



UVM ONSITE EAP IS MOVING TO WEB-BASED TELEMEDICINE & PHONE (for now)!

In line with current public health recommendations we are moving your EAP Onsite access to **phone** and/or **Zoom, web-based telemedicine**.

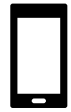
To schedule an appointment please visit:

www.investeap.org/uvmonsite

-or- Call Lynn Bursell, EAP Specialist at 802-922-0506

◇ *Appointments are first come, first served.*

You may call INVEST EAP 24/7 at **1-866-660-9533**



Confidentiality Statement: INVEST EAP, is in compliance with state and federal privacy laws.

Who: EAP Onsite Counselor, Lynn Bursell, Ed.D., Ed.S. Lynn is a licensed mental health counselor with over 20 years of experience providing employee assistance and counseling services. She is trained in brief, solution focused counseling, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, career development, disability, and motivational interviewing and is American Sign Language proficient. Lynn can be your conduit to resources within and beyond EAP.

What: Free, confidential, 30 or 60 minute EAP appointments (you may book two consecutive sessions)

Where: A comfortable, private space of your choosing on your computer or phone.

When: Appointments listed at www.investeap.org/uvmonsite

Why: Stress related to COVID 19, employment, difficult conversations, stress, grief/loss, legal and financial information and much, much more.

How: Go to www.investeap.org/uvmonsite to confidentially schedule an appointment with Dr. Lynn Bursell.



Invest EAP · Serving your organization, employees, and their families
www.investeap.org