How to Complete the Health Assessment

1. Login to your account on https://mybluehealth.bcbsvt.com
2. If you do not already have an account created, click on the button "Click here to sign up > >"
3. Click on the "Health" tab and then select "Health Assessment".
4. You’ll be asked to answer a series of questions. The bar at the top of the assessment will tell you the progress. Be sure to click the green “next” button at the bottom of each page to continue through the health assessment.

5. If you’ve already completed the health assessment and just need to update your biometric screening results, click the dropdown option “—Jump To Section—” and select “Biometrics (optional)”
6. Once all of the sections are completed, you'll receive a confirmation of completion and have the opportunity to review your health assessment results.

You're done!