courses. | 9 |
| Restrictions:* For interdisciplinary exposure, no more than 21 credits of courses can come from a single course prefix.

Notes:* To meet the CAS 84-hour rule for cross-college majors, HSOC majors must take at least 84 of their 120 credits in CAS-designated courses. To help meet this requirement, pay attention to which HSOC courses count toward the CAS hour rule as listed on HSOC advising documents each semester. Use your degree audit, to track your overall progress toward at least 84 CAS-designated course credits.
* No more than one course may overlap between a student’s major and minor, or between a student’s two majors in a double major.
* Please be aware that some courses have extra pre-requisites.
* Navigating a cross-college major, multiple majors, or dual degrees can be complex, so all Health and Society majors should meet with an academic advisor to check if their course plans are suitable.
* Students who are pre-health track should take (BIOL 001 and BIOL 002) or (BCOR 011 and BCOR 012) or (BCOR 021 and 103) as their Natural Science distribution.
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**Health and Society Minor**

Eighteen credits, as follows:

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| HSCI 021 | Intro to Public Health | 3 |
| One of the following introductory courses: | 3 |
| HSOC/SOC 054 | Health Care in America |
| HSOC/ANTH 089 | Global Health, Development, Diversity |
| One 100-level methods course: | 3-4 |
| SOC 100 | Fundamentals of Social Research |
| STAT 111 | QR: Elements of Statistics |
| STAT 141 | QR: Basic Statistical Methods |
| Nine additional credits in HSOC courses, with six of those credits at the 100-level or above. These may include any of the introductory courses listed above not already counted toward your minor, any courses listed as options for the HSOC major, and/or listed HSOC elective courses. | 9 |
| Restrictions:* Ineligible major: Health & Society (HSOC)
* For interdisciplinary exposure, no more than 12 credits of courses can come from a single course prefix.

Notes:* If you have a major in CAS, no more than one course may overlap between a student’s major(s) or other minor(s). If your major is outside CAS, check with your college about double-dipping rules.
* Students pursuing the Health Sciences major, the Global Health Concentration in the Anthropology major and/or the Health and Healing track in the Environmental Studies major should be especially mindful of the double-dipping rules in the college of their major.
* If pursuing an Anthropology major, ANTH courses used for the HSOC minor are included in the 45-credit major rule. If pursuing an Environmental Studies major, ENVS courses used for the HSOC minor are included in the 45-credit major rule.
* In taking intermediate and/or upper level courses, HSOC minors need to be mindful of pre-requisites and plan ahead accordingly.
* HSOC minors are encouraged to discuss their minor with both the HSOC minor advisor and their major advisor in order to tailor their plan of study to fit with their own particular strengths and interests.
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