

Osher Center for Integrative Health – FAQ

1. Assuming that this proposal to establish the Osher Center for Integrative Health at UVM is accepted by the Senate, President and Board of Trustees, what will happen?

The Osher Center will unite and align our existing initiatives and programs in integrative health at the University and the UVM Medical Center, serving as a nexus and catalyst of integrative health activities in Vermont, while simultaneously advancing our longstanding vision of occupying a national leadership role in advancing integrative health through education, clinical care, research, policy. Our efforts in this arena have been ongoing since 2015, and are now strengthened by creation of the Center, which is made possible by a \$5.5 million grant from the Osher Foundation - one of only 11 such centers world-wide. The initial work of the Center will include the creation of MOUs with various entities on campus including UVMMC, CNHS, LCOM, UVM Cancer Center and PACE detailing the types of programs it will manage and support in furtherance of its mission in each of the areas noted above.

2. The proposal discusses an annual amount of money that is coming from the Osher Foundation's grant as approximately \$225,000, but it also describes a first year budget of \$725,000. Is the \$225,000 the base funding? Where do you expect the rest of the budget to come from in the first three years of the Center?

There is a revised budget attached to the Senate agenda. The Osher Foundation's gift includes \$500,000 for startup purposes. UVMMC has contributed consistently to the work of the UVM Integrative Health and has agreed to continue this support. The Provost's office is offering support to pay for the space, and there are initial grant and philanthropic funds that have already been received. Years two and three include rollover funds from the endowment and support from UVMMC and the Provost's office. We anticipate additional monies in the future from grants and educational offerings provided by the Center.

3. The proposal describes points to fundraising for the Osher Center in terms of both fundraising through the Foundation and grants to support research projects. If a lot of this money comes through, what other projects might the Osher Center pursue?

The Osher Center will continue to expand its research portfolio with additional dollars to demonstrate the effectiveness of a holistic approach to health care. Funds will also be used to support the expansion of educational programs (e.g., culinary medicine, employee wellness, health coaching for community providers, etc.) and innovative clinical programs (e.g., integrative oncology, acupuncture, massage, etc.) at both inpatient and outpatient settings.

4. Conversely, if this money doesn't materialize what kinds of projects will the Osher Center cut back on?

While we don't expect this to be the case, our personnel understand that they are grant funded in their work with the Osher Center (most of them also have permanent appointments with the University and the Osher Center buys a portion of their time from their academic or clinical home), and if the grants do not come through then their time and work with the Osher Center will be scaled back.

5. The proposal describes the Center as including curricular programs such as the Integrative Health and Wellness Coaching program housed in CNHS. Will the Osher Center be taking over the management of this and other curricular programs? Relatedly, will the Osher Center be eligible for tuition dollars (through IBB algorithm one)?

The majority of the curricular programs will remain housed within the units where they are located. Staffing for these programs is tied to Colleges and will likely remain so. The Osher Center's affiliated faculty may take a role in proposing or providing guidance for credit-bearing programs, but they will remain housed within Responsibility Centers. As such, the Osher Center will not have funding through IBB algorithm one. The Osher Center will, however, run workshops/conferences (e.g., Integrative pain conference) and programs associated with PACE (e.g., End of Life Doula program, online non-credit health coaching workshops) which will be part of an MOU with PACE and lead to some shared income/expense revenue

6. The proposal states that the Osher Center will be moving into the space occupied by Waterman Manor. Is that still the case?

No. It was decided that the Osher Center would occupy space previously occupied by Admissions on South Prospect Street.

7. Could you explain the role of the Provost? It appears that the Director will report to the Provost, but she is also listed as an affiliate in Appendix B. Will she be participating in the programs of the Osher Center or conducting research through the Center?

The role of the Provost is to provide university-wide oversight of Osher Center activities and ensure that faculty, students, and staff across the institution have access to the programming that the Osher Center provides. The Provost is listed as an affiliate because she attends many of the programs offered through the Osher Center and works with many donors who share a passion for integrative health and have funded the educational and clinical programs. The Provost's current research is related to the nature and treatment of those impacted by autism. While some families who have children with autism utilize integrative health practices, the Provost is not currently doing research in this area.