



FALL 2023 GROUP FITNESS FOR EMPLOYEES AT UVM



IMPORTANT DATES & DETAILS:

- Fac/Staff Fall Passes on sale Monday 8/21
- **FREE WEEK** all classes August 28-September 3
 - A Pass is required beginning 9/4
 - Sign up for a Tour, 9/6 or 9/14

FALL GROUP FITNESS SCHEDULE



- UVM Employee Wellness is subsidizing \$50 per Semester Pass for the first 150 passes purchased (only \$50!)
- Prefer an Academic Year Pass? The price is NOT subsidized at \$200; we acknowledge some employees have barriers to affording fitness & others do not, pay the full price if you can and support Campus Rec all year!
- 5 Lucky Semester Pass holders will win a full Academic year Pass – drawing on 9/15 at our Free Smoothie Semester kick off



[Buy a UVM fac/staff Fall Semester Pass](#)



PLAY HARD. GET FIT. LIVE WELL. GET INVOLVED.

VIRTUAL FITNESS OPTIONS

Please utilize the library of asynchronous [Campus Rec YouTube Fitness classes](#), or try the [Headspace](#) app MOVE Mode

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Go.uvm.edu/employeeWellness