Indoor Herb Gardening

Presenters
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Why do you want to grow herbs?

• Cooking
• Medicinal purposes
• Decorative
• Other?
Herbs for Indoor Gardening

• Thyme
• Oregano
• Chives
• Parsley
• Basil
• Rosemary
• Catnip (for all you cat lovers!)
Getting Started: Seeds or Seedlings?

• Cost
• Cultural issues
• Length of time to harvest
Cultural Requirements for Herbs

- Pot sizes
- Soil and drainage
- Sun
- Water
- Temperature
- Humidity / Air Circulation
- Fertilizer
- Repotting
Herb Pests

- Aphids
- Spider Mites
- Mealy Bugs
- Scale
- White Flies
- Fungus Gnats
Pest Management Strategies

• Select healthy plants
• Give herbs what they need to thrive
• Inspect regularly
• Physically remove pests
• Prune affected parts of plant
• Use horticultural oil or insecticidal soap
• Discard plant (in extreme cases)
Harvesting and Using Herbs

• When?
• How much?

• Cooking with Herbs
  • Pesto
  • Green beans with thyme
  • Seasoning
  • Topping for breads
  • How do you use herbs?
Questions?