

Enroll in Virgin Pulse

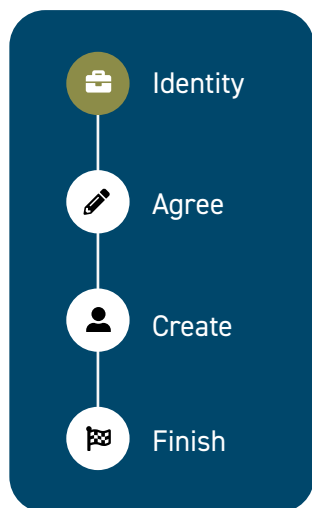
SIGNING UP IS EASY

We'll help you make small, daily changes for your wellbeing and focus on the areas you want to improve the most. Signing up is simple. Visit bluecrossvt.org/bewellvt or open the app and enter "Blue Cross and Blue Shield of Vermont" in the sponsor search field.

Download the app:



Follow the progress bar as you complete these easy steps:



TELL US WHO YOU ARE. We'll ask for a few details about you and your Blue Cross and Blue Shield of Vermont Member ID to check your eligibility. Enter your last name exactly as it appears on your ID card. Include suffix, commas or periods, if applicable. **If you are a dependent member of BCBSVT or do not carry insurance through our organization, please use the following as your member ID:**

- **BCBSVT member with a member # that does not end in 01:** You are a dependent of another covered UVM employee—please use the below non-blue sign in method.
- **Non-BCBSVT members:** UVM Employee ID + UVM (For example: 01234567UVM)

LEGAL AND PRIVACY. Review and agree to the rules, data collection and privacy policy!

CREATE YOUR ACCOUNT. Add your email, make a password and give us some additional details to customize your experience.

YOU'RE ALL SET. Your account is ready. Click **Take Me There** to sign in.

BCBSVT MEMBERS WITH A MEMBER # OF 01:
YOUR MEMBER NUMBER IS THE LAST 13 CHARACTERS OF YOUR ID, PLUS YOUR 2-DIGIT MEMBER NUMBER.

A diagram showing the member ID format. At the top is the BlueCross BlueShield of Vermont logo. Below it, a horizontal line separates the header from the ID details. On the left side of the details, there are two numbered circles: '2' at the top and '1' at the bottom. The text reads: 'Member: 01 MEMBER NAME ID: XXXV801234567001'. A horizontal line is at the bottom of the details.



An Independent Licensee of the Blue Cross and Blue Shield Association.

