The Savvy Commuters' Guide to Saving Time, Money and the Environment

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Presented by

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How did you travel to work and do errands on your last trip?

- Drive alone in a vehicle
- Carpool
- Take the bus
- Vanpool
- Bike
- Walk
Workshop Overview

Take stock
Plan & Prepare
Safe, active commuting
Resources
Purchase Incentives
Q & A!
What Motivates You to be a Savvy Commuter?

Fuel and emissions savings
Move more for health, social connection
Increase time outside, neighborhood/community
Other?
Challenges to leaving my Car at home!

Time
Map my route/options
My Plan B
Weather
Rain, Ice & Snow
Infrastructure
Sidewalks, paths, and bike lanes
Goal Setting

Name 5 places you drive to every day or week.

Identify 1-2 places you’d walk, bike, ride with a friend or bus, instead.

Try one each week and see how it goes!

Set yourself up for success!!
For the 2 places you chose, what do you need to do to get there?

- Gear
- Mapping
- Test ride, walk
- Partner/friend
- Commitment
Savvy Commuting Resources

CATMA  https://catmavt.org/
Go! Vermont  https://www.connectingcommuters.org/
Transit App  https://transitapp.com/
GMT Schedule  https://ridegmt.com/
Walk to Shop  https://www.netzerovt.org/walk-to-shop/
How To Get There

We know transportation and can assist any commuter on “How to Get There” with information and resources on all the regional transportation options.

Contact us if you need assistance planning your commute. We’ll help you get there!

Get there by...

- Bus
- Walk
- Bike
- Vanpool
- Park & Ride
- CarShare
- Telework
- Carpool
Savvy Commuting Savings

How much does your commute cost (or save) society?

Every time you travel you put money into the system, but you also cost the system. Your contribution to and burden on the system differs depending on how you travel.

For example, when you ride the bus you pay a fare – money into the system. Your burden on the system includes the cost of operating the bus, and also less obvious impacts like emissions and noise pollution.

By looking at the ratio of what we put in versus what we cost the system, we see that different ways of travelling are more subsidized than others.

Your Impact

Annual Vehicle Miles Avoided: 1,200 miles
Annual Fuel Savings: $106.93
Annual CO2 Avoided: 875.02 pounds

More about these numbers.

The average Vermonter emits about 9 tons of CO2 each year, mostly through transportation. For these calculations, we use the average price of fuel in the Burlington area, 50 weeks of commuting in a year, and the assumed fuel economy of 25.7 miles per gallon. Of course, if you're biking or walking, you may be avoiding more emissions than car pooling. To keep it simple here, we assume that any alternative commute is taking another car off the road.
Electric Vehicle Purchase Incentives

● State Incentives: From $1500 - $4000. Visit driveelectricvt.com/incentives to learn more

● Green Mountain Power Rebates (https://greenmountainpower.com/rebates-programs/)

● Burlington Electric Rebates (https://www.burlingtonelectric.com/rebates)
Your Clearinghouse of Transportation Resources
Greener Ways to Go!

Biking

Walk

Electric Vehicles

E-Bikes

Carpool

Work from Home
Helpful travel apps for your phone
Savvy Commuting: Hauling Things

Carry items in a balanced way
Try an easy way.....use a Shopping Trolley
Savvy Commuters Dress for the Occasion

Keep extremities warm

Layer-up You’ll warm up quickly as you walk or bike ride

Waterproof Umbrella & rain gear

Wear the right shoes walking/weather

Sunglasses on most days

Bright colors
## E-Bike Purchase Incentives

### VT Utility Rebates

<table>
<thead>
<tr>
<th>Company</th>
<th>Rebate</th>
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<tr>
<td>Burlington Electric</td>
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<td>$100</td>
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<tr>
<td>Washington Electric Co-op</td>
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</tbody>
</table>
Happy commuting!

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Thank you!