



THE UNIVERSITY OF VERMONT
EMPLOYEE WELLNESS

Your partner. Your path.

EMPLOYEE WELLNESS SPRING SEMESTER CELEBRATION

MAY 1ST, 2024 @11:30-1:30

JOIN US & BRING YOUR TEAMS

**184 S. PROSPECT STREET @ UVM OSHER
CENTER FOR INTEGRATIVE HEALTH**

**Free Smoothies
Smoothie Bike
Free Seed Packets
Herb Tasting
Massage
Well-Checks (sign
up in advance)**

**Thanks to
Wellness & Office
of Sustainability
Ambassadors for
coordinating
a Green Up VT
walk, sign up in
advance!**



go.uvm.edu/employee_wellness

employee_wellness@uvm.edu

